

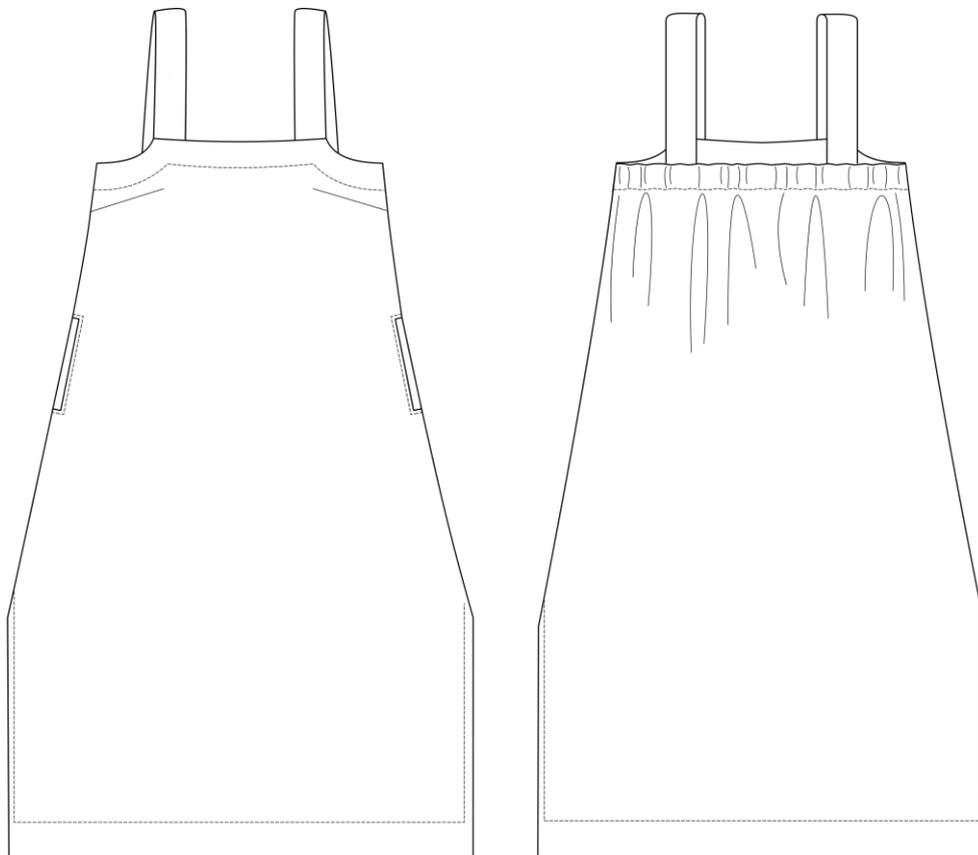
# Peppermint

M A G A Z I N E



## WIDE-STRAP MAXI DRESS

ISSUE 44



## SIZE CHART

	A	B	C	D	E	F	G	H	I	J
<b>HIGH BUST</b>	71cm 28in	76cm 30in	81cm 32in	86cm 34in	91cm 36in	96cm 38in	103.5cm 41in	111cm 43.5in	118.5cm 46.5in	126cm 49.5in
<b>BUST</b>	76cm 30in	81cm 32in	86cm 34in	91cm 36in	96cm 38in	101cm 40in	108.5cm 43in	116cm 45.5in	123.5cm 48.5in	131cm 51.5in
<b>WAIST</b>	61cm 24in	66cm 26in	71cm 28in	76cm 30in	81cm 32in	86cm 34in	93.5cm 37in	101cm 39.5in	108.5cm 42.5in	116cm 45.5in
<b>HIP</b>	84cm 33in	89cm 35in	94cm 37in	99cm 39in	104cm 41in	109cm 43in	116.5cm 46in	124cm 49in	131.5cm 51.5in	139cm 54.5in

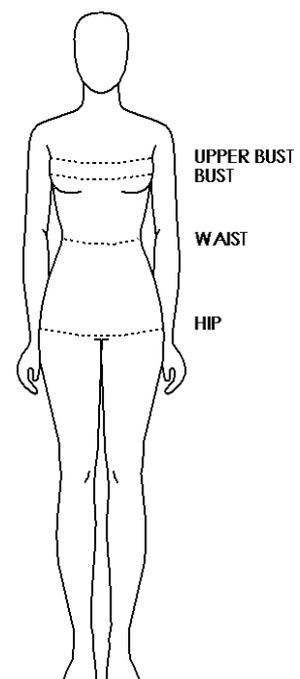
## FINISHED GARMENT MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J
<b>BUST</b> <b>(Unstretched)</b>	78cm 30.5in	83cm 32.5in	88cm 34.5in	93cm 36.5in	98cm 38.5in	103cm 40.5in	110.5cm 43.5in	118cm 46.5in	125.5cm 49.5in	133cm 52.5in
<b>BUST</b> <b>(Stretched)</b>	96cm 38in	101cm 40in	106cm 42in	111cm 43.5in	116cm 45.5in	121cm 47.5in	128.5cm 50.5in	136cm 53.5in	143.5cm 56.5in	151cm 59.5in
<b>WAIST</b>	101cm 39.5in	106cm 41.5in	111cm 43.5in	116cm 45.5in	121cm 47.5in	126cm 49.5in	133.5cm 52.5in	141cm 55.5in	148.5cm 58.5in	156cm 61.5in
<b>HIP</b>	124cm 49in	129cm 51in	134cm 53in	139cm 55in	144cm 57in	149cm 59in	156.5cm 61.5in	166cm 65in	171.5cm 67.5in	179cm 70.5in

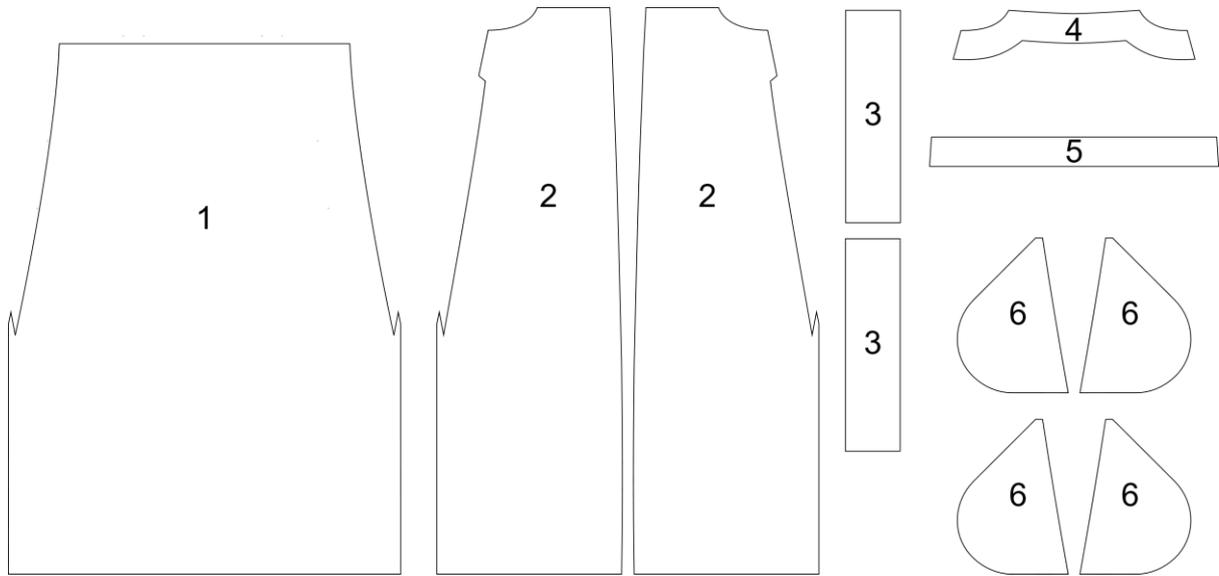
## FITTING NOTES

This pattern has been drafted for a B cup bust and for a height of 5 ft 7in.

This style is fitted around the upper bust/bust area and swings out to an A line shaped dress with plenty of ease around the waist and hips. With this in mind, it is recommended to concentrate on your bust and high bust measurements when choosing your size. The elasticated back is there to draw in and gather the fabric at the back, but the elastic should not be too tight. It's designed to sit flush against the body without being stretched out too much.



## PATTERN PIECE INVENTORY



1: Back

2: Front

3: Straps

4: Front Facing

5: Back Facing

6: Pockets

## FABRIC REQUIREMENTS

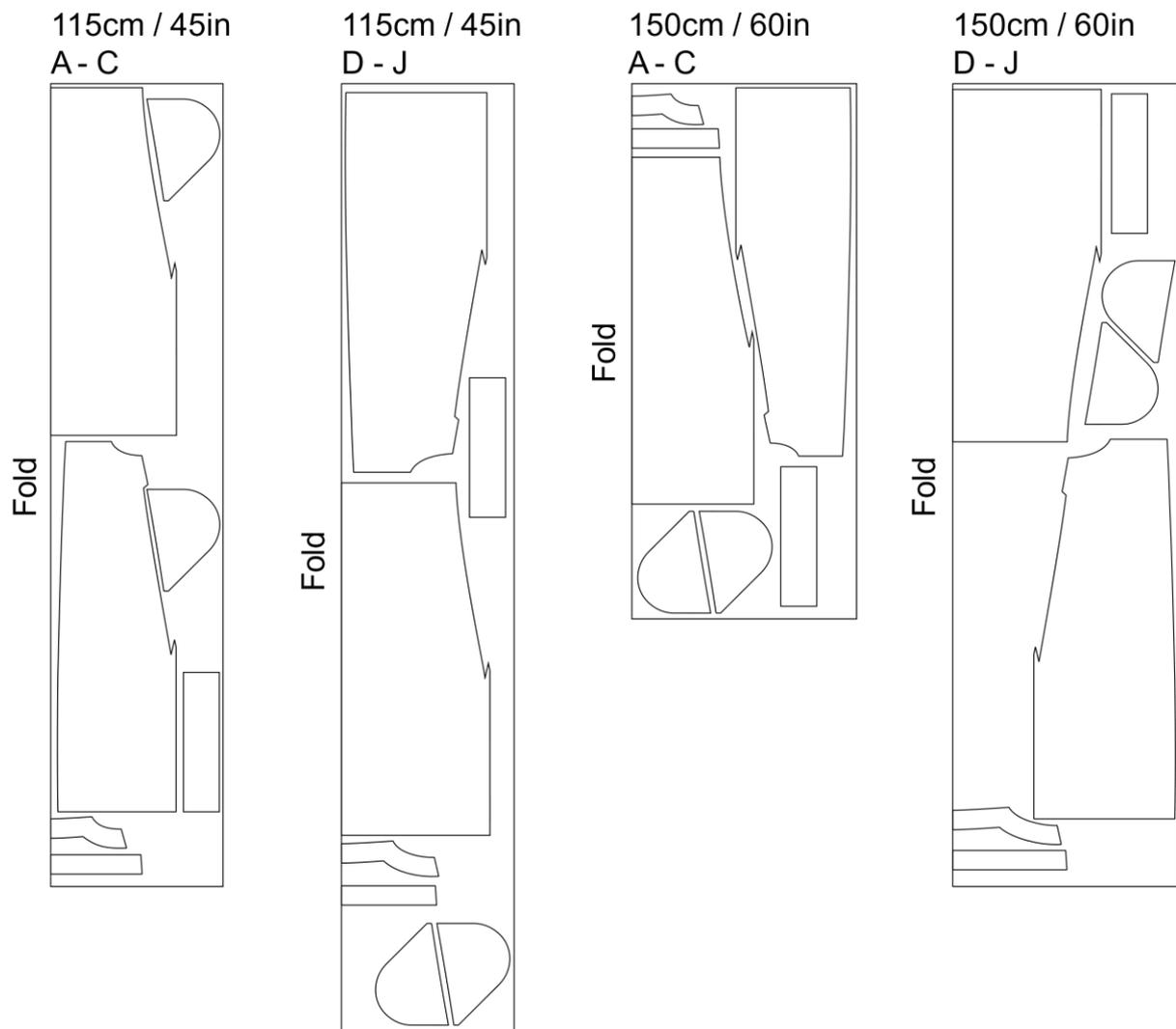
**Please note:** If you're using a patterned fabric with a repeat that you'd like to match, you may need more fabric than what is suggested. Use your discretion.

	A	B	C	D	E	F	G	H	I	J
<b>115cm/45in</b>	270cm 2.9 yards	270cm 2.9 yards	270cm 2.9 yards	320cm 3.5 yards						
<b>150cm/60in</b>	185cm 2 yards	195cm 2.1 yards	195cm 2.1 yards	210cm 2.3 yards	220cm 2.4 yards	250cm 2.7 yards	250cm 2.7 yards	270cm 2.9 yards	275cm 3 yards	275cm 3 yards

Ensure your fabric is washed and pressed before cutting.

## CUTTING LAYOUT

These layouts are suggestions only. Please feel free to play a bit of pattern tetris or cut pieces on the cross grain to save fabric.



## SUGGESTED FABRICS

Midweight woven fabrics – linen, cotton, hemp, rayon

## NOTIONS

Matching thread

38mm / 1.5 inch wide elastic

Length of elastic needed per size: A: 40cm, B: 42.5cm, C: 45cm, D: 47.5cm, E: 50cm, F: 52cm, G: 56cm, H: 60cm, I: 64cm, J: 68cm

## PRINTING AND ASSEMBLING

**Printing:** Download and save your pattern on a desktop or laptop computer.

Open in a PDF reader, such as Adobe Acrobat.

Please note: These patterns are designed for A4 and Letter size paper. There are two A0 PDF file options to take to a printer if you prefer.

**Before printing, confirm your size option is set to 'Actual Size'. This is a very important step to ensure accuracy in sizing. Do not check the 'Fit to Page' option.**

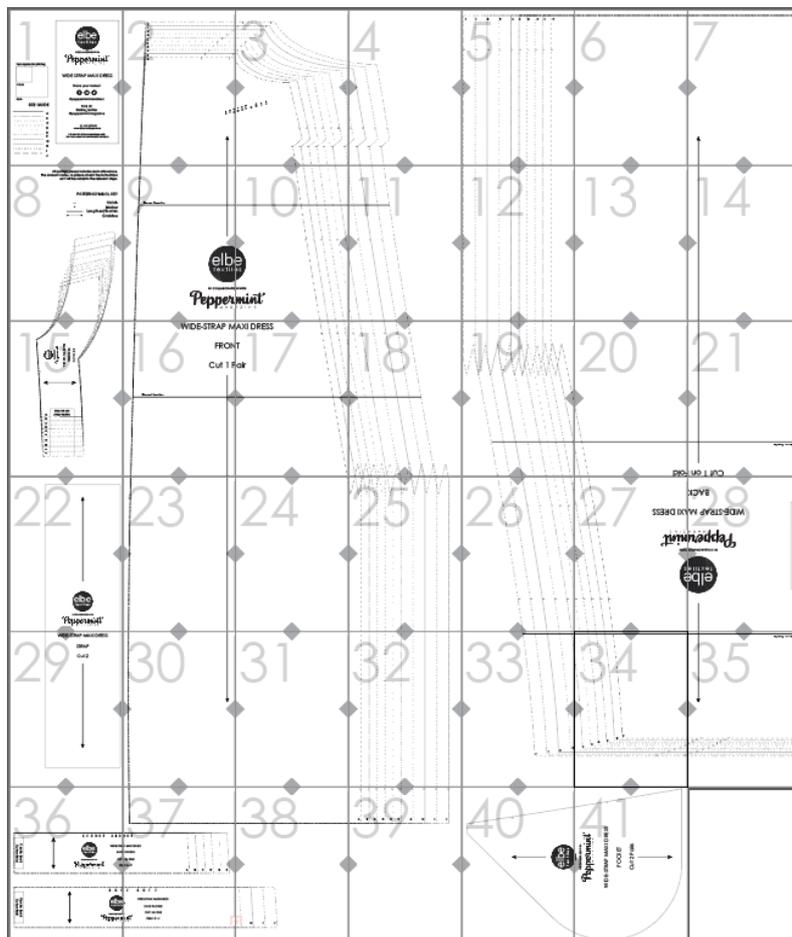
To check the pattern is printing to scale, there is a test square measuring 1 inch by 1 inch and 5cm by 5cm on the first page of every pattern. Print this first page only to check the scale. Once you've checked this is correct you can print the rest of the pattern pages.

**Assembling A4/Letter Home Printout:** Cut along the outside edge of the right hand side border and bottom border of each page. Overlap your pages so the borders are matching at the corners and the squares align. Tape or glue in place.

Once your pages are all taped/glued together, cut out the pattern pieces as you would with a standard pattern.

### Assembling A0 Copy Shop Printout

These pattern pieces have been arranged on the A0 sized paper so no cutting of borders is required. Butt the edges of the paper up together, ensuring the grey diamonds align. Tape the paper together and cut out the pattern pieces as per usual.



### Pattern Printout Guide for A4/Letter paper

x 41 pages

## **GLOSSARY:**

Right and wrong side of the fabric: The right side will be the side that shows on the outside of the garment and the wrong side will be on the inside.

Seam allowance: The distance between the line of stitching and the raw edge.

Baste: Basting stitches are long stitches done by hand or machine that temporarily hold fabric in place before the final line of stitching.

Finish: To finish a seam, means to neaten the raw edge. This can be done in a number of ways – overlocking/serging the edges. If you don't have access to an overlocker, you can use the zig zag stitch on your machine. You can also use pinking shears along the raw edge to prevent fraying. This pattern uses French seams and rolled hems.

Topstitching: A row of visible stitching on the right side of the fabric, running parallel to the seam. Secures the seam allowance in place.

Understitching: Stitching the seam allowance to the facing, to prevent the facing from rolling towards the right side of the garment.

Stay stitching: A row of machine stitching done on a single layer of fabric just inside the seam line to prevent stretching and distortion of curved or angled pieces.

Back tack: Used to secure a line of stitching. Done by sewing backwards over previous stitches at the beginning and end of the line of stitching.

Grade: Grading a seam is a method used to reduce bulk. This is done by trimming down the layers of fabric within the seam allowance to different widths (in a stepped formation) so the seam allowance isn't one bulky ridge of fabric. The widest step of fabric within the seam allowance should be the one closest to the layer of fabric that is the outside of the garment.

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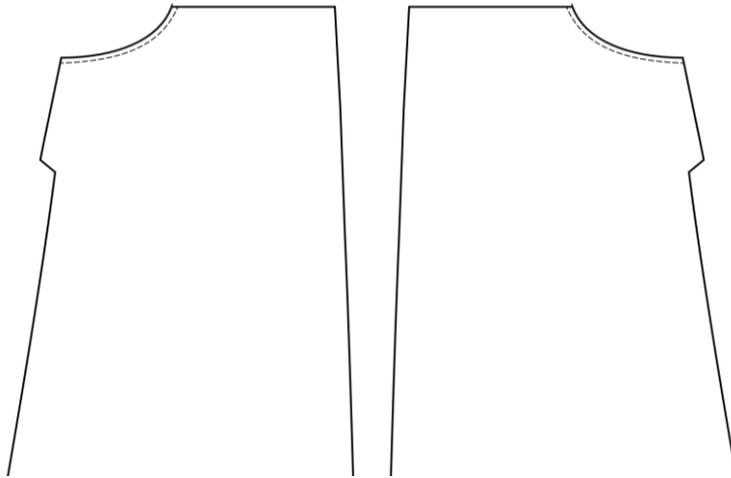
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# INSTRUCTIONS

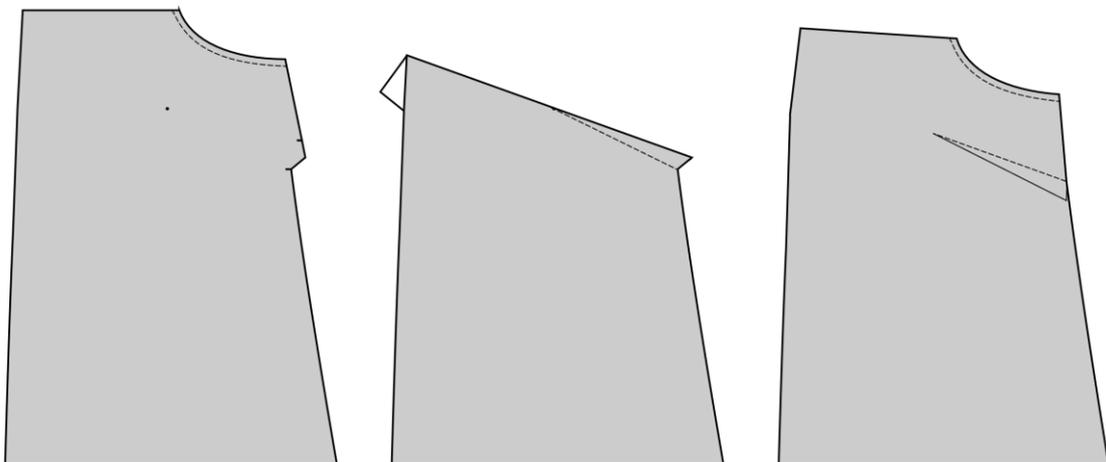
*Before you begin: The seam allowance varies between steps, please make careful note of the seam allowance mentioned.*

- 1 Staystitch around the armholes on the front pieces. This line of stitching should be within the 1 cm seam allowance – 7mm from the edge will do.



- 2 Mark the drill hole of the dart on the wrong sides of the front pieces. You may like to draw in the stitch line of the dart with chalk or a fabric pen for added accuracy when sewing. Fold the dart, so the right sides of fabric are facing together and the notches are lined up. This stitching line will extend 1 cm past the drill hole, so this mark is hidden within the dart.

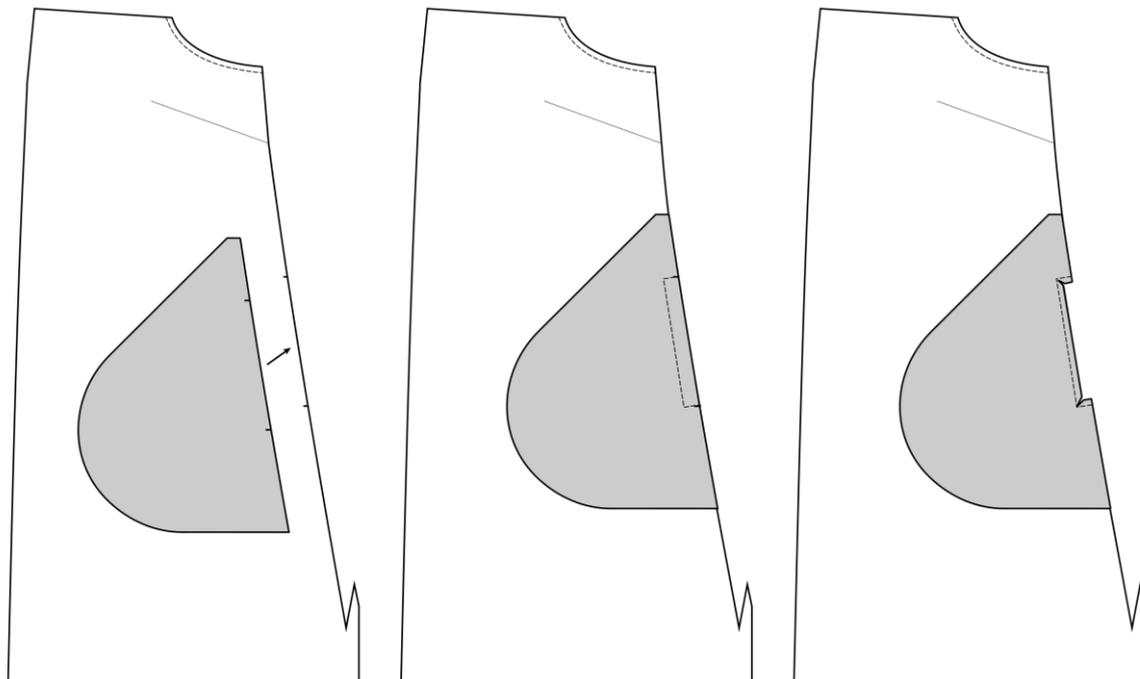
Stitch the dart in place. Press the dart downwards.



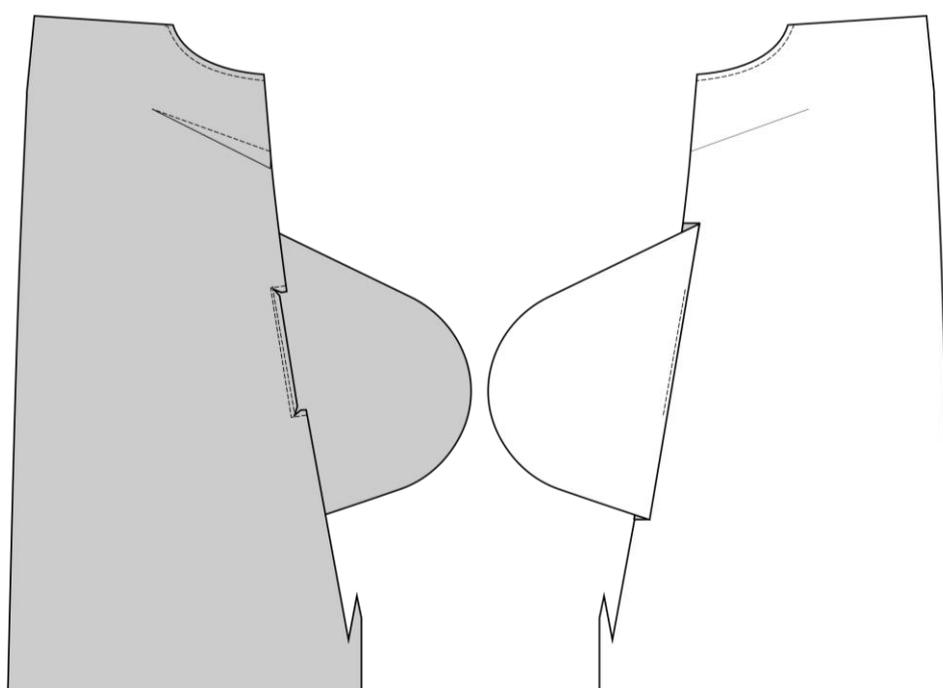
3 Take one of the pocket pieces and place it against the corresponding front piece, right sides together with notches matching.

Starting at one of the notches, stitch in a rectangular formation as shown – 2.5cm / 1 inch from the edge and finishing at the remaining notch.

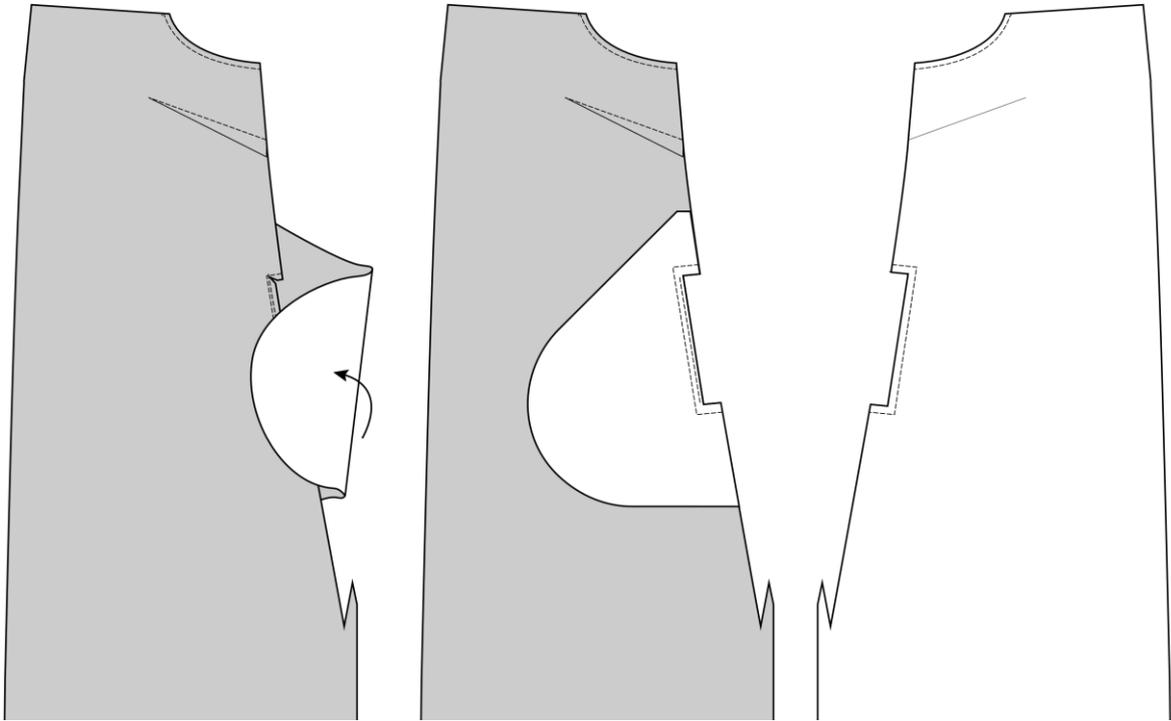
Trim some of the excess fabric away as shown and snip into the corners of the stitching.



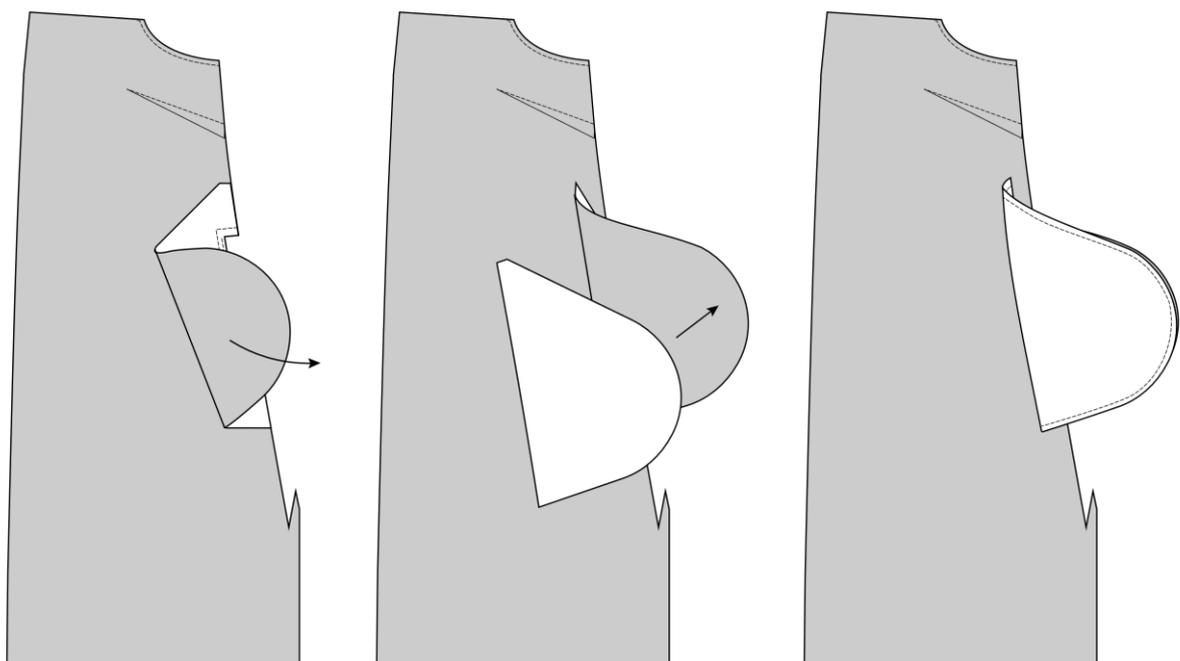
Spread the pocket piece out flat, away from the front piece and press. Understitch along the longest edge of the pocket opening (between the notches).



Flip the pocket so the wrong side is laid against the wrong side of the front piece. Press the other two smaller pocket edges flat. Topstitch around all of the pocket opening edges, 0.5cm from the edge.

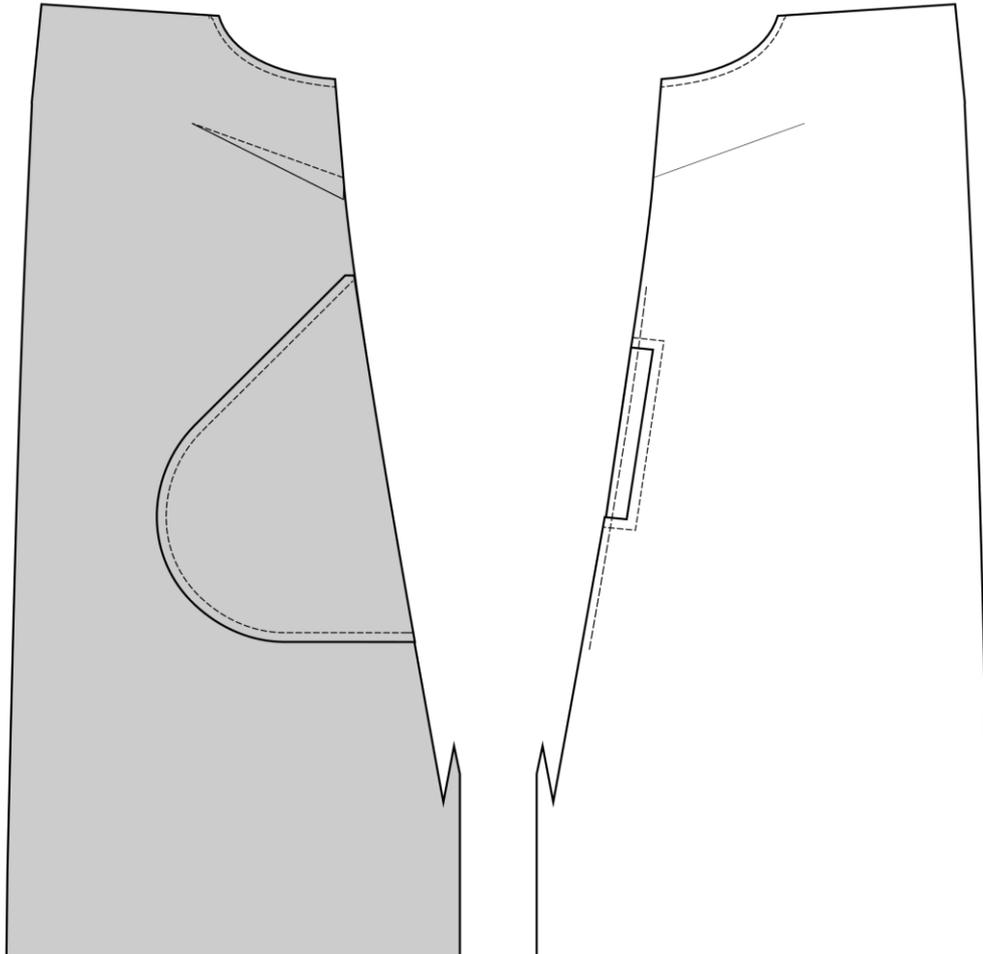


**4** Pull the pocket away from the front piece. Take one of the remaining pocket pieces and line it up against the original pocket with the wrong sides facing together. Sew around the curved edge, 0.7cm from the edge.



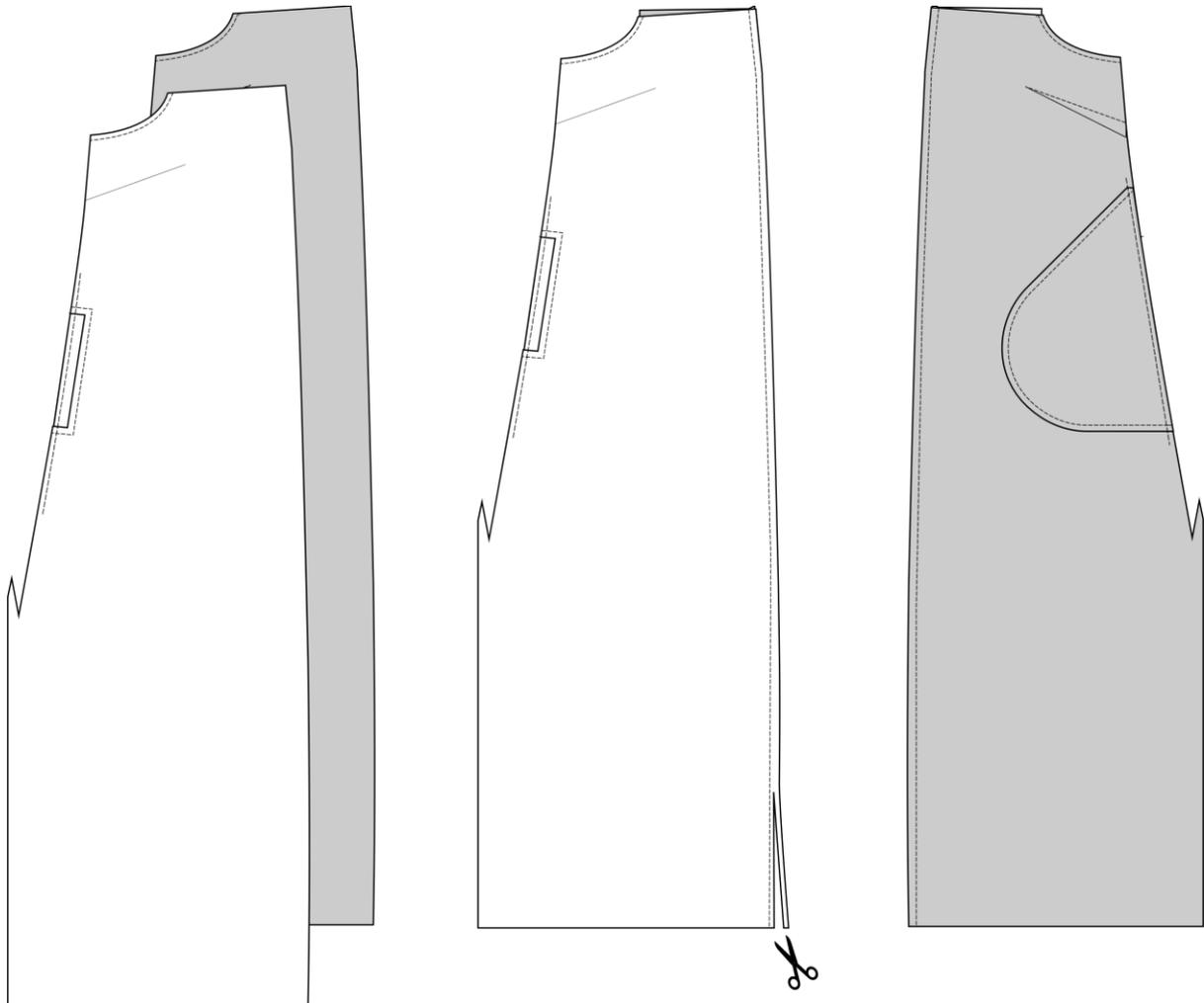
Trim around the seam allowance before turning the pocket inside out. Create a French seam on the pocket by sewing around the curved edge again, 0.7cm from the edge. Press flat. Baste stitch along the remaining edge to secure the pocket to the front.

Repeat this process on the other front piece/pocket pieces.

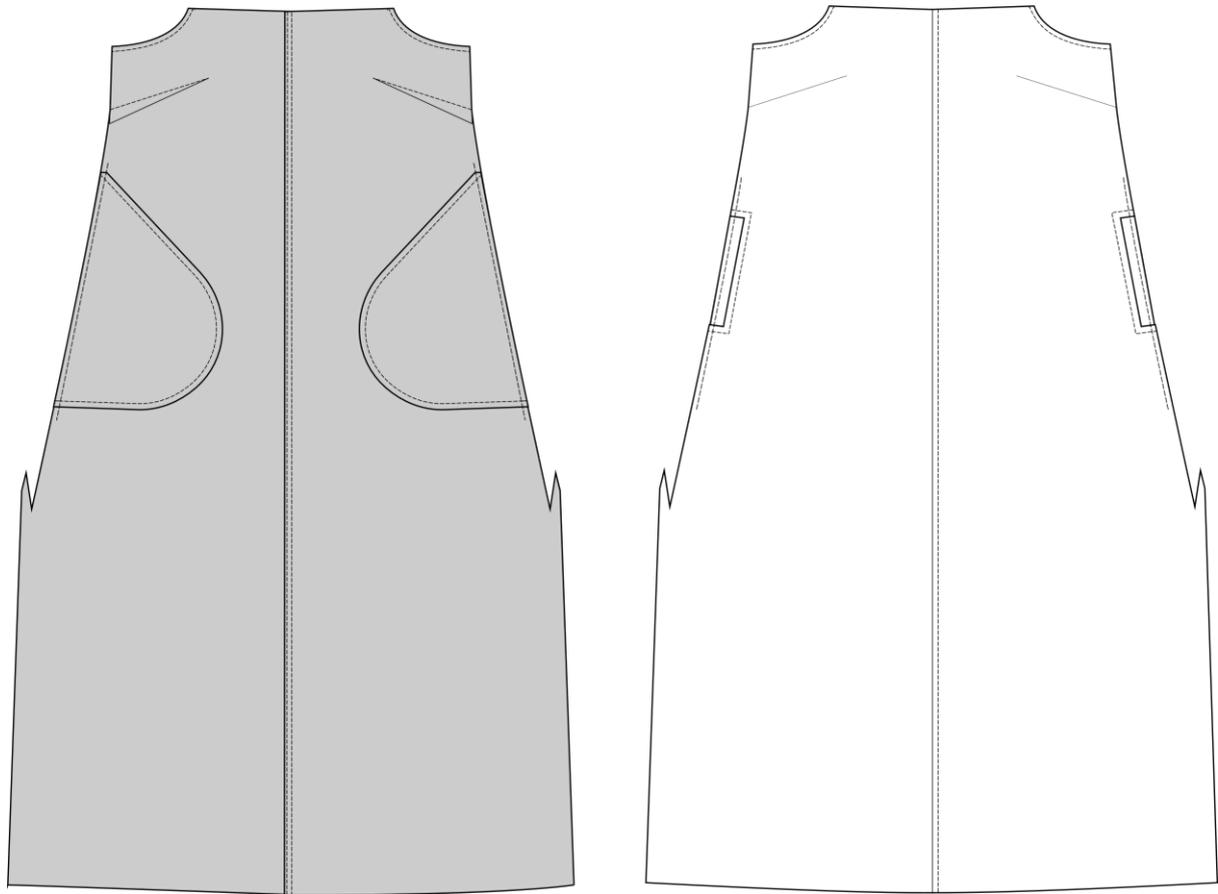


5

Place the front pieces together, with the wrong sides facing and centre seam lined up. Sew along the centre front edge using a 0.7cm seam allowance. Trim this seam down a few millimetres. Flip the front pieces so the right sides are now facing together and sew along this edge, 0.7cm from the edge, enclosing the trimmed edge and creating a French seam.

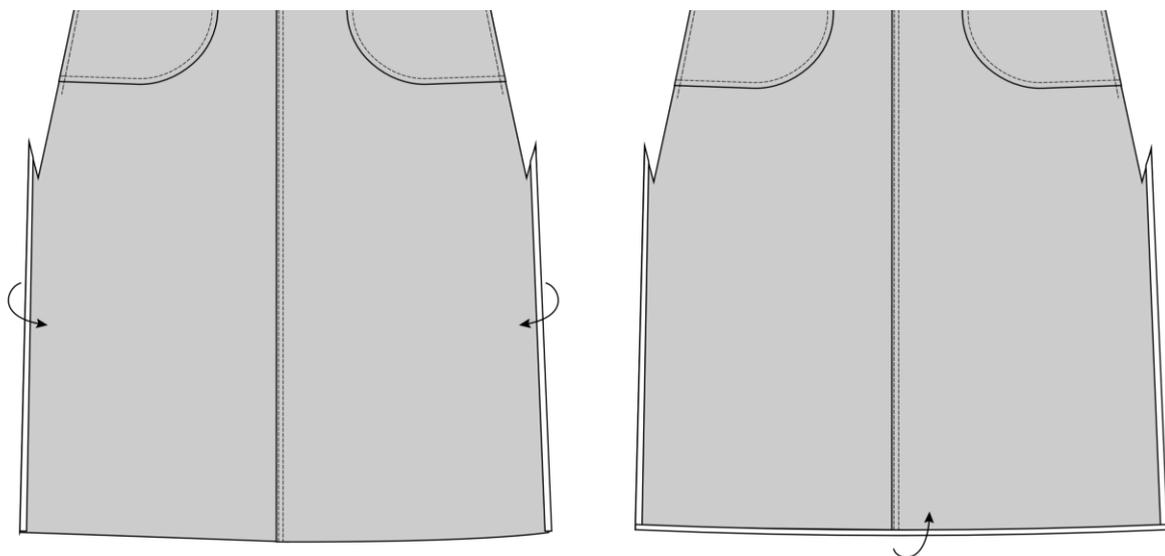


Press this seam towards one side (it doesn't matter which side) and topstitch in place. 0.5cm from the edge.

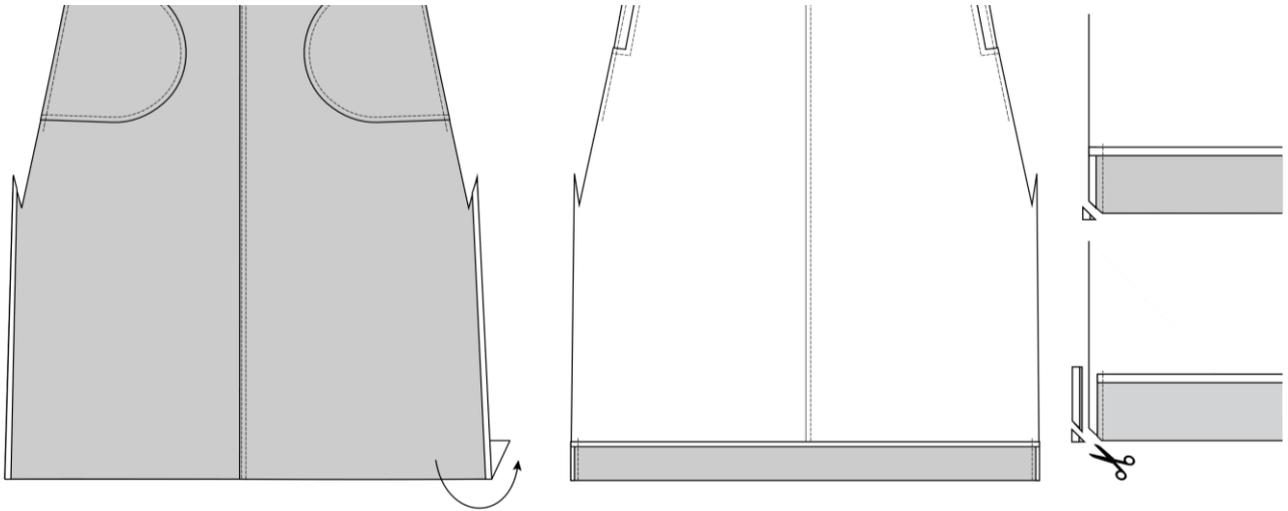


6

On the side seams, fold the splits in towards the wrong side by 0.5cm. Press flat. Fold the hem up towards the wrong side by 0.5cm and press flat. Repeat this process on the back piece.



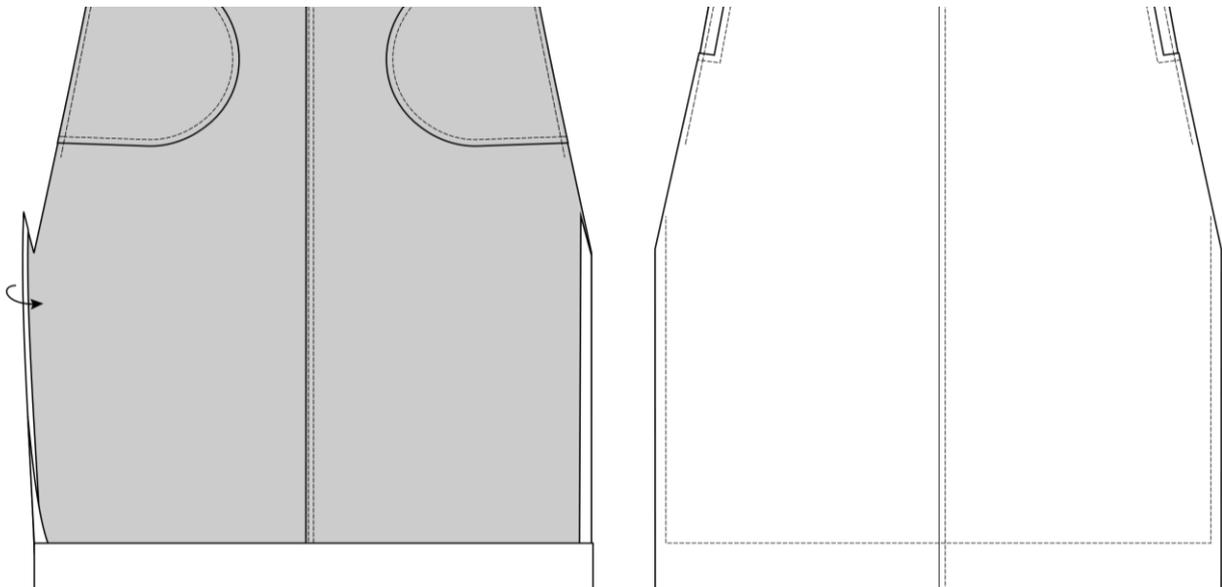
Fold the hem up at the notches, so the right sides are facing together. Use a 1 cm seam allowance to stitch the fold of the hem together as pictured. Trim the corners and grade the seam before turning the hem out to the right side.



Fold the splits over again by 1 cm so they're in line with the edge of the hem and the raw edges are enclosed. Press flat.

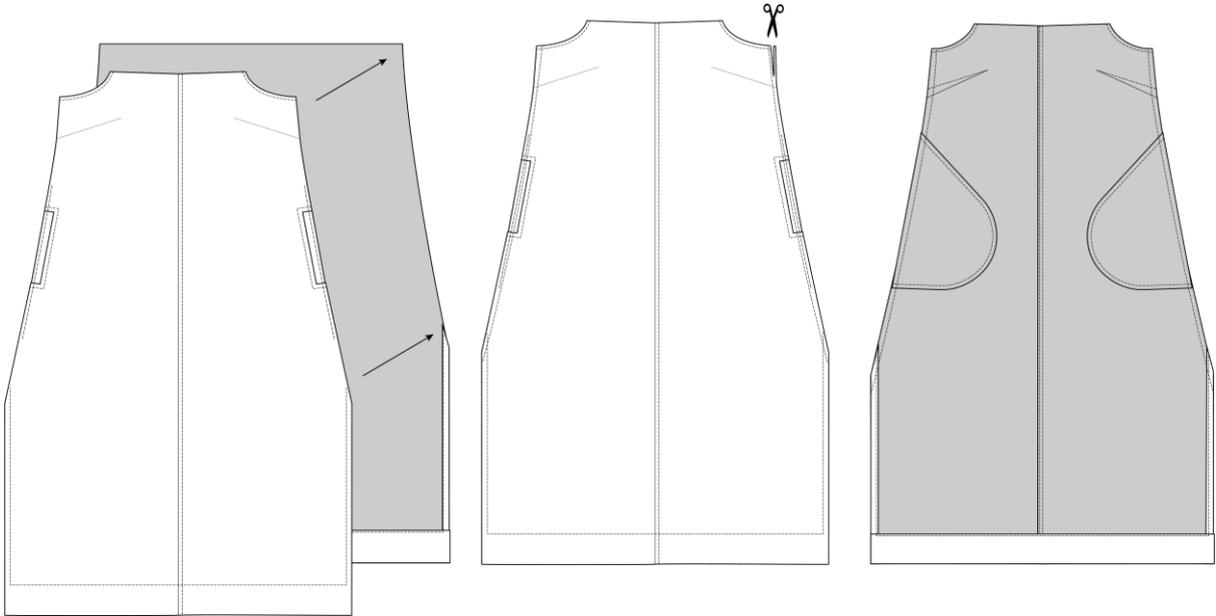
Sew down along the edge of the split, pivoting when you reach the hem turn up, then back up again when you reach the other side split.

Give the hems and splits another final press.



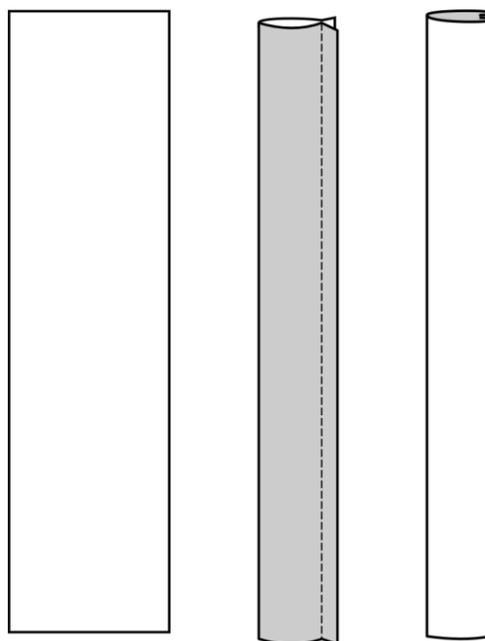
7

Place the front and back pieces together, with wrong sides facing and the side seams aligned. Sew along the side seams using a 0.7cm seam allowance, until you reach the top of the splits. Trim these seams down a few millimetres. Turn the dress inside out so the right sides of the front and back are now facing together. Sew along the side seams using a 0.7cm seam allowance again, stopping at the split, being careful that the folded edges of the split are butted up together evenly. Press the seam towards the back.



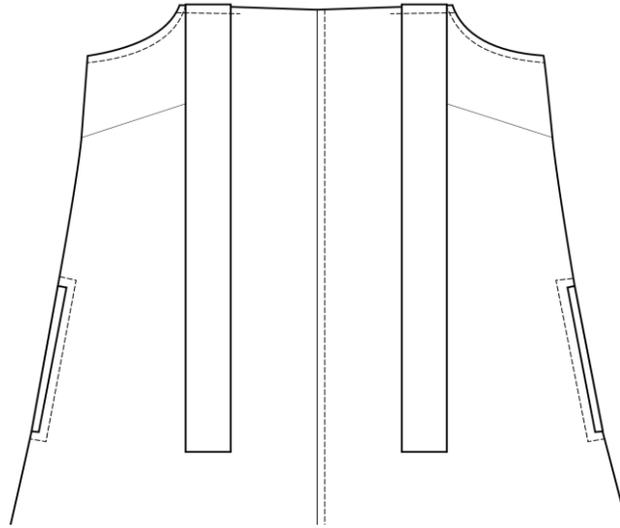
8

Take the strap pieces and fold in half so the right sides are facing together. Sew along the raw edge using a 1cm seam allowance. Turn the strap out to the right side and press flat.

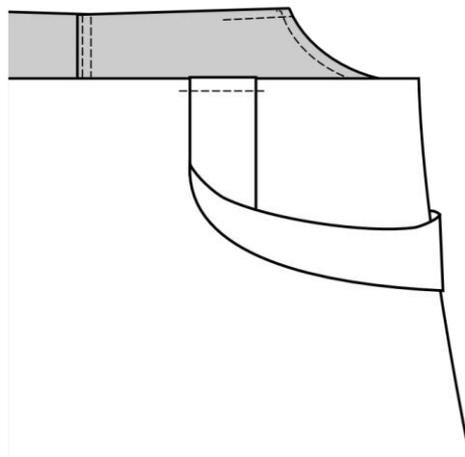


9

Place the straps against the notches marked on the front as shown, with the seamed edge of the strap being on the outside. Baste stitch in place, within the 1cm seam allowance.

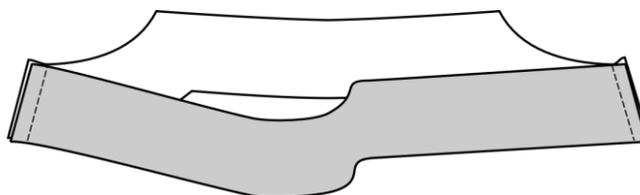


Take the other end of the strap and line it up between the notches marked on the back, making sure the strap isn't twisted. Baste in place. Now is a good time to pop your dress on and check the length of the straps. The straps have been left intentionally long, so you may need to take a few inches off, depending on personal preference. Also keep in mind that the back is yet to be gathered in with elastic, so this will affect where the straps sit.



10

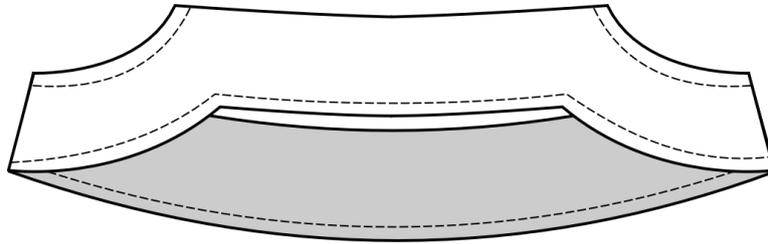
With the right sides together, line up the side seams of the front facing and back facing. Sew together using a 1cm seam allowance. Press the seam open.



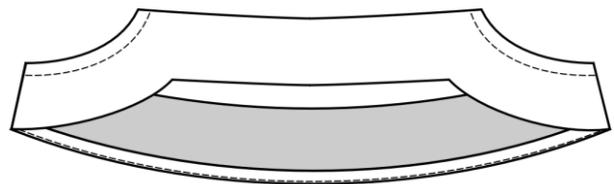
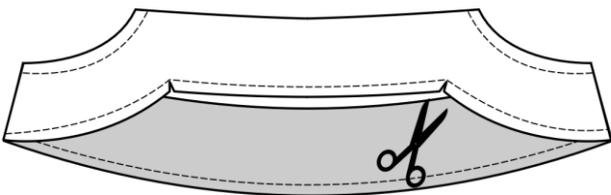
11

Stay stitch around the armholes of the front facing, within the 1 cm seam allowance.

Stay stitch around the entire bottom edge of the facing, 0.6cm from the edge.

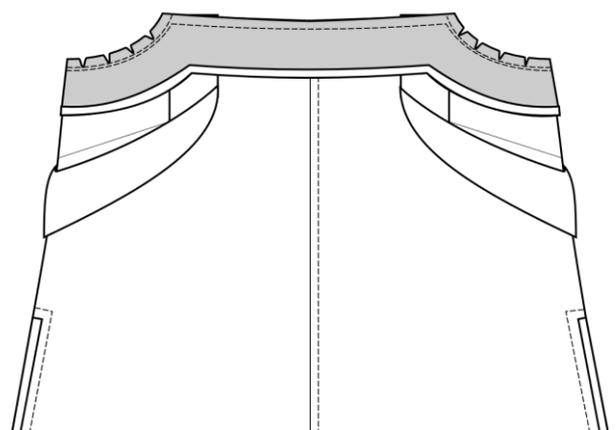
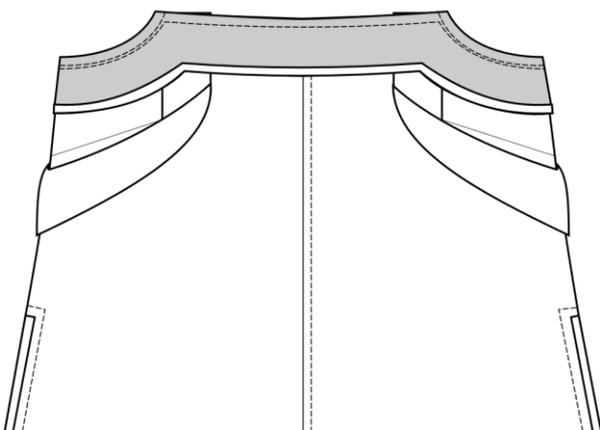


Snip into the corners of front facing. Fold the bottom edge of the facing up towards the wrong side, using the stay stitching as a guide. The stitching should just be hidden from the right side of the fabric once folded up.



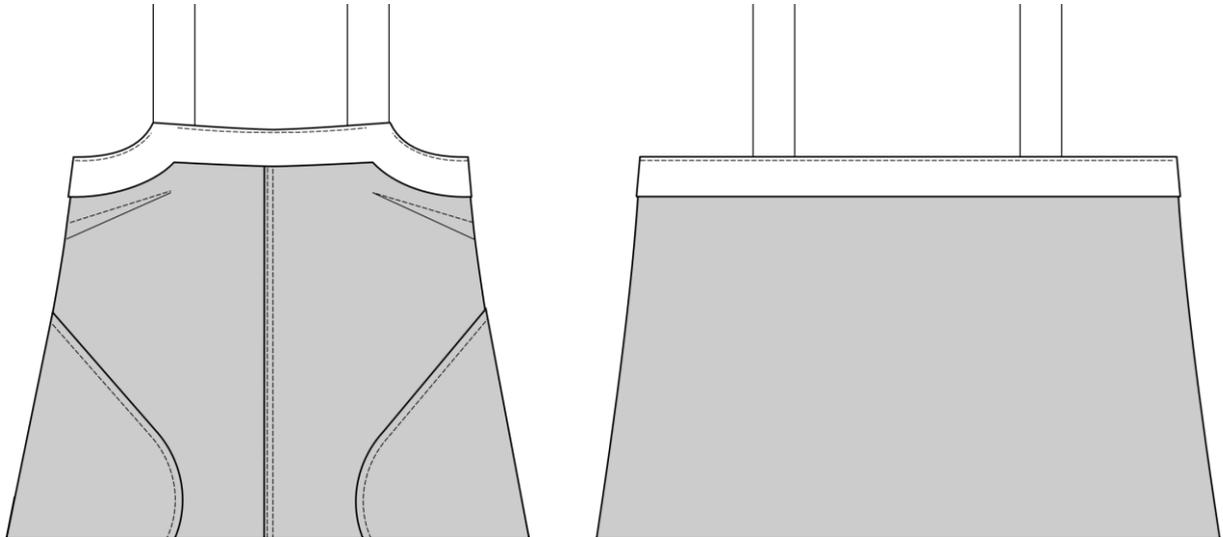
12

Place the right side of the facing against the right side of the dress. Sew around the top with a 1 cm seam allowance. Clip into the seam allowance of the curved underarm section.



Press the seam towards the facing. Understitch along the edge of the facing, getting as close in to the corners as your machine foot will allow.

Press the facing down, so it is not visible from the right side of the dress.



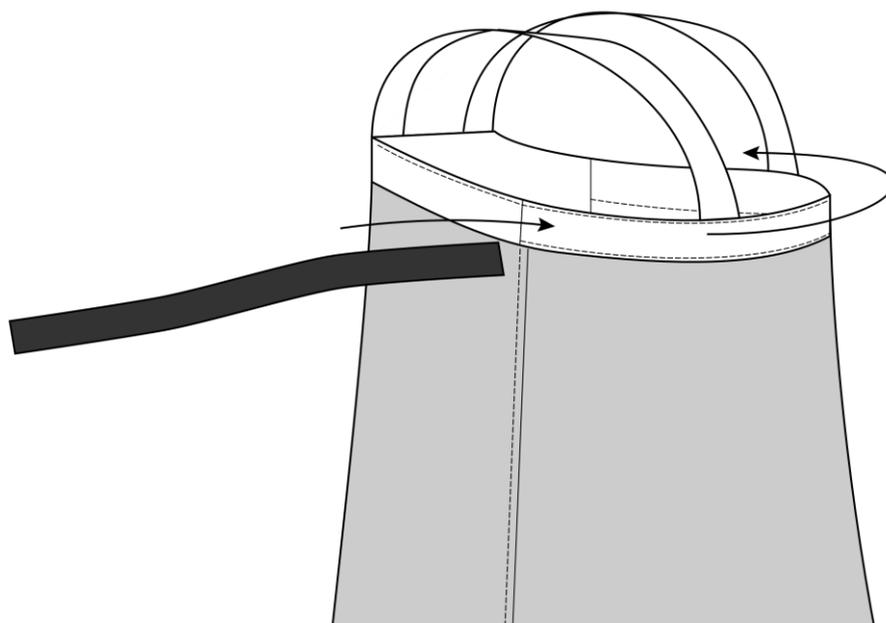
13

Start at the side seam and sew the bottom edge of the back facing in place, close to the fold. Stop sewing once you reach the other side seam. Leave the front facing open for now.

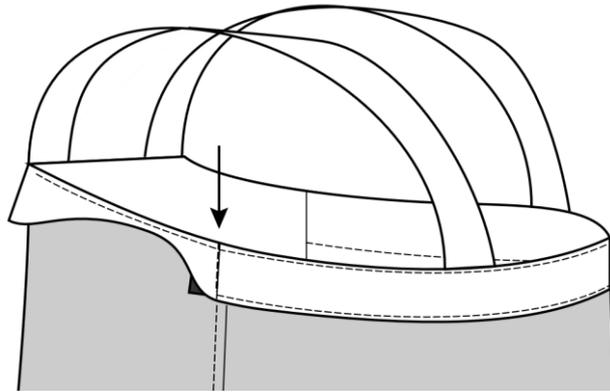
Take your length of 38mm elastic and thread it through the back facing. Use a safety pin through the edge of the elastic to help guide it through.

Length of elastic needed per size: This is a rough guide, you may find you need more or less depending on the width of your back.

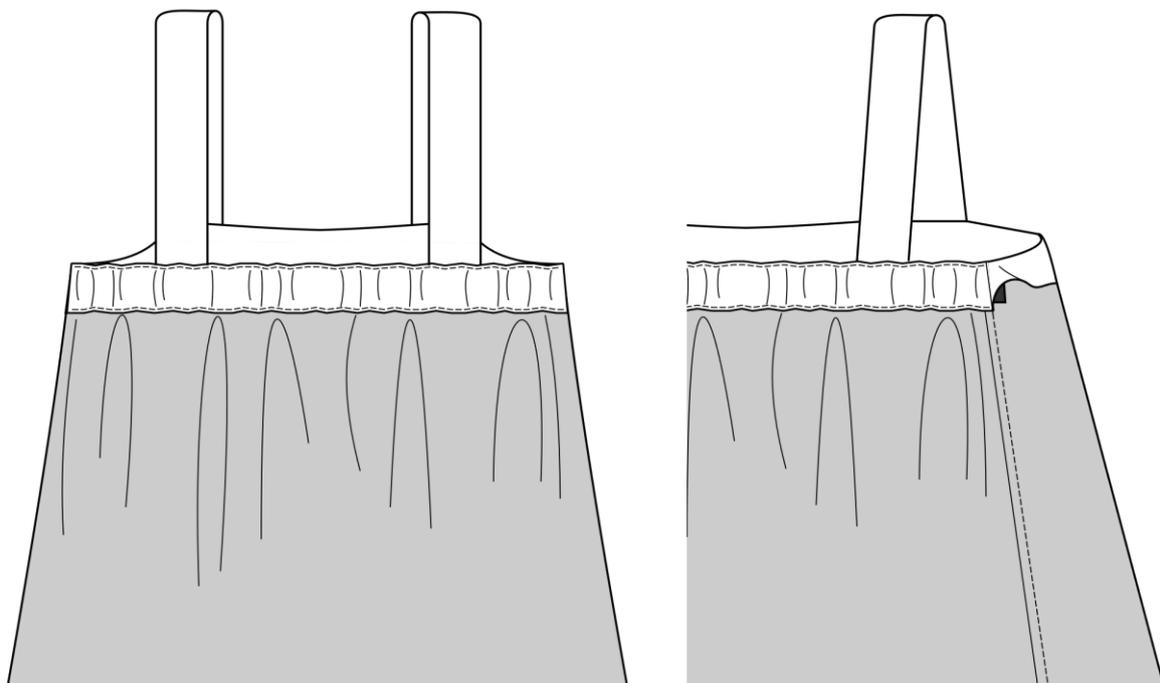
A: 40cm, B: 42.5cm, C: 45cm, D: 47.5cm, E: 50cm, F: 52.5cm, G: 56cm, H: 60cm, I: 64cm, J: 68cm



Keep one side of the elastic in place at the side seam by sewing it in place. From the right side of the garment, use the side seam as a guide and stitch in the ditch to secure the facing, elastic and garment all together. I'd recommend going back over the stitching line two or three times for added strength. Make sure the elastic extends past the side seam by at least 0.5cm to 1 cm.

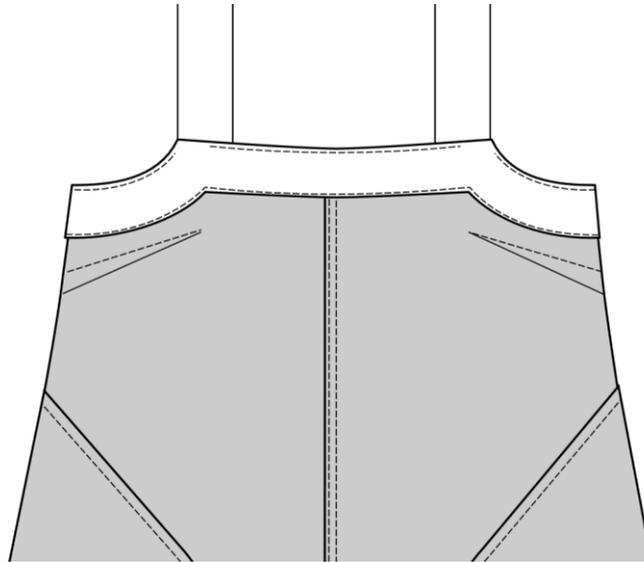


Pull the remaining end of the elastic through to the other side seam and pin in place. Try the dress on again to check the length of elastic and adjust if need be. The elastic should sit flat against the body, without being stretched too much. Once you're happy with the fit, stitch in the ditch of the side seam again to secure the facing, elastic and garment in place.

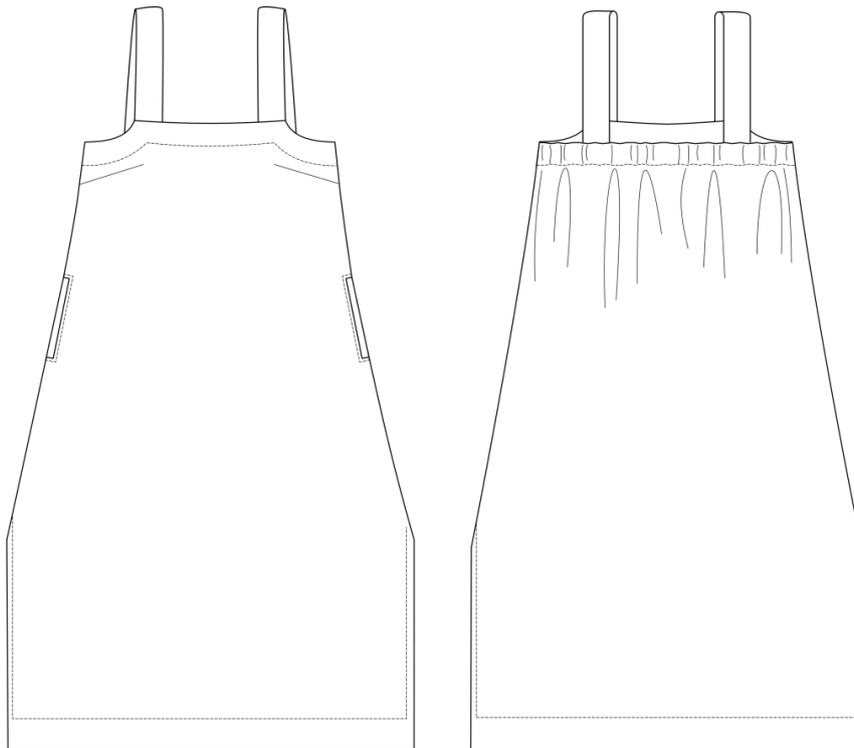


14

Sew the remainder of the front facing in place, carefully locking over the previous line of stitching from the back facing to keep things as seamless as possible.



Give everything a final press and you're done. Huzzah.



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