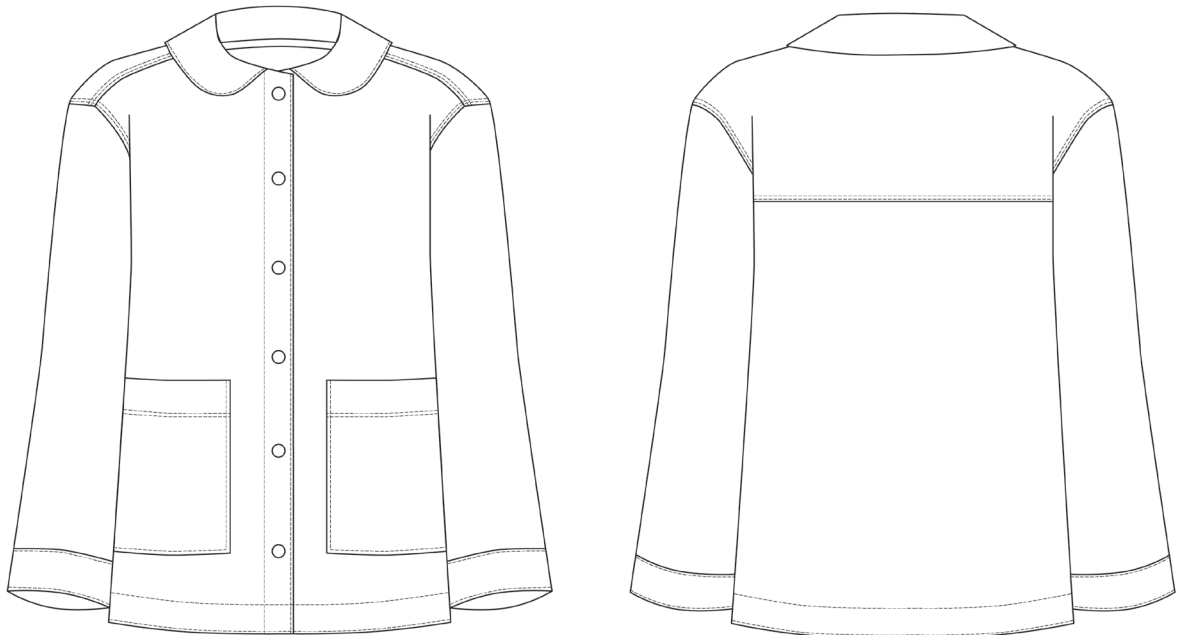


Peppermint

The West End Jacket

A free sewing pattern from *Peppermint Magazine*, created in collaboration with:

CAMIMADE
PATTERNS



This pattern has been created in partnership with Spoonflower! The world's largest marketplace of independent designs from global artists, Spoonflower is leading the way in sustainable textile printing. Their on-demand process significantly reduces materials, energy and water, with inks that meet Oeko-Tex 100 requirements and fabrics – including a Certified Organic range – that are ethically sourced. Pop over to [spoonflower.com](https://www.spoonflower.com) for inspiration for your next me-made project!

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Peppermint Patterns

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PATTERN INFORMATION

ABILITY LEVEL

This pattern suits intermediate level sewists.

This pattern includes a collar, sleeves, a bias binding finish, and most seams are flat felled seams. Although you don't need to know how to make such seams beforehand, this requires a bit of sewing experience.

STYLE NOTES

This West End jacket is a loose fit unisex jacket featuring a rounded collar, patch pockets and dropped shoulders. This is a worker's style jacket made to last with strong flat felled seams.

SUGGESTED FABRIC AND REQUIREMENTS (M YDS)

Medium to heavy weight woven fabrics such as denim, cotton twill, cotton canvas, corduroy.

	SIZES A-E	SIZES F-M
60"	1 ⁷ / ₈ yds	2 1/2 yds
45"	3 yds	3 5/8 yds
150 cm	1.7 m	2.3m
115 cm	2.7m	3.30m

PATTERN INFORMATION

BEFORE YOU START

Seam allowances

The pattern includes 1.5cm / 5/8" seam allowances everywhere. The hem is 5.4cm / 2 1/8".

Sizes

The sizes are voluntarily called A, B, C, etc, to help you focus on your actual measurements instead of the size you think you should be in the ready-to-wear world. Measure yourself and see what your size is on the size chart.

If your size falls between 2 sizes set out in the size table, choose the size above.

The pattern was drafted from a B-cup size block: it means the difference between the high bust measurement and the bust measurement is 5cm / 2". If the difference between these 2 measurements is not 5cm / 2" for you, you might need to do a bust adjustment.

The pattern was drafted for a 1.65m height. For the length of the bodice and the sleeves, check the finished garment measurements table and modify the pattern if needed.

Top stitching

Visible lines of stitching to reinforce a seam or decorate a garment, or both.

Flat felled seam

Strong and durable seam with the seam allowance enclosed within the seam, on the outside of a garment. This is done by placing one edge inside the other folded edge, then top stitching the fold down.

Prepare your fabric

Wash it according to the seller's instructions and give it a good press.

One more tip

Read the full instructions before starting as you will be more at ease during the making, having an idea of what the steps are in advance.

NOTIONS

6 buttons (1.8- 2cm wide)

Woven bias tape of approx. 30-40cm x 4cm for the neckline finish

Top stitching thread and standard thread in contrasting colour to fabric

Machine needle for denim and heavy fabrics (jean needles)

Fusible interfacing for the collar

SIZE CHART: BODY MEASUREMENTS

		A	B	C	D	E	F	G
BUST	CM	80	84	89	94	99	104	109
	INCHES	31 1/2	33	35	37	39	41	43
WAIST	CM	64	68	73	78	83	88	93
	INCHES	25 1/4	26 3/4	28 3/4	30 3/4	32 3/4	34 3/4	36 1/2
HIP	CM	87	91	96	101	106	111	116
	INCHES	34 1/4	35 3/4	37 3/4	39 3/4	41 3/4	43 3/4	45 3/4

		H	I	J	K	L	M
BUST	CM	115	121	127	133	139	145
	INCHES	45 1/4	47 3/4	50	52 1/4	54 3/4	57
WAIST	CM	99	105	111	117	123	129
	INCHES	39	41 1/4	43 3/4	46	48 1/2	50 3/4
HIP	CM	122	128	134	140	146	152
	INCHES	48	50 1/2	52 3/4	55	57 1/2	59 3/4

Height: 1.65m / 5'5"

The pattern has been drafted from a B-cup size (5cm / 2" difference between full bust and high bust).

SIZE CHART: FINISHED GARMENT MEASUREMENTS

		A	B	C	D	E	F	G
BUST / HIP	CM	102	106	111	116	121	126	131
	INCHES	40 1/8	41 3/4	43 3/4	45 5/8	47 5/8	49 5/8	51 5/8
LENGTH*	CM	60	60	60	60	60	60	60
	INCHES	23 1/2	23 1/2	23 1/2	23 1/2	23 1/2	23 1/2	23 1/2
BICEP	CM	38.3	39.5	40.7	42.2	43.7	45.5	48.2
	INCHES	15 1/8	15 4/8	16	16 5/8	17 1/4	17 7/8	19

		H	I	J	K	L	M
BUST / HIP	CM	137	143	149	155	161	167
	INCHES	53 7/8	56 1/4	58 5/8	61	63 3/8	65 3/4
LENGTH*	CM	60	60	60	60	60	60
	INCHES	23 1/2	23 1/2	23 1/2	23 1/2	23 1/2	23 1/2
BICEP	CM	50	51.8	53.8	55.8	57.8	59.8
	INCHES	19 5/8	20 3/8	21 1/8	22	22 3/4	23 1/2

* Length at the centre front between the neckline and the hem.

Ease is 22cm at the bust line, 15cm at the hip line and 12cm at bicep.

PRINTING THE PDF PATTERN

PDF

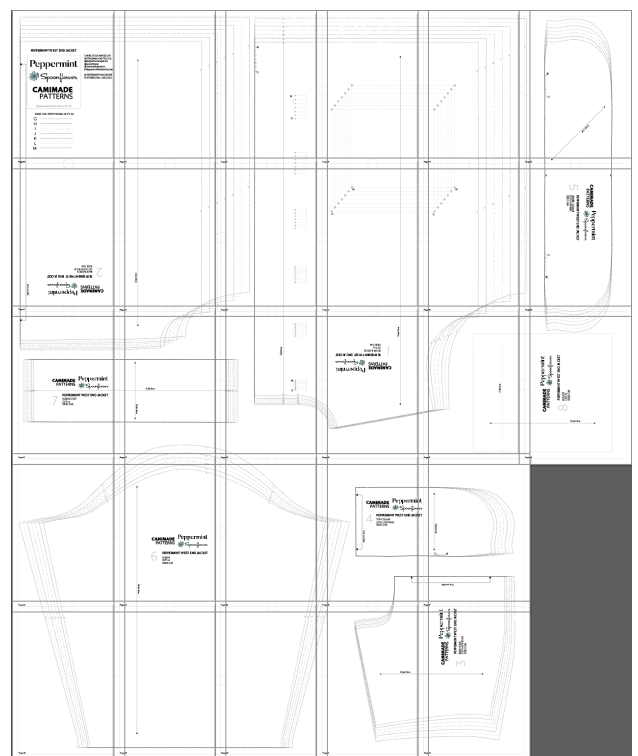
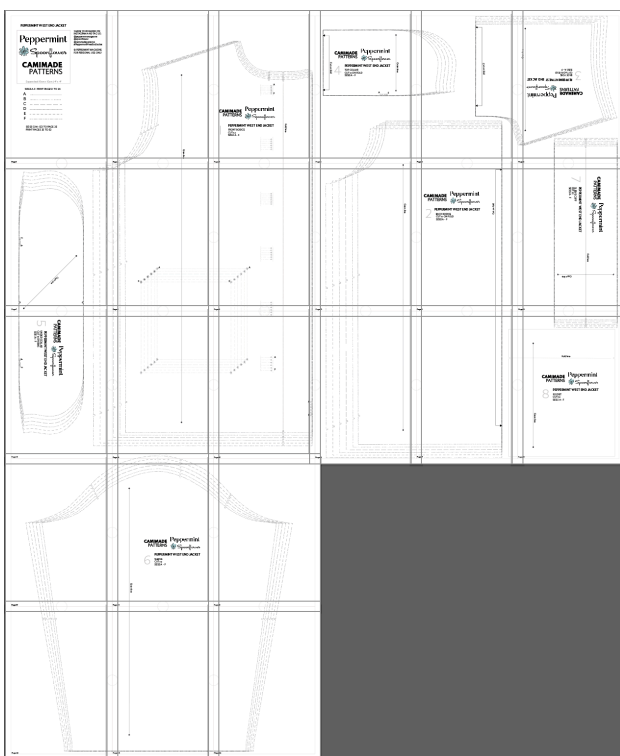
Only print the size(s) you need from the PDF thanks to the layer functionality in Adobe Acrobat Reader, allowing you to select the required size(s). Always keep the “Text” and “Format” layers. In A4, there are 24 pages (for sizes A to F) or 28 pages (for sizes G to M) to print. In A0, there are 2 pages to print.

A4 pattern

Cut the light grey lines at the top and right side of each page and assemble the pages together with magic tape, matching the circles and pattern pieces.

For sizes A to F, print from page 1 to 24.

For sizes A to F, print from page 1 to 24.



Make sure your printing settings are set up at 100% scale. You can print the page 1 for sizes A to F or the page 25 for sizes G to M to check the test rectangle is the right size before printing the rest of the pattern with the same settings.

A0 pattern

For sizes A to F print pages 1 and 2, and for sizes G to M print pages 2 and 3.

USING THE PRINTED PATTERN FROM THE MAGAZINE

Trace the pattern pieces - the printed pattern comes on one sheet of paper printed on both sides. The pattern pieces overlaps, therefore trace the pattern pieces using your preferred method.

Note - sizes A to M are nested for all pattern pieces, except the sleeves which have been split between the two size ranges, A-F and G-M.

CUTTING TIPS

Paper cutting

Cut all the pattern pieces according to your size and pattern adaptations with paper scissors.

Fabric

Lay the fabric on a clean surface and make sure you fold the fabric right side together, selvedges together.

Fabric cutting

Pin each pattern piece on the fabric following the cutting layout set out in the next pages, and cut each piece close to the paper with fabric scissors or a rotary cutter.

Marks

Before removing the pins, remember to mark notches by making little snips with scissors (no more than a few millimetres), pocket, buttonhole and button placements with a tailor chalk or erasable pen.

Moreover, on the back (2), back yoke (3) and top collar (4), cut a little snip no more than a few millimetres in the fold of the fabric in order to mark the centre back.

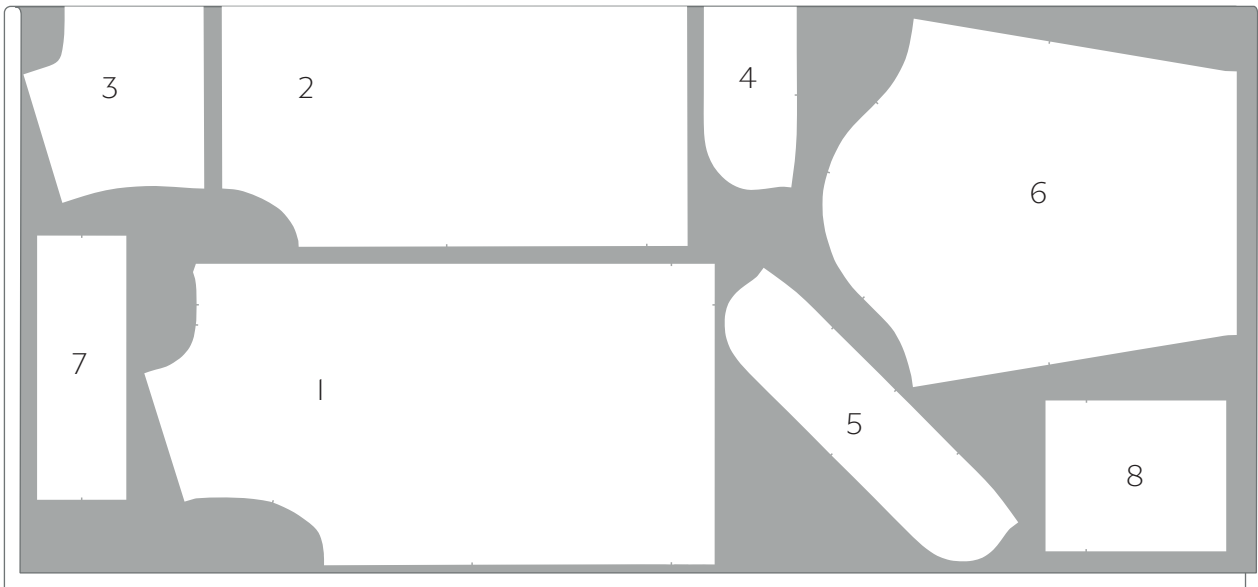
PATTERN PIECE INVENTORY

Pattern 

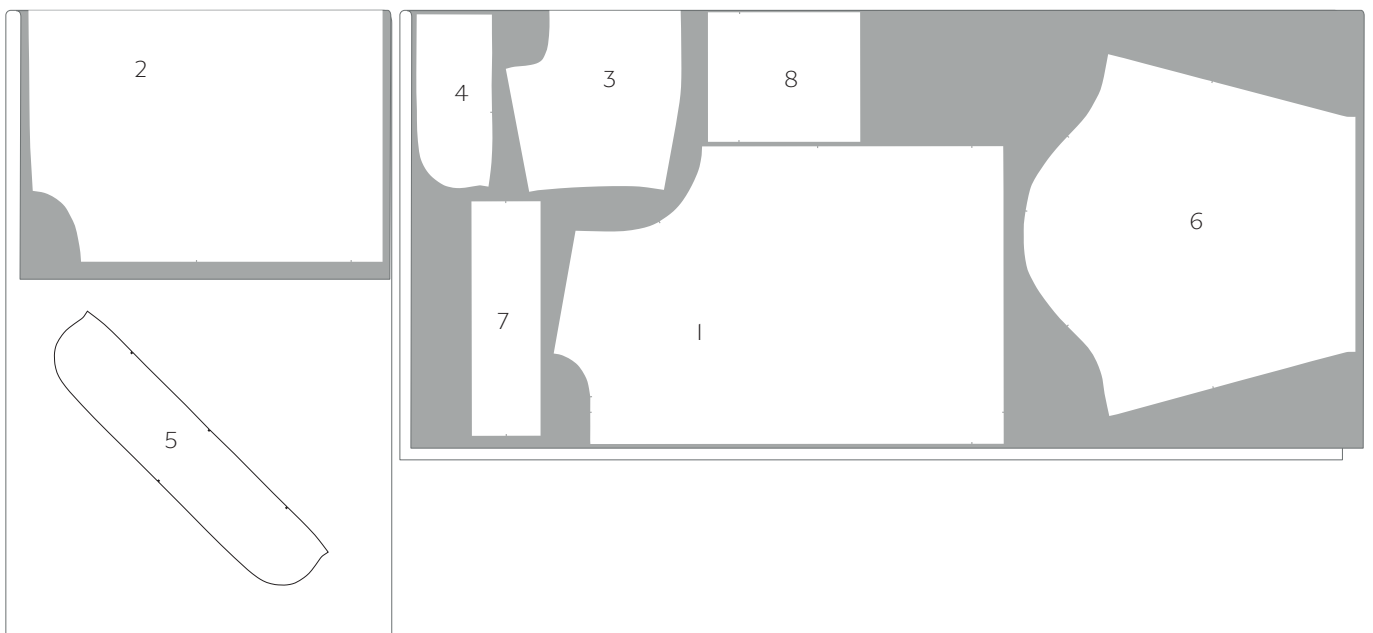
Wrong side of fabric 

- 1. Front bodice x 2
- 2. Back bodice x 1 on fold
- 3. Back yoke x 1 on fold
- 4. Top collar x 1 on fold + x1 interfacing
- 5. Under collar x 1 on bias + x1 interfacing
- 6. Sleeve x 2
- 7. Sleeve cuff x 2
- 8. Pocket x 2

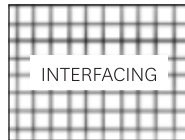
150cm / 60" wide fabric (for sizes A to E)



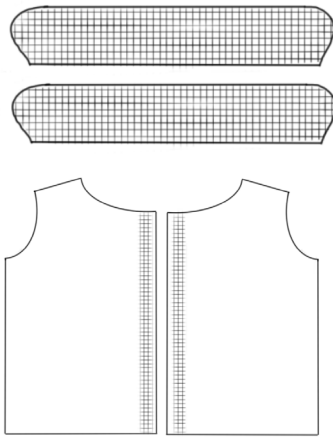
150cm / 60" (for sizes F to M) and 115cm / 45" (for sizes A to I)



SEWING INSTRUCTIONS

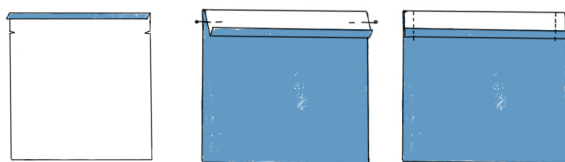


In the following instructions the drawings are colour coded to show which face of the fabric is up.



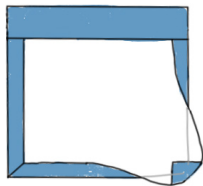
Interfacing

1. Apply fusible interfacing on the wrong side of the top collar and under collar pieces. Additionally, apply a strip of fusible interfacing (4.4cm / 1 3/4" wide) on the wrong side of the front bodice, 1cm from the front edge.

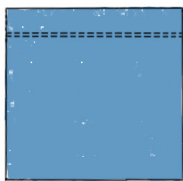


Pockets

2. Fold the pockets at the top by 1cm / 3/8" towards the wrong side and press. Now fold again, but right sides together this time, creating a fold line between the notches. Pin at the sides and stitch in place.

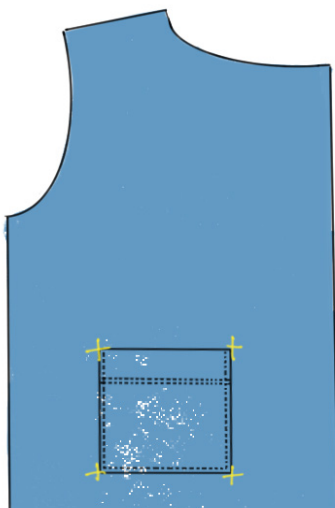


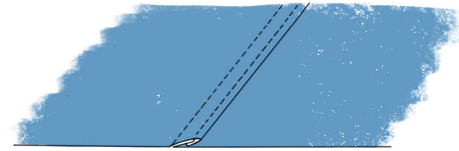
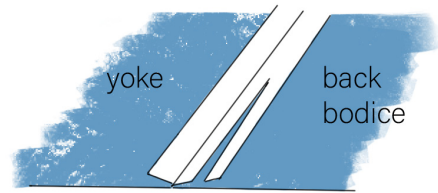
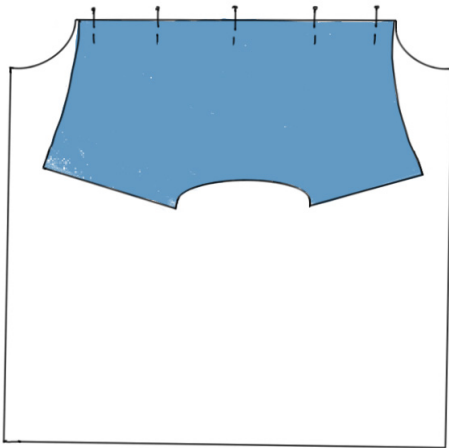
3. Turn the top of the pocket right side out and press. Also press the sides and bottom of the pockets 1.5cm / 5/8" towards the wrong side. Fold the corners diagonally before folding the sides and bottom on top, to avoid raw edges showing on the right side.



4. Sew two lines of top stitching on the right side of the pocket (4-5mm apart) where the fold is.

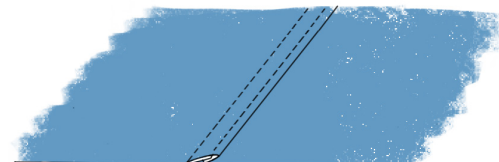
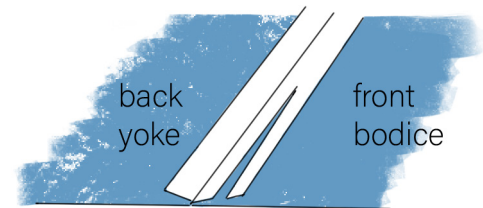
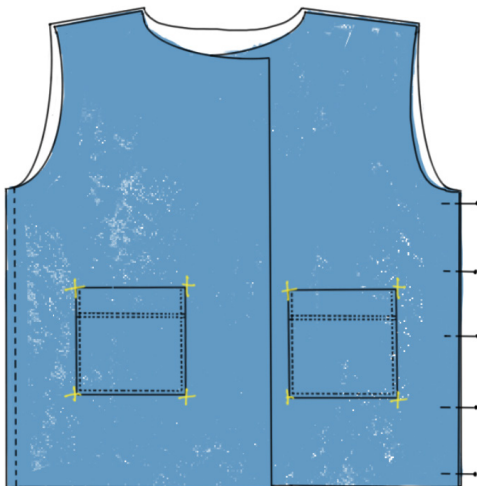
5. Position the two pockets on the right side of the front bodices where the markings are. Pin in place and edge stitch / top stitch at the sides and bottom edges at 2mm / 1/16", backstitching at the beginning and end.





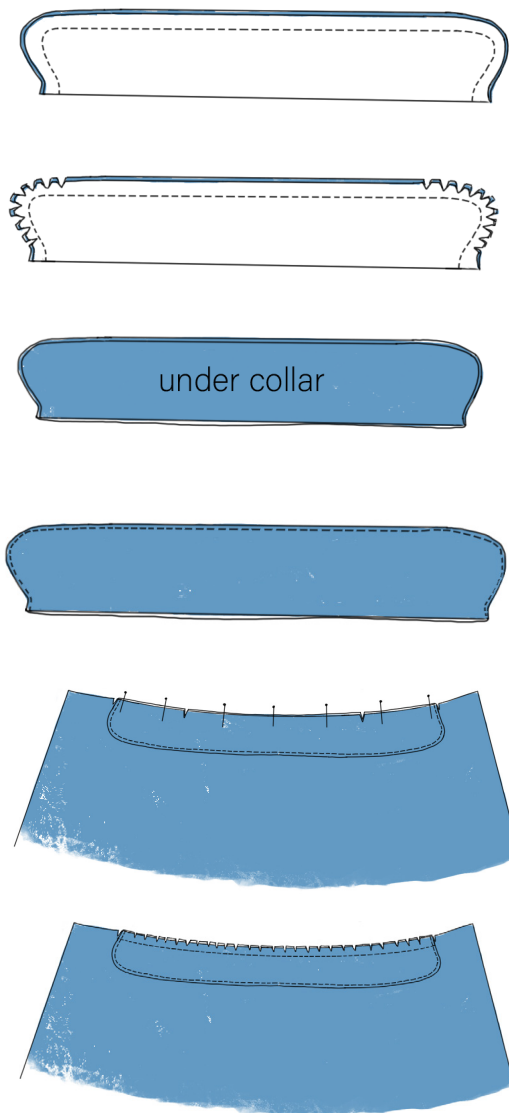
Bodice

6. With wrong sides together, pin the back yoke onto the back bodice. Stitch with back yoke towards you, using top stitching thread. Press the seam allowances towards the bottom. Trim $\frac{2}{3}$ of the back bodice seam allowance. Fold the back yoke seam allowance over the back bodice seam allowance and pin. Top stitch close to the edge. This is your first flat felled seam!



7. With wrong sides together, pin the front bodices onto the back bodice at the sides. Stitch with the front bodice towards you, using top stitching thread. Press the seam allowances towards the back. Trim $\frac{2}{3}$ of the back bodice seam allowance. Fold the front bodice seam allowances over the back bodice seam allowance and pin. Top stitch close to the edge.

8. With wrong sides together, pin the front bodices onto the back bodice at the shoulders. Stitch with the back bodice towards you, using top stitching thread. Press the seam allowances towards the front. Trim $\frac{2}{3}$ of the front bodice seam allowance. Fold the back bodice seam allowance over the front bodice seam allowance and pin. Top stitch close to the edge.



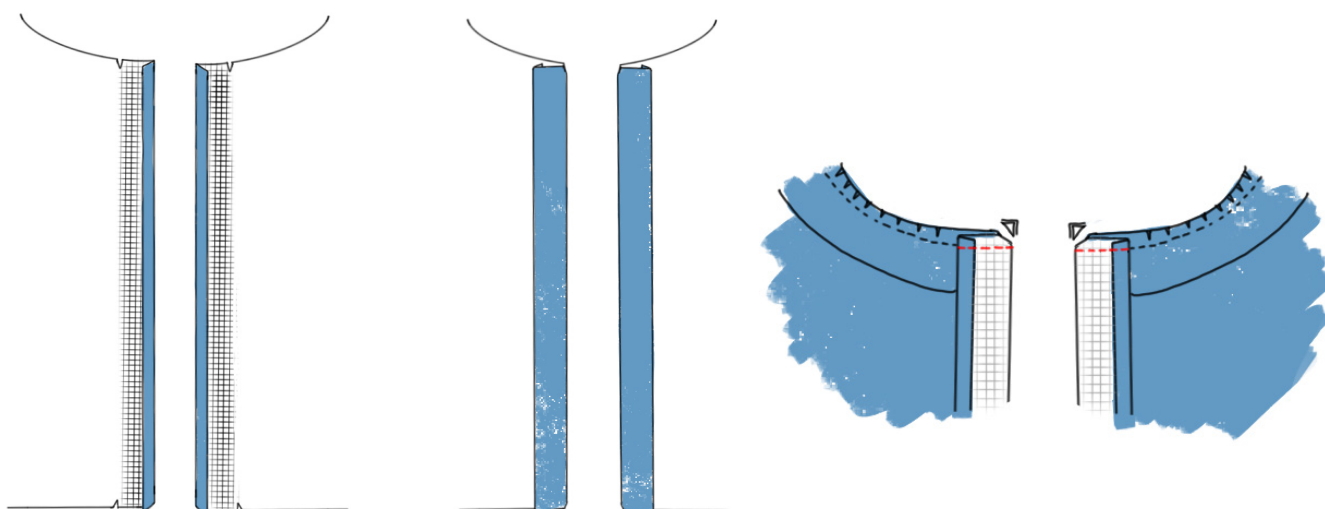
Collar

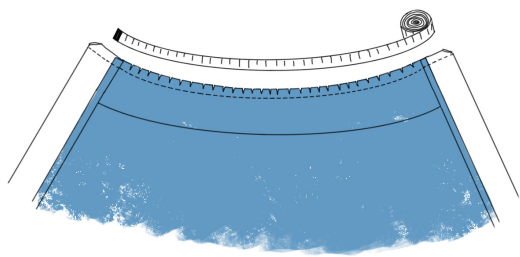
9. With right sides together, pin the top and under collar together on the outer edge. The top collar is slightly bigger than the under collar on purpose, so make sure to ease the top collar fabric onto the under collar. Stitch. Trim the seam allowances and cut out small triangles in the curves. Turn the collar right side out and press, rolling the top collar edge towards the under collar, so that the seam stays underneath the collar.

10. Top stitch the top collar 2mm / 1/16" from the outer edge.

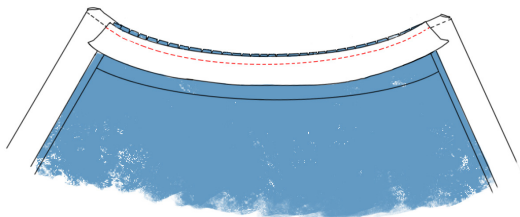
11. Pin the collar to the bodice, with the under collar against the right side of the bodice, matching notches to shoulder seams. Stitch. Clip every 1cm / 3/8" in the seam allowances along the neckline

12. Fold the jacket centre front edge 1cm / 3/8" towards the wrong side and press. Fold again along the fold line indicated on the pattern, between the notches towards the wrong side and press. Now fold that same part towards the right side at the top corner of the jacket, with the collar towards the front bodice. It overlaps the collar a little bit and that's completely fine. Pin and stitch along that top edge to get the top front corners. Trim the corners. Do not turn the corners right side out yet.

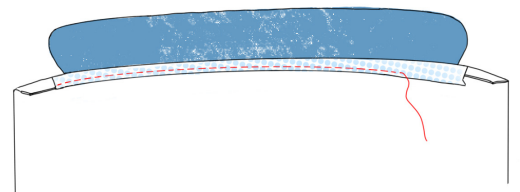


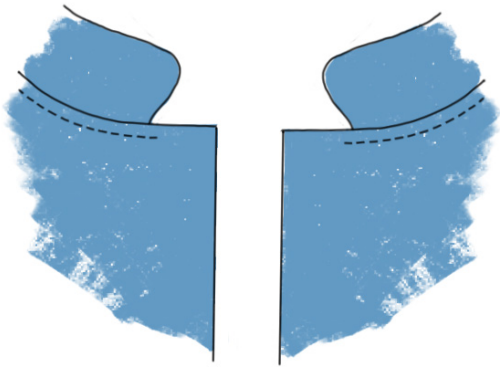


13. Measure the length of the neckline seam and add 3cm / 1 1/8". Cut a bias strip in that length by 4cm / 1 1/2". Pin this bias strip onto the neckline seam, right side of the bias against the top collar seam allowance. Stitch on top of the existing seam making sure you are not stitching through the jacket. Trim the seam allowances.



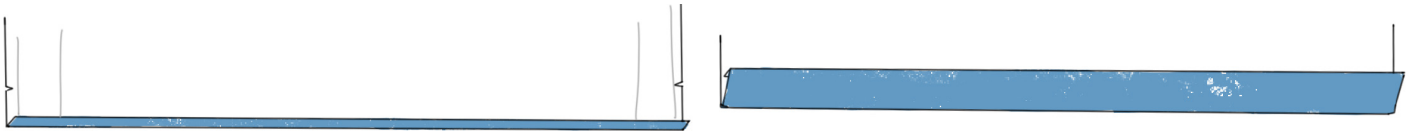
14. Fold the bias over the seam allowances and pin, this time through the jacket, with the collar and folded parts out of the way. Edge stitch using a thread in a similar colour to the main fabric.





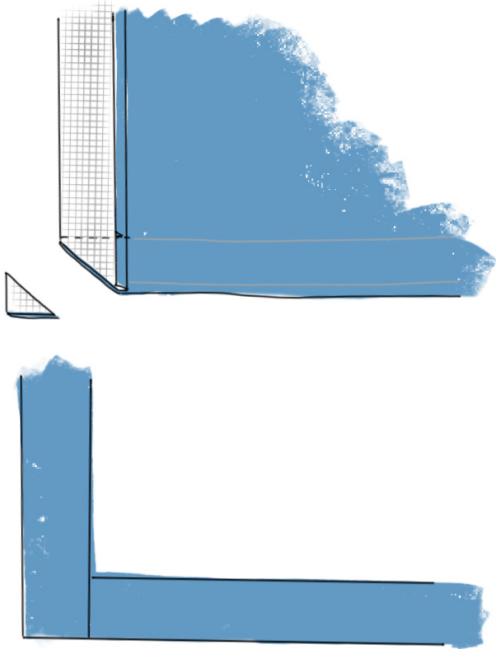
Button placket and hem

15. Now you can turn the top front corners right side out, forming sharp corners.



16. Fold the jacket bottom edge 1cm / 3/8" towards the wrong side and press.

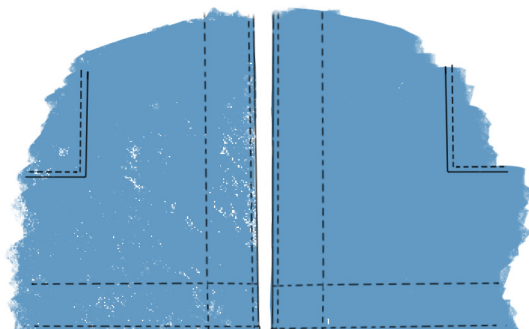
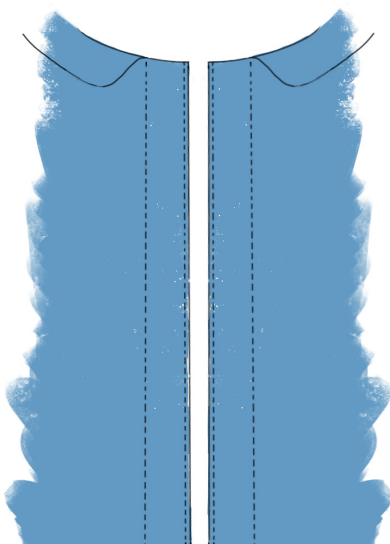
17. Fold again by 4.4cm / 1 3/4" and press, along the hem line indicated on the pattern by the notches.

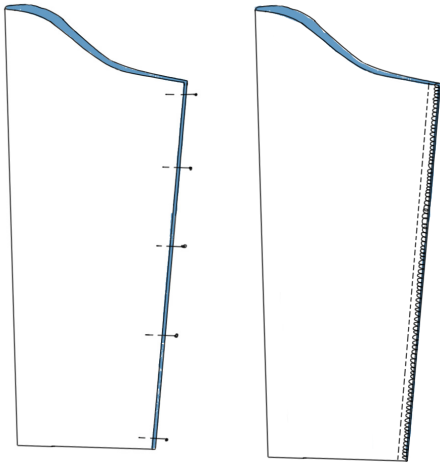


18. Fold the centre front edge towards the right side at the bottom of the jacket. Pin and stitch that part along the hem line to get the bottom front corners. Trim the corners. Turn these corners right side out.

19. Top stitch the button placket. Once close to the inner fold, and once close to the centre front edge.

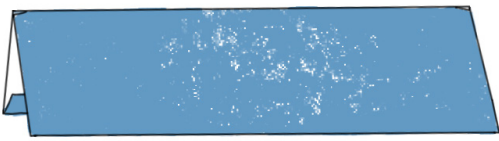
20. Then top stitch the bottom of the jacket to keep the hem in place. Once close to the bottom edge and once close to the inner fold.



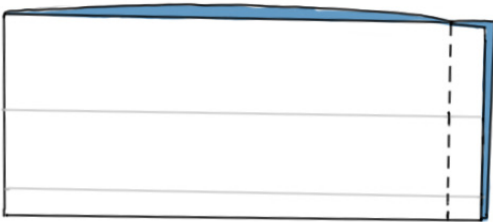


Sleeves

21. Fold each sleeve with sides together. Pin at the underarm and stitch. Seam allowances can be overlocked or zig zag stitched.

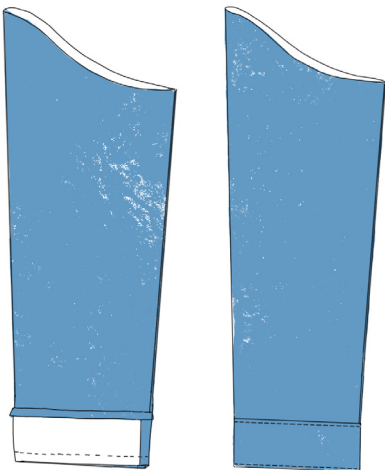


22. Fold the cuffs in half between the notches and press. Then fold one long edge 1cm towards the wrong side and press.

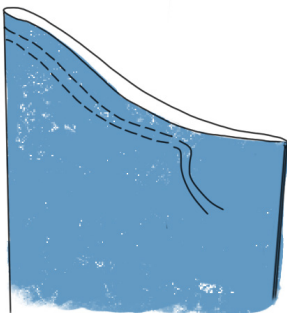


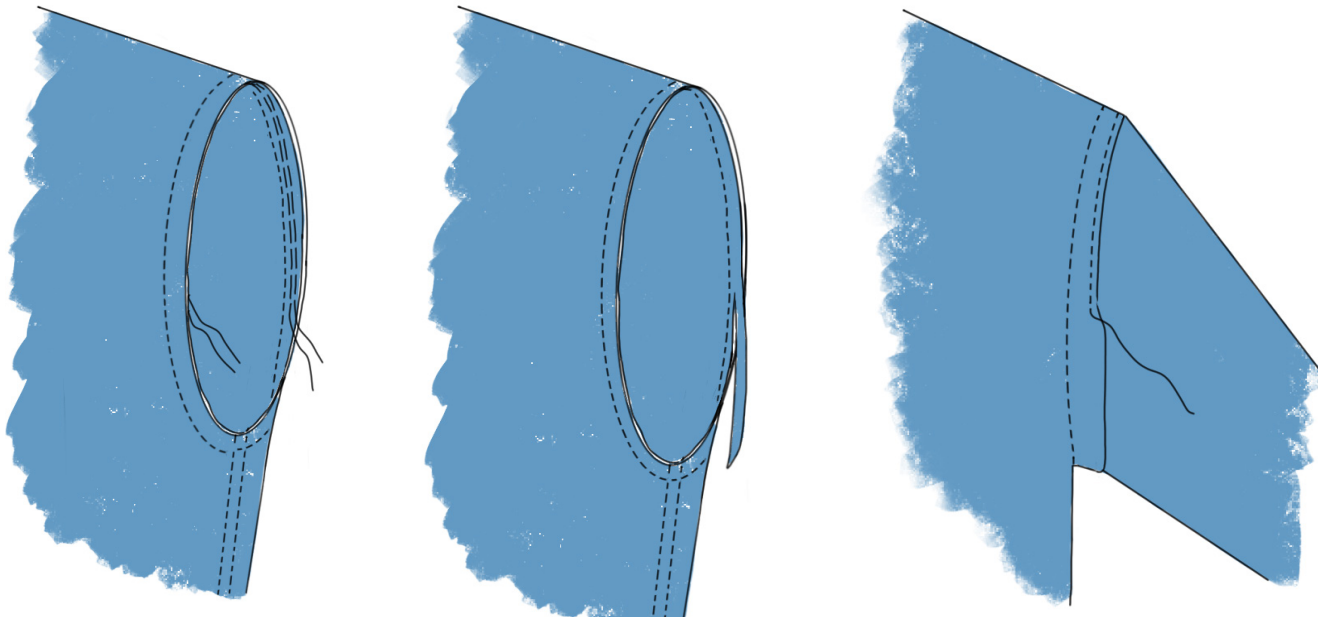
23. With right sides together, pin the short ends of the cuffs and stitch. Press the seam allowances open.

24. With right sides together, pin the cuffs onto the sleeves (the unfolded edge of the cuff) and stitch, using the free arm of your sewing machine. Press the seam allowances towards the cuffs.



25. Fold the cuffs towards the inside so that they enclose the previous seam allowances. Top stitch the cuffs, once close to the sleeve / cuff seam and once close to the cuff edge.





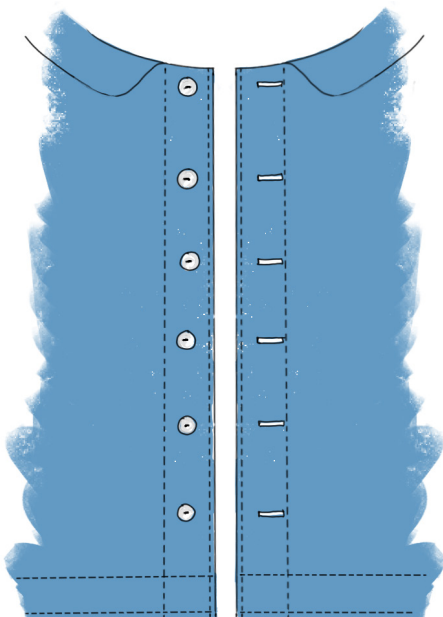
26. With the bodice right side out and the sleeves wrong side out pin the sleeves to the armholes matching seams and notches. Stitch with the bodice as the top layer, using top stitching thread. Trim $\frac{2}{3}$ of the sleeve seam allowance. Pull out the sleeves and press the seam allowances towards the sleeves. Fold the bodice seam allowance over the sleeve seam allowance and pin. Top stitch close to that fold.

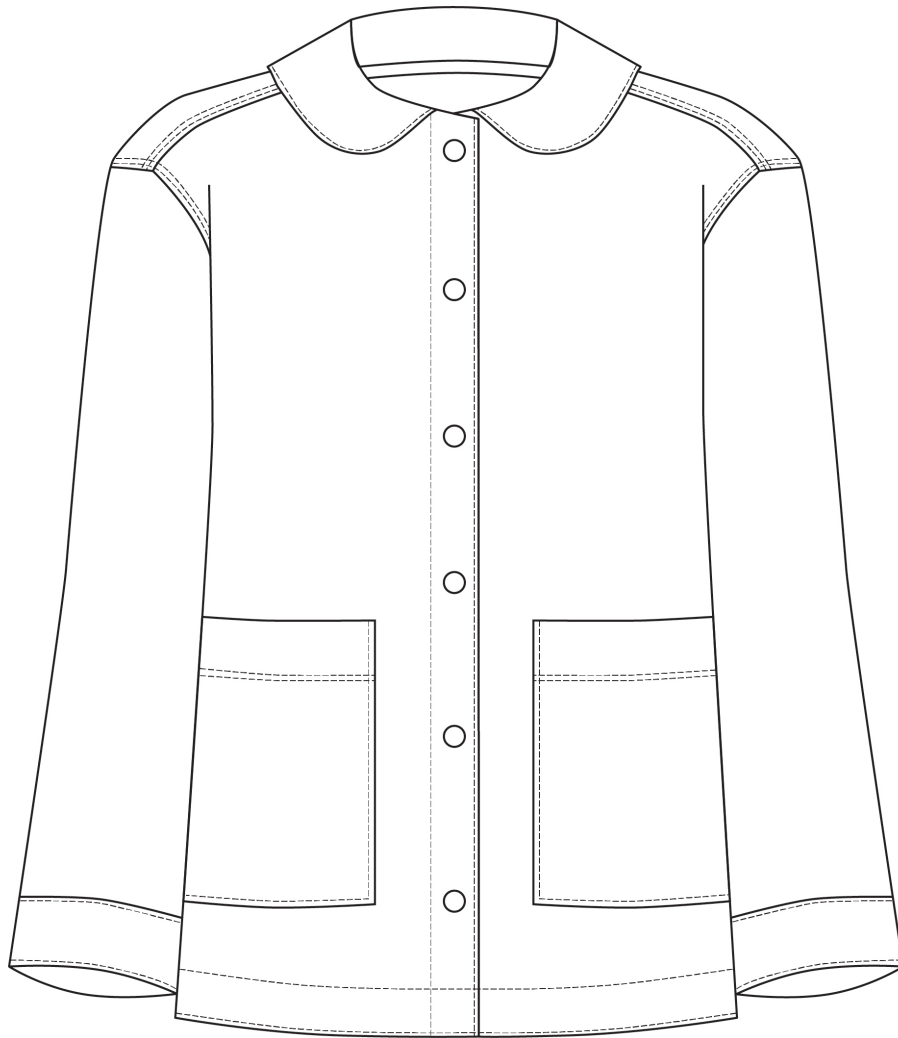
Note: if a flat felled seam is too daunting to attach the sleeve, sew the sleeves onto the bodice with right sides together and a regular seam, and finish the seam allowances with a zig zag stitch or overlocker.

Buttons and buttonholes

27. Stitch the buttonholes on the right hand side of the jacket, according to the pattern markings.

28. Stitch the buttons on the left hand side of the jacket, according to the pattern markings.





The Peppermint West End Jacket was created in collaboration with French patternmaker Camille of Camimade Patterns.

Find out more at [camimade.com](https://www.camimade.com)