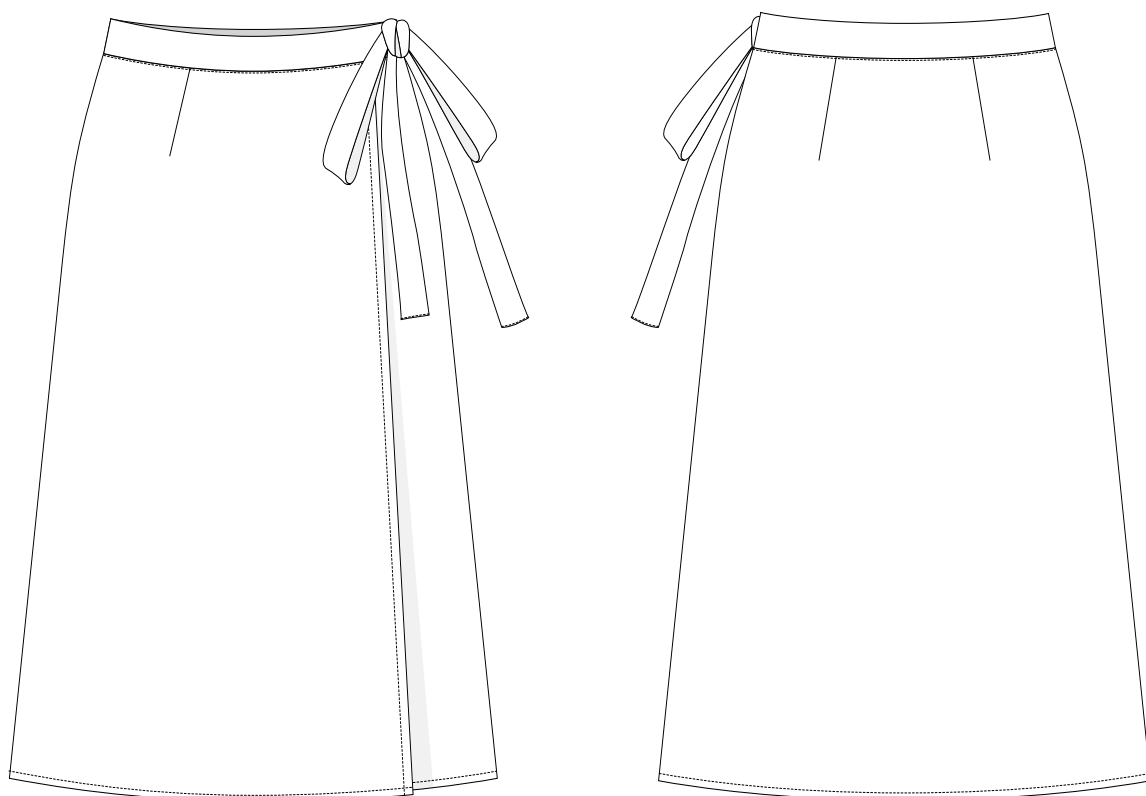


Peppermint

M A G A Z I N E



WRAP SKIRT / ISSUE 41

SKILL LEVEL



IN THE
FOLDS

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Please note: the numbers on contents page are hyperlinks so that you can navigate quickly and easily through the document.

We're super excited to bring you these patterns in partnership with the lovely people at **The Fabric Store**. With a passion for all things sewing, they stock an incredible range of fabrics – think quality linen, silk, cotton, merino and even leather – at their Sydney, Melbourne, Brisbane and New Zealand stores, as well as a small selection online.

The Fabric Store

ABOUT IN THE FOLDS PATTERNS

In the Folds patterns are designed to inspire and encourage modern makers to create garments that are beautiful both inside and out. Through selected techniques and construction details, **In the Folds** aims to encourage thought-provoking and memorable making experiences - helping you enjoy each stitch in the process.

Techniques may differ slightly from the home sewing methods you are used to, but in some cases industrial finishes will give you the cleanest and most professional finish.

Seam allowances are included and detailed in each step.

You will notice that in some cases the seam allowances meet each other at different angles at the end of the seam. This is so that when you press the seam allowances open the seams will sit flush with the edges and will help you get a clean finish.

SLOW SEWING

In the Folds patterns are designed to include thoughtful details and interesting techniques so that you can enjoy the process of making the garment as much as the end result.

If we slow down and take in every stitch, we can better our skills, appreciate the amazing things we can do with our hands, understand the process more fully and create garments that will be worn, loved and cared for long into the future.

It is recommend that you read all the instructions before getting started.

We'd love to see your work in progress. Find us on Instagram **@inthefolds** and **@peppermintmagazine** tag your photos with **#peppermintwrapskirt**.

Happy sewing!

THE ENVIRONMENT

Consider using fabric from your stash before going to buy something new. I dare you.

You might be surprised by what you find there. Before selecting your fabric, really think about how this garment will fit into your wardrobe and how you plan to care for it. Choose a fabric that fits the bill. Please consider the environment before printing this booklet.

GARMENT OVERVIEW



FRONT VIEW



BACK VIEW

GARMENT DETAILS

The **Wrap skirt** is a three-quarter length skirt with a waist tie, that sits on the natural waist. The skirt features front and back waist darts, french seams and a buttonhole to feed the waist tie through.

FABRIC SUGGESTIONS

The **Wrap skirt** is compatible with a wide range of fabrics. For a soft silhouette, consider using: lightweight cotton, linen, viscose / rayon or silk. For a more structured silhouette, consider using mid to heavy-weight fabrics such as: cotton drill, linen, denim or wool.

NOTIONS

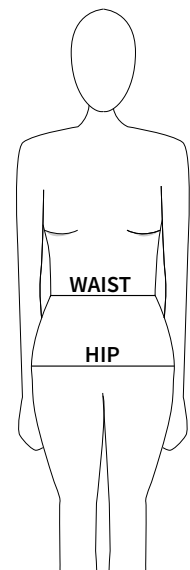
- Coordinating thread
- Optional: Small piece of lightweight iron-on fusing (2.5cm x 7.5cm / 1in x 3in)

SIZING + GARMENT MEASUREMENTS

NOTES ON FITTING

The pattern is drafted for a height of 170cm (5'7"). Use the LENGTHEN / SHORTEN lines on the pattern to adjust the finished length.

The pattern is nested so that you can grade between sizes if necessary. Simply print the sizes you need and draw a diagonal line between the sizes to grade between them.



REQUIRED MEASUREMENTS

BODY MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J
WAIST	61cm 24"	66cm 26"	71cm 28"	76cm 29 ⁷ / ₈ "	81cm 31 ⁷ / ₈ "	86cm 33 ⁷ / ₈ "	93.5cm 36 ³ / ₄ "	101cm 39 ³ / ₄ "	108.5cm 42 ³ / ₄ "	116cm 45 ⁵ / ₈ "
HIP	84cm 33"	89cm 35"	94cm 37"	99cm 39"	104cm 41"	109cm 42 ⁷ / ₈ "	116.5cm 45 ³ / ₄ "	124cm 48 ⁷ / ₈ "	131.5cm 51 ³ / ₄ "	139cm 54 ³ / ₄ "

FINISHED GARMENT MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J
WAIST	61cm 24"	66cm 26"	71cm 28"	76cm 29 ⁷ / ₈ "	81cm 31 ⁷ / ₈ "	86cm 33 ⁷ / ₈ "	93.5cm 36 ³ / ₄ "	101cm 39 ³ / ₄ "	108.5cm 42 ³ / ₄ "	116cm 45 ⁵ / ₈ "
HIP	88.5cm 34 ⁷ / ₈ "	93.5cm 36 ³ / ₄ "	98.5cm 38 ³ / ₄ "	103.5cm 40 ³ / ₄ "	108.5cm 42 ³ / ₄ "	113.5cm 44 ⁵ / ₈ "	121cm 47 ⁵ / ₈ "	128.5cm 50 ⁵ / ₈ "	136cm 53 ¹ / ₂ "	143.5cm 56 ¹ / ₂ "
LENGTH	77.5cm 30 ¹ / ₂ "	78cm 30 ³ / ₄ "	78.5cm 30 ⁷ / ₈ "	79cm 31 ¹ / ₈ "	79.5cm 31 ¹ / ₄ "	80cm 31 ¹ / ₂ "	80.5cm 31 ³ / ₄ "	81cm 31 ⁷ / ₈ "	81.5cm 32 ¹ / ₈ "	82cm 32 ¹ / ₄ "

FABRIC REQUIREMENTS

	A	B	C	D	E	F	G	H	I	J
115cm 45"	1.9m 2.1yds	2.1m 2.3yds	2.2m 2.4yds	2.3m 2.5yds	2.5m 2.8yds	2.6m 2.9yds	2.7m 3yds	2.7m 3yds	2.7m 3yds	2.7m 3yds
150cm 60"	1.7m 1.9yds	1.7m 1.9yds	1.7m 1.9yds	1.8m 2yds	1.8m 2yds	1.8m 2yds	1.8m 2yds	1.9m 2.1yds	2.2m 2.4yds	2.4m 2.7yds

Please note: if you are using fabric with a directional print, you may require more fabric to get your desired print placement.

You will also require more fabric if lengthening the skirt.

PRINTING THE PATTERN

PAPER SIZE

This pattern can be printed on both A4 or US letter-sized paper. There is also a full sized version included so that, if you'd prefer, you can get it printed on full sheets (4 x A0) at your local copy shop.

LAYERS

This pattern has embedded layers. This means that you can select only the size/s you would like to print.

Layers make it much less confusing to cut out the pattern, and also saves on ink (and paper in some cases).



Open the pattern in Adobe Reader and click on the 'layers' option on the left hand side. There will be an eye next to each layer in the pattern. Turn off (by clicking) all the layers you do not need.



Please note, at the time of publishing, layers are not available on Preview (Mac). You will need to install Adobe Reader to access this feature.



Please note: The 'PATTERN INFO' layer needs to be on for all sizes.

SCALING

Open the pattern in Adobe Reader. Before printing the file, you will need to check the scaling settings on your printer. The pattern needs to be printed at its true scale. To do this, go into your print settings and select 'actual size' or set page scaling to 'none' or 'turn off page scaling'.

Print only Page 1 of the pattern, and check that the large test square measures 5cm x 5cm, or the smaller one measures 1in x 1in. It really needs to be precise, so if it is not quite right, you will need to go back and check your printer settings again.

PRINT

When you have the scaling right, print the remainder of the pattern. Depending on the size/s you need, you may not need to print all the pages.

There is a printing plan on p 7.

Please note: when printing from Adobe Reader, make sure the print orientation is set to 'Auto portrait / landscape' - this will ensure the border of each page will be printed.

ASSEMBLE

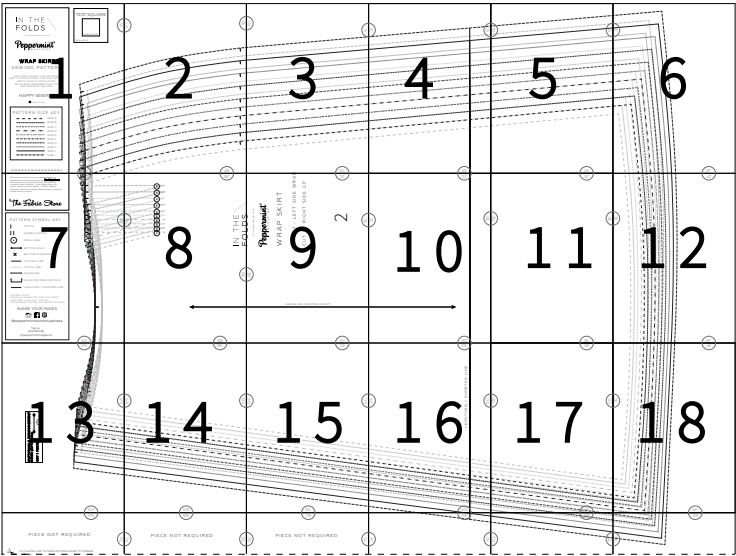
Cut the border of each page - on one long side and one short side (keep your choice of sides consistent between pages).

Align the circles so that 1A matches up to 1A, 2A with 2A etc, and tape or glue in place.

Use the printing plan on p 7 as a reference, if required.

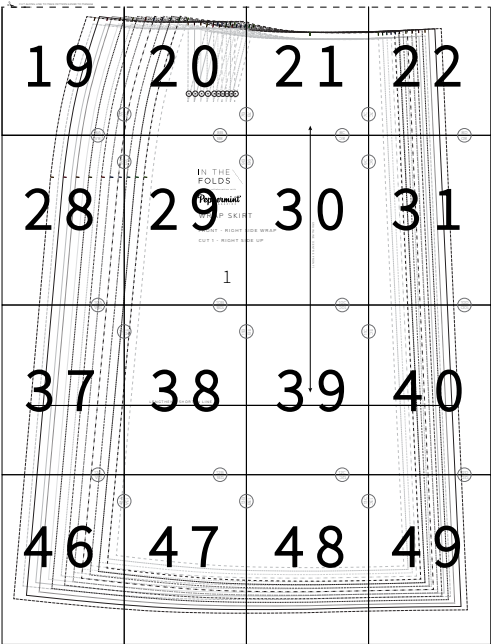
PRINTING PLAN

FRONT - LEFT SIDE WRAP

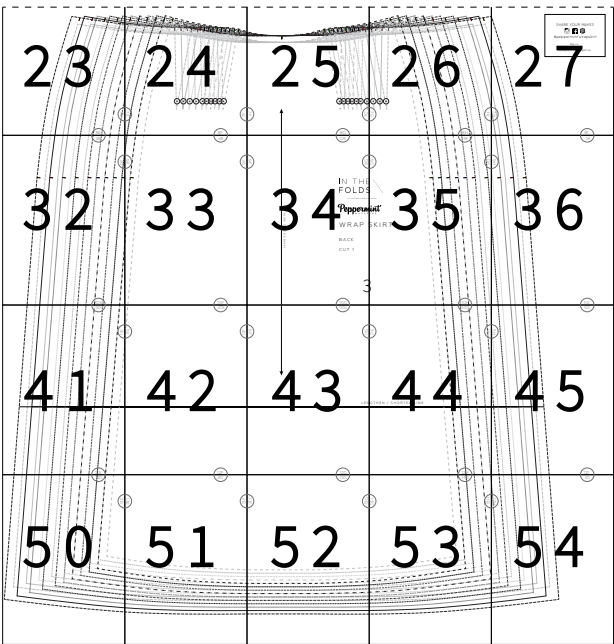


Please note: due to the high number of pages in this pattern, the pattern has been broken into four sections for easier handling.

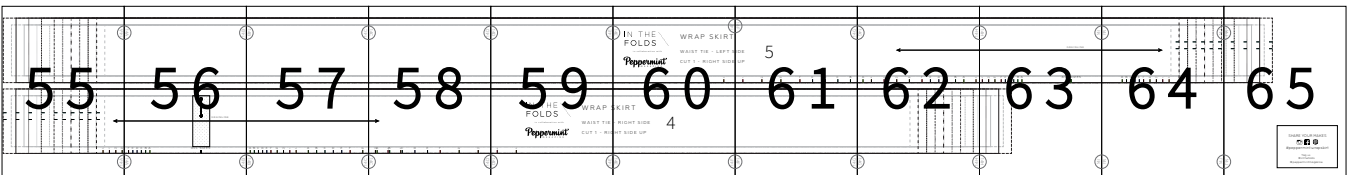
FRONT - RIGHT SIDE WRAP



BACK



WAIST TIE PIECES



CUTTING YOUR FABRIC

Wash and dry your fabric. Use the method you intend to use when washing your garment so it doesn't shrink after its first wash! Give your fabric a good press before cutting.

Take your pre-washed fabric and lay it out on a cutting table or other flat surface with right side facing up - this is important because the skirt is asymmetrical (one side of the wrap is longer than the other). Smooth out any wrinkles in the fabric.

Take your pattern pieces and lay them on your fabric, with the grainline of each pattern piece running exactly parallel to the selvedge (use a tape measure to measure from each end of the grainline, ensuring your pattern piece is on grain). Use the cutting plans on pp 9 - 10 as a guide.

Use weights or pins to hold the pieces in place. Carefully cut out each piece. Be sure to transfer all pattern markings onto your fabric.

To mark a notch, snip into the fabric **6mm (1/4in)**. The buttonhole can be marked when cutting or when you are ready to sew it. Mark drillholes with tailors chalk on the wrong side of the fabric or with a single stitch in a contrasting thread (by hand).

TIPS

- *Take notes of any changes you make to the pattern as you go. This will help you when you use the pattern again (there is a section for this on p 18).*
- *If you are using silk or a similar substrate, consider cutting your fabric sandwiched between two layers of fine paper (pinning and cutting through all three layers). This will help keep the fabric on grain, and ensure the fabric doesn't move while you are cutting. Use silk pins, and a nice sharp fine needle on your sewing machine.*
- *Avoid mixing up the pieces by leaving the pattern pinned to the fabric until you are ready to sew the particular piece.*
- *Enjoy the process! It's not a race to the end.*

SUGGESTED CUTTING PLANS

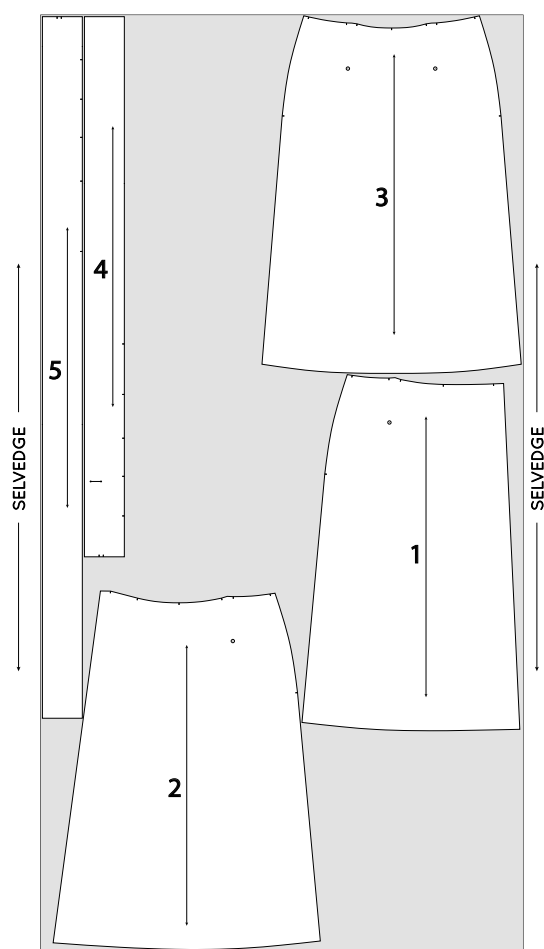
(SIZES A - E)

PIECES TO CUT

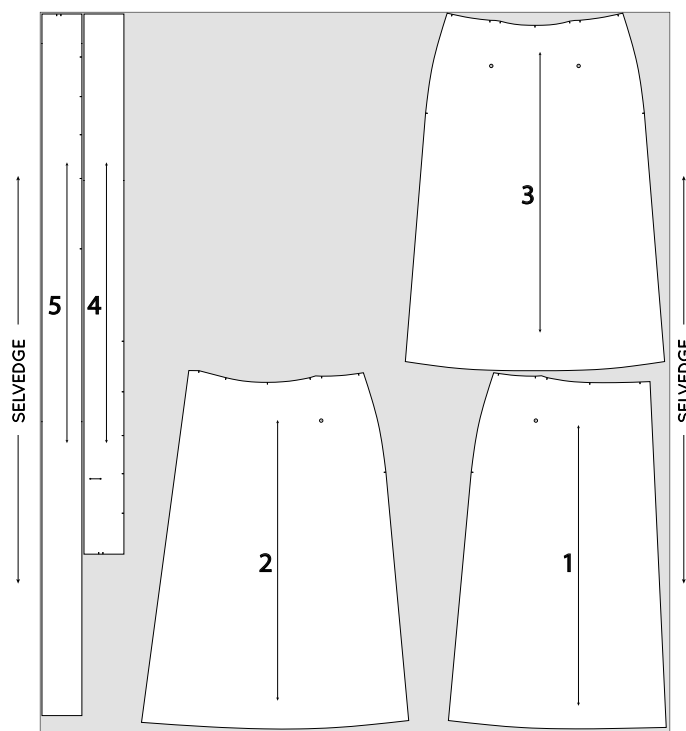
- 1 - Front - Right side wrap - cut 1 right side up
- 2 - Front - Left side wrap - cut 1 right side up
- 3 - Back - cut 1
- 4 - Waist tie - Right side - cut 1 right side up
- 5 - Waist tie - Left side - cut 1 right side up
- 6 - Buttonhole reinforcement - cut 1 interfacing only (optional)

TIP: measure the waist tie pieces for your size and tie something around your waist to imitate the waist tie. Check that it has enough length to get the right sized bow for your taste.

Add extra length to both WAIST TIE pieces [4 + 5] if necessary.



115cm / 45in fabric



150cm / 60in fabric

TIP: Be careful of pattern piece placement if using a printed or directional fabric, noting which pieces need to be laid out right side up, and note the GRAINLINE indicates the CENTRE FRONT and CENTRE BACK.

SUGGESTED CUTTING PLANS

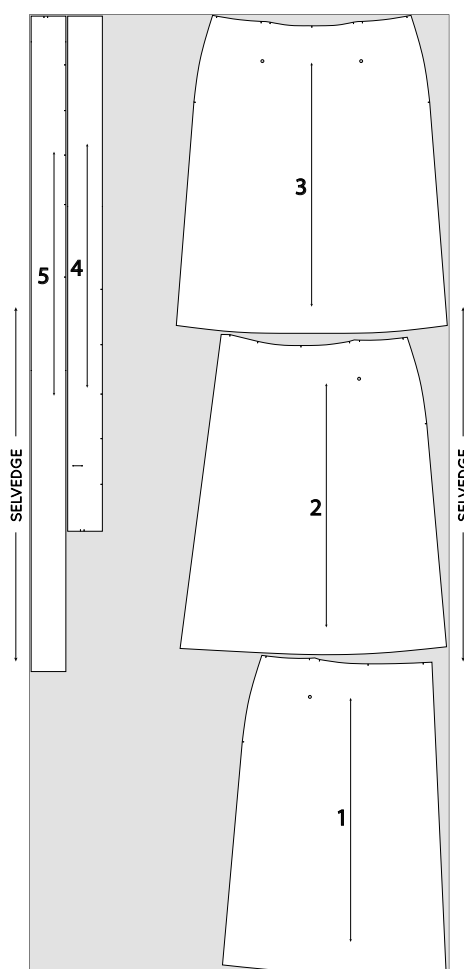
(SIZES F - J)

PIECES TO CUT

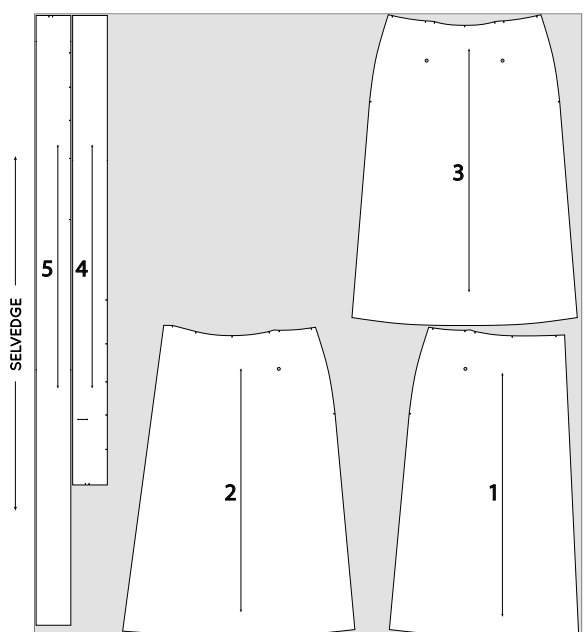
- 1 - Front - Right side wrap - cut 1 right side up
- 2 - Front - Left side wrap - cut 1 right side up
- 3 - Back - cut 1
- 4 - Waist tie - Right side - cut 1 right side up
- 5 - Waist tie - Left side - cut 1 right side up
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115cm / 45in fabric



150cm / 60in fabric

TIP: Be careful of pattern piece placement if using a printed or directional fabric, noting which pieces need to be laid out right side up, and note the GRAINLINE indicates the CENTRE FRONT and CENTRE BACK.

INSTRUCTIONS

ILLUSTRATION KEY



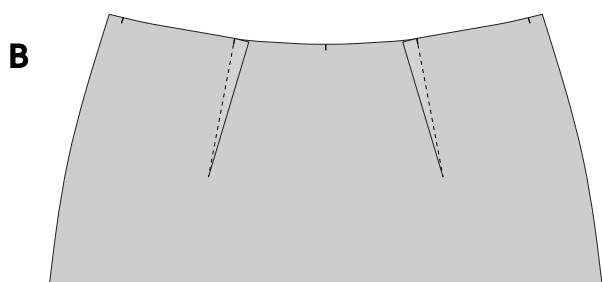
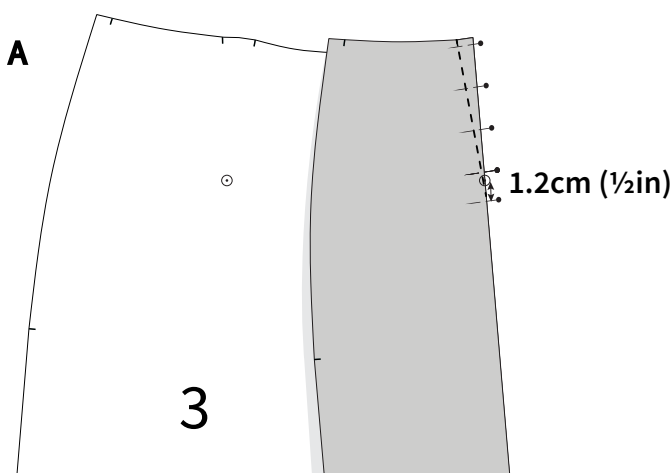
*These instructions guide you through making the **Wrap skirt with french seams**.*

Seam allowances are noted in each step.

*For help with sewing terms, see **GLOSSARY** on p 17.*

Happy Sewing!

SEW DARTS



STEP 1

A Take the BACK [3] and form each dart by matching the notches and folding towards the drill hole - with right sides together. Press in place. Pin from the notches to **1.2cm (1/2in)** beyond the drill hole.

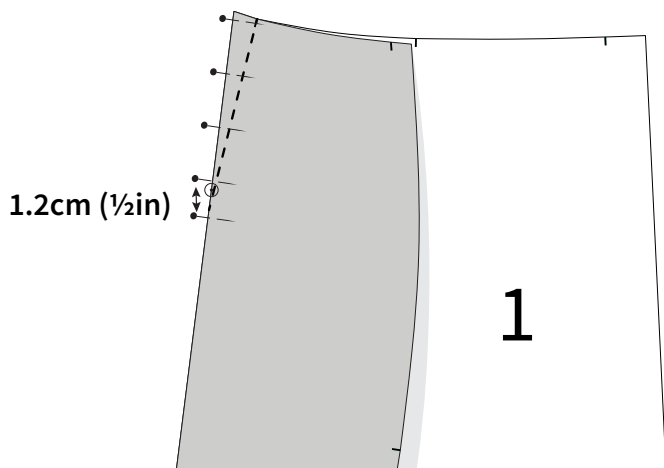
If you like, you can draw in the stitch line with a ruler and erasable fabric pen so that you have a guideline when sewing.

Stitch down the dart to the point beyond the drill hole (this way the drill hole marking will remain hidden inside the dart).

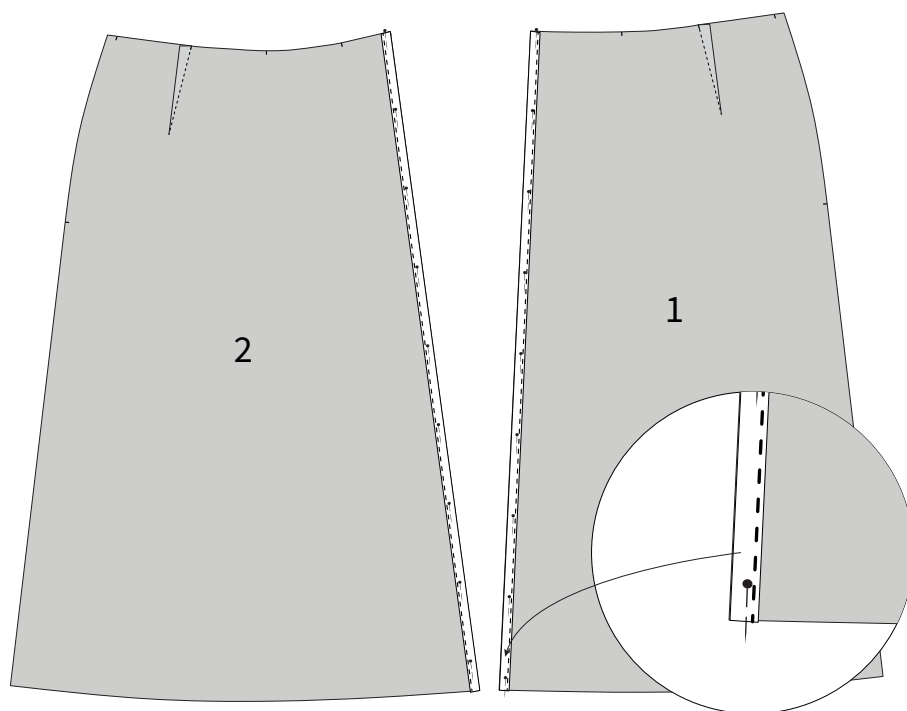
B Press the bulk of each dart towards the centre back and press well from the right and wrong sides.

STEP 2

Take the FRONT - RIGHT SIDE WRAP [1] and with right side together, fold the dart from the notches down to the drill hole and press. Pin, then stitch dart, finishing **1.2cm (1/2in)** beyond the drill hole - as in STEP 1. Press the bulk of the dart towards the side seam. Repeat process for the FRONT - LEFT SIDE WRAP [2].



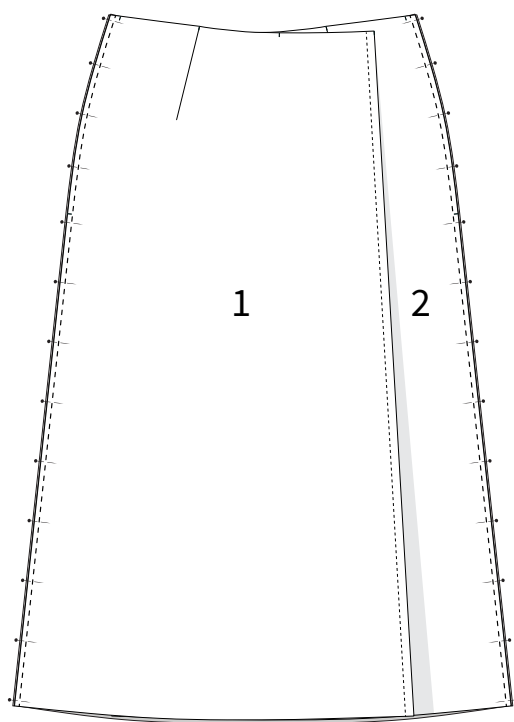
FINISH WRAP EDGES



STEP 3

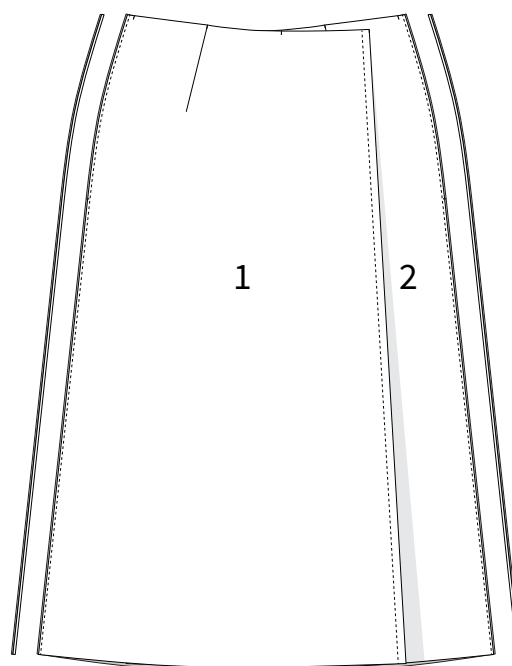
With the FRONT - RIGHT SIDE WRAP [1] and FRONT - LEFT SIDE WRAP [2] right side down, turn back the straight sides on each piece by **1.2cm (1/2in)** and press. Turn back by another **1.2cm (1/2in)**, enclosing the raw edge inside the seam. Press and pin before stitching close to the folded edge to secure.

SEW SIDE SEAMS



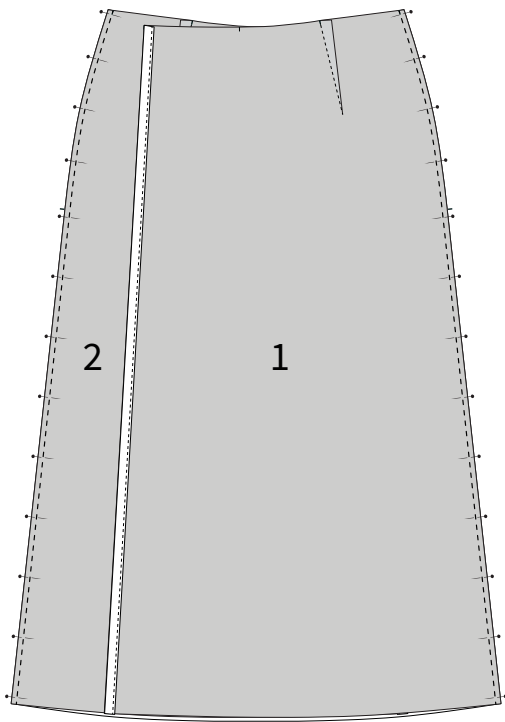
STEP 4

Sew the front and back pieces together with french seams. To do this, with **wrong sides together**, pin the FRONT - RIGHT SIDE WRAP [1] and the FRONT - LEFT SIDE WRAP [2] to the BACK [3] at each side seam. Stitch seams with a **6mm (1/4in)** seam allowance.



STEP 5

Press seam allowance to one side, before trimming down the seam allowance by half (**3mm (1/8in)**).



STEP 6

Turn the skirt inside out and press the side seams flat. Pin the side seams again, this time enclosing the raw edges inside the new seams. Stitch with a **6mm (¼in)** seam allowance.

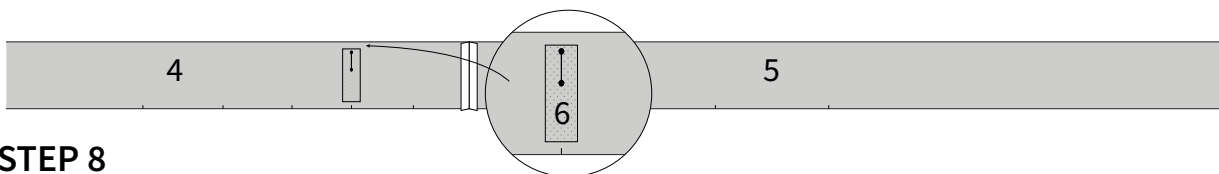
Press seam allowances towards the back of the skirt.

WAIST TIE



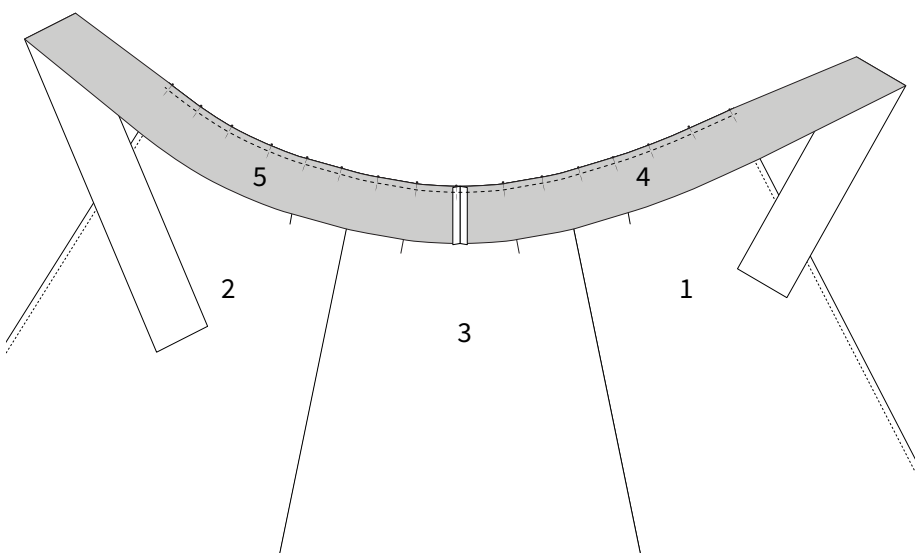
STEP 7

Take the WAIST TIE pieces [4 + 5] and pin together at the centre back seam (the side that has the double notches), with right sides together. Stitch seam with a **1.2cm (½in)** seam allowance. Press seam open.



STEP 8

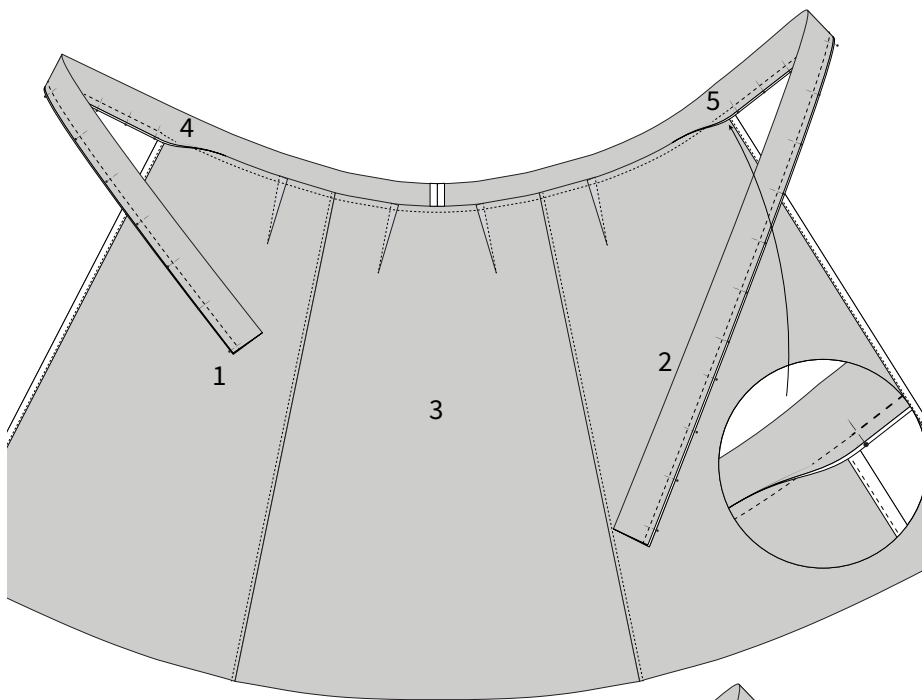
Optional (depending on your fabric): Place BUTTONHOLE REINFORCEMENT [6] interfacing with sticky side down, onto wrong side of WAIST TIE [4] using the marking on the pattern piece as a guide. Fuse in place with a warm iron.



STEP 9

Pin the long edge of the WAIST TIE [4+5] with the notches to the waist of the skirt, with right sides together. Start at the centre back and then use the notches and seam lines to guide you. Stitch with a **1cm (⅜in)** seam allowance.

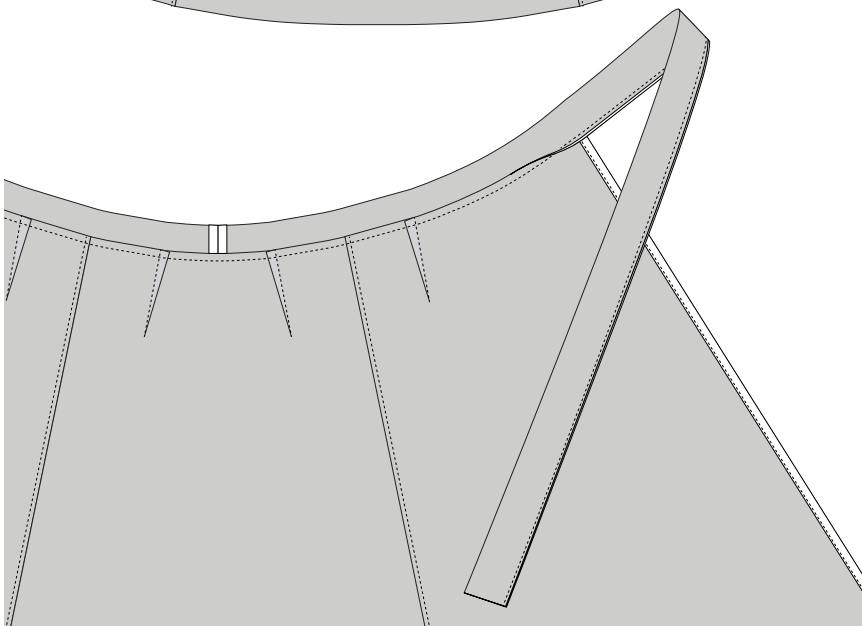
Press the seam allowance up towards the WAIST TIE [4+5].



STEP 10

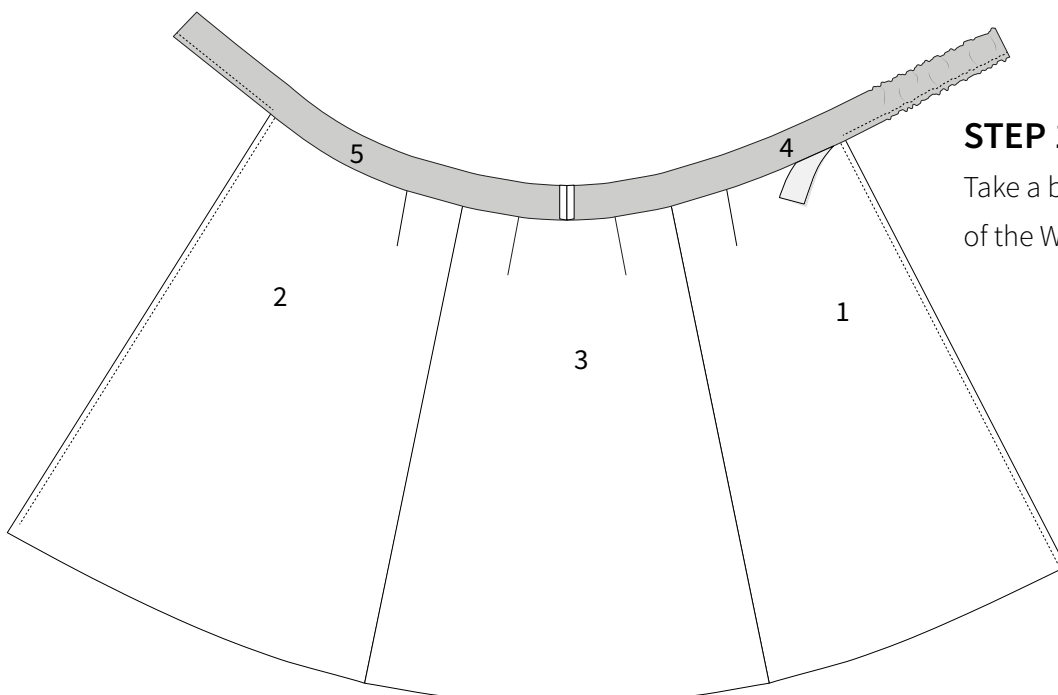
Flip the top of the WAIST TIE [4+5] down so that you can fold it in half on itself and pin along the long open side on each end of the WAIST TIE [4+5]. When you get to the edge of the wrap on each side, fold back the seam allowance on the skirt and pin (this will help you get as close as possible to the wrap).

Stitch WAIST TIE [4+5] closed with a **1cm (3/8in)** seam allowance.



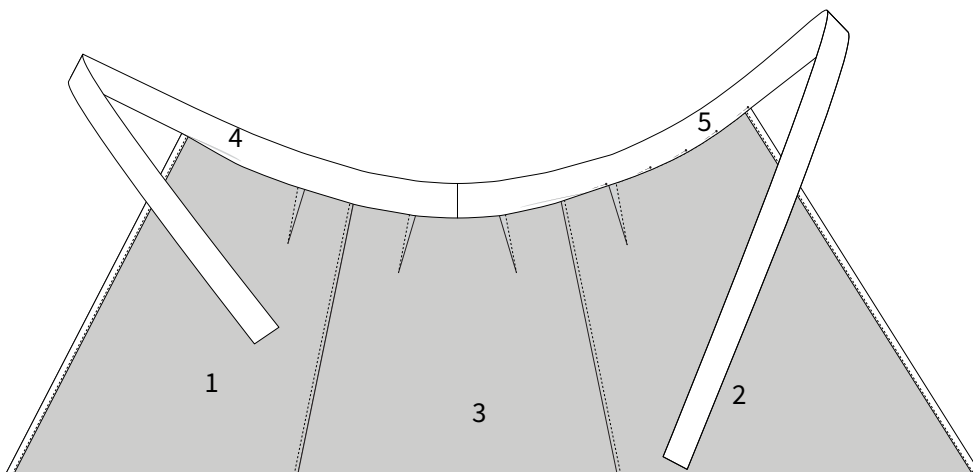
STEP 11

Trim seam by **6mm (1/4in)**.



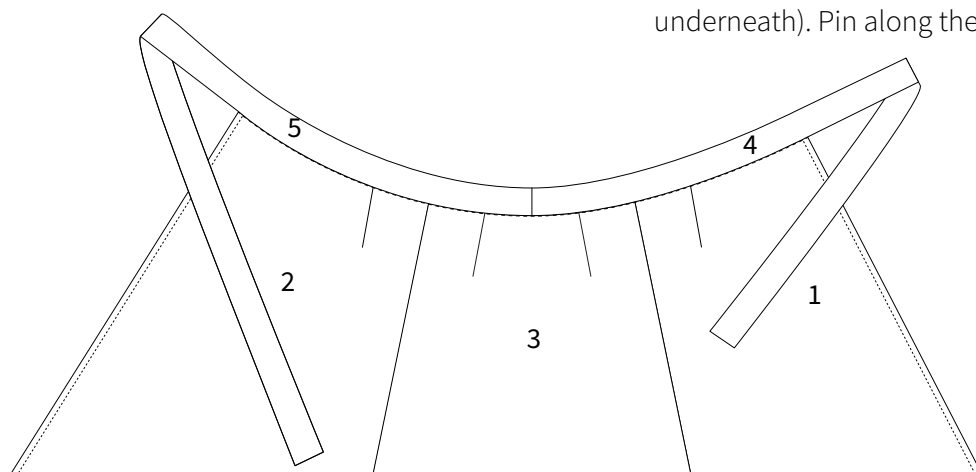
STEP 12

Take a bodkin and turn each end of the WAIST TIE [4+5] right side out.



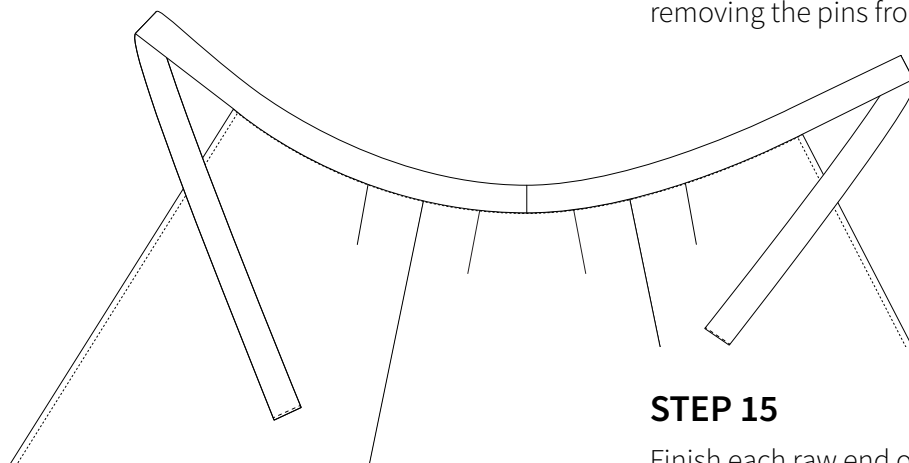
STEP 13

With right side down, press each end of the WAIST TIE [4+5]. When you reach the part that is attached to the skirt, continue pressing so that the WAIST TIE [4+5] is folded in half on itself. Turn the raw edge of the WAIST TIE [4+5] under by **1cm (3/8in)** and then press in place (the folded edge of the waist tie will just cover the stitch line underneath). Pin along the folded edge.



STEP 14

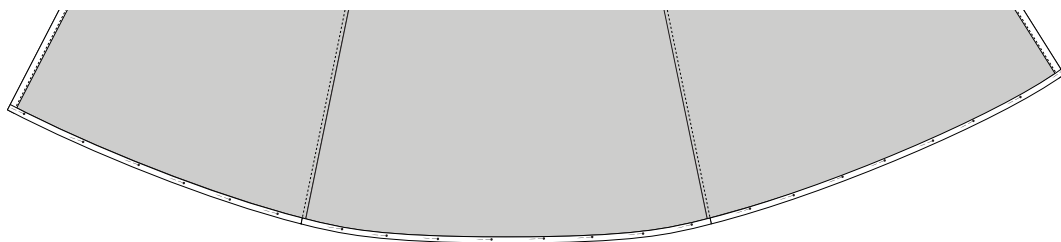
Flip the skirt to the right side and pin through the ditch (the seam line that joins the skirt and the waist tie) before removing the pins from the other side. Stitch in the ditch.



STEP 15

Finish each raw end of the WAIST TIE [4+5] by turning the seam allowance in by **1cm (3/8in)** and pressing. Stitch close to the edge to secure.

SEW HEM



STEP 16

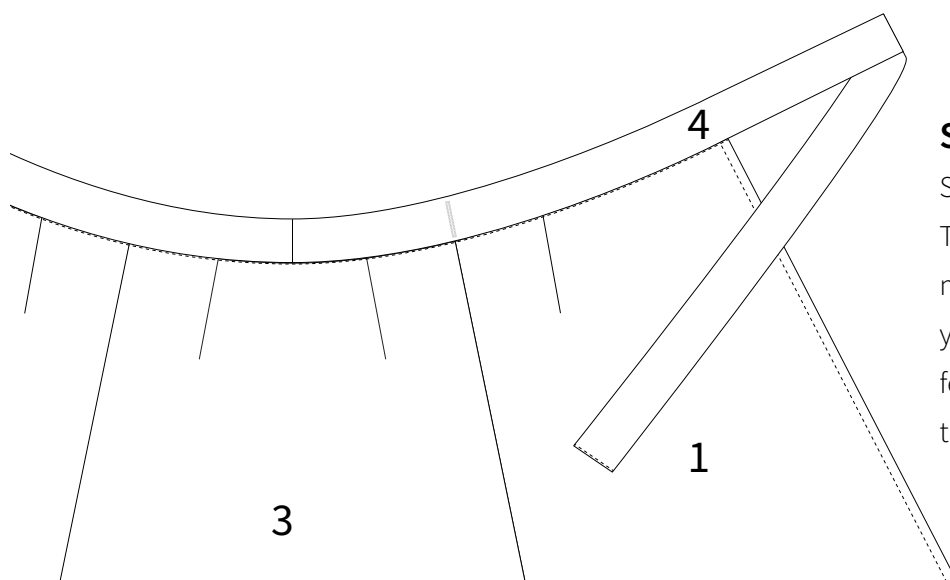
Turn up hem by **1cm (3/8in)** and press. Repeat to enclose the raw edge inside the hem.



STEP 17

Stitch close to the folded edge.

SEW BUTTONHOLE



STEP 18

Stitch a buttonhole on the WAIST TIE - RIGHT SIDE [4], using the marking on the pattern to guide you. Cut buttonhole open and feed the WAIST TIE - RIGHT SIDE [5] through the opening.

Give the skirt a good press and you are ready to wear it!

We'd love to see your **Wrap skirt!**

Find us on Instagram **@peppermintmagazine** and **@inthefolds** and tag your photo with **#peppermintwrapskirt**.

GLOSSARY

BASTE

Sew temporary stitches to hold pieces in place before sewing permanently. Basting can be done by hand or machine (on a long stitch length). Consider using a contrasting thread when basting to make stitches easier to remove later.

CLIP

Snip into the seam allowance (perpendicular to the raw edge) getting close to the stitch line, to help open up curved seams or corners.

DRILL HOLE

Drill holes are small holes marked on a pattern, often used to indicate a dart point or other design feature, such as the location of patch pockets, belt loops or pivot points (any feature that is located in an area where you are unable to notch a seam).

FINISH

Neaten the raw edges of your project using an overlocker, zig-zag stitch or binding.

INTERFACING

A (normally) fusible fabric that is used to stiffen or strengthen fabric, in certain parts of a garment. It is often used in collars, cuffs and button plackets.

GRADE SEAM ALLOWANCES

Minimise bulk by trimming down raw edges in varying widths. Trim down the seam allowance that will sit closest to the body close to the stitch line. Trim the next layer, leaving a slightly wider seam allowance than the first, and so on until all layers are trimmed back.

NOTCH

A notch is a small cut in the fabric that helps guide you while you are sewing. It can be used to indicate seam allowance, dart arms, the location of design details or indicate key points on the pattern (like the centre front or centre back). Notches are also used to indicate balance points (points on your pattern that help you sew the right pieces together, as well as help you when you are sewing long or curved seams).

PRESS

Use an iron to press seams flat, using steam (if appropriate for your fabric).

RIGHT SIDE / WRONG SIDE

The right side of the fabric is the side you would like to see on the outside of the finished garment, while the wrong side is the side that will be hidden inside the garment.

TRIM

Cut back a seam allowance to make a seam easier to manage or less bulky.

SEAM ALLOWANCE

The space between the stitch line and the raw edge of the fabric. Seam allowances are included in this pattern and are noted on the pattern pieces and throughout the instructions.

STAYSTITCH

Staystitching is a line of stitching inside the permanent stitch line (so it remains hidden inside the seam allowances) that is used to reinforce curved and bias cut seams, so that they do not stretch or distort during the sewing process.

UNDERSTITCH

Understitching is when the seam allowance is stitched to a facing or binding, close to the seam edge. This helps the facing, binding (or similar) roll to the inside of the garment, preventing it from being seen on the outside of a garment.

WOOHOO! YOU HAVE FINISHED YOUR WRAP SKIRT!

WE'D LOVE TO SEE
WHAT YOU'VE MADE.

*Find us on Instagram @peppermintmagazine and
@inthefolds and tag your photo with
#peppermintwrapskirt*

LOVE YOUR SKIRT?

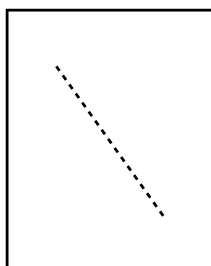
*There are plenty more patterns available at
www.inthefolds.com +
www.peppermintmag.com/sewing-school/*

PATTERN IS FOR INDIVIDUAL USE ONLY

Purchase of this pattern entitles you to print and copy the pattern for individual home use only. You can make the garment for yourself or as a gift.

It does not entitle you to print, copy or distribute the pattern to others, whether you profit from it or not, nor to sell garments that you have made from this sewing pattern.

Thank you for respecting the rights of the designer.



IN THE
FOLDS

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MADE WITH LOVE IN
SYDNEY, AUSTRALIA