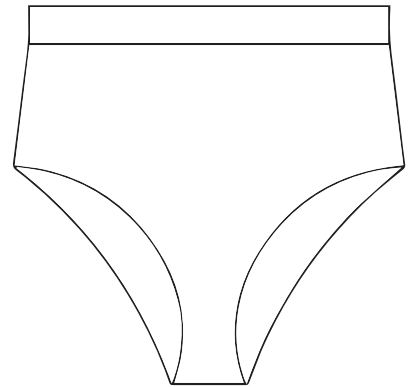
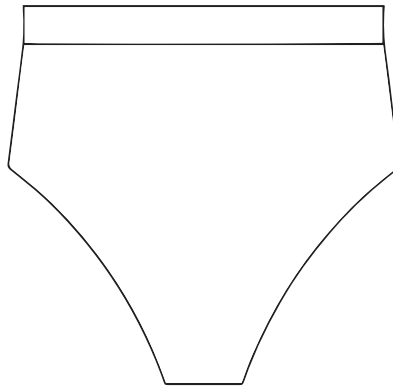
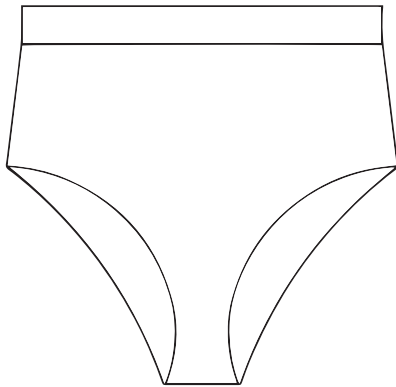
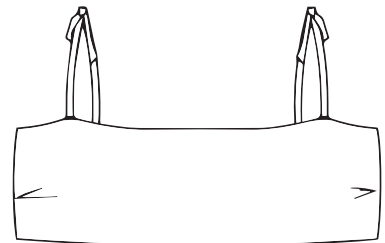
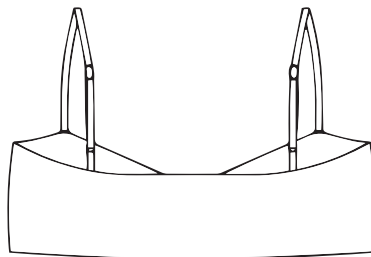
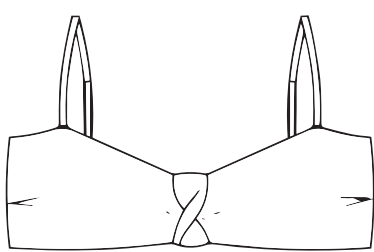


Peppermint

The Bronte Bathes

A sewing pattern from *Peppermint*
Magazine, created in collaboration with:

SWIM
STYLE
SEWING PATTERNS



Spoonflower

Many thanks to our sewing partner Spoonflower for helping to make our much-loved patterns possible! From wallpaper to fabric to home decor, Spoonflower offers one of the largest Marketplaces of designs from independent artists around the world. They are committed to reducing their carbon footprint and lessening negative impacts as much as possible. They make their products with water-based inks and responsibly sourced materials using their innovative, on-demand printing process. Each order is printed and made in the USA by their team of manufacturing experts.

Pop over to spoonflower.com for inspiration for your next me-made project.

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Peppermint Patterns

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pattern information, fabric and notions required

STYLE NOTES

Bikini Top

The bikini top features a twist tie at the centre front. There is also the option to omit the twist tie for a bandeau style which provides more coverage. The strap options include both adjustable and tie strap styles to cater to your personal comfort and fit preferences. This bikini top is fully lined with an extra pocket lining at the front for removable cups. Cup size is suitable for size A to D.

Bikini Briefs

Fully lined and thoughtfully designed, these briefs feature a waistband that not only adds an elegant accent but also provides essential support and comfort for all-day wear.

SUGGESTED FABRICS

Swimwear fabrics such as lycra, nylon spandex, high stretch, four-way-stretch knit fabrics. Swimwear lining with four-way stretch.

STRETCH FACTOR

Minimum 50% and a good recovery factor (springs back to its original length).

NOTIONS

Narrow elastic width – 6mm or ¼ wide

- 5m or 5 ½ yards for sizes XS to 5X
- 6m or 6 ½ yards for sizes 6X to 9X

Wider elastic width – 12mm or ½ wide

- 1m or 1 ¼ yards for sizes XS to 5X
- 1.2m or 1 ½ yards for sizes 6X to 9X

Adjustable straps option

- 1 pair of sliders – 12mm or ½ inch wide
- One pair of rings – 12mm or ½ inch wide

Removable cups option

- 1 pair of foam bra cups to match your size

fabric requirements

| | | SIZE | | | |
|-------------------|--------|--------|------------------------------------|------------------------------------|------------------------------------|
| | | XS-L | 1X-3X | 4X-5X | 6X-9X |
| Outer swim fabric | Metres | 0.9m | 1m | 1.1m | 1.2m |
| | Yards | 1 yard | 1 ¹ / ₈ yard | 1 ¹ / ₄ yard | 1 ¹ / ₃ yard |
| Swimwear lining | Metres | 0.8m | 0.9m | 1m | 1m |
| | Yards | 1 yard | 1 yard | 1 ¹ / ₈ yard | 1 ¹ / ₈ yard |

a few tips about notions and hardware

ELASTIC

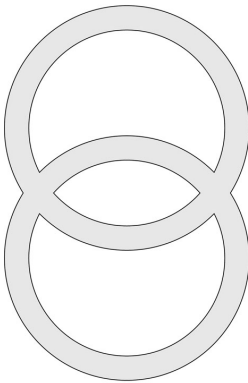
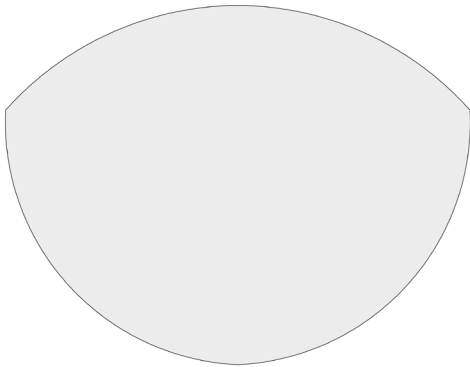
This pattern includes two widths of elastic. The wider elastic is used under the lower edge of the bikini top. The pattern calls for 12 mm or ½ inch wide elastic. You can use slightly wider elastic also, it will just mean your bikini top will be slightly shorter in length.

BRA CUPS SHAPE

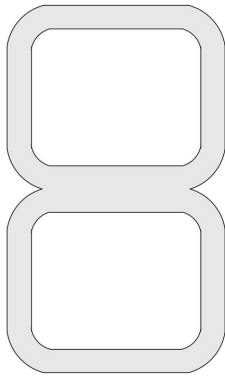
We recommend purchasing a cup in the shape illustrated below.

SWIM SLIDERS

Take care to purchase swimwear sliders and not lingerie sliders. Swimwear sliders in the shapes below have longer gaps which makes it easier to thread straps through.



Swimwear Slide



Swimwear Slide

SIZE CHART: BODY MEASUREMENTS

| | | XS | S | M | L | 1X | 2X | 3X | 4X | 5X | 6X | 7X | 8X | 9X |
|-------|--------|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| BUST | CM | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 |
| | INCHES | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 |
| WAIST | CM | 66 | 71 | 76 | 81 | 86 | 91 | 96 | 101 | 106 | 111 | 116 | 121 | 126 |
| | INCHES | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| HIP | CM | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 |
| | INCHES | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 |

BUST WAIST AND HIPS FINISHED CIRCUMFERENCE MEASUREMENTS

Please note the circumference measurements in the chart below are the finished measurements before adding elastic to the edges of the bikini. You will also notice these measurements are smaller than the body measurements. This is because the pattern includes negative ease.

| | | XS | S | M | L | 1X | 2X | 3X | 4X | 5X | 6X | 7X | 8X | 9X |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| BUST | CM | 67 | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 |
| | INCHES | 26 1/2 | 28 1/2 | 30 1/2 | 32 1/2 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| WAIST | CM | 60 | 65 | 70 | 75 | 80 | 85 | 90 | 95 | 100 | 105 | 110 | 115 | 120 |
| | NCHES | 23 1/2 | 25 1/2 | 27 1/2 | 29 1/2 | 31 1/2 | 33 1/2 | 35 1/2 | 37 1/2 | 39 1/2 | 41 1/4 | 43 1/4 | 45 1/4 | 47 1/4 |
| HIP | CM | 67 | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 |
| | INCHES | 26 1/2 | 28 1/2 | 30 1/2 | 32 1/2 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |

glossary

MARK POINTS

Mark with a pin or tailor's chalk, or a small clip less than 5mm or ¼ inch long.

SEAM ALLOWANCE

The distance between the stitch line and the cutting edge of garment.

RECOMMENDED STRETCH STITCHES

Recommended stretch stitches to use on a standard sewing machine include zig zag stitch, lightning stitch and any fancy stretch stitch included on your sewing machine stitch dial.

STAY STRETCH STITCH

Set your machine to a long zig zag stitch. This type of stitch is used to baste pieces together.

FINISH EDGES

Edges on swimwear fabric can be left raw as they will not fray. You can also use an overlocker or serger machine to stitch along the raw edges.

PRESS

You can press swimwear fabric on a low heat setting. Take care to test the iron heat on a scrap piece of the fabric you are using to make the bikini.

STRETCH FACTOR

The stretch factor is the amount the knit fabric can stretch from its original width and length.

RECOVERY FACTOR

This is the degree of which the fabric will bounce back to after being stretched.

printing and tracing

PRINTING THE PDF PATTERN

This pattern does not include layers. In A4, there are 30 pages. In A0, there are 2 pages to print.

A0 pattern

Contact your local print or copy shop for large-scale printing.

A4 pattern

Please note: Test tile is No 1.

Print out the test tile to check your printer settings are correct before printing out your complete set of tiles. Print pattern tiles on a standard home printer on US or A4 size paper.

US letter paper size: 8 ½ inches x 11 inches

A4 paper size: 210mm x 297mm

Correct pattern tile/printed borders

Step 1:

Print out test tile. Measure the printed borders of the test pattern tile as marked. If your tile size is correct, print out all pattern tiles.

If not correct, check your printer settings. Your printer should have one of these options below to choose to print at correct size.

- Print at actual size.
- Print at 1:1
- Print no scaling.

Correct Printed Border of Pattern Tile: 17cm x 24cm or 6.69 inches x 9.44 inches

Step 2:

Each tile includes a number. Place all pattern tiles, numbers right way up as shown in PDF layout. Cut excess paper at border lines on the top and left side of each tile.

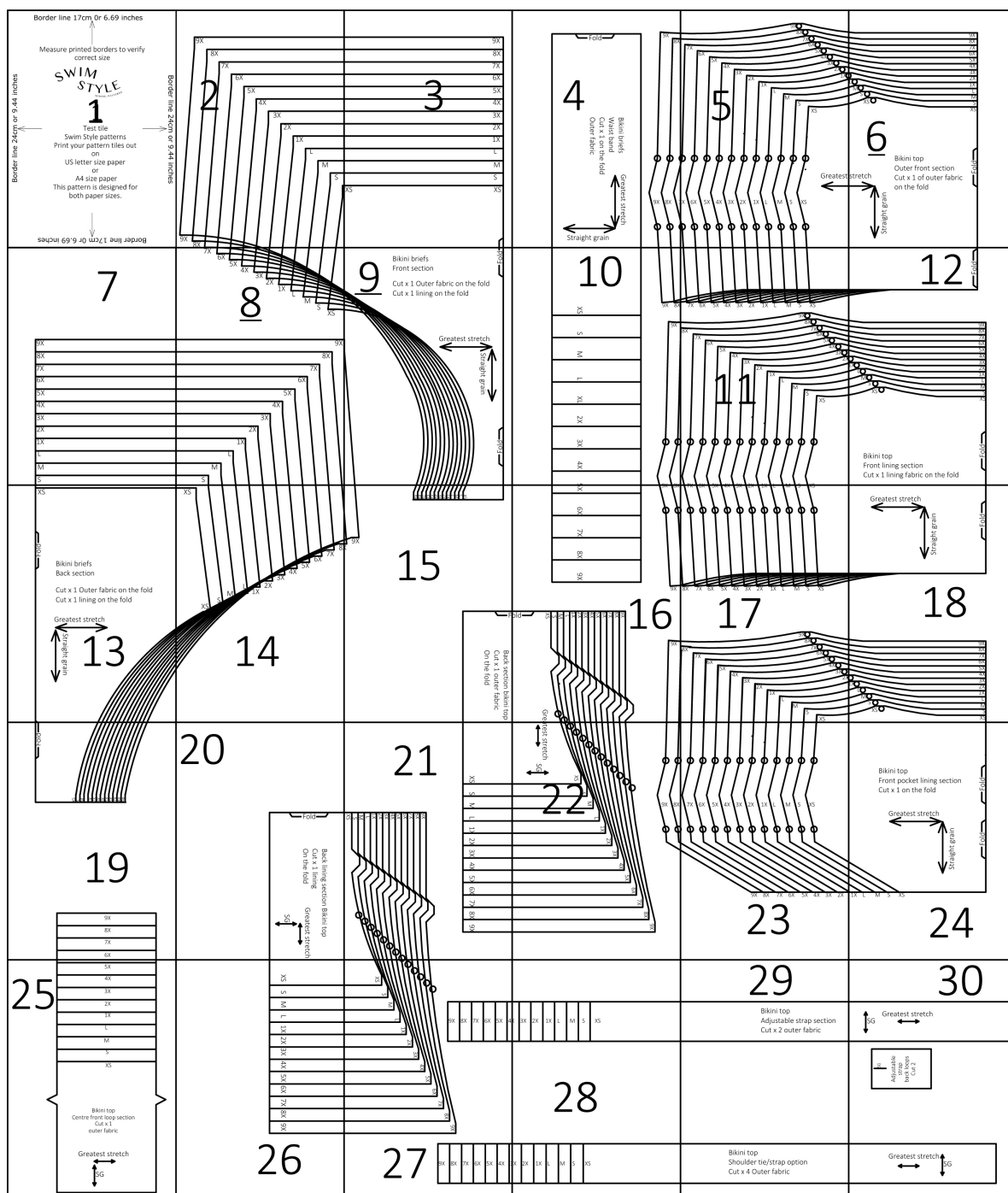
Step 3:

Assemble pattern tiles. Place pattern tiles in horizontal rows. Refer to PDF assembled pattern picture. To assemble your tile rows, apply glue to right side of each tile between the border line and edge of paper. Align the trimmed border side of the pattern tile on the border line of the matching tile to the left side. Excess edge placed underneath. Press down to glue tiles in place. Repeat this process to complete each row. Complete all horizontal rows.

Step 4:

Glue horizontal rows in position. Apply glue to lower excess edges of each row. Match printed borders. Paste each row together to complete pattern. Trace pattern of your size. Refer to the size chart to verify correct size before tracing pattern pieces.

Assemble as shown using instructions below.



fabric layout

Lay the fabric out as shown. Place the selvages towards the centre to create a fold line on both sides of the fabric. This will fit most of the pattern pieces. Leave a portion of the fabric to fold it with the selvages on one side to fit the longer strap pieces etc as shown in the fabric layout.

Please note our fabric layout includes the adjustable straps option. The tie strap pattern pieces can be placed in the same position.

CUTTING LIST

Bikini Top

Outer section/fabric: Cut x 1 front on the fold. Cut x 1 back on the fold.

Twist loop front section: Cut x 1.

Lining sections: Cut x 1 front on the fold. Cut x 1 pocket on the fold. Cut x 1 back on the fold.

Adjustable Straps

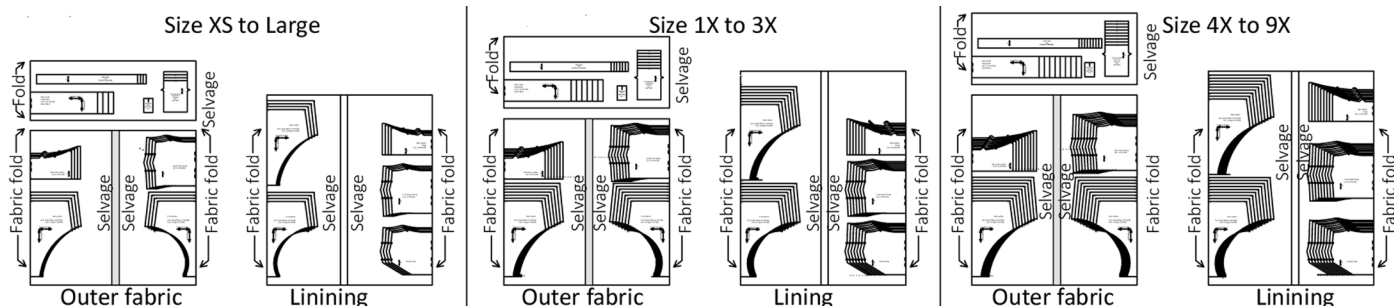
Cut x 2 strap sections. Cut x 2 back loop strap sections.

Tie straps option: Cut x 4 strap sections.

Bikini Briefs

Outer section/fabric: Cut x 1 front on the fold. Cut x 1 back on the fold. Cut x 1 waist band on the fold.

Lining sections: Cut x 1 front on the fold. Cut x 1 back on the fold.



tips on how to sew swimwear

Stitches Guide: A simple domestic machine is adequate, set your machine to a medium zig zag and use a stretch or ball point needle in your sewing machine.

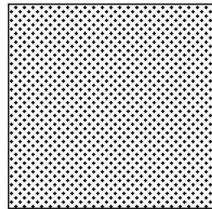
We have also found that some elastics are easier to sew than others. We like to use a braided elastic as it is easier to stitch through layers of swimwear fabric and elastic on a basic machine.

Overlocker/serger machines and cover stitch machines are great for this project also.

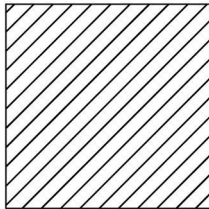
sewing instructions – bikini top

Seam allowance is 1cm or 3/8 inch.

Use a stretch stitch on each step unless otherwise instructed.



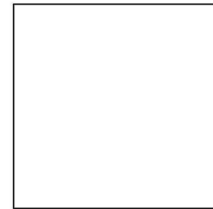
Lining
Right side



Pocket lining
Right side



Outer fabric
Right side

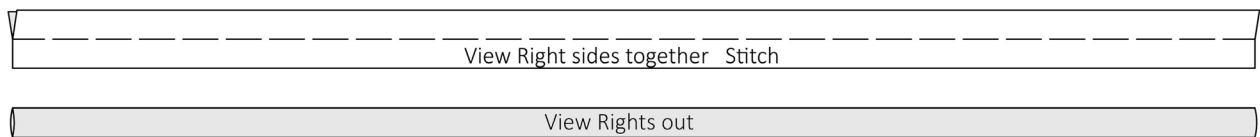


Outer fabric &
Lining Wrong side

This pattern includes two shoulder strap styles, follow either the shoulder tie or adjustable straps steps below to complete your shoulder straps.

STEP 1: SHOULDER TIE SECTIONS

Right sides together, stitch each of the 4 ties together at the long sides. Now turn each of the straps right sides out using a safety pin. Go to step 2



Adjustable Shoulder Straps Option:

Fold each strap and back loop section together lengthways with the right sides facing.

Stitch each piece together at the long sides.

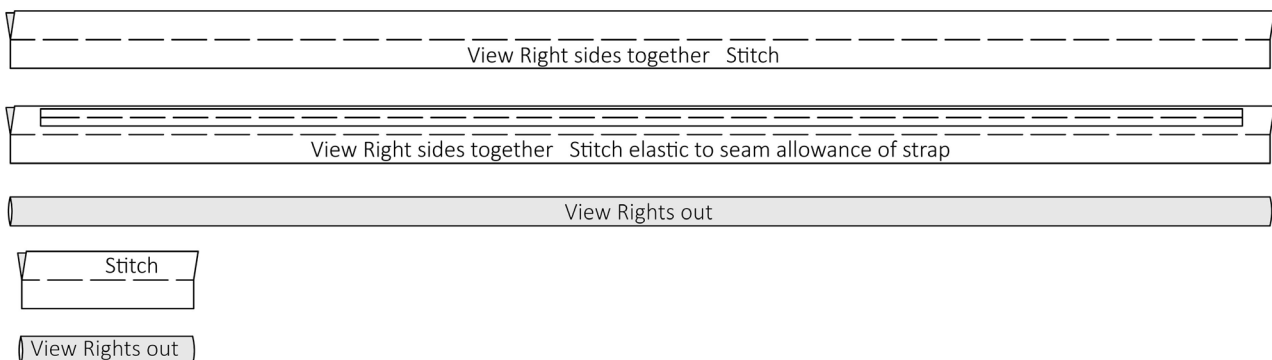
Option: Stitch elastic to seam allowance of the straps.

Stitch 6mm or 1/4 inch wide elastic to seam allowance as shown.

Align edges of elastic and strap together. Stretch elastic slightly as you stitch.

To avoid bulk, begin and end row of elastic 1cm or 3/8 inch in from ends as shown.

Back Loops Option: You can stitch elastic to the seam allowance on back loops also. Turn adjustable straps and loops right sides out.



sewing instructions – bikini top

Adjustable Straps Option Continued:

Step A: Thread the strap upwards through one opening of the slide.

Now thread it down through the opposite gap of the slide.

Pull enough strap through the slider to thread the ring on the end as shown.

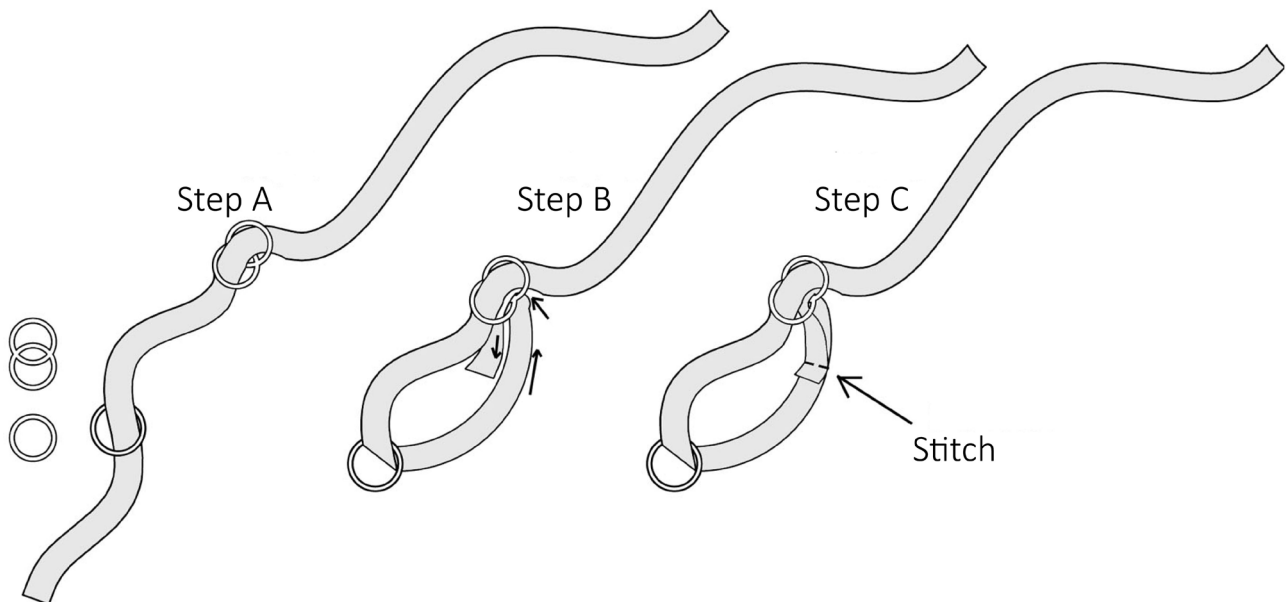
Now move the slider approximately 10cm or 4 inches from end of strap.

Step B: Thread the end of strap upwards through the top centre bar of slide under first layer of strap.

Pull it over the centre bar and downwards through the opposite gap of slide. As shown.

Pull the strap through approximately 3cm or 1¼ inches of length.

Step C: Stitch the end of strap to under strap as shown.



sewing instructions – bikini top

STEP 2: LINING SECTION

Before you begin, check that you have transferred all circle marks for the bust pleats and strap positions, to the pattern pieces. Mark with a pin, tailor's chalk or a very small clip less than 6mm or ¼ inch long.

Pocket lining please note: It is not necessary to finish the slanted edges of the pocket lining. If you prefer to finish the edges, use an overlocker/serger or fold and stitch a narrow hem of 6mm or ¼ inch wide.

Stitch pocket and front lining section together.

Place both the front and pocket lining sections right sides facing upwards.

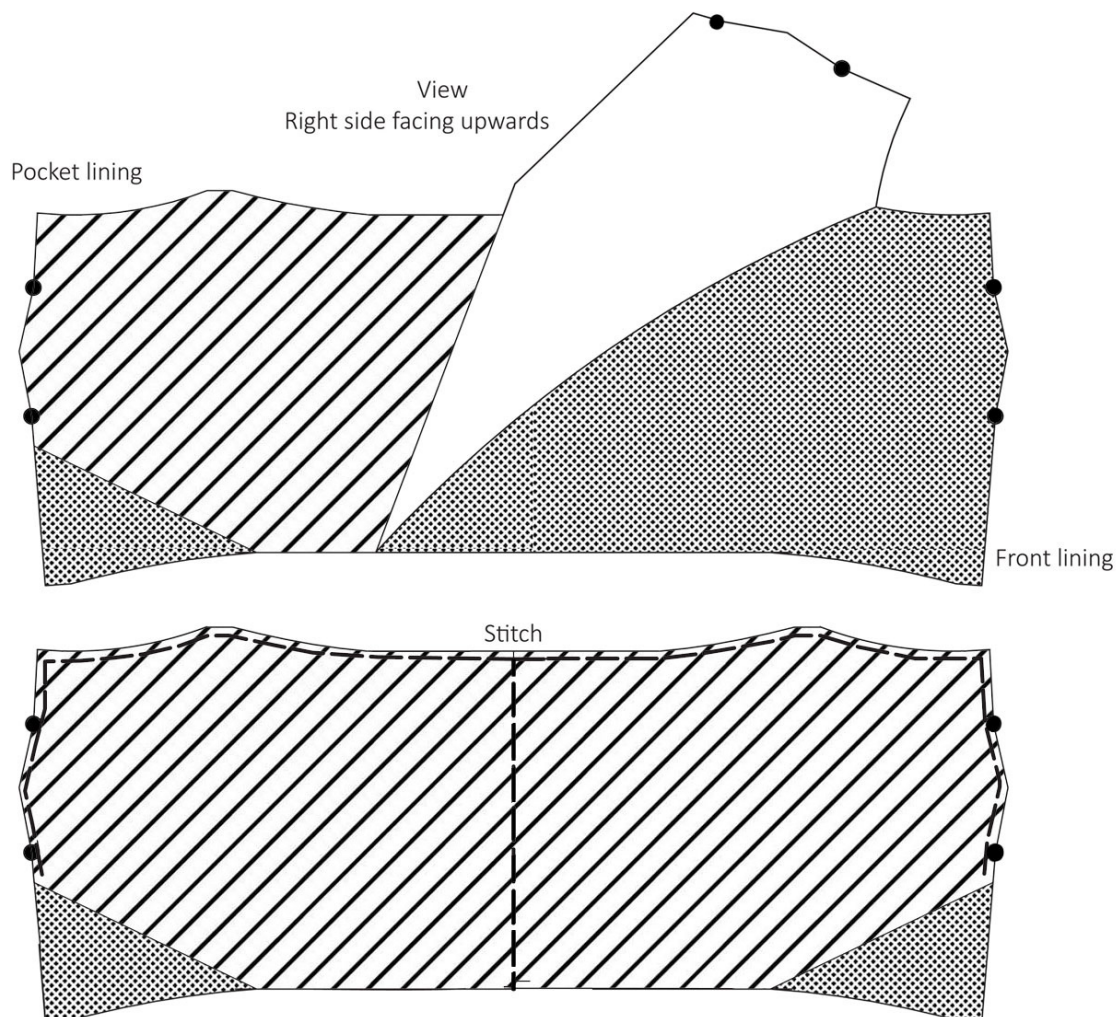
Now place pocket lining on top of the front lining section. Align the edges.

Stitch pocket lining to front lining at all edges except pocket openings (slanted edges).

Centre Front Stitch Line

Mark the centre front at top and lower edges. Stitch both pocket and front lining together down centre front line.

We will treat the 2 layers of front lining as one layer from now on.



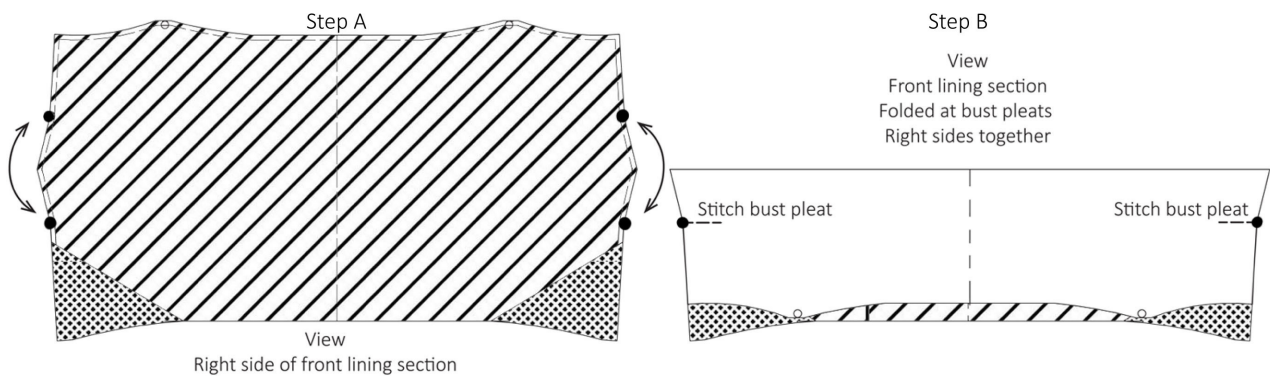
sewing instructions – bikini top

STEP 3: BUST PLEATS FRONT LINING AND FRONT OUTER SECTION

Illustrations below show the lining section.

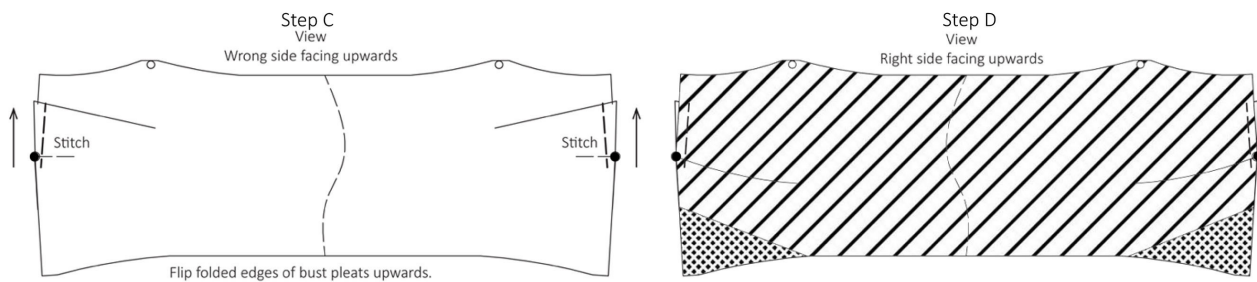
Step A: Right sides together, match and pin the 2 circle marks on side edges of the front lining section to form the bust pleats. As shown.

Step B: Stitch the pleat by beginning at the marks and stitching inwards 2.5cm or 1 inch in a horizontal direction. You can use a straight stitch to sew pleats.



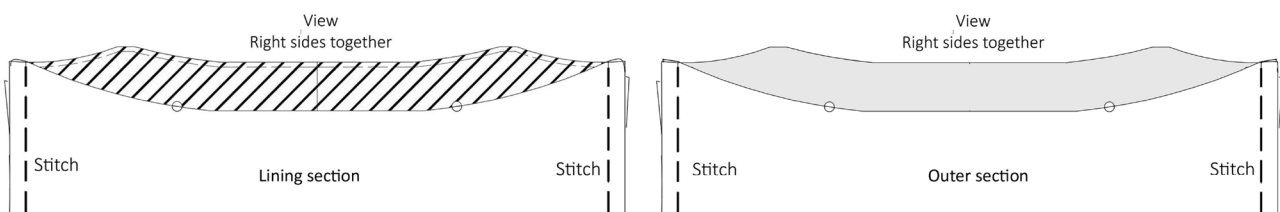
Step C: Flip bust pleats upwards on the wrong side. Now stitch a short vertical row of stitching over the pleats close to the side edges. Stitch through all thicknesses. Stitch within the seam allowance.

Step D: Turn the front section over so the right side is facing upwards. It should now look like this. Repeat this step on the outer front section.



STEP 4: SIDE SEAMS OF OUTER AND LINING SECTIONS

Pin and stitch the matching lining and outer sections together at the side seams as shown.



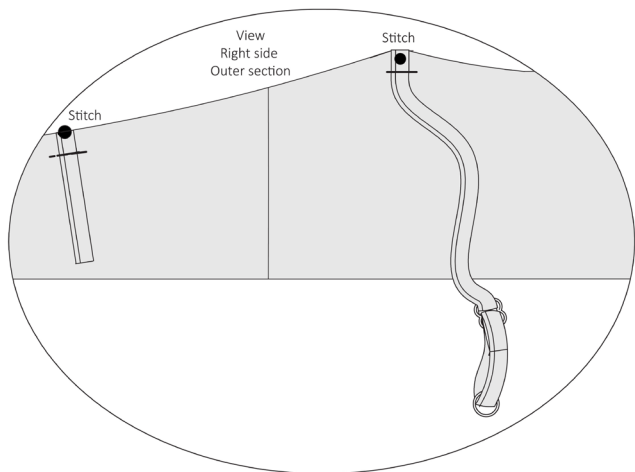
sewing instructions – bikini top

STEP 5: STRAP PLACEMENT (ADJUSTABLE AND TIE STRAPS OPTIONS)

Tie Straps Option: Right sides together pin and stitch the tie straps to the front section on the same strap marks as shown in the picture. You can use a straight stitch to sew straps to the top section. Go to Step 6

Adjustable Straps Option: Right sides together stitch the longer straps to the front section on the circle marks.

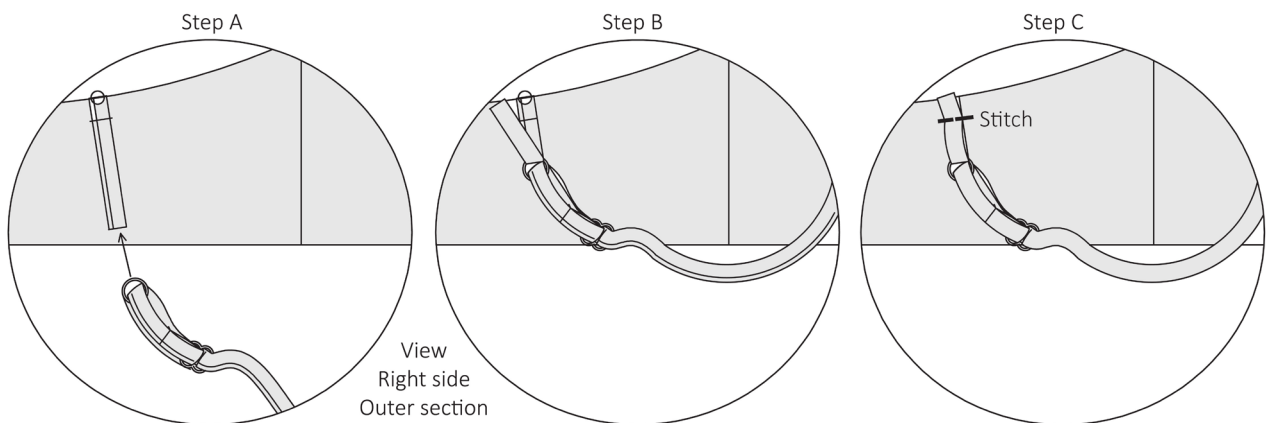
Right sides together stitch one end of each of the back loop sections to marked strap positions on outer back section as shown. You can use a straight stitch to sew straps to the top section.



STEP A: Thread the ends of back loops through rings of straps.

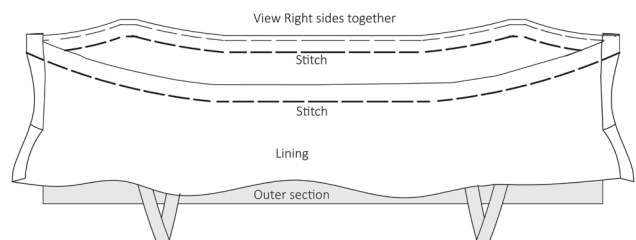
STEP B: Fold the remaining ends of back loops over to opposite loop end. Align raw edges of loops and back section edge.

STEP C: Now stitch the back loop ends to the back section.



STEP 6: ATTACH LINING TO OUTER SECTION

Right sides together pin and stitch lining to outer section at top edges. Match circle and notch marks.



sewing instructions – bikini top

Bikini Top Edge Elastic

Cut x 1 length of 6mm or ¼ inch wide elastic to your size below:

| | XS | S | M | L | 1X | 2X | 3X | 4X | 5X | 6X | 7X | 8X | 9X |
|--------|----|-----|----|-----|-----|-----|-----|----|-----|-----|-----|-----|----|
| CM | 38 | 42 | 46 | 50 | 54 | 58 | 62 | 66 | 70 | 74 | 78 | 82 | 86 |
| INCHES | 15 | 16½ | 18 | 19½ | 21¼ | 22¾ | 24½ | 26 | 27½ | 29¼ | 30¾ | 32¼ | 34 |

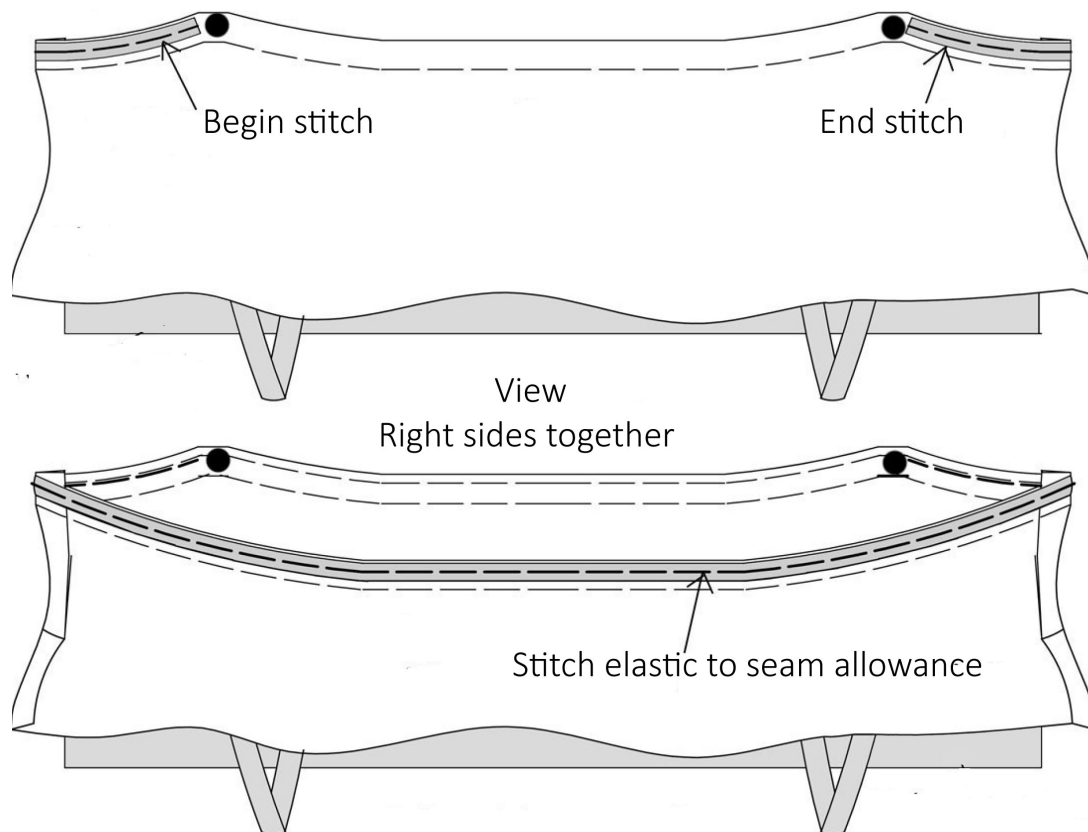
Stitch elastic to seam allowance of top edge.

Please note before you begin: Do not sew elastic across the centre front. The elastic is sewn only to the back and underarm edges through to the side edges of the front straps.

Sewing tip: Divide and mark the elastic and the edge of the top section that you will be stitching elastic on to even quarter points.

Pin and match the quarter marks of the elastic to the seam allowance. Take care to align the edge of the elastic to the raw edges of the top section. Stitch the elastic to the seam allowance of the top edge. Stretch the elastic evenly between the quarter marks as you sew.

Option: Under stitch seam allowance to lining. Open seam, flip seam allowance towards lining. Stitch seam allowance to lining only. As in all other steps use a stretch stitch. (Do not stitch to outer section.)

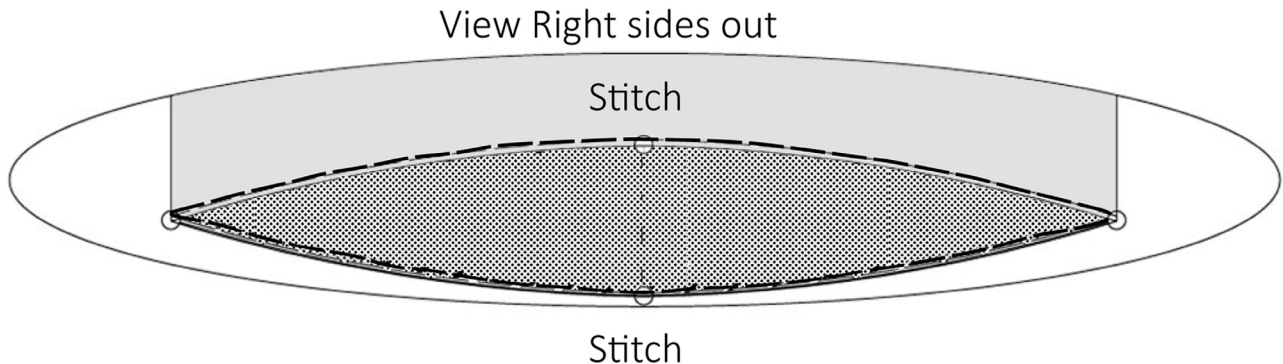


sewing instructions – bikini top

STEP 7: STITCH LOWER EDGES TOGETHER.

Turn top right sides out. The lower edges of the outer section will extend over lining lower edge by 6mm or ¼ inch. Pull lower edges of lining down to align with outer edges.

Pin and stitch lower edges of lining and outer section together. Align side seams. Stitch close to raw edges within the seam allowance

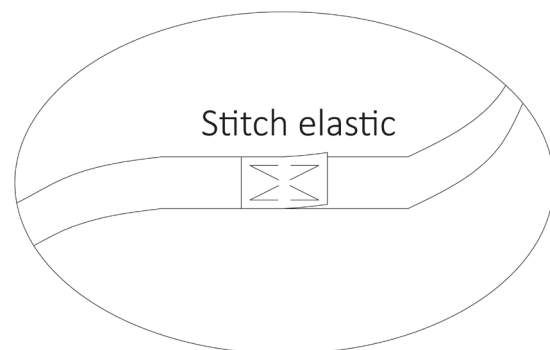


STEP 8: PREPARE AND STITCH ELASTIC TO LOWER EDGE OF BIKINI TOP

Cut x 1 length of 12mm or ½ inch wide elastic to the size chart below.

| | XS | S | M | L | 1X | 2X | 3X | 4X | 5X | 6X | 7X | 8X | 9X |
|--------|------|------|------|------|------|------|------|------|------|------|-------|------|-------|
| CM | 60.5 | 65 | 69.5 | 74 | 78.5 | 83 | 87.5 | 92 | 96.5 | 101 | 105.5 | 110 | 114.5 |
| INCHES | 23 ¾ | 25 ½ | 27 ½ | 29 ¼ | 31 | 32 ¾ | 34 ½ | 36 ¼ | 38 | 39 ¾ | 41 ½ | 43 ¼ | 45 |

Overlap and stitch the ends of the elastic together by the total width of 2cm or ¾ inch.



Sewing tip: In the next step, we suggest you use the widest zig zag stitch to sew the elastic to the lower edge – for example, a three step zig zag or wide zig zag stitch.

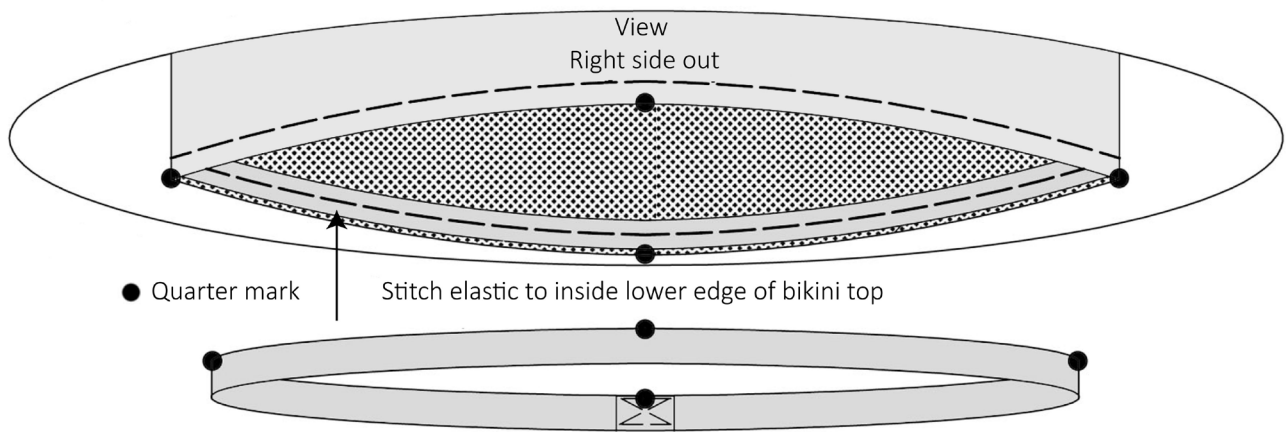
Divide elastic into ¼ points and mark with pins or tailor's chalk.

Divide and mark the lower edges of the top section into quarter marks also.

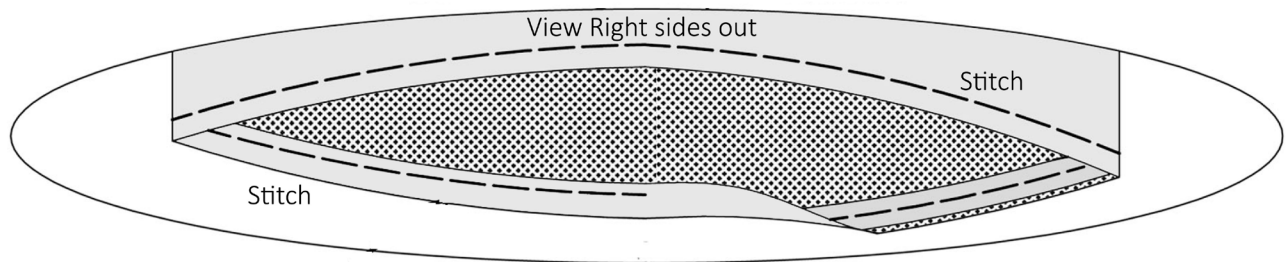
Pin the elastic and the lower edges of the top section on the inside. Match the quarter marks and align the edges of the top section and elastic together.

Stitch elastic to lower edge of top section. Stretch elastic evenly between ¼ points as you sew.

sewing instructions – bikini top



Fold and stitch lower edge under to wrong side by the width of the elastic. Stitch through all thicknesses to create swimwear turnover hem. Stretch slightly and evenly as you sew.

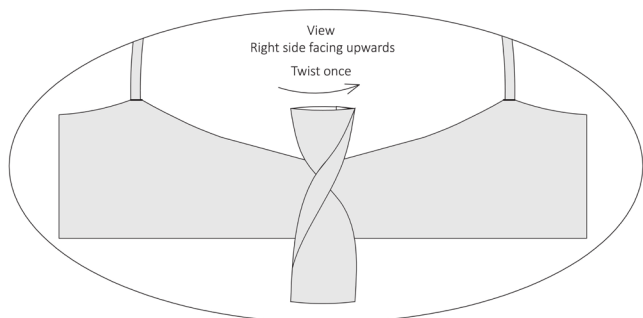
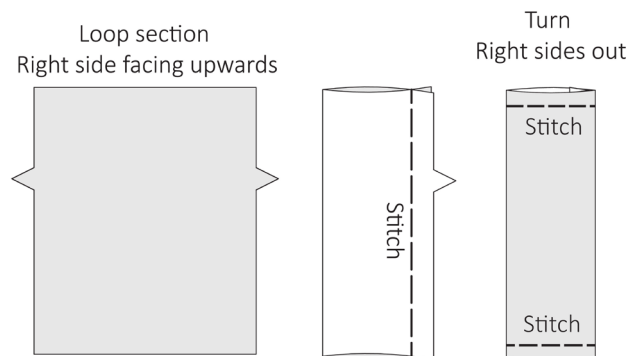


STEP 9: TWIST LOOP OPTION

Right sides together, stitch the side edges together. Match notches. Turn right sides out. Lightly press seam to one side. (Do not place seam in centre as it will show when the loop is twisted.)

Stitch raw edges at both ends closed as shown.

Place top section right side up. Place loop on top at centre front. Twist and turn the loop once, to form the single twist.



sewing instructions – bikini top

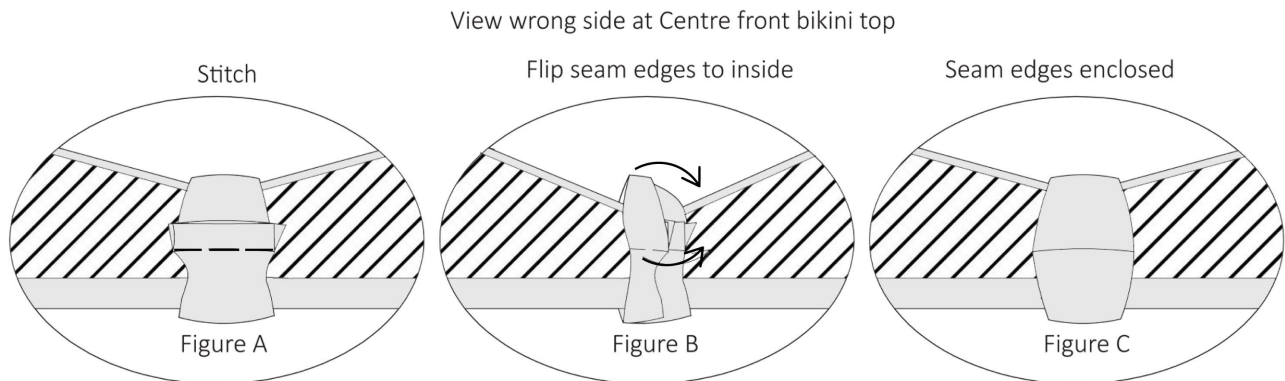
FIGURE A: Now wrap the loop tube around the centre front of top section. Pin raw edges of the loop section together, check twist at outer front, adjust length of loop if necessary.

Stitch raw edges of the loop section together as shown. You can sew a straight stitch here.

Trim seam allowance edges.

FIGURE B: Flip the twisted loop section over, to enclose the raw seam edges of loop section.

FIGURE C: Now the raw edges of loop seam will be facing the lining side of top. Reposition the twist at front on right side.

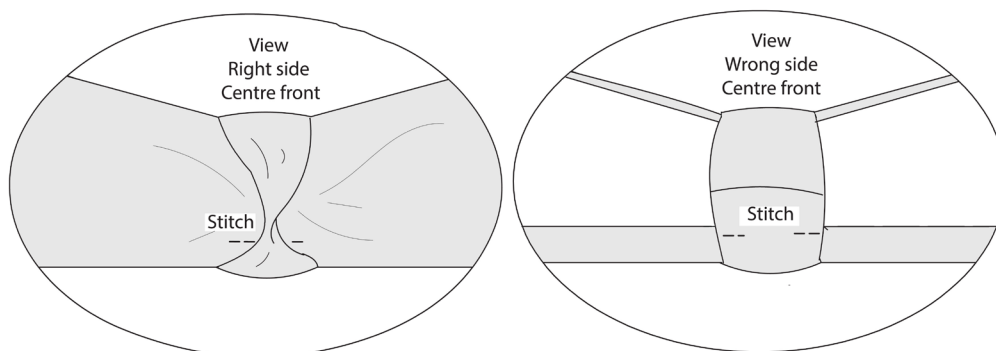


Secure Twist Loop In Position

Align the centre of the loop to the centre seam on the lining. Turn the top section over, so the outer side is facing upwards.

Stitch top section to loop on the underside only. Peel the front side of the loop to the side so you can stitch the top section to the underside of the loop.

Stitch only a few stitches either side of the centre as shown. You can use a straight stitch. Take care not to catch the front side of the loop as you stitch.



STEP 10: FINISH STRAPS AND INSERT BRA CUPS

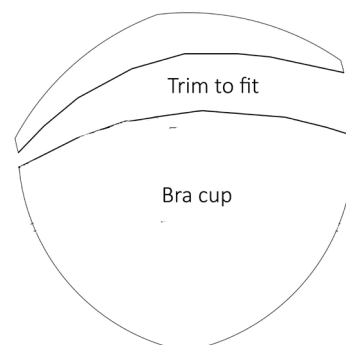
Note: This step is for tie option straps only

Hem the raw edges of the straps by turning the ends over twice. Stitch the hems of each strap. (Hem width 1cm or 3/8 inch.)

Insert cups into front lining pocket sections.

Insert the bra cups into the pocket openings of bikini top. Trim cups if required to fit.

Trim all loose threads of bikini top.



sewing instructions – bikini briefs

STEP 1: WAISTBAND

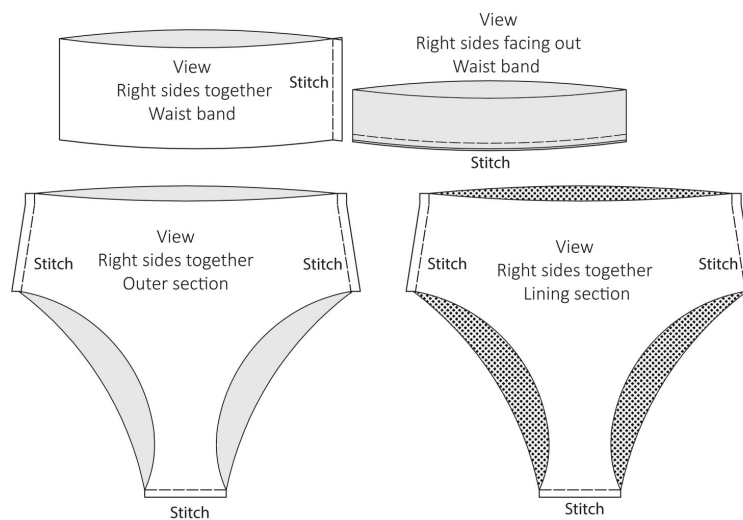
Right sides together, stitch the waistband together at short ends, as shown below.

Now fold the band lengthways with the right sides facing out. Stitch the long lower edges together.

Outer and Lining Sections.

Outer Section: Right sides together, stitch front to back at side seams and crotch.

Lining Section: Right sides together, stitch front to back at side seams and crotch. Set lining section aside.

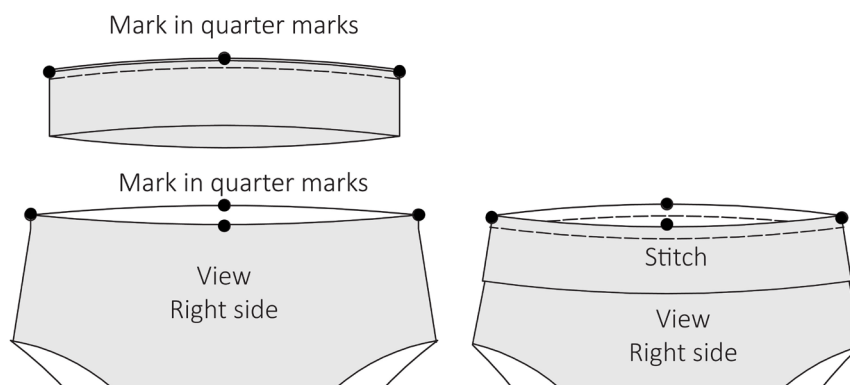


STEP 2: OUTER SECTION

Divide and mark raw edges of waistband and waist edge of outer section as shown into quarter marks. Mark with tailor's chalk, small clip or pins.

Right sides together, pin the waistband to outer section. (Place the band seam at side or centre back.) Match quarter marks (Waist band is smaller than outer section.)

Stretch the band evenly between quarter marks as you sew to the band and outer section together.



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STEP 3: ATTACH ELASTIC TO SEAM ALLOWANCE OF WAIST SEAM

You will be stitching the elastic to the seam allowance of the waist seam. This will be enclosed when the lining is sewn on in the following step.

Waistband Elastic Chart

Cut one length of 6mm or ¼ inch wide elastic to match your size in the chart below.

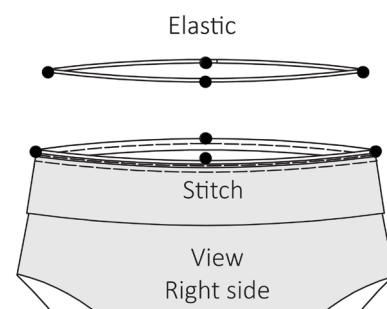
| | XS | S | M | L | 1X | 2X | 3X | 4X | 5X | 6X | 7X | 8X | 9X |
|--------|-----|------|----|-----|-----|------|----|------|-----|------|-----|-------|-----|
| CM | 57 | 61.5 | 66 | 70. | 75 | 79.5 | 84 | 88.5 | 93 | 97.5 | 102 | 106.5 | 111 |
| INCHES | 22½ | 24¼ | 26 | 27¾ | 29½ | 31¼ | 33 | 35 | 36¾ | 38½ | 40¼ | 42 | 43¾ |

Elastic: Overlap and stitch the ends of the elastic together by the width of 2cm or ¾ inch.

Divide the elastic into ¼ points and mark with pins or tailor's chalk.

Pin elastic to the waist seam allowance, align the elastic close to the raw edges. Match the quarter marks.

Stitch the elastic to the seam allowance, evenly stretch the elastic between the quarter marks of the waist edge.



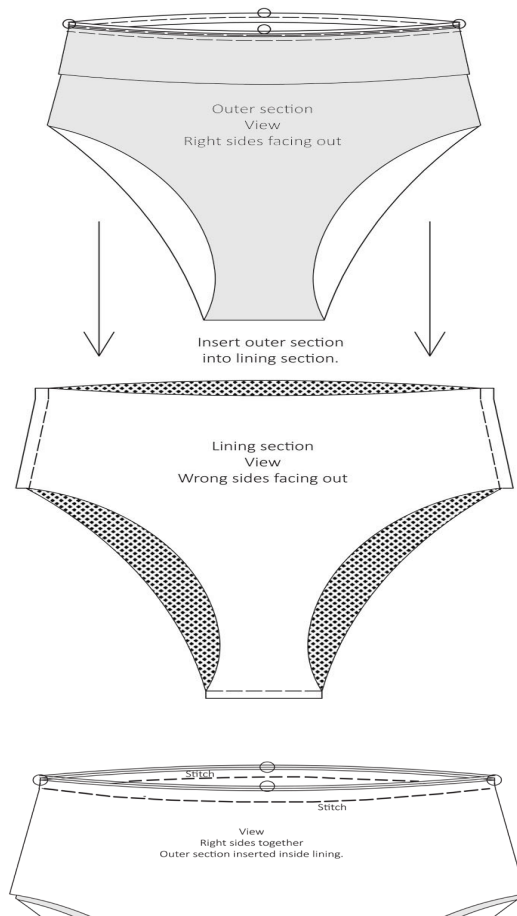
STEP 4: ATTACH LINING

Divide and mark waist edge of lining into quarter marks.

Right sides together, insert the outer section inside the lining.

Right sides together, pin and stitch lining section to outer section at waist seam. Waistband will be sandwiched between outer section and lining section.

Match the quarter marks. Stitch the lining and outer section together at the waist seam. Flip lining inside outer section. The waistband seam and elastic will now be enclosed.

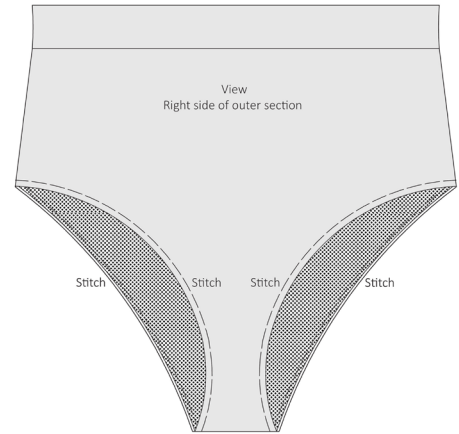


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STEP 5: LEG OPENINGS

Align lining and outer leg edges together, wrong sides together.

Stitch lining to outer section at leg openings.
Stitch within the seam allowance.



Elastic Chart

Cut x 2 lengths of elastic 6mm or ¼ wide to your matching size below:

| | XS | S | M | L | 1X | 2X | 3X | 4X | 5X | 6X | 7X | 8X | 9X |
|--------|------|------|------|------|------|-----|------|------|------|------|------|------|------|
| CM | 48.5 | 50.5 | 52.5 | 54.5 | 56.5 | 59 | 61.5 | 63.5 | 65.5 | 67.5 | 69.5 | 71.5 | 73.5 |
| INCHES | 19¼ | 20 | 20¾ | 21½ | 22¼ | 23½ | 24¾ | 25 | 25¾ | 26½ | 27½ | 28¾ | 29 |

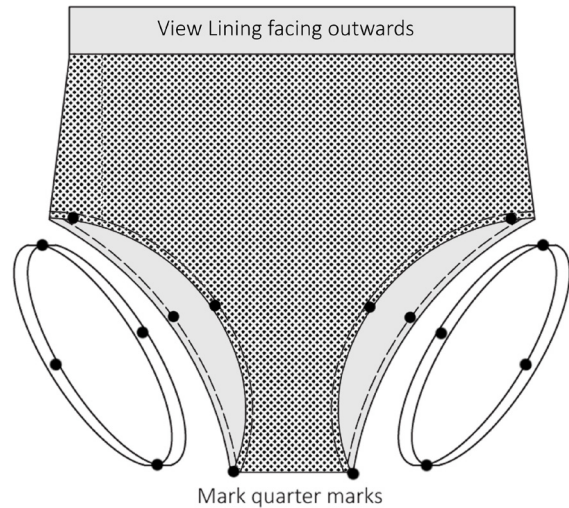
Stitch each of the elastics together by overlapping the short ends together by a total of 2cm or ¾ inch.

Divide and mark the elastics and leg edges into quarter marks.

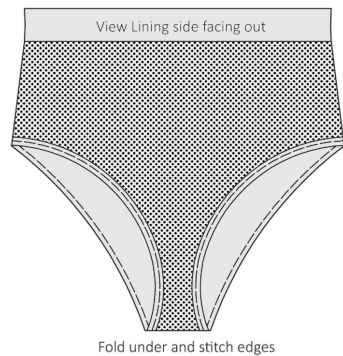
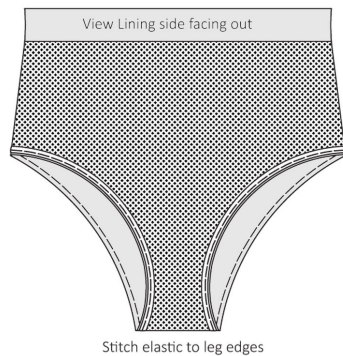
Sewing tip: Make the crotch seam your starting point of marking the quarter marks on the leg openings.

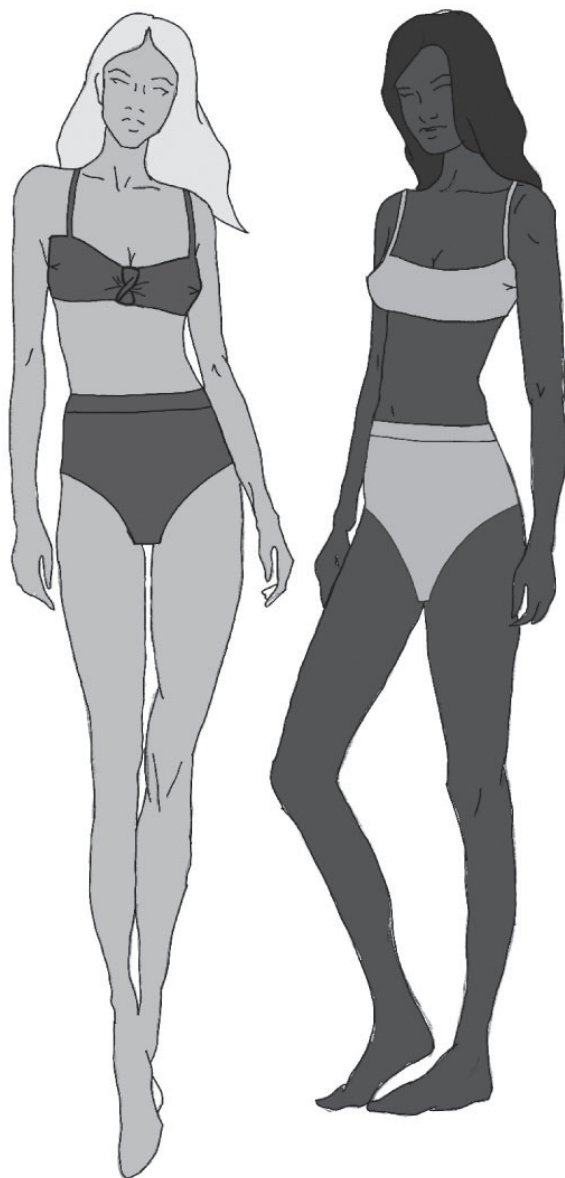
Stitch Elastic to Leg Openings

Pin and stitch the elastics to the leg openings on the lining side. Match the quarter marks and stretch the elastic evenly between the quarter marks of the leg openings as you stitch.



Fold and stitch both leg edges over to lining sides by the width of the elastic. Stitch through all thicknesses to create swimwear hems. Stretch slightly and evenly as you sew.





Congratulations! You just made your very own custom bikini! You should be very chuffed.

The *Peppermint* Bronte Bathers were created in collaboration with Sharon and Justine Cowie from Swim Style Patterns! Find out more at **swimstyle.com.au**

*This pattern can be purchased from the Peppermint website, or get the printed version **FREE** when you buy a copy of our print magazine!*