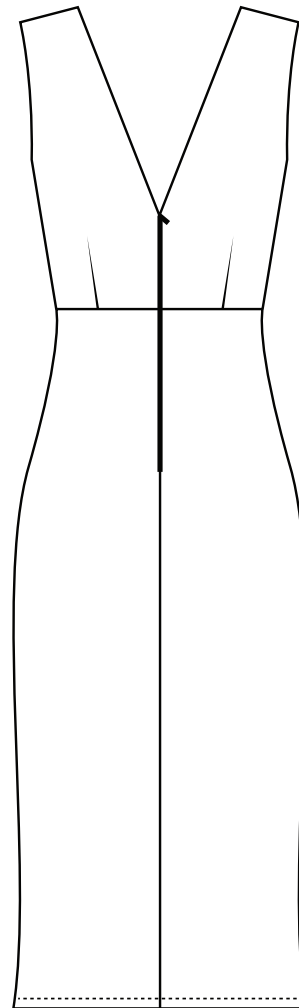
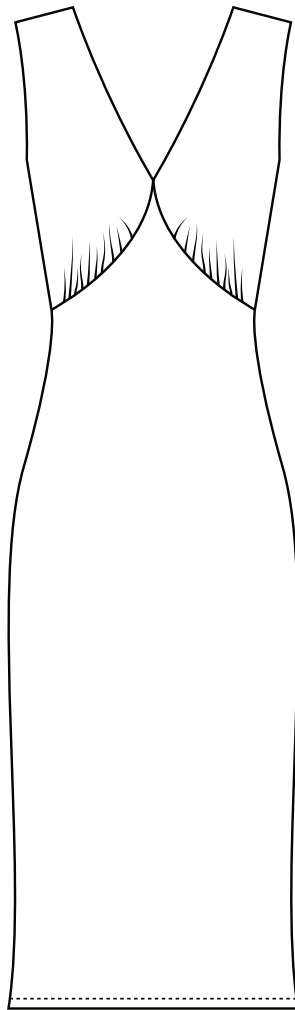


Peppermint

The Rozelle Slip

A sewing pattern from *Peppermint*
Magazine, created in collaboration with:

STITCHED
FOR GOOD



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Peppermint Patterns

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pattern information

STYLE NOTES

A stunning silhouette featuring a bias cut skirt, designed to hug the hips, coming down from a high centre front point. The line of the neckline continues under the bust with gentle gathering meeting the high waist at the side seams. The Rozelle Slip is designed to ensure a bra can be worn underneath with a wide shoulder and high centre front point.

FIT OVERVIEW

The Rozelle Slip is a semi-fitted design featuring a bias skirt with a gathered under bust curving down to the high waist. The Rozelle Slip has a V neckline on the front and back with an invisible zipper in the centre back.

CHOOSING YOUR SIZE

Focus on choosing a size closest to your hip and waist measurements. There is plenty of room in the gathered fabric around the bust with an easy alteration for smaller or larger busts.

materials required

MAIN FABRIC

Being a bias cut dress, a softer fabric with great drape will give you a better shape than a structured fabric. Tencel, lyocell, viscose or lightweight linen would all be great choices.

LINING FABRIC

A lightweight lining fabric in a similar colour to the main fabric. Alternatively, you can use the main fabric as the lining (self-lining).

INTERFACING

A lightweight fusible interfacing.

NOTIONS

- Thread
- Interfacing
- Iron
- Scissors
- Approximately 30cm invisible zipper
- Pins
- Hand stitching needle
- Tailors awl/stiletto

materials required

FABRIC REQUIREMENTS

ALL VALUES HAVE 10% ALLOWANCE ADDED					
WIDTH (CM)	SIZE	MAIN FABRIC		LINING FABRIC	
		METERS	YARDS	METERS	YARDS
140	A	1.10	1.20	0.44	0.48
140	B	1.21	1.32	0.44	0.48
140	C	1.21	1.32	0.44	0.48
140	D	1.21	1.32	0.55	0.60
140	E	1.21	1.32	0.55	0.60
140	F	1.32	1.44	0.55	0.60
140	G	1.32	1.44	0.55	0.60
140	H	1.43	1.56	0.55	0.60
140	I	1.54	1.68	0.55	0.60
140	J	1.54	1.68	0.55	0.60
140	K	1.65	1.81	0.55	0.60
140	L	1.65	1.81	0.55	0.60
140	M	1.76	1.93	0.55	0.60
140	N	1.76	1.93	0.55	0.60
140	O	1.87	2.05	0.55	0.60
140	P	1.87	2.05	0.55	0.60

114	A	1.32	1.44	0.44	0.48
114	B	1.43	1.56	0.44	0.48
114	C	1.43	1.56	0.44	0.48
114	D	1.54	1.68	0.55	0.60
114	E	1.54	1.68	0.55	0.60
114	F	1.54	1.68	0.55	0.60
114	G	1.65	1.81	0.55	0.60
114	H	1.76	1.93	0.55	0.60
114	I	1.76	1.93	0.55	0.60
114	J	1.87	2.05	0.55	0.60
114	K	1.98	2.17	0.66	0.72
114	L	1.98	2.17	0.66	0.72
114	M	2.09	2.29	0.66	0.72
114	N	2.20	2.41	0.77	0.84
114	O	2.31	2.53	0.77	0.84
114	P	2.42	2.65	0.77	0.84

PEPPERMINT SIZE CHART: BODY MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
BUST	CM	81	83	86	89	91	94	99	104	109	114	124	129	134	139	144
	INCHES	32	33	34	35	36	37.5	39	41	43	45	49	51	53	55	57
WAIST	CM	64	66	69	72	74	77	82	87	92	97	107	112	117	122	127
	INCHES	25	26	27	28	29	30.5	32	34	36	38	42	44	46	48	50
HIP	CM	89	93	95	98	100	103	108	113	118	123	133	138	143	148	153
	INCHES	35	36	37	38	39	40.5	42	44	46	48	52	54	56	58	60

SIZE CHART: FINISHED MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
BUST	CM	84.9	86.9	89.9	92.8	94.8	97.8	102.7	107.7	112.6	117.6	127.6	132.6	137.6	142.6	147.6
	INCHES	33.4	34.2	35.4	36.6	37.3	38.5	40.4	42.4	44.3	46.3	50.3	52.2	54.2	56.2	58.1
WAIST	CM	70.9	72.9	75.9	78.9	80.9	83.9	88.9	93.9	98.9	103.9	113.9	118.9	123.9	128.9	133.9
	INCHES	27.9	28.7	29.9	31.1	31.9	33.0	35.0	37.0	39.0	40.9	44.9	46.8	48.8	50.8	52.7
HIP	CM	90.9	94.9	96.9	99.9	101.9	104.9	109.9	114.9	119.9	124.9	134.9	139.9	144.9	149.9	154.9
	INCHES	35.8	37.4	38.2	39.3	40.1	41.3	43.3	45.3	47.2	49.2	53.1	55.1	57.1	59.0	61.0

glossary

UNDERSTITCH

Understitching is a technique used to create a flatter seam. From the right side of the fabric, you push/pull the seam allowance towards the lining or inside of the garment and stitch close to the seam catching the seam allowance on the underside.

GATHERING

To make a gathering stitch, change the stitch length on your sewing machine to a longer stitch length. If your machine has automatic back tack and cutting, make sure it is disabled. Pull the bobbin and upper thread so you have a long tail on each. Sew a row of stitching. Repeat the same steps 1cm away from the first row of stitching. Tie the ends of the upper thread together and repeat for the bobbin thread. Pull the bobbin thread tight to create the gather. You will stitch in the center of the two rows of gathering stitch. Cut the thread and pull out any visible gathering thread when completed.

TACKING

Tacking is used as a holding stitch; it can be taken out at a later stage and is not visible from the right side of the garment. There is no need to backstitch at the beginning and end when tacking, you can use a normal stitch length or increase the stitch length to make it easier to pull the thread out at a later stage.

PRESS

To press something is to use your iron in an up and down motion rather than gliding. Use steam and some pressure. You will generally press seams towards the back of your garment while you are sewing, or you will press the seam open by spreading the seam allowances to either side of the seam.

OVERLOCKING

Overlocking is a type of stitch sewn on the edge of the fabric to prevent fraying that requires an overlocker machine. However, if you do not have an overlocker, a similar result can be achieved by using a zig zag stitch on your sewing machine.

CLIP

To clip is to make small cuts into the seam from the raw edge towards the stitching line. This will help the seam to sit flat once finished.

PIVOTING

Pivoting is a method used while stitching to change direction of the stitch. This is often used when sewing corners or angled points. As you come to the corner where you would like to change direction, you manually lower the needle to remain in the fabric, lift the presser foot on your machine, then rotate or pivot the fabric to the new stitching direction. Lower the presser foot and continue stitching.

printing and tracing

PRINTING THE PDF PATTERN

Only print the size(s) you need from the PDF thanks to the layer functionality in Adobe Acrobat Reader, allowing you to select the required size(s). Always keep the “Text” and “Format” layers. In A4, there are 25 pages. In A0, there are 2 pages to print.

A4 pattern

Assemble the pages together with magic tape.

Make sure your printing settings are set at 100% scale.

A0 pattern

Contact your local print or copy shop for large scale printing.

USING THE PRINTED PATTERN FROM THE MAGAZINE

Cut out your size or trace the pattern pieces using your preferred method.

CUTTING TIPS

Paper cutting – cut all the pattern pieces according to your size and pattern adaptations with paper scissors.

Fabric cutting – pin each pattern piece on the fabric following the cutting layout set out on the next page. Cut each piece close to the paper with fabric scissors or a rotary cutter.

cutting layouts

TRACE

The pattern pieces included are full size pieces with seam allowances already included. To preserve the integrity of your pattern, trace pattern pieces onto your preferred tracing paper. Make sure to transfer the size, name of the pattern and markings. Once traced, cut out the pattern pieces in your size.

CUT FABRIC

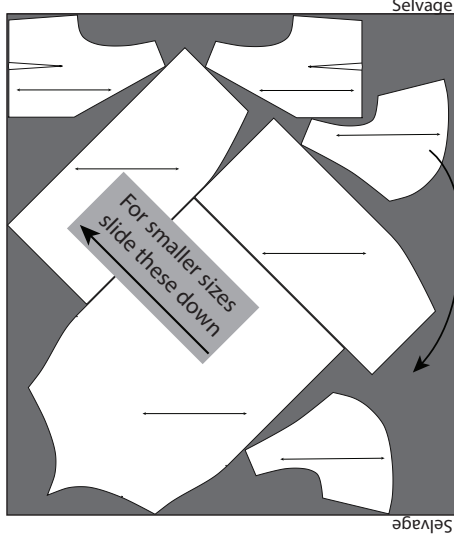
Before you begin, pre-wash and care for your fabric to prevent unwanted shrinkage. I also suggest making a sample (muslin) of the slip to check sizing, fitting and length. Use the shorten/lengthen line to change length if desired. Open your fabric out so it is one layer selvedge to selvedge (not on the fold).

TRANSFER MARKINGS

Mark all the notches by making a small clip in the edge of the fabric. Use the tailors awl to make a small hole in the fabric to mark the drill hole for the back bodice darts.

cutting layouts

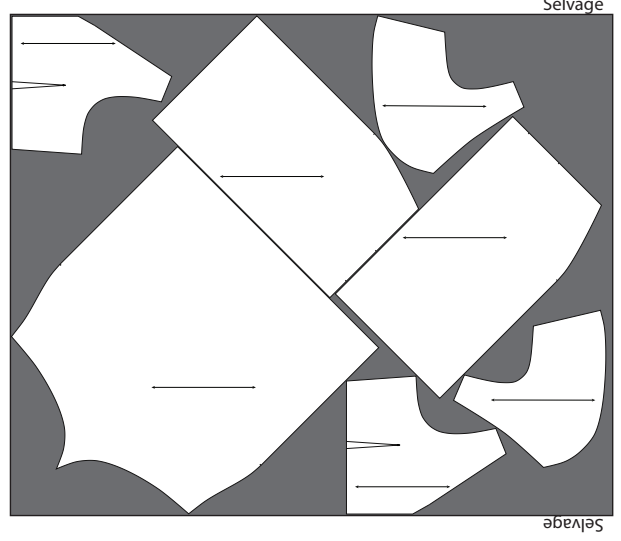
140cm Main Fabric Sizes A- M



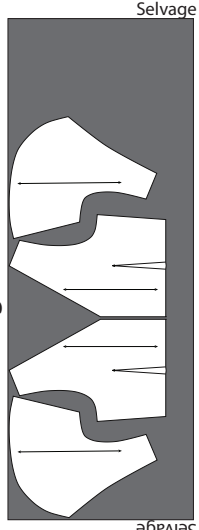
For Size M move bodice piece to the other side of back skirt

For smaller sizes slide these down

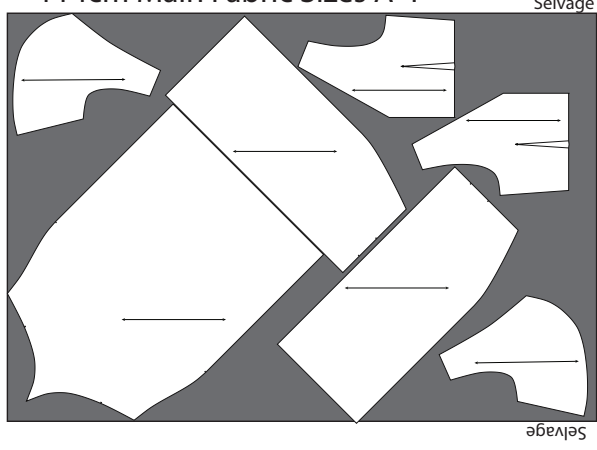
140cm Main Fabric Sizes N- P



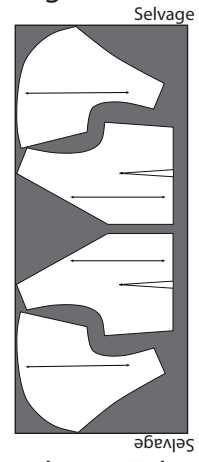
140cm Lining Fabric All Sizes



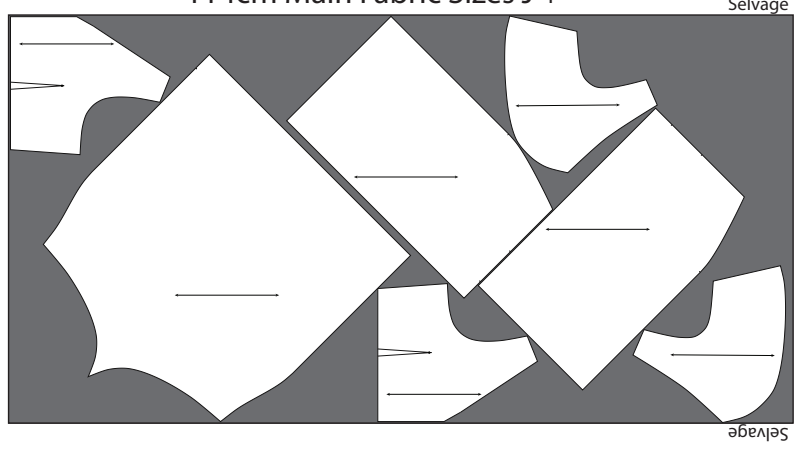
114cm Main Fabric Sizes A- I



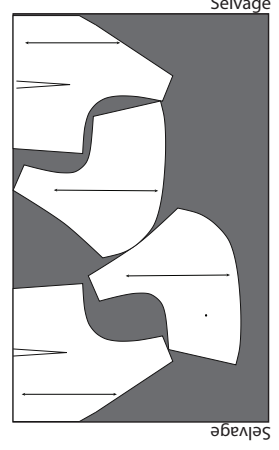
114cm Lining Fabric Sizes A-I



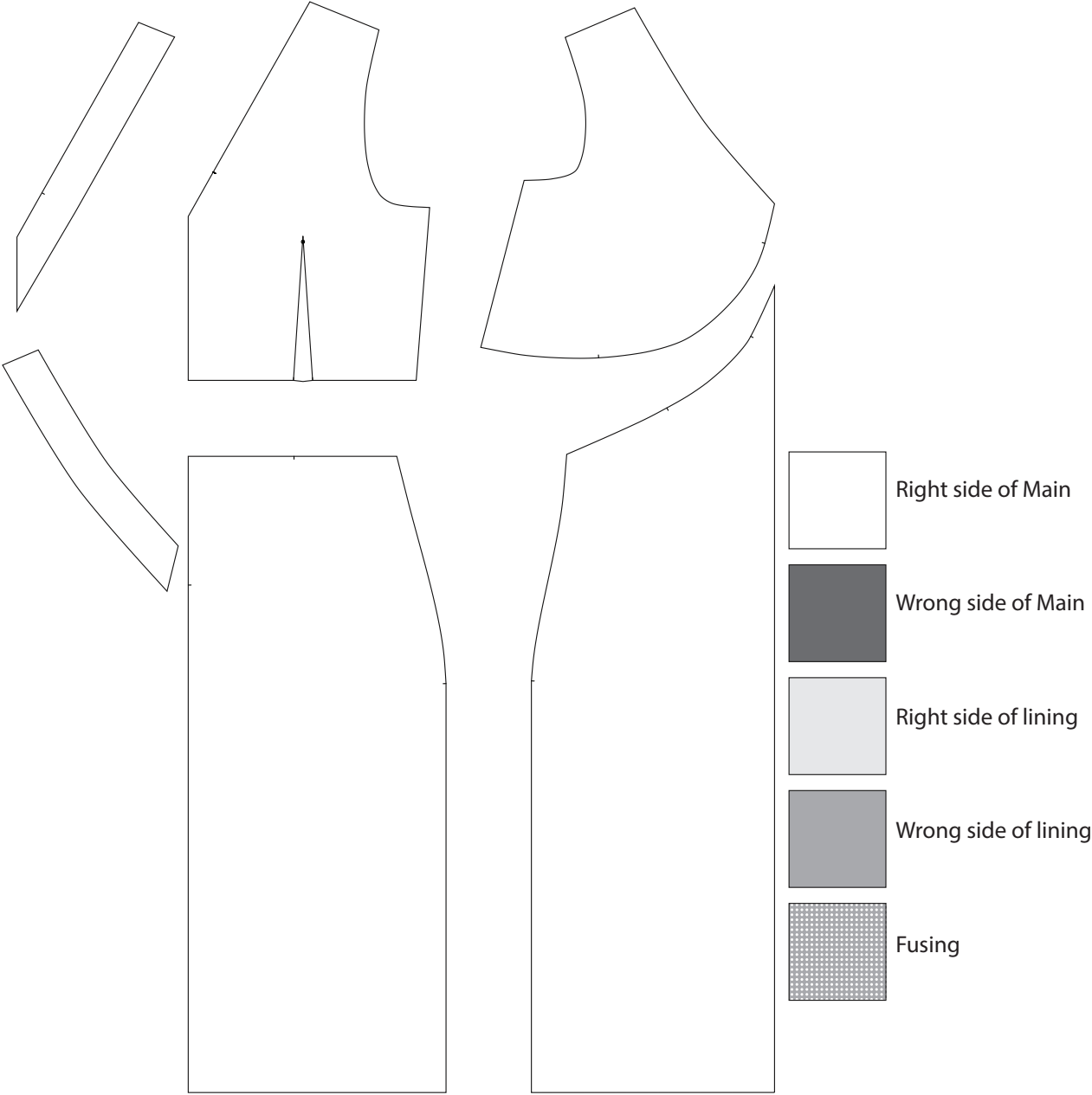
114cm Main Fabric Sizes J +



114cm lining Fabric Sizes J +



sewing instructions



Seam allowance is 1cm unless otherwise stated. Please make a toile first to determine if any pattern alterations are needed

sewing instructions

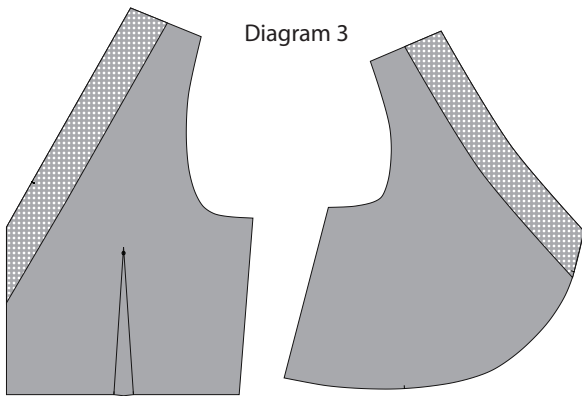


Diagram 3

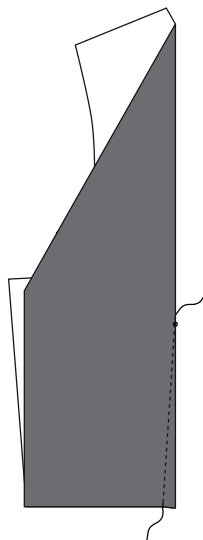


Diagram 4

Diagram 5

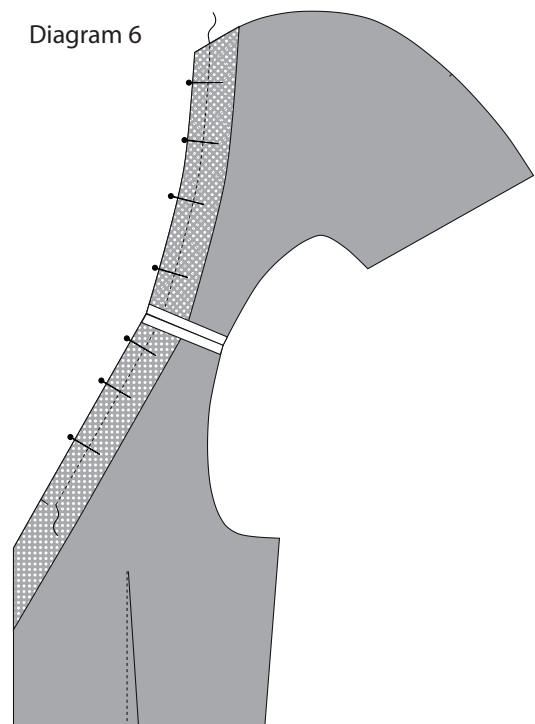
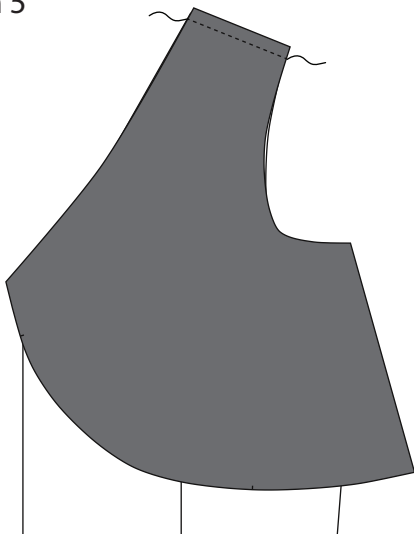


Diagram 6

1. Cut out all pieces including main fabric, lining and interfacing.
2. Fuse interfacing pieces to the wrong sides of the lining bodice pieces along the necklines. (Diagram 3)
3. Stitch the darts on the back bodice pieces. Press the fold line of the dart towards the side seam. (Diagram 4)
4. Stitch the shoulder seams on the main and lining pieces – press open. (Diagram 5)
5. Pin and stitch the neckline on the right bodice, matching the shoulder seams with right sides together, and stopping on the back bodice piece at the marked notch. Repeat for the left bodice – clip around the curves – understitch and press. (Diagram 6)

Diagram 7

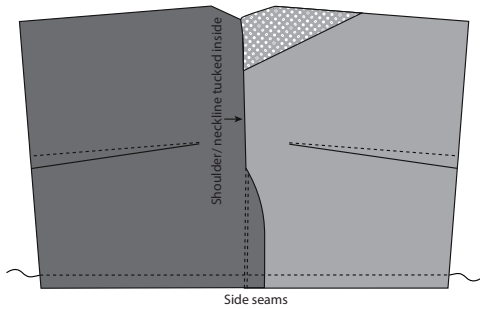
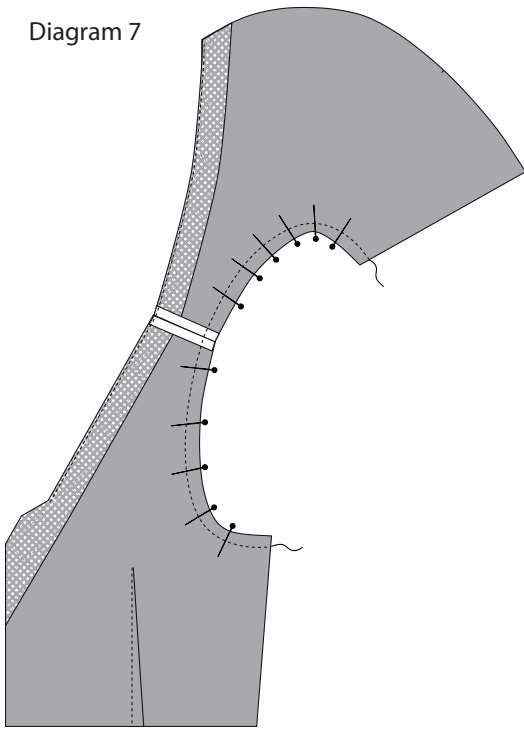


Diagram 8

Diagram 9

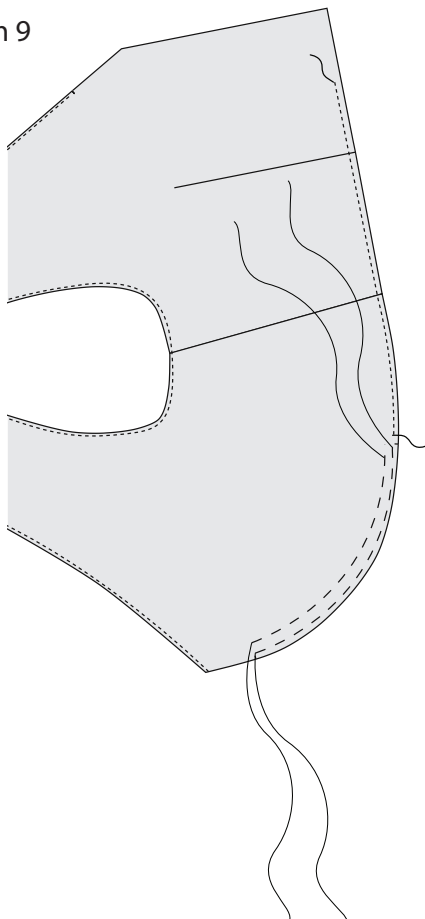


Diagram 10



6. Pin and stitch the armholes, right sides of the main and lining, together. Clip around the curves – understitch as far as you can towards the shoulder seams. Come from the back then from the front, or vice versa. You will need to stop and start again from the opposite side as the machine foot will not be able to go all the way through. (Diagram 7)

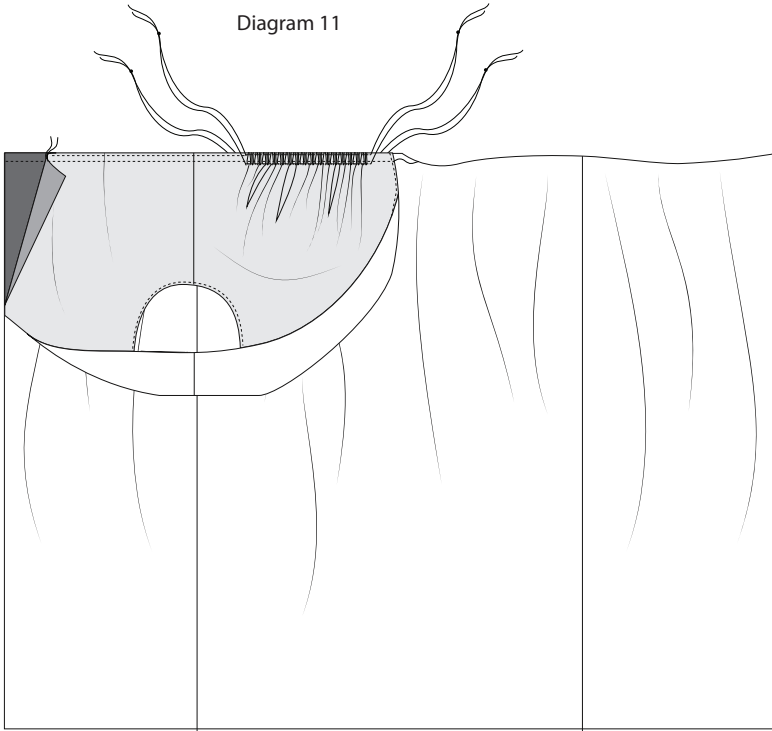
7. Pull the bodice, right sides out, through the bottom opening. Press the armhole.

8. Sew the side seams by opening up the bodice so the side seams on the main and lining back bodice pieces are flat on your workbench. Open up the front the same way, match the front and back side seam, pin and stitch. (Diagram 8)

9. Tack stitch the bodice, wrong sides together, around the bottom stopping at the notch closest to the centre back seam. Stitch two rows of gathering stitches between the front notches. (Diagram 9)

10. Pin and stitch the side seams on the front and back skirt pieces, matching the hip notch and stretching slightly as you sew it. This prevents some puckering when the finished garment drops down as it is on the bias. Overlock and press towards the back. (Diagram 10)

Diagram 11



11. Pin the bodice to the skirt pulling in the gathering between the notches, matching the side seams and notches.

12. Stitch the bodice to the skirt stopping again at the notch near the centre back. Flip the lining out of the way and finish stitching the bodice to the skirt right up to the centre back waist point. Part of the lining should be free at the centre back to insert the zipper. (Diagrams 11 and 12)

Diagram 12

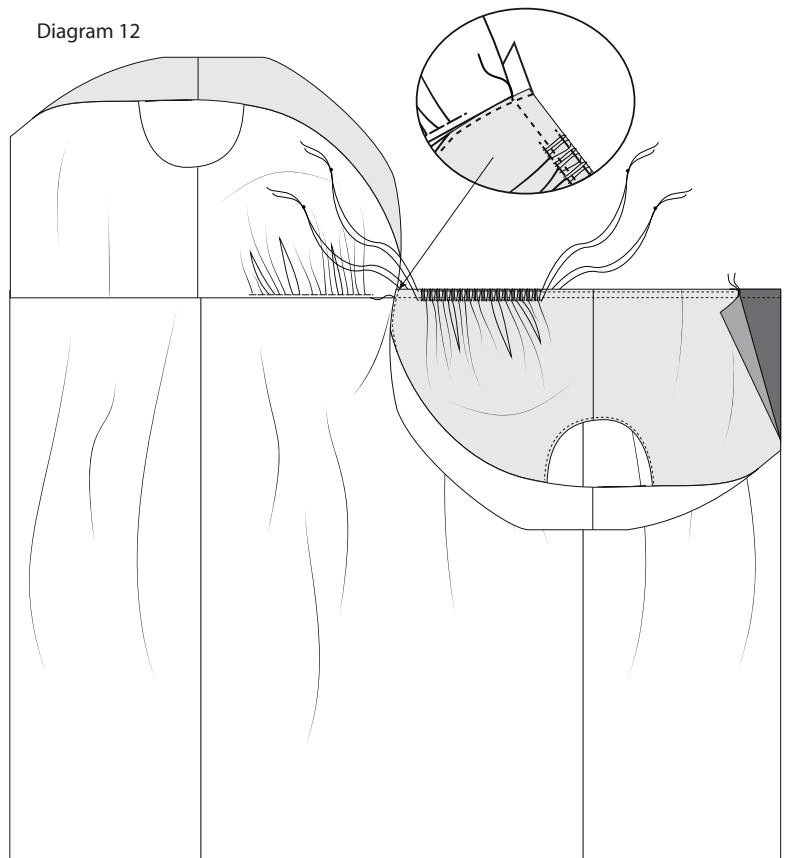
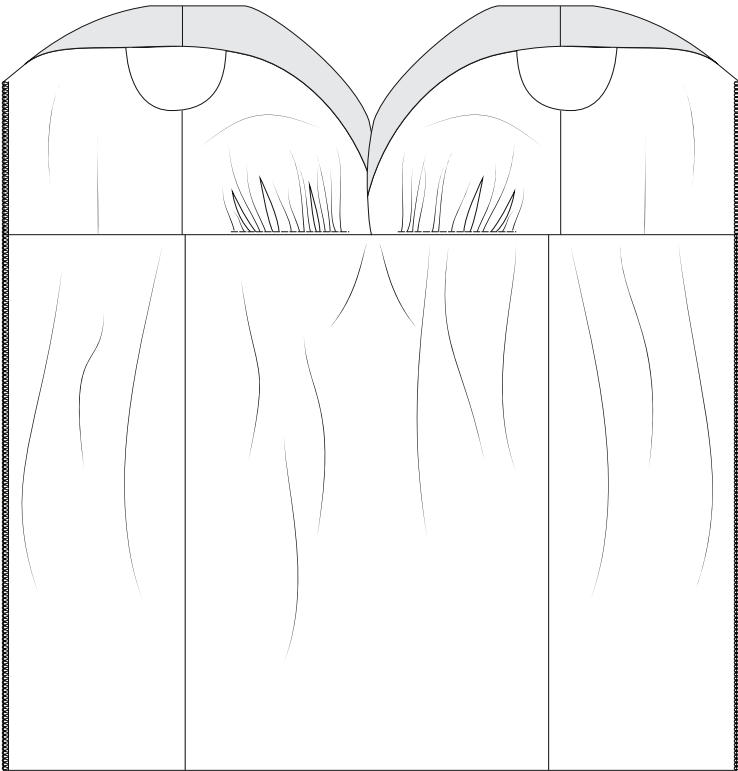


Diagram 13



13. Overlock both centre back edges on the skirt. (Diagram 13)

14. Pin the lining out of the way of the centre back. Insert the invisible zipper in the centre back, matching the waist seam. There is 1.5cm seam allowance on the centre back seam. (Diagram 14)

Diagram 14

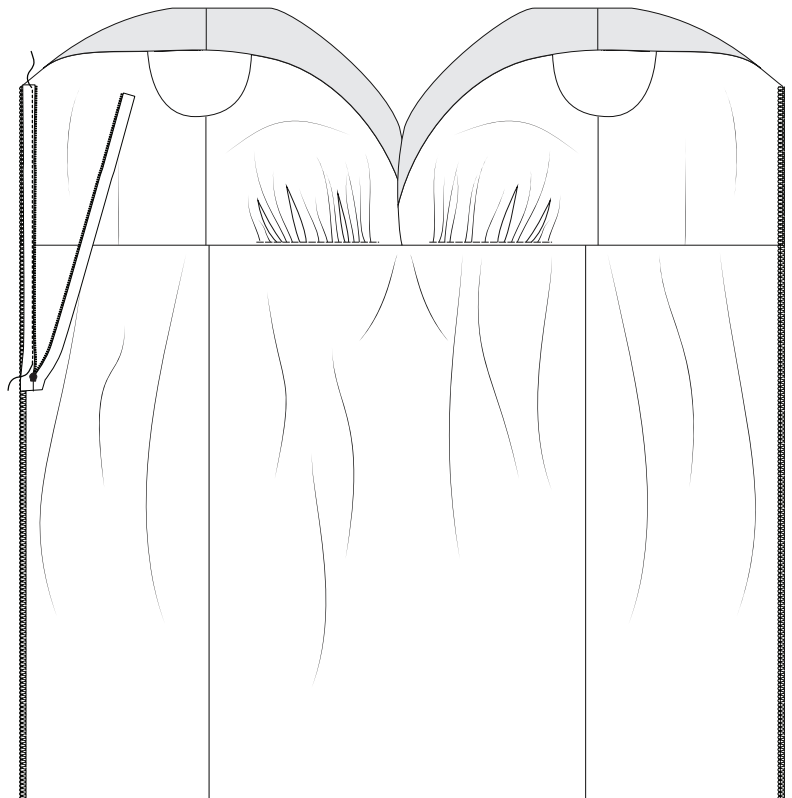
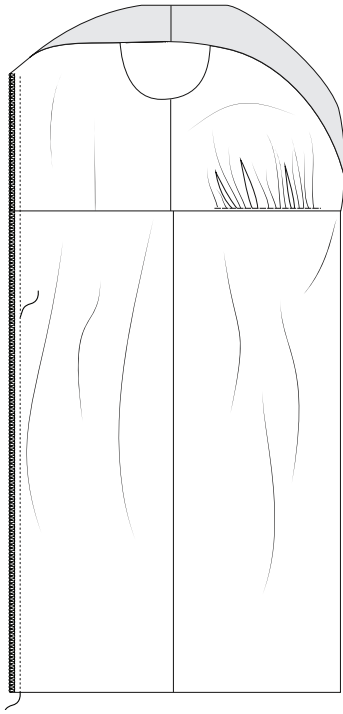


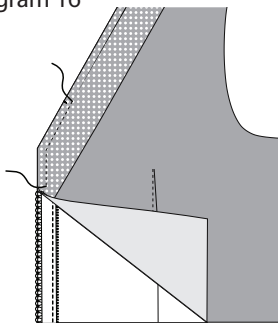
Diagram 15



15. Stitch the centre back seam below the zipper (don't forget this seam is 1.5cm). Press open. (Diagram 15)

16. To finish off the centre back neckline, pull the centre back neckline through the small opening in the lining at the waist so right sides are together. Stitch along the neckline right to the centre back running over the zipper. Leave the needle in the fabric and pivot to stitch a few centimetres down the zipper tape catching the lining on the zipper tape. (Diagram 16)

Diagram 16



17. Overlock the waist seam starting on just the lining at the centre back then add the main waist seam into the overlocking in a continuous overlock stitch. Run the overlock straight off at the point in the centre front. (Diagram 17)

Diagram 17

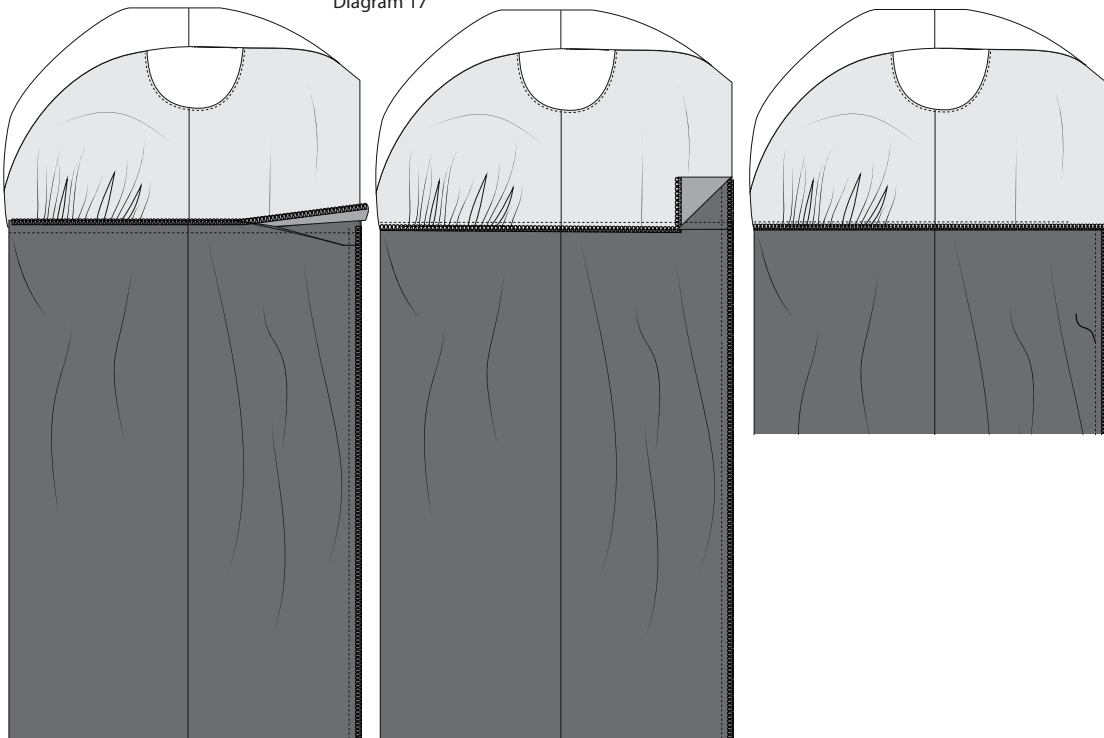
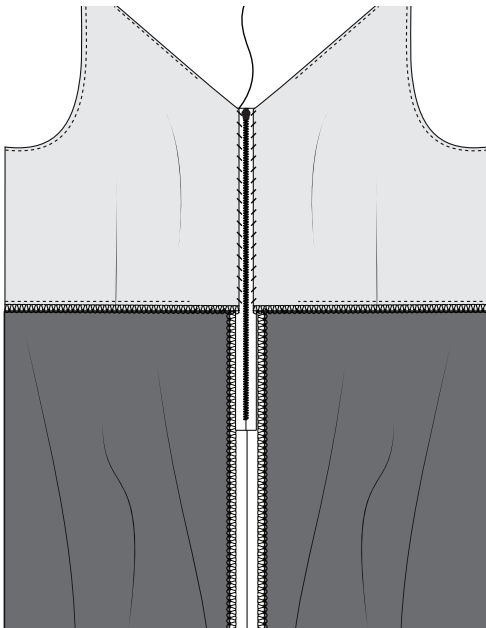


Diagram 18



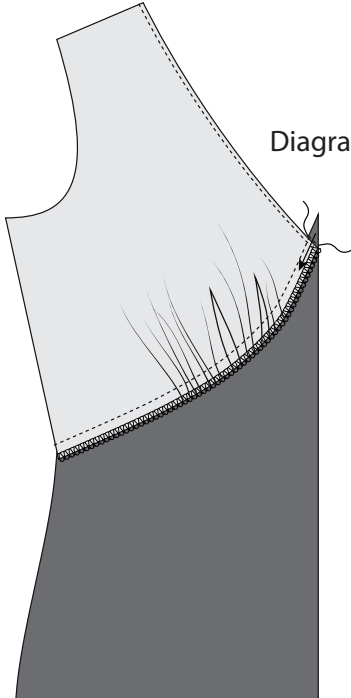
18. Hand stitch the lining down along the zipper tape, leaving the raw edge exposed at the waist. (Diagram 18)

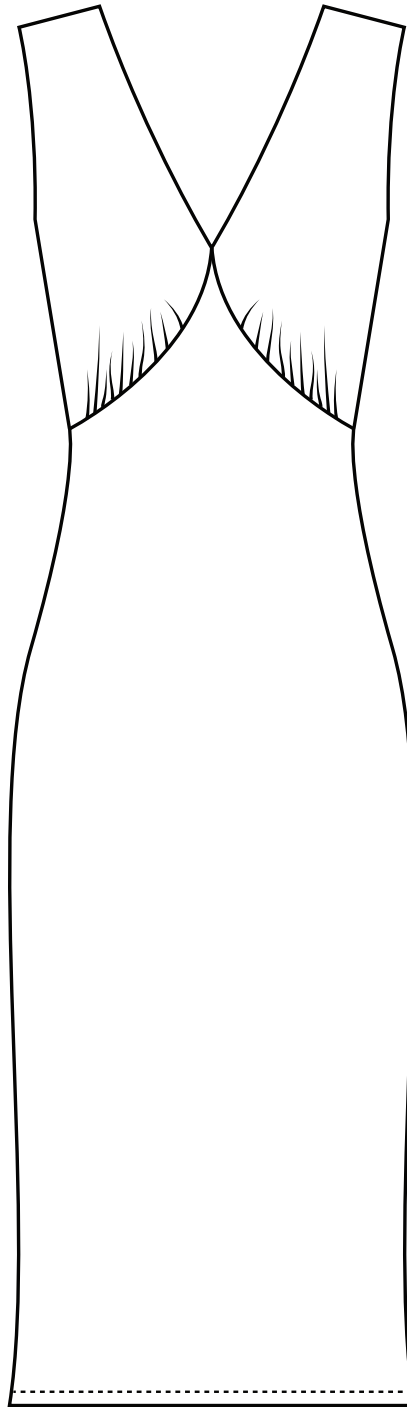
19. Fold the centre front point back onto itself along the overlocked seam so it is not visible from the right side of the garment. Hand or machine stitch in place. (Diagram 19)

20. Fold the hem over 1cm, press. Fold over again to the length you would like your garment to be. Hand stitch for a neater finish, or machine stitch close to the folded edge. Press.

Enjoy your new slip dress!

Diagram 19





The *Peppermint* Rozelle Slip was created in collaboration with Annie Robinson from *Stitched for Good*! Find out more at stitchedforgood.com.au

*This pattern can be purchased from the Peppermint website, or get the printed version **FREE** when you buy a copy of our print magazine!*