

Peppermint x Paper Theory



Pocket Skirt
size 6-28

Issue 47

Pattern Information

Ability level: This pattern is suitable for a beginner sewist.

Style notes: The Peppermint Pocket skirt is a simple Midi skirt with an elasticated waist that pulls on over the hips to sit high on your natural waist so there is no need for buttons or a zip, nor too many fitting issues. This makes it a quick and easy sew, and quick and easy to get on and off your body.

The hem is full and slightly A-line and the length finishes just below your calf (on a person who is around 5'7").

There are large and deep pockets integrated into the side panels that sit low on your hips and slightly away from the body. Perfect for carrying all of the things!

Supplies Needed

Recommended Fabrics: This pattern was designed especially for woven, medium to heavy weight fabrics like linen, double gauze, cotton twill or silk noil. It would also make up well in some lighter fabrics that have a draped quality like viscose twill, crepe de chine or silk satin.

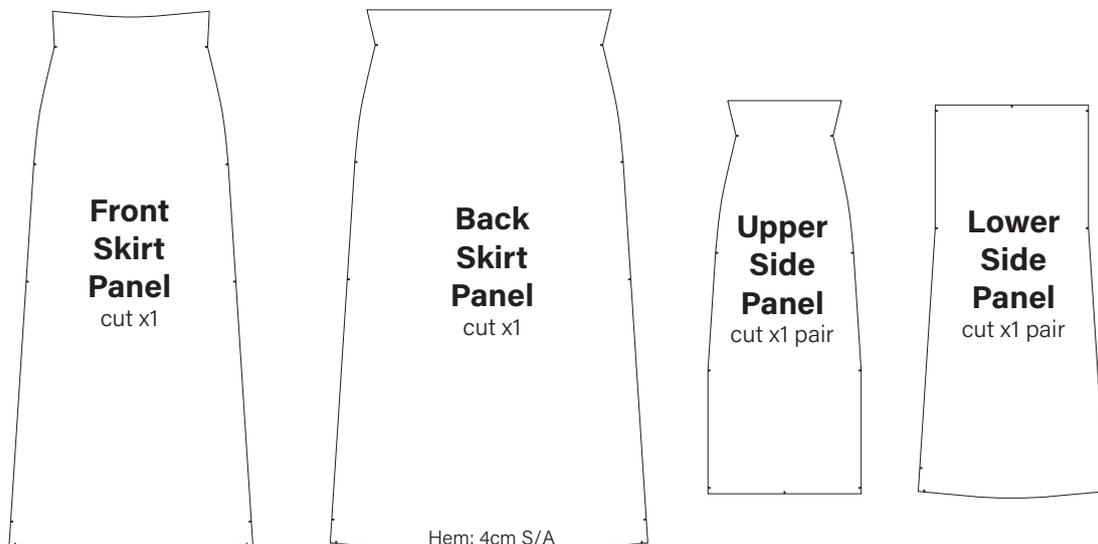
Notions: The waist requires 38mm (1.5inch) wide elastic. Please refer to the Fabric Consumption Chart to see how much you need for your size.

Thread: One regular size spool (100m) is enough to complete the skirt (if you are planning to finish your seams with an Overlocker/Serger remember it takes an additional 4 spools of thread)

Tools: The garment can be completed from start to finish with just a regular domestic sewing machine. Finishing the seam allowance with an Overlocker is not essential but it is recommended if you have one. The construction notes include overlocking steps. If you do not have an overlocker you can use the zig zag stitch on your plain sewing machine to finish the edges and prevent fraying. Alternatively it is also possible to french seam all the exposed seams on this skirt for a clean and luxurious finish.

Pattern Index

All pattern pieces have 1cm seam allowance already included.
EXCEPT for the 4cm seam allowance on the hem edge.



Body Measurements (centimetres/inches)

Size	6	8	10	12	14	16	18	20	22	24	26	28
Waist	61	65	69	74	79	84	89	95	101.5	108	114.5	121
	24	25.5	27	29	31	33	35	37.5	40	42.5	45	47.5
Hip	86	90	94	99	104	109	114	120	126.5	133	139.5	146
	34	35.5	37	39	41	43	45	47.5	50	52.5	55	57.5

Finished Garment Measurements (centimetres/inches)

Size	6	8	10	12	14	16	18	20	22	24	26	28
Waist	89	93	97	102	107	112	117	123	129.5	136	143	150
(Stretched)	35	36.6	38.2	40.2	42.1	44.1	46.1	48.4	51	53.5	56.3	59
Waist	56	60	64	69	74	79	84	90	96.5	103	110	117
(Relaxed)	22	23.6	25.2	27.2	29.1	31.1	33.1	35.4	38	40.6	43.3	46
Hip	117	121	125	130	135	140	145	151	157.5	164	171	178
	46	47.6	49.2	51.2	53.1	55.1	57.1	59.4	62	64.6	67.3	70
Hem Circ	148.6	152.5	156.5	161.5	166.5	171.5	176.5	182.5	189	195.5	202.5	209.5
	58.5	60	61.6	63.6	65.6	67.5	69.5	71.9	74.4	77	79.7	82.5
CB length	82	82	82	82	82.5	83	83.5	84	84.5	85	85.5	86
	32.3	32.3	32.3	32.3	32.5	32.7	32.9	33.1	33.3	33.5	33.7	33.9

Fitting Notes

- Choose your size based on the measurement chart supplied. The Paper Theory body measurement chart is in UK/Au sizes . Please also take note of the finished garment measurements when choosing your size as there is generous ease added for an intentionally relaxed style and wearing comfort.

- The most important measurement to consider when choosing which size to cut is your hip measurement as the waist can be adjusted with the elastic. There is roughly 30cm of ease added into the hip to create lots of gathering and fullness.

- There are two waist measurements in the “Finished Garment measurement” chart. The **Waist Stretched** is how wide the skirt will stretch at capacity when you pull it on, so you need to ensure this measurement is not more than 3 or 4cm smaller than your hips. The **Waist relaxed** is how small the waist will gather in once the elastic has been added. You can choose how tight you wish to have the elastic and it always saves time in the long run to check your elastic fits well before sewing it into your waistband. Use the measurements supplied in the Fabric Consumption chart as a rough guide for how long to cut your elastic (it includes the overlap allowance). Fasten your waistband into a circle with a safety pin, overlapping the edges by 1/2 an inch on each side then try it on - making sure it’s able to stretch over your hips and feels secure around your waist. If it sits firmly on your waist, you’re good to go. Adjust it to be tighter if needed.

- The Pocket skirt was drafted for someone who is 170cm tall (5’7”) and is intended to finish mid shin. The pockets are placed on the side of the hips. If you are more than a couple inches shorter or taller than this height the pockets might feel misplaced and too low or too high. There are lines marked “**lengthen or shorten pocket height here**” where you can add or reduce length. The simplest way to check if you like the pocket height is to place the pattern piece of the Upper Side Panel on your body and see what you think (the pockets will be placed between the notches)

You can also shorten the skirt or add length at the hem before cutting your fabric if you want it to finish shorter or longer.

Fabric Consumption Chart (metres/yards)

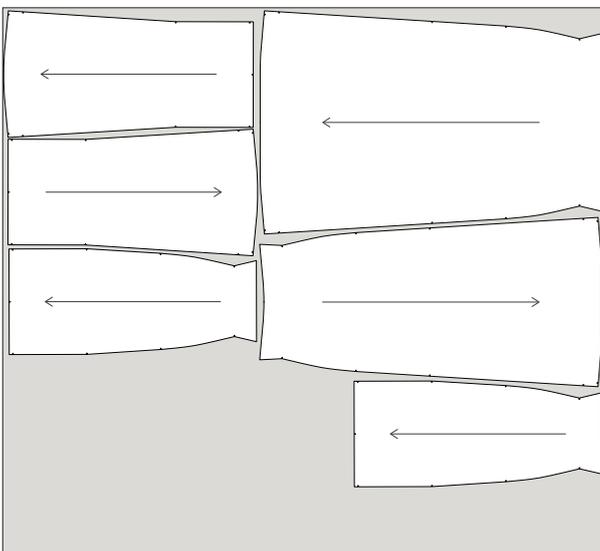
Size	6	8	10	12	14	16	18	20	22	24	26	28
Consumption in metres												
115cm	1.66	1.66	1.66	1.91	1.93	2.09	2.10	2.22	2.23	2.24	2.46	2.72
150cm	1.41	1.67	1.68	1.69	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77
elastic	59	63	67	172	77	82	87	93	100	106	113	119
Consumption in yards												
45 inch	1.82	1.82	1.82	2.09	2.11	2.29	2.30	2.43	2.44	2.45	2.69	2.97
60 inch	1.54	1.83	1.84	1.85	1.86	1.87	1.88	1.89	1.90	1.91	1.92	1.93
elastic	23	24.5	26	28	30	32	34	36.5	39	41.5	44	46.5

- Refer to the Fabric consumption chart to determine how much material you need for your size.
- For environmental reasons, consuming the least amount of resources necessary is an integral part of the way all Paper Theory patterns and instructions are created - therefore a lot of care has been taken to give you an accurate and conservative fabric consumption chart.
- Please note: To achieve these numbers, all cutting plans were calculated as a "flat lay". What that means is the fabric is not on the fold when cutting because cutting on the fold is less economical and less accurate. Cutting on the fold can use an extra 25-50cm of length depending on the width of your fabric.
- No shrinkage allowance is added to the fabric consumption calculation - Woven fabrics often shrink in length on the first wash so it is strongly recommend to wash your fabric before cutting out your pattern.
- Note that for stripes or prints that need pattern matching, the fabric requirements may be higher.

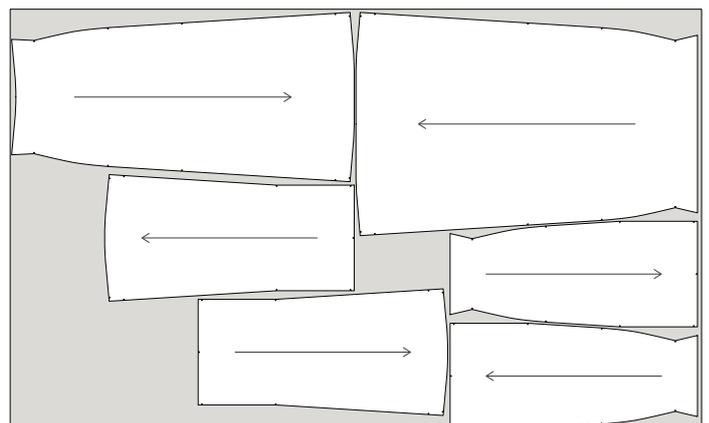
Cutting Plan

Each size will have its own unique cutting plan to maximise efficiency that will vary depending on the different width of fabric you have. It may take some time and rearranging to find the most effective lay for you. These examples are to scale and can be used as a starting point.

150cm / 60 inch cutting plan based on a size 14



115cm / 45 inch cutting plan based on a size 14



Printing Overview

- This pattern can be printed on both A4 or US letter sized paper.

- The front and back skirts have only half the pattern printed to save you printing out double the amount of pages. Be careful to lay the centre of these pieces on the fold when cutting your fabric or leave enough space to flip and trace them.

- Ensure the scale settings on your printer are at 100% before printing. This is a very important step to ensure accuracy in sizing.

Do not select the 'Fit to Page' option.

It is a good idea to print only page One first. Check page One is correct and the test square measures accurately before printing the remaining pages, also ensure all four borders of the page are visible.

- This pattern has embedded layers which means that you can select only the size/s you need to print. You will need to install Adobe Reader to access the layer selection feature.



Open the adobe reader and select the 'layers' option on the left hand side menu

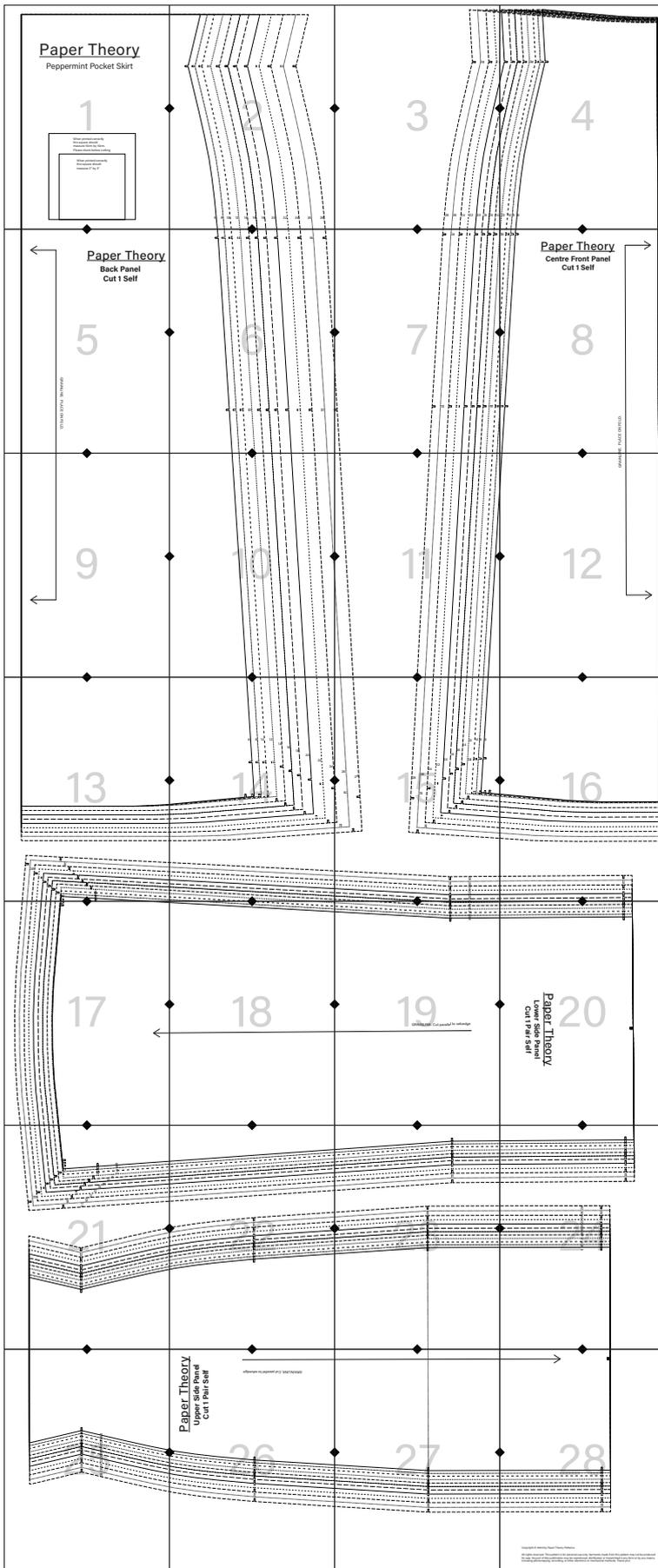


There will be an eye symbol next to each visible layer in the pattern. You can hide any layer you do not wish to view by deselecting (clicking off) the eye for that layer.

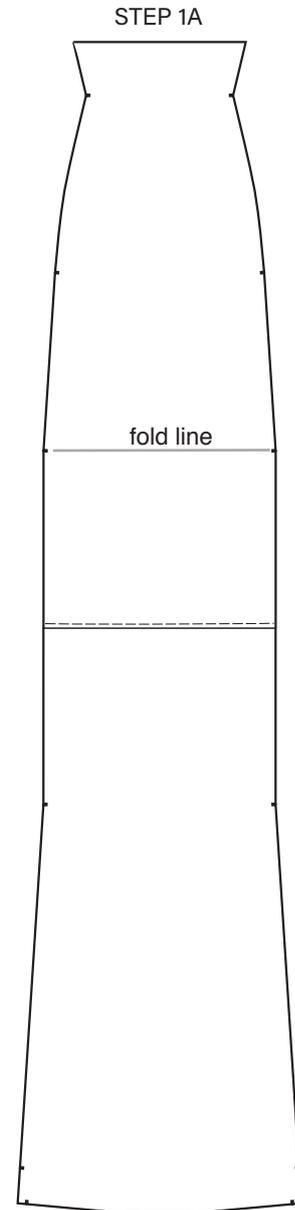
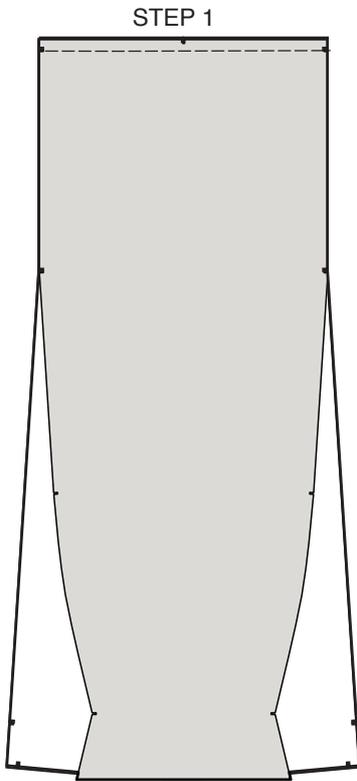
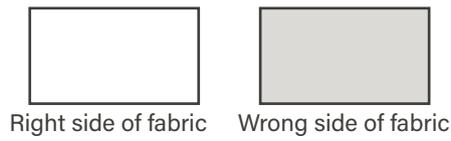
The layer titled 'PATTERN INFO' needs to be on for all sizes. Do not turn "Pattern Info" off.

- The Copy shop file consists of 2 A0 pages to print or 2 US 36" x 48" pages.

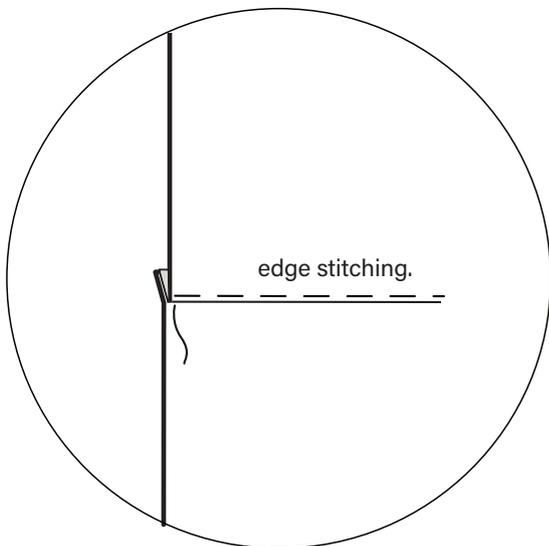
- The PDF print at home pattern consists of 28 pages. When joining the pages together start the grid with 4 columns of pages across and you will have 7 rows of pages down. There should be a border around each page with half a small diamond shape on the border showing where to line up the adjacent page. Cut off the excess outside of the borders as needed and tape the pattern together matching the diamonds and following the numerical sequence.



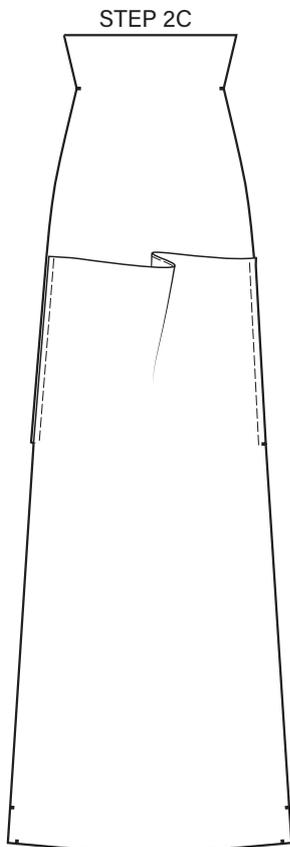
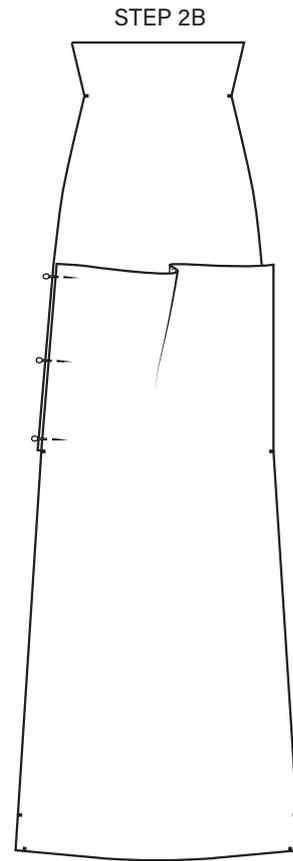
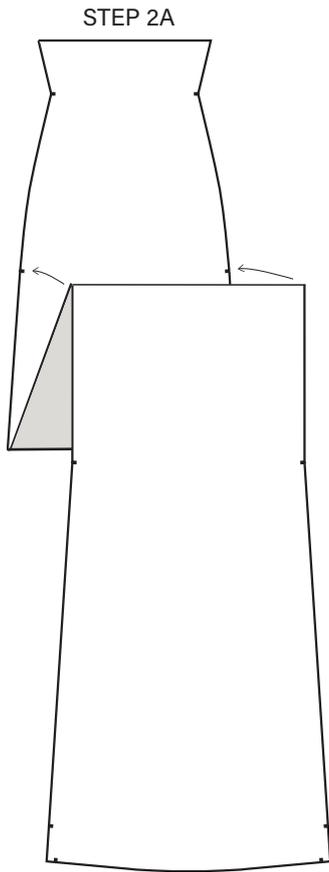
Construction Notes



STEP 1:
Place the bottom edge of the Upper Side Panel on top of the top edge of the Lower Side Panel, right sides together and stitch a 1cm seam. You dont need to zig zag or overlock this seam as it will get encased in the pocket



STEP 1A:
Edge stitch this seam. Make sure the seam is pressed upwards towards the Upper Side Panel and all seam allowance is pushed under the row of edge stitching (This will help the seam to fall towards the inside and become invisible when the pocket is finished).



STEP 2A:

Bring the seam you just stitched up towards the top notch on the Upper Side Panel. Make sure your edge stitch is on the inside of the pocket (not visible)

Align the edge of the lower skirt against the edge of the upper skirt. This will create a fold which is going to become the bottom of your pocket bag (there is a notch and line marked where the fold should be that matches the notch on the lower skirt panel)

STEP 2B:

Pin one side of the pocket in place and do a 5mm basting stitch to secure in place.

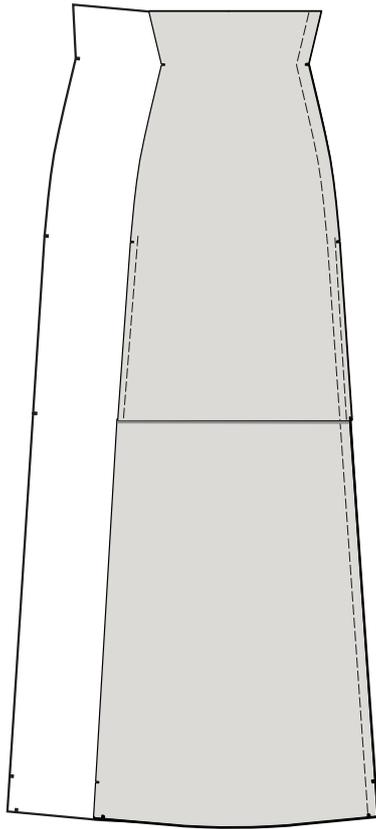
STEP 2C:

Now pin the other edge of the Lower Side Panel to the Upper Side Panel - note it will not sit flat at the top because you are creating a slightly draped pocket.

Do a 5mm basting stitch to secure in place.

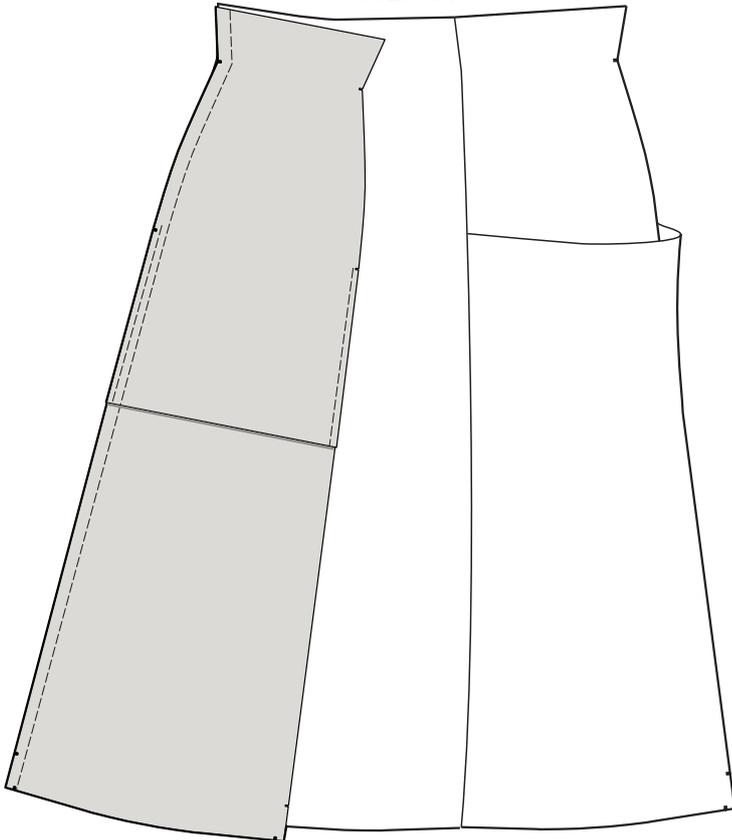
Repeat these steps with the remaining side pieces to make the opposite side panel.

STEP 3



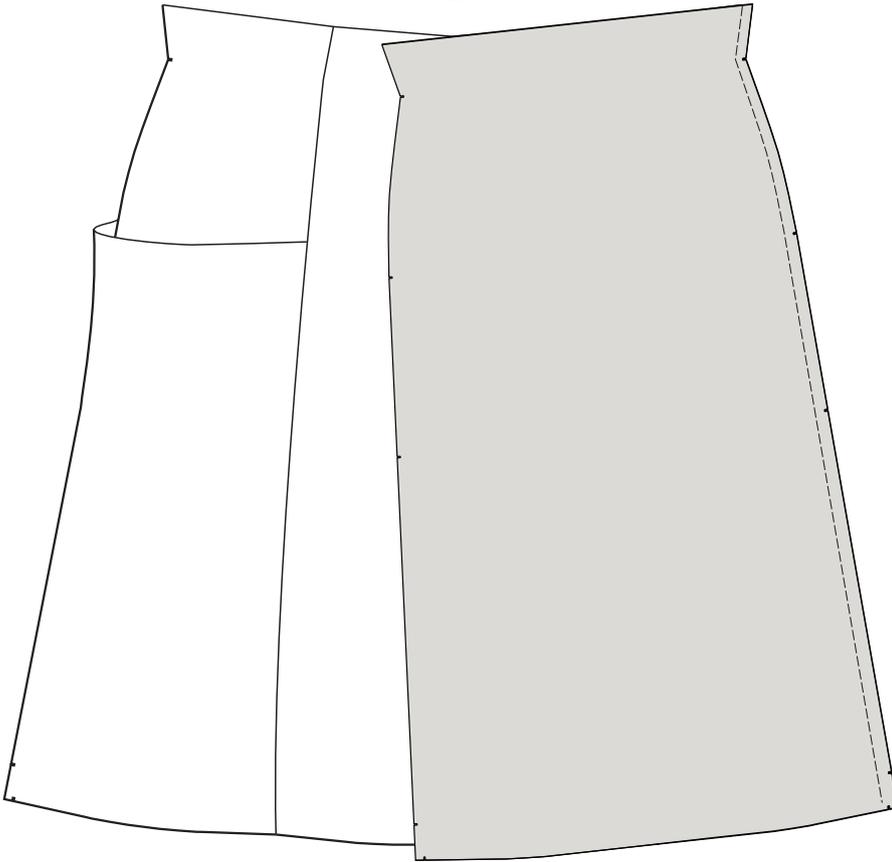
STEP 3:
Place the completed Side Panel on the Centre Front Panel right sides together. Making sure you have matched the notches, sew a 1cm seam down the length of the panel from waist to hem, back tacking at both ends.

STEP 3A



STEP 3A:
Repeat the last step to attach the other Side Panel to the opposite side of the Centre Front Panel.

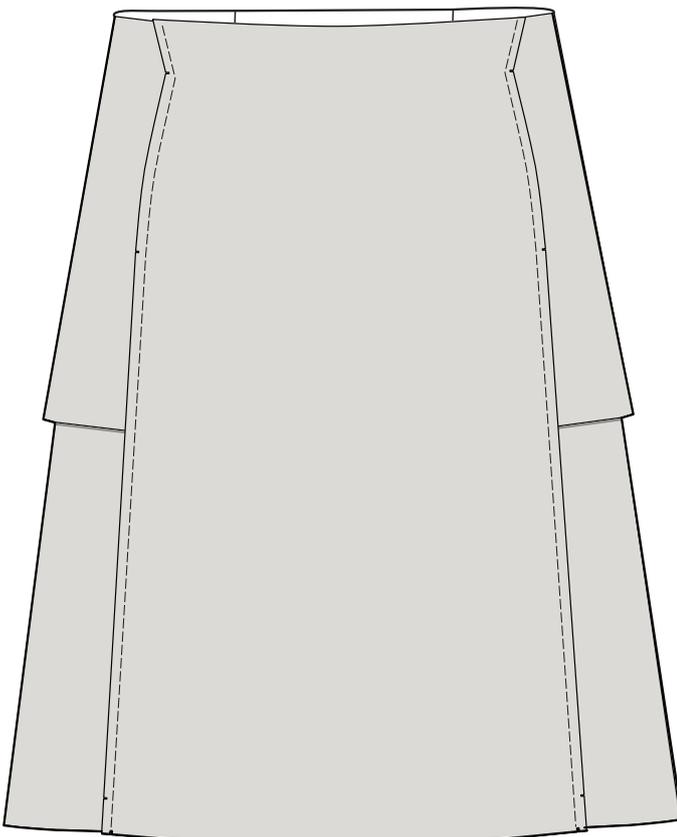
STEP 4



STEP 4:

Lay the Centre Back Panel on top of the Side Panel. Make sure notches are matching, pin in place and stitch a 1cm seam from waist to hem.

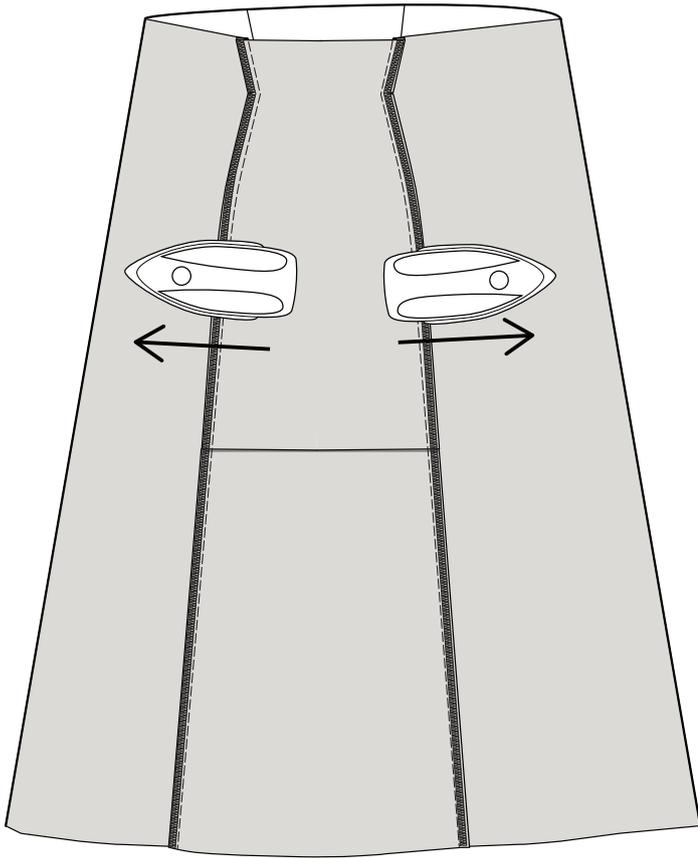
STEP 4A



STEP 4A:

Place the remaining unsewn edge of the Centre Back Panel on the remaining unsewn edge of the Side Panel, match notches, pin together and stitch a 1cm seam from waist to hem. This will close all the panels together and you will now have what resembles a skirt.

STEP 5



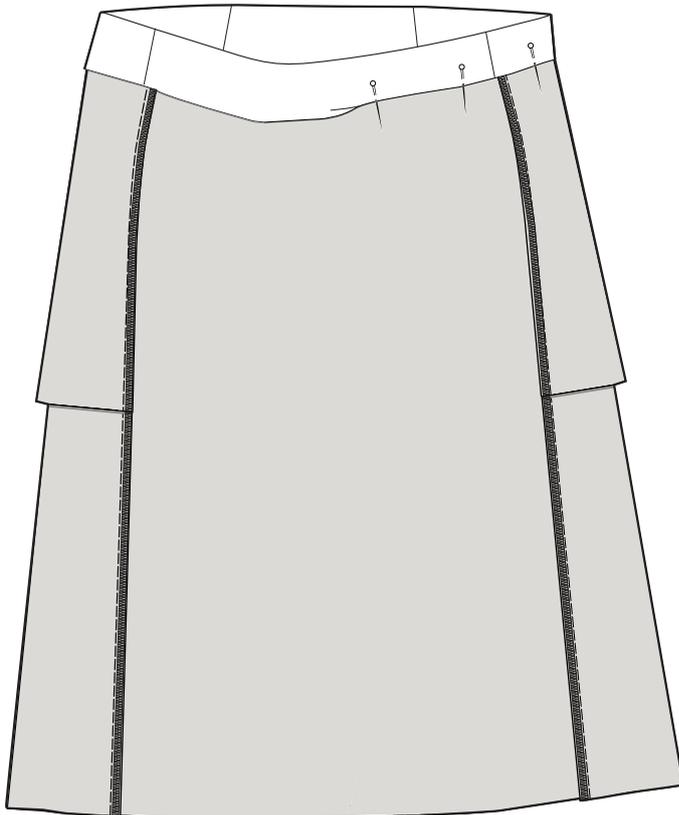
STEP 5:

Press and overlock all vertical seams. Press seam allowances towards the Centre Back and the Centre Front as you don't want to force the bulk of the pocket bags in the opposite direction.

Optional Step*

If you wanted to add a topstitching feature on your panels, for example a narrow edge stitch or a foot stitch/mock flat fell stitch, now is the best time to do it.

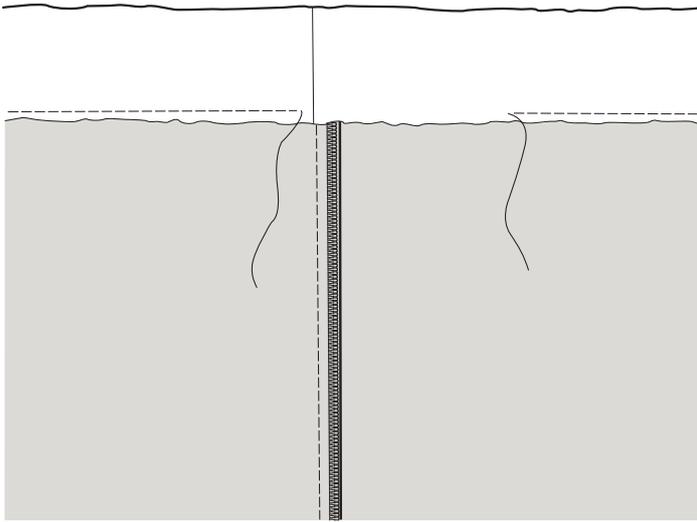
STEP 6



STEP 6:

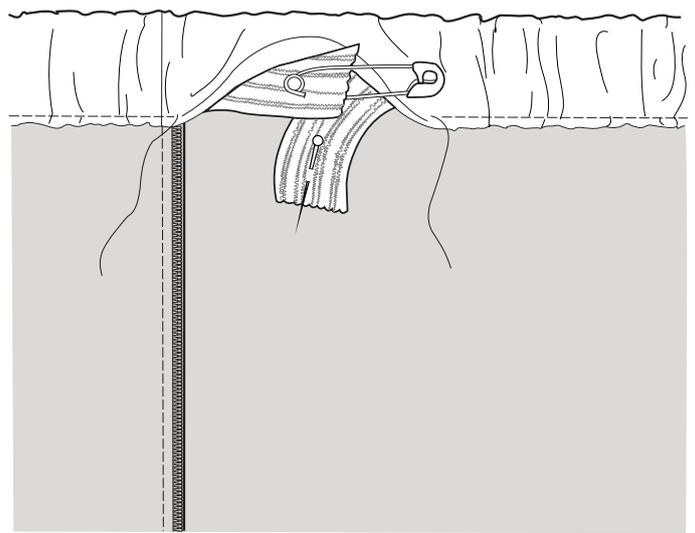
Turn the top edge of the waist over towards the inside (by 5cm) then turn the raw edge under again by 1cm (so the waistband will finish 4cm in total). Pin in place.

STEP 7



STEP 7: Starting at the Back Panel, close to one of the side seams, stitch the lower folded edge down about 2-3mm away from the edge of the fold creating a waistband casing. Leave a gap of about 6cm between where your stitching starts and stops.

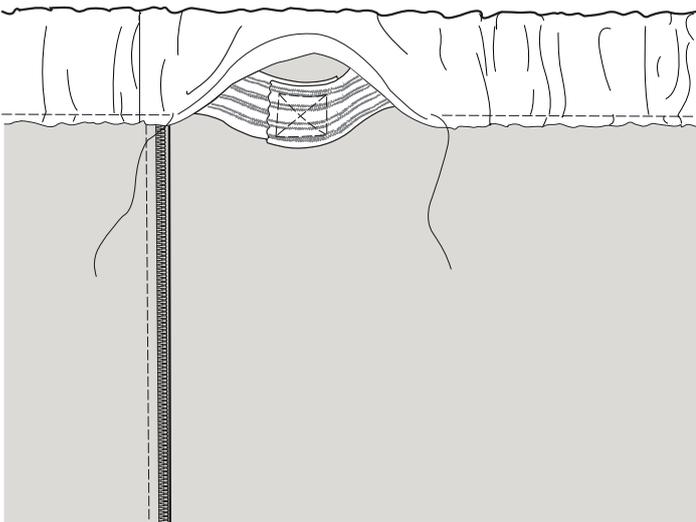
STEP 7A



STEP 7A: Attach a safety pin to one end of the elastic, secure the other end of the elastic to the garment with a pin to stop it being pulled through the casing and work the safety pin through the waistband until it comes out the other end. Be careful your elastic doesn't twist inside the casing.

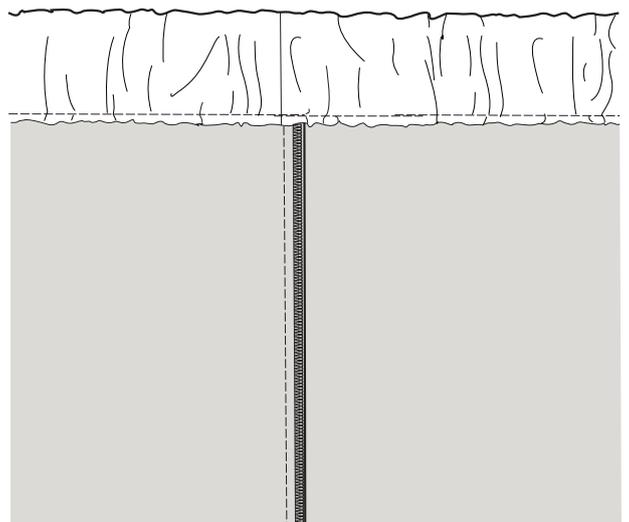
**TIP* A good rule of thumb for getting the length of your elastic right is to measure your waist and cut your elastic 1" smaller than that measurement. Once you have overlapped and stitched the ends together the elastic will finish 2" smaller and stretch to your waist.*

STEP 7B



STEP 7B: To join the ends of the elastic: overlap them so you have 2.5cm of a double layer and pin the elastic together. This is a good place to check that the elastic is cut to the right length for your waist by trying it on before you stitch it closed. Lengthen or shorten the elastic as needed. Stitch a square on the overlapped area and criss cross for strength or make two or three rows of zig zag stitching. Pull the finished elastic back inside the waistband casing.

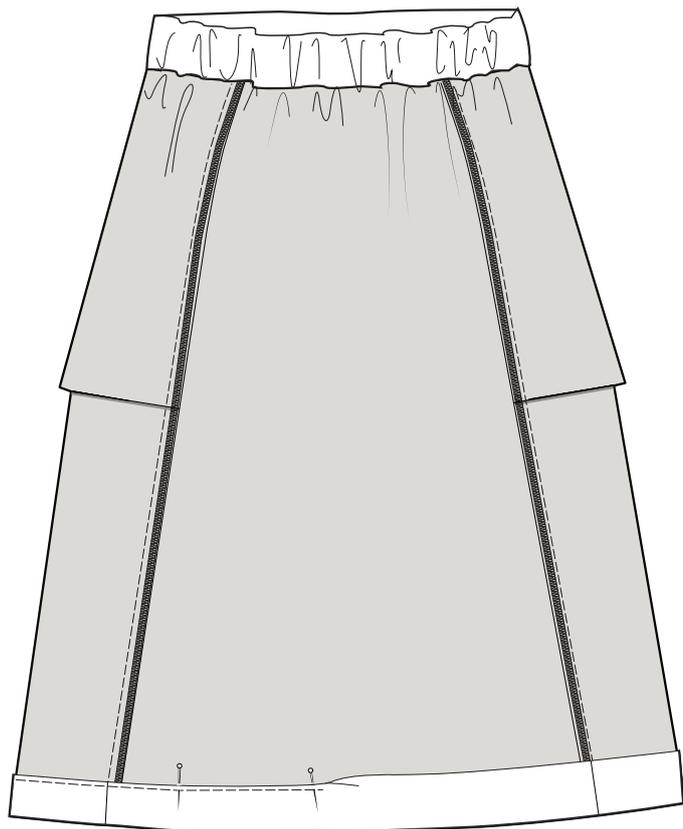
STEP 7C



STEP 7C: Close the gap on the waistband that you left open for the elastic with an edge stitch, being careful not to catch the elastic under your stitching.

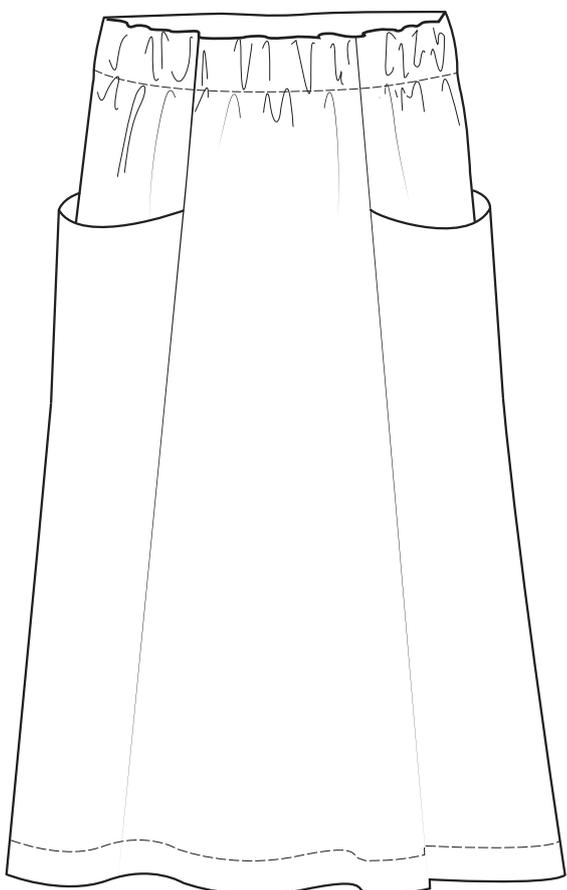
**TIP* if you want to prevent your elastic twisting in the washing machine, stitch in the ditch through one or two of the vertical seams in the waistband.*

STEP 8



STEP 8:

Turn up the hem allowance on the bottom edge of the skirt towards the inside by 4cm, then turn the raw edge under again by 1cm and stitch in place (the hem will finish 3cm deep).



THAT'S IT YOU'RE FINISHED.

Give your skirt a good press and turn it right side out.

Wear it with love and pride.

Peppermint

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