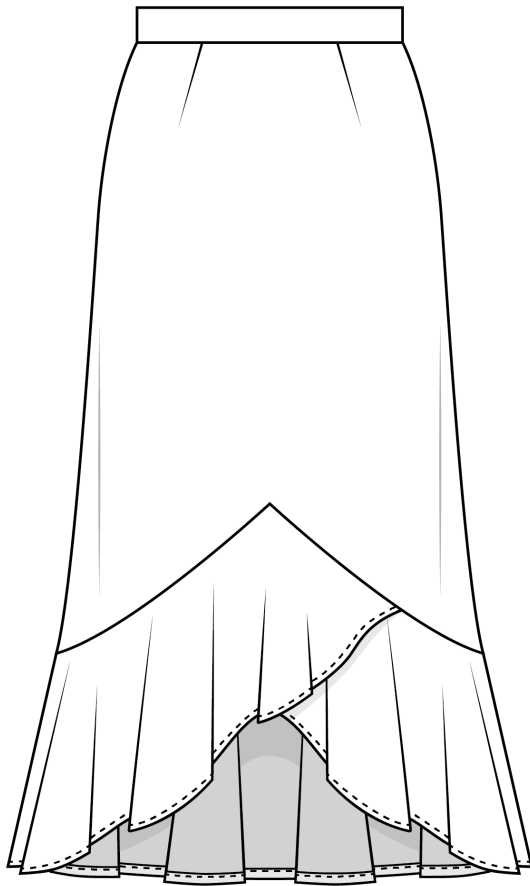


# Peppermint

## *The Rosalie Skirt*

A free sewing pattern from *Peppermint Magazine*, created in collaboration with:

forget-  
me-not  
PATTERNS



# Peppermint Patterns

## SEWING PATTERN TERMS AND CONDITIONS

**Thank you for downloading this pattern!**  
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If you'd like to share your makes on social media, please tag us @peppermintmagazine  
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# PATTERN INFORMATION

## STYLE NOTES

The Rosalie skirt is a midi-length skirt with a feature flounce hem. It is designed for light to medium-weight woven fabrics. The front is darted for a flat finish, while the back waist is elasticated, for a comfy fit and simple sewing (no zip required)! The flounce style line comes up to a dramatic point in the front, and curves down and around the back. The flounce overlaps in the front, echoing the curved style line.

## FIT OVERVIEW

The Rosalie skirt has an elasticated waist with 2.5cm (1") of negative ease at the waist. This skirt has an easy fit due to the elastic, as you can adjust the waist to your preference during sewing. The skirt has plenty of ease in the hip due to the A-line silhouette and fullness created by the elastic, so you do not need to grade between sizes, even if your hip is in a different size column.

## CHOOSING YOUR SIZE

- If your hip measurement is in a larger size column than your waist, choose your size based on your waist measurement.
- If your waist measurement is in a larger size column than your hips, you can go down by a size, to reduce the ease in the hips. However, when you cut the elastic, cut your elastic using your waist size's column, so it is not too tight (you can always adjust it tighter when trying on). This will result in a slightly less gathered back.
- If you are between sizes, you can safely size down, because this garment is elasticated. However, when you cut the elastic, cut your elastic from the larger size so it is not too tight at the waist (you can always adjust it tighter when trying on).

## FABRIC REQUIREMENTS

### Fabric requirements for sizes I and under:

140cm wide fabric: 2.6m (2.9 yards)

113cm wide fabric: 2.6m (2.9 yards)

### Fabric requirements for sizes J and up:

140cm wide fabric: 2.7m (3 yards)

113cm wide fabric: 3.3m (3.6 yards)

# MATERIALS REQUIRED

## FABRIC REQUIREMENTS

For larger sizes and narrower fabrics, larger pattern pieces may be wider than the full width of the fabric. You can rotate these pieces 90 degrees (i.e. cut them on the cross-grain) to fit them on your fabric. If your fabric is directional and will look odd, you can cut those pieces on the straight grain, and piece together the edges that do not fit on your fabric.

## FABRIC

Light to medium weight fabrics with good drape so that the flounce is not stiff. Try cottons such as gingham, lawn, swiss dot, and chambray. Linen, wool, silk, and viscose (rayon) blends are also suitable.

## INTERFACING

0.75m (0.85 yards) of lightweight woven interfacing.

## NOTIONS

-Thread

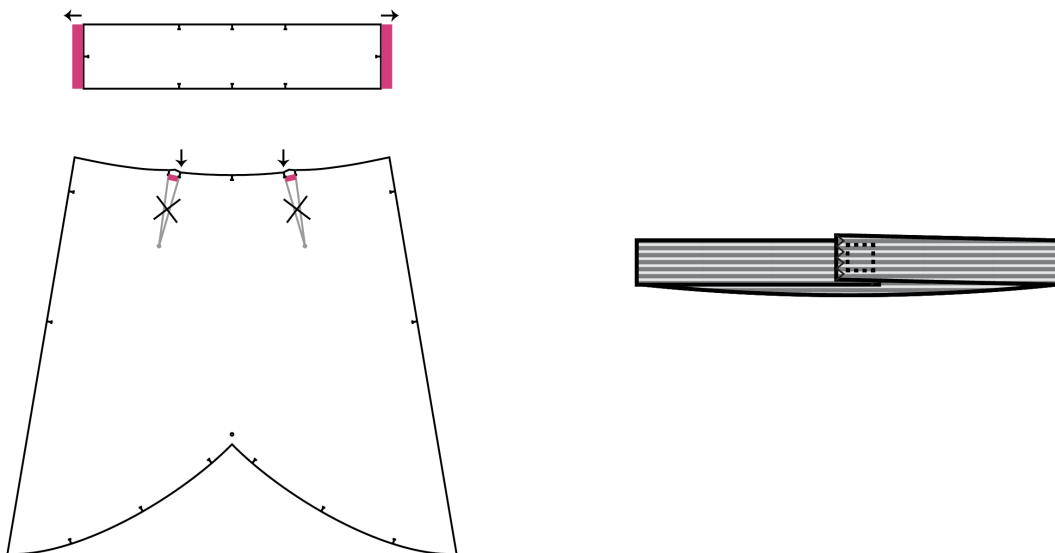
- Elastic: 60cm (24") of 3.2cm (1 1/4") wide elastic.

**Note:** *If you are doing the fully-elasticated waistband pattern hack, you will need elastic the length of your waist, plus 2.5cm (1").*

# PATTERN HACK: FULLY-ELASTICATED WAISTBAND

You can choose for the elastic to go all the way around the waist, not just the back. This makes the pattern even easier to sew (no darts!), and is very simple to do!

- Omit the darts on the front skirt by simply crossing them out and redrawing the waistline in that area to a smooth curve.
- Lengthen the front waistband at each side seam by the same amount as the dart intake, 1.5cm (5/8"). This will ensure the waistband sews to the skirt accurately. Retain the inner dart notch (indicated with an arrow) and delete the outer dart notch.
- Omit the interfacing from the front waistband.
- Instead of using the cutting guide for the elastic, cut a longer piece of elastic that will fit around your whole waist. Remember to add seam allowance. It's easy to test the fit and finalise it during sewing.
- You will only need to leave one gap in the waistband to insert the elastic, rather than two.
- Create a continuous loop for the elastic once you've tried it on and confirmed the fit. This is best done by overlapping the ends of the elastic and stitching in a square configuration.
- Shuffle the gathers on the elastic, moving most of them to the back. Try the skirt on to make sure they are sitting where you like. Once you have the gathers distributed, secure the elastic at the side seams through all layers by *Stitching in the ditch* (see *Glossary*).



# SIZE CHART: BODY MEASUREMENTS

		A	B	C	D	E	F
WAIST	CM	64	66	69	72	74	77
	INCHES	25	26	27	28	29	30.5
HIP	CM	89	93	95	98	100	103
	INCHES	35	36	37	38	39	40.5

		G	H	I	J	K	L
WAIST	CM	82	87	92	97	102	107
	INCHES	32	34	36	38	40	42
HIP	CM	108	113	118	123	128	133
	INCHES	42	44	46	48	50	52

		M	N	O	P
WAIST	CM	112	117	122	127
	INCHES	44	46	48	50
HIP	CM	138	143	148	153
	INCHES	54	56	58	60

## SIZE CHART: FINISHED GARMENT MEASUREMENTS

		A	B	C	D	E	F
WAIST	CM	61	64	66	69	72	75
	INCHES	24	25	26	27	28	29 1/2
HIP	CM	107	111	115	119	122	127
	INCHES	42	43 1/2	45	46 1/2	48	50
BACK WAIST TO HEM LENGTH	CM	78	78	78	78	78	78
	INCHES	30 1/2	30 1/2	30 1/2	30 1/2	30 1/2	30 1/2

		G	H	I	J	K	L
WAIST	CM	79	84	89	94	99	104
	INCHES	31	33	35	37	39	41
HIP	CM	134	141	149	156	164	171
	INCHES	52 1/2	55 1/2	58 1/2	61 1/2	64 1/2	67 1/2
BACK WAIST TO HEM LENGTH	CM	78	78	78	78	78	78
	INCHES	30 1/2	30 1/2	30 1/2	30 1/2	30 1/2	30 1/2

		M	N	O	P
WAIST	CM	109	114	119	124
	INCHES	43	45	47	49
HIP	CM	179	186	194	202
	INCHES	70 1/2	73 1/2	76 1/2	79 1/2
BACK WAIST TO HEM LENGTH	CM	78	78	78	78
	INCHES	30 1/2	30 1/2	30 1/2	30 1/2

## ELASTIC CUTTING GUIDE MEASUREMENTS

		A	B	C	D	E	F
ELASTIC	CM	25.5	26.9	28.2	29.4	30.7	32.5
	INCHES	10.0	10.6	11.1	11.6	12.1	12.8

		G	H	I	J	K	L
ELASTIC	CM	34.4	36.9	39.4	41.9	44.4	46.9
	INCHES	13.5	14.5	15.5	16.5	17.5	18.5

		M	N	O	P
ELASTIC	CM	49.4	51.9	54.4	56.9
	INCHES	19.4	20.4	21.4	22.4

# GLOSSARY

## STITCHING IN THE DITCH

This is used to discreetly secure layers to each other by hiding the stitching in the “ditch” created by a previously-sewn seam. Sew directly in the divot created by the seam, sewing from the right side of the garment, and working precisely so the stitches are hidden and sink into the ditch.

## STAYSTITCHING

Staystitching is applied to protect areas of the garment from stretching out. This technique prevents pieces from warping out of shape during handling.

It is important to apply stay-stitching in the correct direction, which is why we stop and change direction halfway through. This technique is most needed for thin, drapery fabrics, which are more prone to warping.

Set your machine to a slightly smaller stitch than usual (suggested stitch length of 2 to 2.5). Stitch within the seam allowance so staystitching will be hidden inside the garment.

Sew from the edge of the skirt to the middle, going a few stitches past the centre. Take your garment out of the machine, and start again from the other edge, working again from edge to centre and overlapping the last few stitches.

## DOUBLE-FOLDED HEM

This is a nice finish for lightweight fabrics.

Note: If your fabric is tricky and the curved hem is difficult to handle, you may wish to sew a long basting stitch to mark the first fold line at 6mm (1/4”), and ease the fabric in by pulling on your stitching line, so that the curved shape is able to turn on itself without puckering.

- 1 — Press hem to wrong side by 6mm (1/4”).
- 2 — Press again by 6mm (1/4”) to hide the raw edge.
- 3 — Working from the wrong side of the garment, stitch close to the fold to secure.

# PRINTING THE PDF PATTERN

Only print the size(s) you need from the PDF thanks to the layer functionality in Adobe Acrobat Reader, allowing you to select the required size(s). Always keep the “Text” and “Format” layers. In A4, there are 24 pages (for sizes A to F) or 28 pages (for sizes G to M) to print. In Ao, there are 2 pages to print.

## A4 pattern

Assemble the pages together with magic tape.

Make sure your printing settings are set up at 100% scale.

## Ao pattern

Contact your local print or copy shop for large scale printing.

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# USING THE PRINTED PATTERN FROM THE MAGAZINE

Trace the pattern pieces - the printed pattern comes on one sheet of paper printed on both sides. The pattern pieces overlap, therefore trace the pattern pieces using your preferred method.

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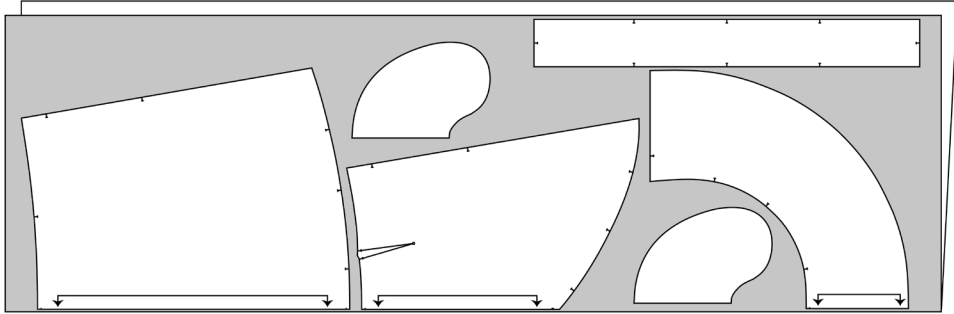
# CUTTING TIPS

Paper cutting - cut all the pattern pieces according to your size and pattern adaptations with paper scissors.

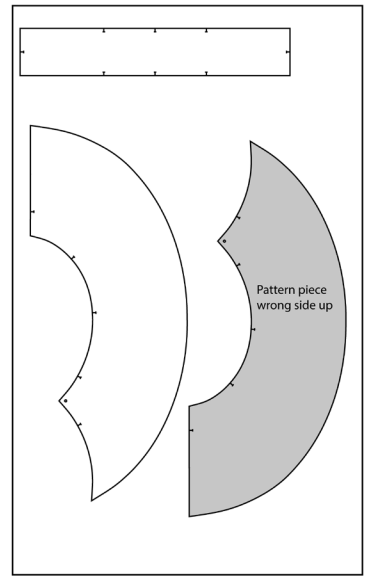
Fabric cutting - pin each pattern piece on the fabric following the cutting layout set out on the next page, and cut each piece close to the paper with fabric scissors or a rotary cutter.

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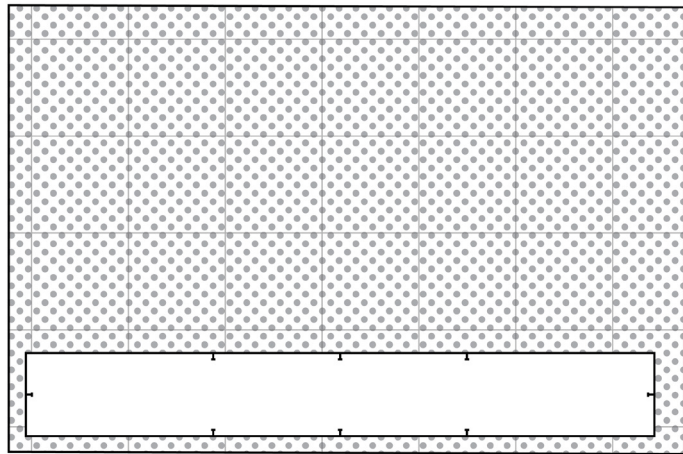
# CUTTING LAYOUTS



*Cut on fold,*

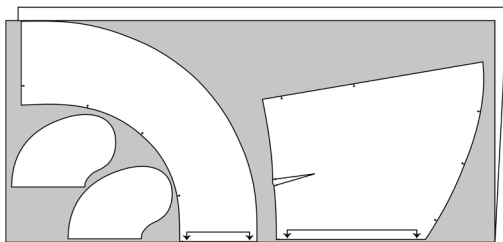


*Cut single layer.*

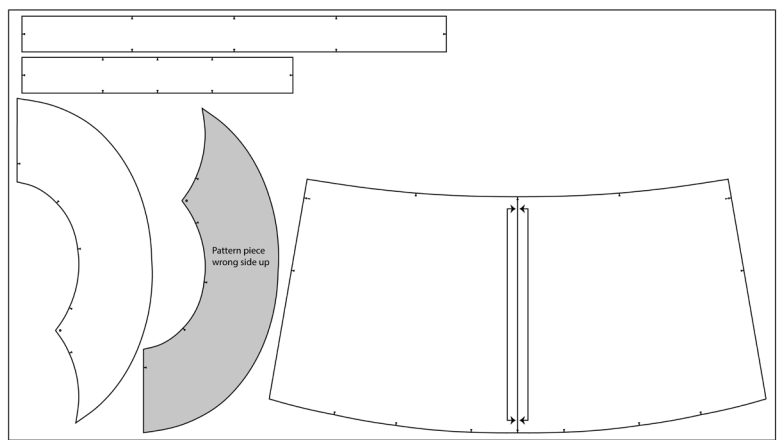


*Interfacing. Cut single layer*

Large sizes/narrow fabric  
(Back rotated 90°)



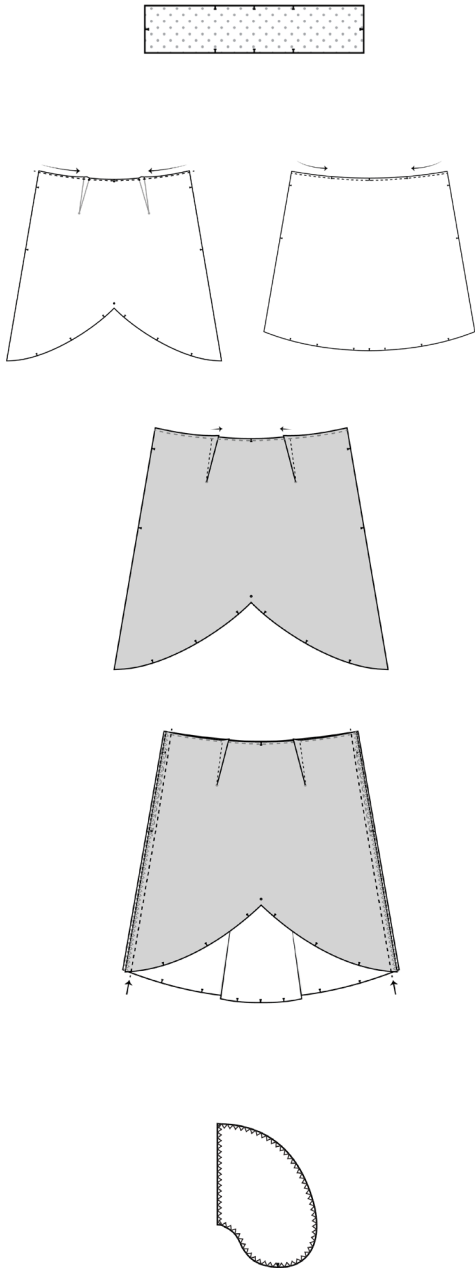
*Cut on fold,*



*Cut single layer.*

# SEWING INSTRUCTIONS

*Seam allowances throughout the pattern are 1cm (3/8").*



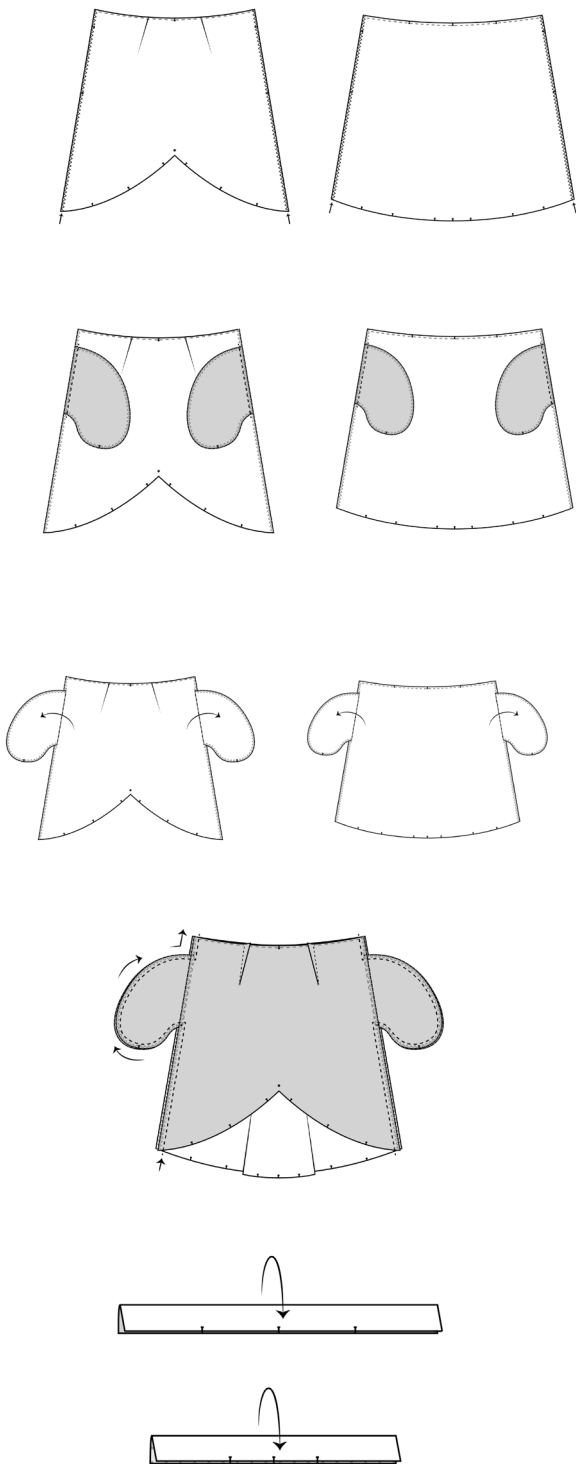
1. Fuse interfacing onto the wrong side of the front waistband.

2. Staystitch (see Glossary) the skirt front and skirt back at the waistline, sewing in the direction shown by the arrows in the diagram.

3. Sew darts on front. Start sewing from the waistline, going down towards the tip. Shorten stitch length slightly as you approach the tip, and sew as close to the edge as possible when finishing. Pull threads out from machine and hand tie a knot. Press darts toward centre front. Dart note: If you are confident in your accuracy, you can turn and stitch back within the dart, back-tacking within the dart instead of hand-tying.

4. (If omitting the pockets) Seam allowance: 1cm (3/8"). Place front and back skirt right sides together. Sew side seams from hem upwards, matching notches. Finish edges together and press towards back.

5. Finish all edges of all four pocket bags.



6. Finish the edges of the front skirt side seams, working from the hem up. Finish the edges of the back skirt side seams, working from the hem up.

7. Place one pocket bag on each side of front, right sides together, with top and bottom edge of the pocket bags matching the side seam notches. Ensure the pocket is oriented with the scooped lower edge of the pocket bag closest to the hem. Sew pocket bags in place just a little over 6mm (1/4") from the edge (make sure your stitching line is far enough away from the edge to cover any overlocking or edge finishing). Repeat this process on the back. Note: Using the slightly smaller seam allowance here of 6mm (1/4") hides the pocket seam when the side seam is sewn.

8. Press each pocket bag away from the body of the garment.

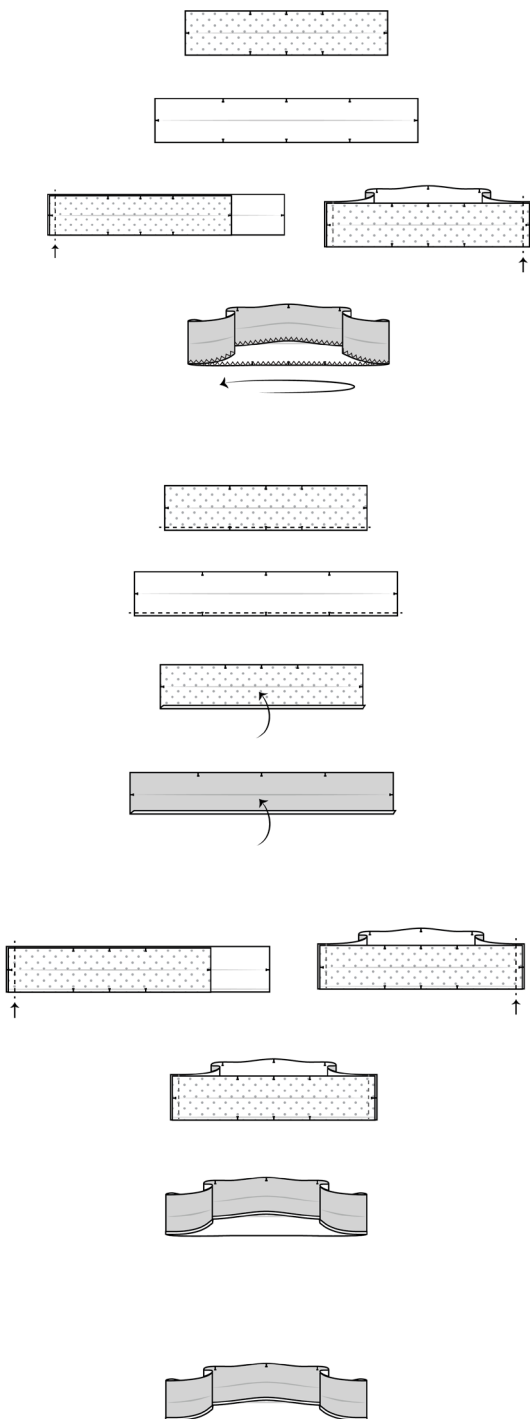
9. Seam allowance: 1cm (3/8"). Place front and back right sides together. Sew side seam from hem upwards. At the pockets, pivot and sew around pocket bags. Press seams open above and below the pockets.

10. Press each waistband in half lengthwise, wrong sides together. Pressing now while the pieces are flat creates a guideline which will be helpful later.

11. There are two options for finishing the inner edge of the waistband.

**Option 1:** Finishing the edge with a simple overlock/serge or zig zag is easier, but looks slightly less polished on the inside. This option is easier to catch with the *Stitching in the ditch* (see Glossary) which is used to secure the inner waistband, as your folding and stitching does not need to be as accurate.

**Option 2:** Folding the inner waistband seam allowance to the inside looks neater, but requires precise folding and stitching to catch with the *Stitching in the ditch*.



12. Waistband Option 1: Temporarily unfold each waistband. Place the front waistband right sides together with the back waistband. Sew the side seams.

Press each side seam open. Now you have a loop. The back waistband is longer than the front, as it will be drawn in by elastic later. On one long edge of the waistband, finish the edges all the way around. This will be the inner edge of the waistband.

*Note: You could choose to do a binding for an extra polished edge finish.*

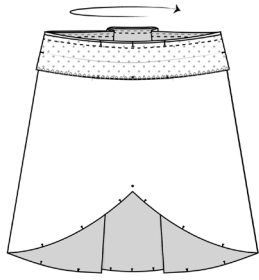
13. Waistband Option 2: On each waistband piece, mark a fold line by sewing with a long machine stitch, 6mm (1/4") from the edge. This is easiest to do now, while the pieces are both flat.

Press the waistbands to the wrong side using the stitching as a guide, pressing just past the stitching by 1mm (1/16") so it will be hidden.

14. Waistband Option 2 continued: Temporarily unfold each waistband. Place front waistband right sides together with the back waistband. Sew the side seams. Press each side seam open. Now you have a loop.

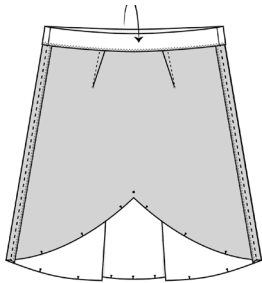
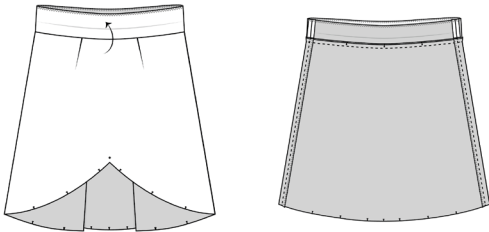
The back waistband is longer than the front, as it will be drawn in by elastic later. Turn the edges back to the wrong side along the pressed guidelines. Because your notches have been folded under, you may wish to mark the notch placement on the folded edge as well, to make aligning the waistband easier later on.

15. Note: Waistband Option 1 and Option 2 follow the same steps going forward.



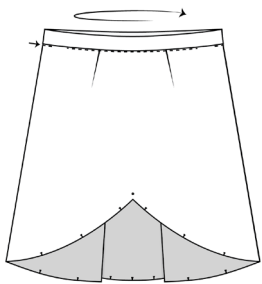
16. Seam allowance: 1cm (3/8"). Place waistband right sides together with the skirt, matching the non-finished or non-pressed edge of the waistband to the skirt.

The interfaced waistband matches to the darted skirt front. Sew all the way around, matching side seams and all notches. Press the seam up, into the waistband.

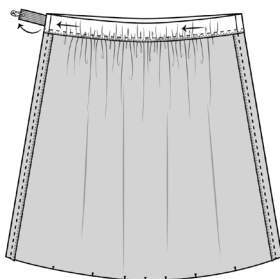
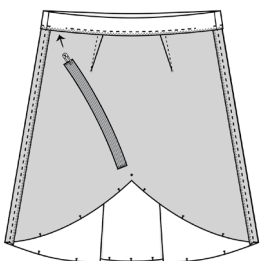


17. Fold the waistband wrong sides together along the previously-pressed guideline. If you have chosen Waistband Option 1 (pictured), the inner edge of the waistband will hang down 1cm (3/8") below the waist seam. If you have chosen Waistband Option 2, the folded edge will only slightly overlap the waist seam.

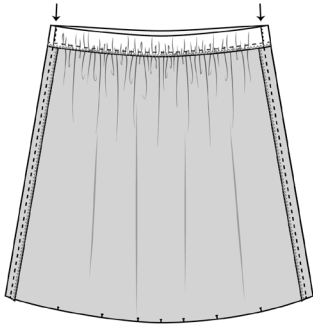
This part requires accuracy, so take your time and match all notches and side seams. Pin or baste thoroughly. Working from the right side, stitch in the ditch of the waistband seam, catching the inner edge of the waistband in your stitching. On each side of the front waistband, 1cm (3/8") away from the side seam, leave 7.6cm (3") gaps in your stitching, for dealing with the elastic. Note: You can mark where the gaps are with crossed pins or some chalk, so you don't forget to leave the gaps when you're sewing!



18. If you haven't already cut your elastic, cut it now using the cutting guide. Finish the edges of the elastic to prevent fraying.

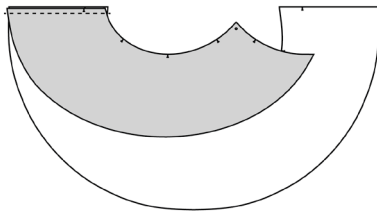


19. Attach a safety pin or bodkin to one end of the elastic, so you can pull it through the back waistband. Push the elastic through one of the holes in the front waistband. Secure the end of the elastic near the hole with a pin so you don't accidentally pull it all the way through! Pull the elastic through the back waistband, and out the hole on the other side of the front waistband. Make sure it isn't twisted.

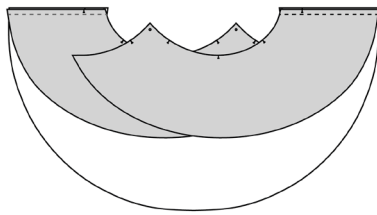


20. Remove the safety pin or bodkin, and pin the elastic at each side seam, so that the ends of the elastic go past the side seam, into the front waistband by 1cm (3/8") on each side (this way, they can be captured by stitching in the ditch once the fit is confirmed). Now is a good time to try it on to confirm the fit. You may wish to shorten the elastic to fit your preference. Depending on how snug your elastic is, you may find the side seam slightly pulls to the back; this is normal, so do not worry. If you cut the elastic, re-finish the short edge to prevent fraying. Note: Depending on your proportions, you may find it easier to pull the skirt on over the head than shimmy up over the hips!

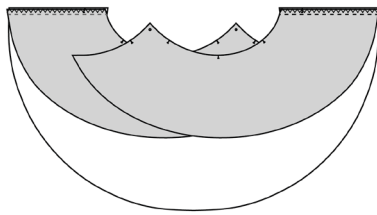
Once you are happy with the fit, secure the elastic by stitching in the ditch at both side seams, through all layers.



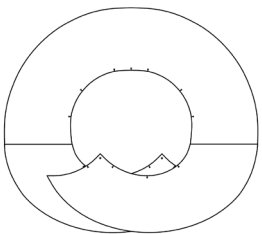
21. Close up the gaps in the inner waistband by again stitching in the ditch from the right side, making sure not to catch the elastic in your stitching.



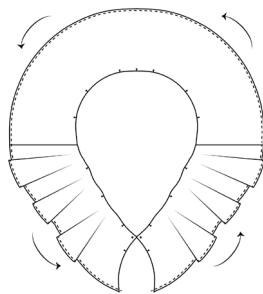
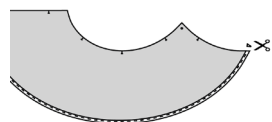
22. Optional: Add another line of stitching through the middle of the elasticated waistband, through all layers. This can help prevent the elastic twisting. This stitching has to be done while the elastic is fully stretched out, or you will lose the stretch! This stitching can stretch the elastic out slightly, so steam it after sewing to shrink it back down.

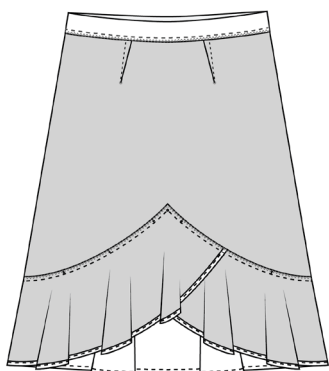
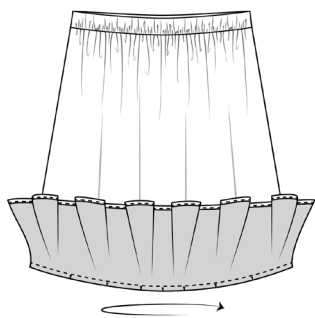
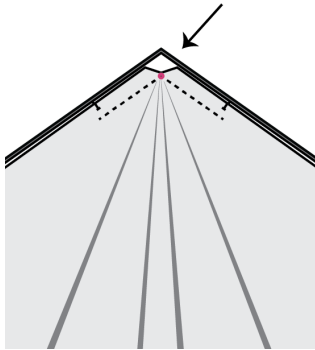
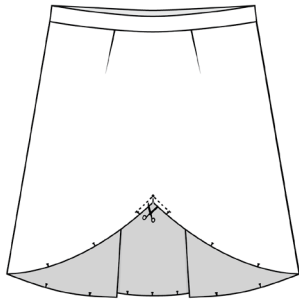
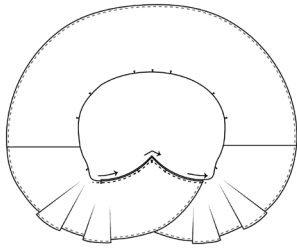


23. Seam allowance: 1cm (3/8"). Place back flounce right side up. Place each front flounce right sides together with the back, matching notches. Sew side seams of flounce. Finish seams together, and press towards back.



24. Hem allowance: 1.3cm (1/2"). Finish the flounce with a double-folded hem (see Glossary), starting from the front edge, going all the way around, and ending at the other front edge. After hemming, trim off the extra triangles formed by the folded fabric at the front edges, for a clean edge. Note: Another option for finishing this edge is an overlocker rolled hem, or finishing the edge with a trim.





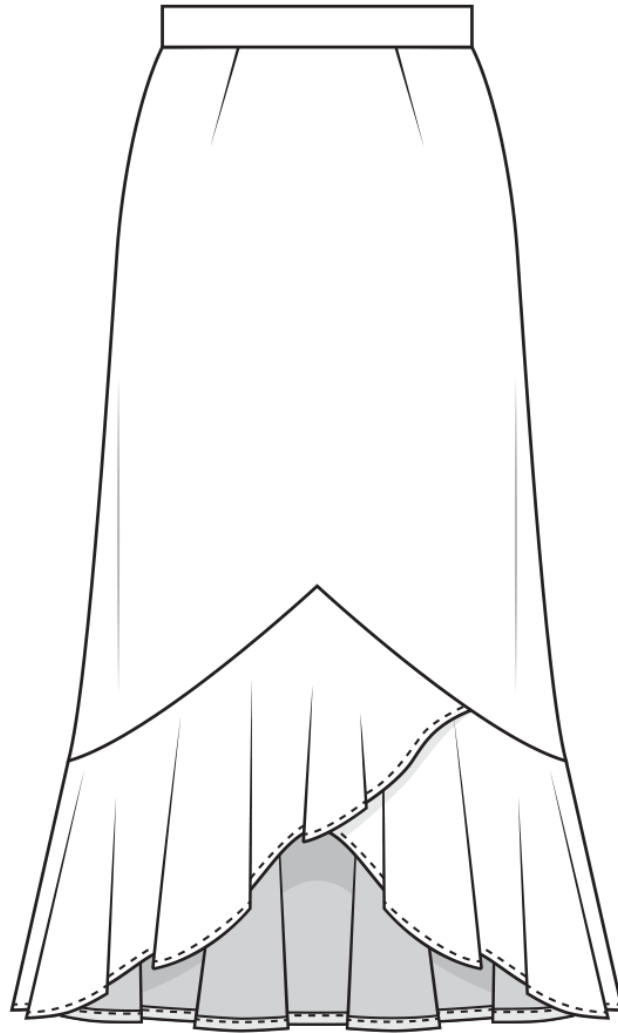
25. Seam allowance: 1cm (3/8"). Layer the front flounces on top of each other, wearer's right over left. Baste the two fronts together within the seam allowance. The hemmed edge should match to the notch. However, if you have taken a slightly different hem allowance or hemming method, it may be a little offset from the notch; this is fine, so do not ease or pull the flounce to fit.

26. On the front skirt, at the V, mark seam allowances on the wrong side. Optional: With a small straight stitch, stitch just within the seam allowance to mark and reinforce this area. Clip close to, but not through the seam. The V is the most challenging part to sew on the garment, so remember to breathe, and take your time at the centre front area. You can do it!

27. Place the flounce right sides together with the skirt. Work with the front skirt on top. To match the centre front area, let the seam allowance open up on the front skirt where it has been clipped. Avoid a pucker by making sure you have clipped close enough to the seam. Sew the V area through all three layers for about 5cm (2") either side of the centre front, sewing with the skirt on top so you can see the clip open up, and carefully pivoting at the V. Check your work to make sure it sits nicely, and be sure to congratulate yourself when it does! Optional: Reinforce your flounce at the centre front by adding another line of stitching in the V area through all layers, within the seam allowance.

28. Seam allowance: 1cm (3/8"). The flounce seam allowance is an inner curve, which means it must be clipped into and allowed to spread open in order to sit nicely. Clip the inner curves, close to but not through the seam line. For sewing the rest of the flounce seam, work with the flounce on top so you can see the clips spreading open. Match side seams and all notches. Finish seam together and press up.

29. Give the garment a thorough press, and you're all done. Enjoy wearing your Rosalie skirt!



The Peppermint Rosalie Skirt was created in collaboration with Johanna Morris, the New Zealand-based patternmaker behind Forget-Me-Not Patterns. Find out more at [forgetmenotpatterns.com](https://forgetmenotpatterns.com)