

Peppermint



The Fabric Store

PATTERN
RUNWAY

HARVEST TOP # 1203

This little top is quick and easy to sew; stylish, versatile, and looks ever so good from jeans and shorts, to your favourite skirts. With a slightly dropped shoulder, a button through back, this relaxed fitting top has centre panel that can be cut in a contrast fabrics or follow our lead and cut your fabric on the cross grain. The Harvest top finishes at the hip.

SUGGESTED FABRICS: Lightweight to medium weight fabrics with a soft drape; cottons, cotton blend, shirtings, light weight linen.

TRIMS: 5 x Buttons, lightweight fusing such as a tricot weft, or sheer weft fusible.

SEWING LEVEL: Intermediate.

Seam Allowances & Hems:

All seams are **1cm / 3/8"**. Except Neckline and centre back opening; **6mm / 1/4"**

Size Chart:(cm)	36	38	40	42	44
Bust	84	88	92	96	100
Waist	66	70	74	78	82
Hip	90	94	98	102	106

Size Chart:(inch)	36	38	40	42	44
Bust	33	34 1/2	36 1/4	37 3/4	39 1/2
Waist	26	27 1/2	29	30	32 1/4
Hip	35 1/2	37	38 1/2	40 1/4	41 3/4

Finished Garment Measurements:

	36	38	40	42	44
Length in cm	60	60.5	61	61.5	62

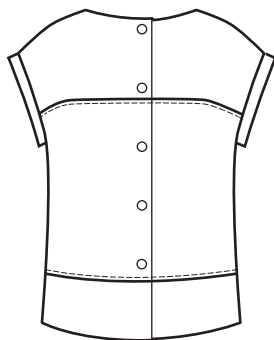
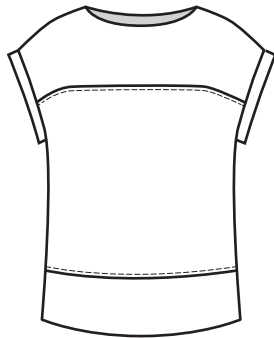
Measurement from Shoulder to Garment edge.

Fabric Requirements:

MAIN - M / YD	ALL SIZES
Fabric 150cm / 60"	1.5M / 1 2/3 YD
Fabric 115cm / 45"	1.8 M / 2 YD

LIGHTWEIGHT FUSING

All Sizes	0.5 / 1/2 YD
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BEFORE STARTING YOUR PROJECT:

Read all instructions carefully before starting on your project. Pattern Runway uses industrial sewing methods where appropriate to assist you in constructing a professional product, please note that some instructions will differ to traditional home sewing methods. We believe industrial methods will assist you in completing a perfect garment and in the quickest time.

We recommend pre shrinking all fabric by washing and drying it before you cut out your pattern, unless fabrics are dry-clean only such as suiting and wool.

We also recommend that you pre shrink any trims before using.

Make any pattern alterations such as lengthening or shortening before cutting your fabric.

Transfer all pattern markings to the wrong side of the fabric before removing the pattern pieces unless indicated. Consult the Pattern marking guide over the page.

Seam allowances for all wovens are **1cm / 3/8"** unless otherwise indicated.

Neaten seams using a Overlocker or a regular zigzag stitch.

We recommend that you press all seams as you go. Seams on woven garments in the fashion industry are always neaten together and pressed flat, then pressed towards the back. Alternatively you may wish to neaten seams separately and press open.

GLOSSARY:

Backstitch: Sew in reverse for a maximum of 3 stitches, at the beginning and end of sewing every seam. This will prevent the stitches from coming undone.

Gathering stitch: Adjust your stitch length to the longest length on your sewing machine, usually around 4mm and loosen the sewing tension if necessary, stitch 1cm / 3/8" from the raw edge, then stitch again a small distance away from the first stitching, towards the raw edge. Pull both bobbin threads to gather the fabric to desired length, distributing the fullness evenly between start and finish, secure ends of threads by winding in a figure 8 around a pin inserted in the fabric. Once seams have been stitched remove gathering threads (if visible).

Neatening the Seams: Stitch a zig zag stitch over the raw edges of seam allowance, seams can be neaten together. Press towards the back of garment, an Overlocker/Serger can also be used.

Edgestitch: From the right side of the garment stitch a straight stitch close to the seam.

Topstitch: Sew a straight stitch on the outside of the garment parallel to the seam edge, usually 6mm / 1/4" away from seam, edge or previous stitching or as indicated.

Understitch: Press facing or lining away from garment and press the seam allowances towards the facing or lining. In the facing or lining, right side up, edgestitch close to the seam, this is to keep the lining or facing on the inside of garment and prevent it rolling to the right side.

CREATING A PERFECT FIT:

How to Choose your Size:

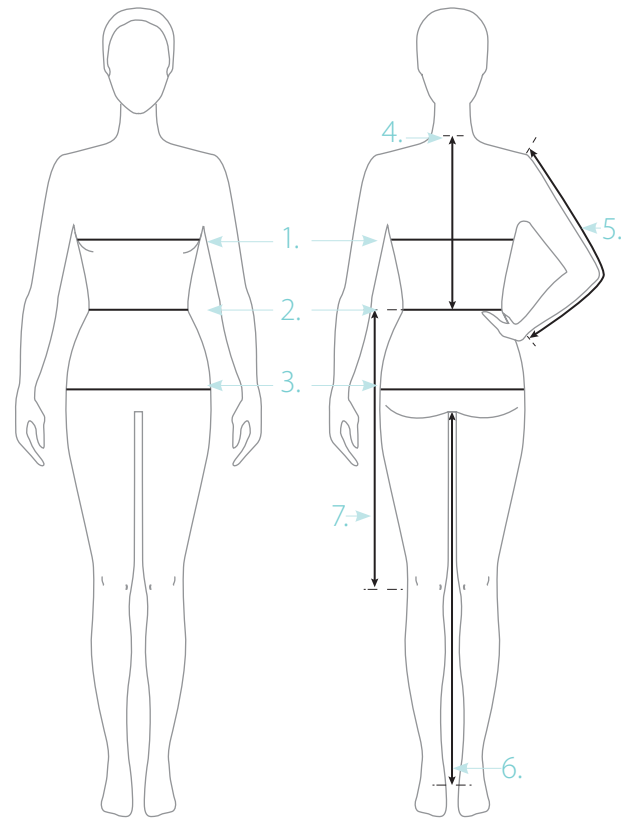
Choose your size by comparing your body measurements with those on our size chart and choose the size that closest matches your measurements. If your body measurements are in between sizes, we recommend that you choose the larger size, as its much easier to make a garment smaller! If your measurements are only slightly different than our size chart, then choose the closest size as all our patterns include wearing and style ease.

PLEASE NOTE: *that the size chart is not the finished garment measurements.*

We recommend that you also measure your body length and compare to the finished length measurements given. To achieve a perfect, individual fit, you may need to adjust patterns in length.

How to Measure the Body:

- 1. Bust:** Measure around the back, under the arms and across the fullest part of the bust. Tape measure should be flat against the figure, straight across the back and not too tight.
- 2. Waist:** Measure around the waist, with the tape measure flat against the figure and snug but not too tight.
- 3. Hips:** Measure over the fullest part of the hips, usually 23cm / 9" down from the waist. The fullest part of the hip maybe higher or lower depending on the individual figure.
- 4. Back-Waist Length:** Measure from the nape of the neck, top of the back bone, to the natural waist.
- 5. Sleeve Length:** With the hand on the hip, Measure from the shoulder bone to the wrist.
- 6. In-Seam:** Measure from the Crotch to the desired hemline. *(you may need a friend to take this measurement accurately)*
- 7. Skirt Length:** Measure from the waist to the desired length, *(you may need a friend to take this measurement accurately)*



MY MEASUREMENTS:

Bust: _____

Waist: _____

Hips: _____

Back-Waist length: _____

Sleeve Length: _____

In-Seam: _____

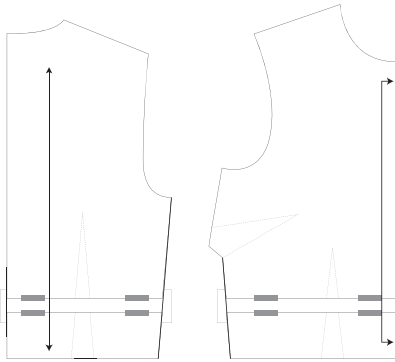
Skirt Length: _____

LENGTHENING / SHORTENING:

Compare your length measurements with your selected size finished length measurements to determine the amount of adjustment needed.

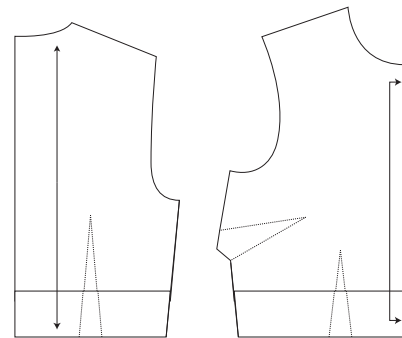
To Lengthen a Bodice:

Cut pattern along the lengthen shorten lines. Place a piece of paper under one pattern piece and tape in place. Extend the grainline on to the paper. Draw a parallel line on the paper, the measurement needed to add length. Tape the other part of the pattern, aligning the grainline and matching the edge along your drawn line, and tape in place. Connect the lines at the side and re draw the dart legs.



To Shorten a Bodice:

Draw a line on your pattern piece the measurement of the decrease, parallel to the lengthen shorten line. Cut the pattern apart along the lengthen shorten line and overlapp the pieces to the drawn line. Tape in place. Re-draw the sides of the pattern piece, blending the line where needed, re draw the dart legs.



PATTERN SYMBOLS:

←→ **Grainline:** When placing your paper pattern pieces on your fabric, the grain line or arrow must lie parallel to the selvages (woven edges) of the fabric.

↪ **Place on Fold:** A grainline marking, indicating that this line is placed on the fold of the fabric. Do not cut this line.

● **Dots:** Marks end of dart points, pocket placements, clip marks, etc, transfer markings to wrong side of fabric via, erasable marker, piecing the fabric with an awl or tailors chalk.

┌ **Notches:** Clip into the fabric where these markings are. These marks indicate matching points for pattern pieces, gathering directions and alignment directions. Make sure to clip no deeper than the notch marking and clip all notches as sewing instructions make reference to these marks.

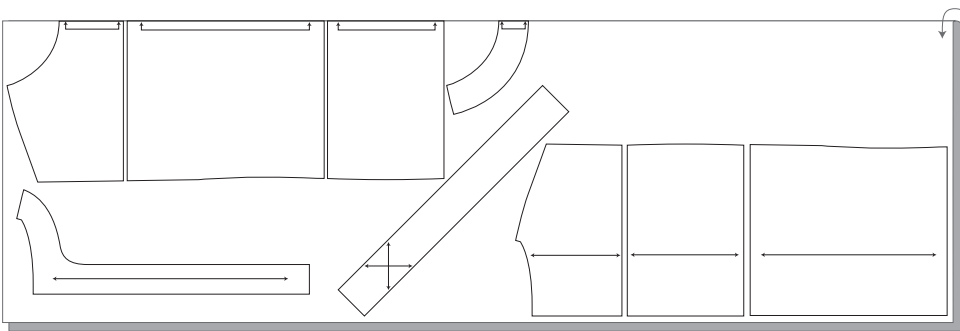
× **Button / Snap**

┌ **Buttonhole**

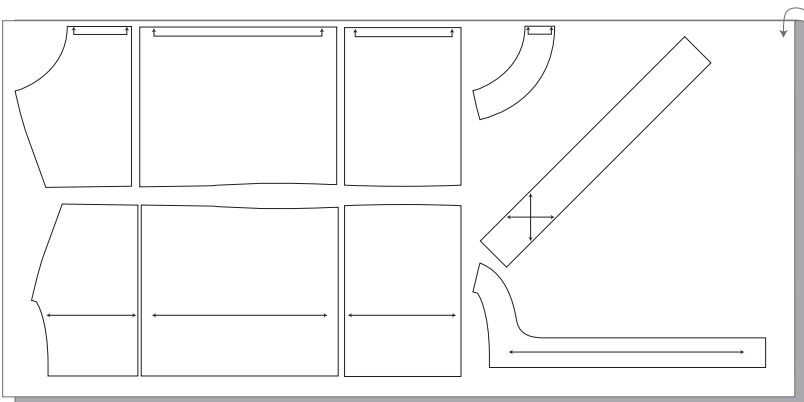
CUTTING INSTRUCTIONS:

Cutting layouts show approximate position of pattern pieces all on the straight grain; fabric is folded with selvages together, lengthwise. Position may vary slightly according to pattern size. Lines shown are cutting lines and include all seam and hem allowances.

NARROW FABRICS: 115cm / 45" all sizes

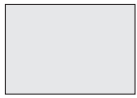


WIDE FABRICS: 150cm / 60" all sizes



SEWING INSTRUCTIONS:

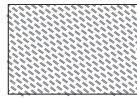
Key:



Right side



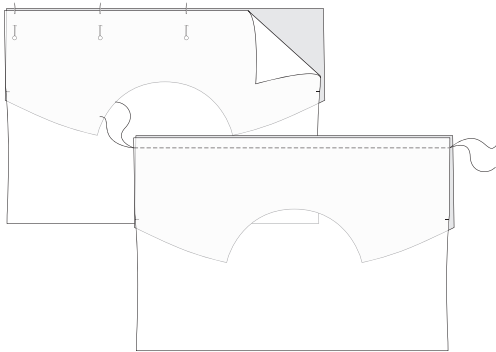
Wrong Side



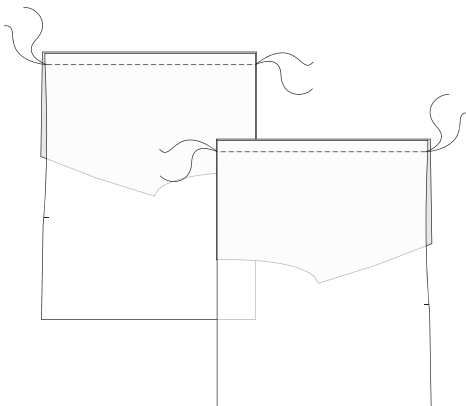
Fusing/Interfacing

1. Joining the Panels:

Align and pin centre front panel to front top right sides together, stitch with a 1cm / 3/8" seam.

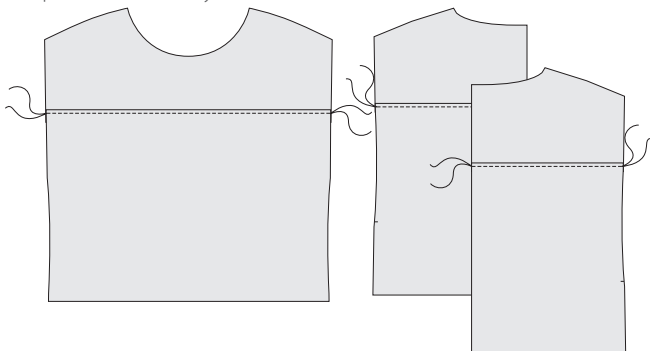


Align and pin each center back panel to corresponding back top right sides together, stitch with a 1cm / 3/8" seam.



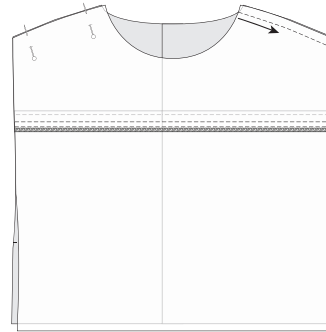
Neaten edges together with your preferred method, press seams down, towards hem.

Working from the right side of the garment, topstitch centre panel, 6mm away from seam.



2. Joining the Front to the Back:

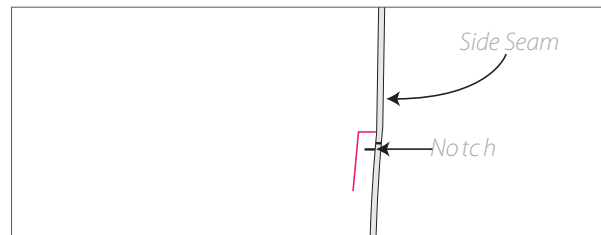
Shoulders: With right sides together, place front top over back top, align and pin shoulders. Stitch a 1cm / 3/8" seam.



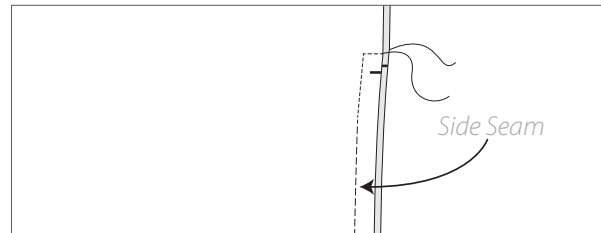
TIP: When sewing shoulder seams always begin at the neck and sew to the edge to prevent the shoulder stretching out of shape.

Neaten edges together using your preferred method and press seams towards the back of the garment.

Side seams: With right sides together, align and pin the side seams. Using a fabric marker, mark a right angle 1cm above the **Notch** and 1cm in from the raw edge as shown below.

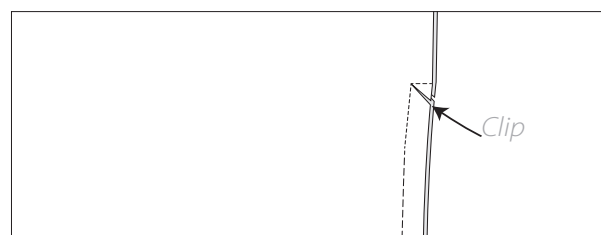


Stitch the side seams beginning at the marked right angle, pivoting at the corner to then continue sewing the side seam.



TIP: to make the right angle more secure, we begin sewing with a shortened stitch length then once 1.5 cm past the notch, lengthen stitch length as normal.

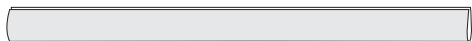
Clip into the side seams on the diagonal as shown, to assist in garment turning and to create the armhole.



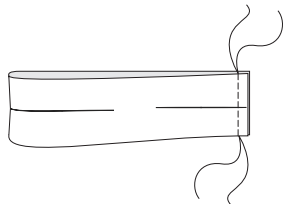
Neaten side seam edges together, from below the notch, using preferred method, press seams towards the back of garment.

3. Sewing the Sleeve Bands:

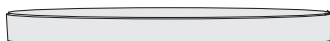
Fold sleeve bands in half lengthwise, wrong sides together and press.



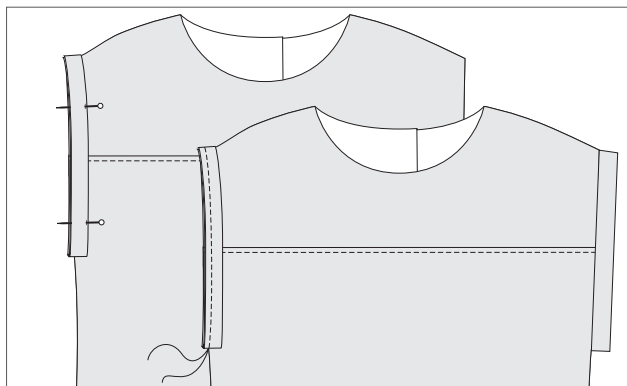
Unfold and with right sides together stitch the short ends of each sleeve band, press seam open without neatening and trim seam allowance to reduce bulk.



Re-fold the previously pressed long edge.

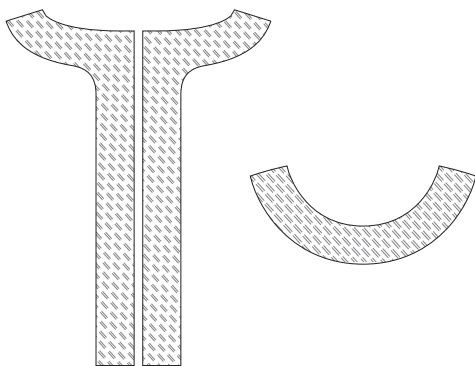


Working from the right side of the garment, place sleeve band over the armhole, aligning raw edges. Align sleeve band seam with the side seam of the garment. Pin and stitch with a 1cm / 3/8" seam. Neaten edges together in your preferred method and press seams up into the garment.

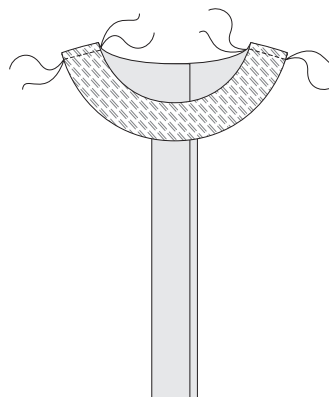


4. Attaching the Neck Facings:

Fusing: Apply fusing to the front and back neck facings.

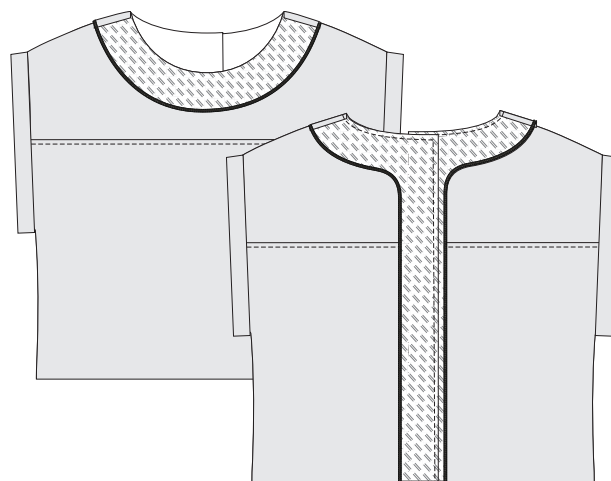


With right sides together, place front neck over back neck pieces, align and pin shoulders. Stitch a 1cm / 3/8" seam.



Press seams open, neaten each edge using your preferred method. Neaten the lower edge of the facing.

Place facing onto garment, right sides together, align shoulder seams and raw edges. Stitch center back opening and neckline with a 6mm / 1/4" seam.

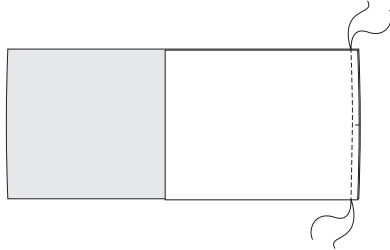


Trim corners of seam allowances, and trim allowances where seams over lap to reduce bulk. Turn facing out flat with the seam allowances pressed into the facing.

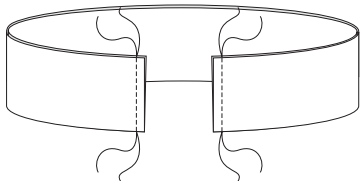
Understitch the facing through all seam allowances, stitch as close to the center back neck as you can get. Turn facing to inside and press flat.

8. Attaching the Hem Band

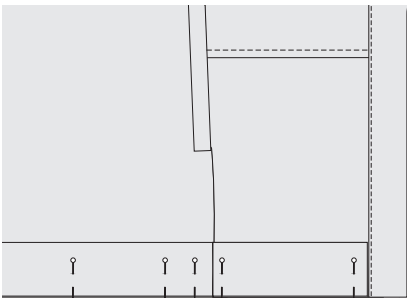
Align and pin front hem band to back hem bands; aligning notches and with right sides together, stitch with a 1cm / 3/8" seam. Press seams open without neatening and trim to reduce bulk.



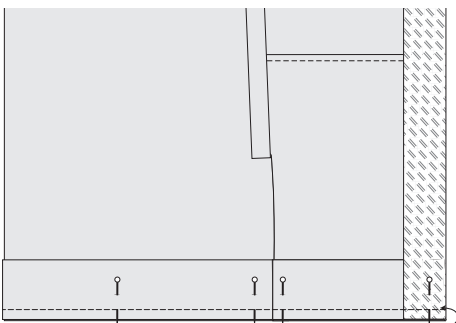
With right sides together fold hem bands in half lengthwise, stitch the ends with a 1cm / 3/8" seam. Trim corners and turn right side out.



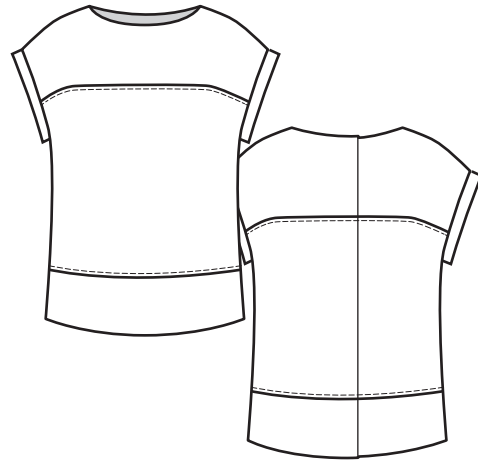
Working from the right side of the garment, unfold facings, align and pin hem band to bottom edge of the garment, match seams and edges.



Fold facing over hem band as shown below; stitch with a 1cm / 3/8" seam, trim corners. Turn facings back to inside and turn hem band down. Neaten edges together with your preferred method, press seams up into the garment.



Working from the rightside of the garment, topstitch centre panel, 6mm away from seam.

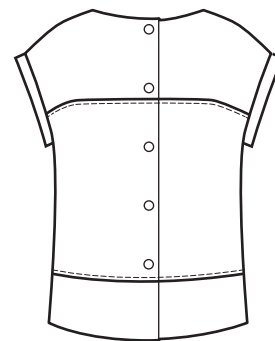


9. Garment Finishing:

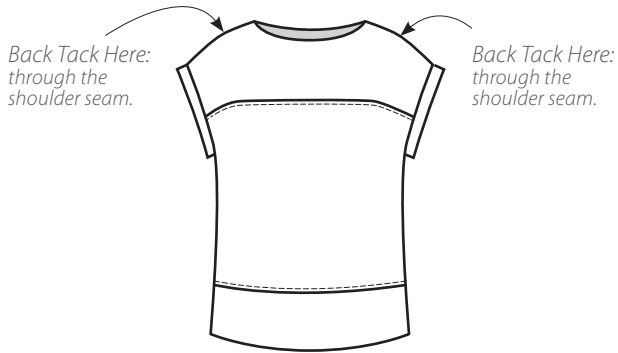
Button Holes and Buttons: Working from the right side of the garment, mark the beginning of the first button hole, as marked on the pattern, on the left back neck. Mark the last button hole as marked on the pattern on the left center panel. Space out the remaining 3 buttons evenly between these two. Create the buttonholes according to your machine.

Open the buttonholes using a button hole cutter.

Over lap the left back over the right back by 3cm / 1¼", align neckline and hem, pin in place if needed. Using a fabric marker, mark the placement of the buttons on the right back with a dot, in the center of each buttonhole. Sew buttons on the right side.



Neck facing: to assist the neck facing in staying put on the inside of the garment, sew a backtack through the shoulder seam where facing ends.



Give your gorgeous new top a final press and either wear it out or hang it up and admire!

Thanks for sewing this project we hope you enjoyed it and enjoy wearing it even more. For more gorgeous patterns visit our website: www.patternrunway.com—see ya over there.

Peppermint



PATTERN
RUNWAY

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Fall in love with HandMade

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