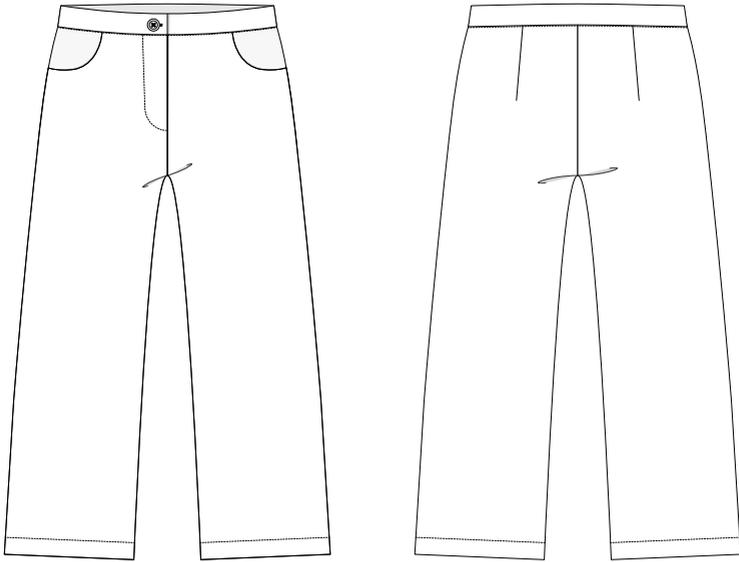


# Peppermint

M A G A Z I N E



WIDE LEG PANTS / ISSUE 38

SKILL LEVEL



IN THE  
FOLDS

## CONTENTS

ABOUT IN THE FOLDS PATTERNS	3
GARMENT OVERVIEW (INCLUDING FABRIC SUGGESTIONS AND NOTIONS)	4
SIZING + GARMENT MEASUREMENTS (INCLUDING FABRIC REQUIREMENTS)	5
PRINTING THE PATTERN	6
PRINTING PLAN	7
CUTTING YOUR FABRIC	8
SUGGESTED CUTTING PLANS	9-10
INSTRUCTIONS	11
GLOSSARY	24
REFLECTION	25

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We're super excited to bring you these patterns in partnership with the lovely people at **The Fabric Store**. With a passion for all things sewing, they stock an incredible range of fabrics – think quality linen, silk, cotton, merino and even leather – at their Sydney, Melbourne, Brisbane and New Zealand stores, as well as a small selection online.

*The Fabric Store*

## ABOUT IN THE FOLDS PATTERNS

**In the Folds** patterns are designed to inspire and encourage modern makers to create garments that are beautiful both inside and out. Through selected techniques and construction details, **In the Folds** aims to encourage thought-provoking and memorable making experiences - helping you enjoy each stitch in the process.

Techniques may differ slightly to the home sewing methods you are used to, but in some cases industrial finishes will give you the cleanest and most professional finish.

Seam allowances are marked on each pattern piece and detailed in each step.

You will notice that in some cases the seam allowances meet each other at different angles at the end of the seam. This is so that when you press the seam allowances open the seams will sit flush with the edges and will help you get a really clean finish.

### SLOW SEWING

In the Folds patterns are designed to include thoughtful details and interesting techniques so that you can enjoy the process of making the garment as much as the end result.

If we slow down and take in every stitch, we can better our skills, appreciate the amazing things we can do with our hands, understand the process more fully and create garments that will be worn, loved and cared for long into the future.

We'd love to see your work in progress. Find us on Instagram @inthefolds and @peppermintmagazine and tag your photos with #peppermintwidelegpants

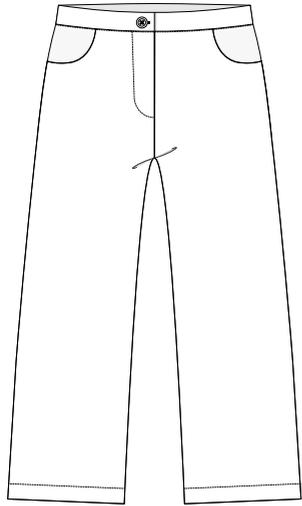
*Happy sewing!*

### THE ENVIRONMENT

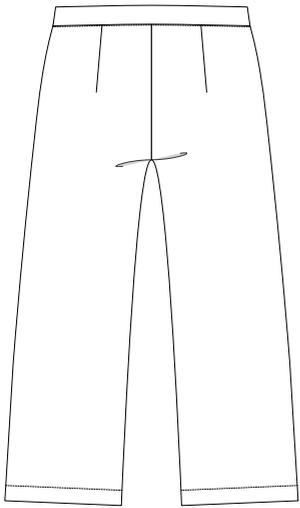
Consider using fabric from your stash before going to buy something new. I dare you.

You might be surprised by what you find there. Before selecting your fabric, really think about how this garment will fit into your wardrobe and how you plan to care for it. Choose a fabric that fits the bill.

## GARMENT OVERVIEW



FRONT VIEW



BACK VIEW

GARMENT DETAILS

The **Wide Leg Pant** is a high waisted pant with fly front and button closure, shaped waistband, back darts and curved pocket. The pants are drafted to be fitted around the waist and hips, before dropping into a wide legged, slightly cropped pant.

FABRIC SUGGESTIONS

The **Wide Leg Pant** is compatible with medium to heavy bottom weight fabrics with no stretch. Consider using: cotton twill, linen, corduroy or denim.

NOTIONS

- Coordinating thread
- 1 x 24mm (7/8") Button
- 18cm (7in) standard zip (trouser or dress zip)
- Mid weight iron on fusing for the waistband (if your fabric requires it) - approximately 30cm (0.5yds)

## SIZING + GARMENT MEASUREMENTS

### NOTES ON FITTING

The pattern is nested so that you can grade between sizes if necessary. Simply print the sizes you need and draw a diagonal line between the sizes to grade between them. The pattern is drafted for height of 170cm (5'7"). There are 'Lengthen / shorten' lines on the pattern, if required.



### REQUIRED MEASUREMENTS

#### BODY MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J
<b>WAIST</b>	61cm 24"	66cm 26"	71cm 28"	76cm 30"	81cm 32"	86cm 34"	93.5cm 37"	101cm 39½"	108.5cm 42½"	116cm 45½"
<b>HIP</b>	84cm 33"	89cm 35"	94cm 37"	99cm 39"	104cm 41"	109cm 43"	116.5cm 46"	124cm 49"	131.5cm 51½"	139cm 54½"

#### FINISHED GARMENT MEASUREMENTS

	A	B	C	D	E	F	G	H	I	J
<b>WAIST</b>	64cm 25¼"	69cm 27¼"	74cm 29¼"	79cm 31¼"	84cm 33"	89cm 35"	96.5cm 38"	104cm 41"	111.5cm 44"	119cm 47"
<b>HIP</b>	89.5cm 35¼"	94.5cm 37¼"	99.5cm 39½"	104.5cm 41½"	109.5cm 43½"	114.5cm 45½"	122cm 48"	129.5cm 51"	137cm 63½"	144.5cm 56½"
<b>LENGTH (INSEAM)</b>	65.3cm 25¾"	65.4cm 25¾"	65.5cm 25¾"	65.6cm 25¾"	65.7cm 25¾"	65.8cm 25¾"	66cm 26"	66.2cm 26"	66.4cm 26½"	66.6cm 26¼"

#### FABRIC REQUIREMENTS

	A	B	C	D	E	F	G	H	I	J
<b>115cm 45"</b>	2.4m 2.7yds	2.4m 2.7yds	2.5m 2.8yds	2.5m 2.8yds	2.6m 2.9yds	2.7m 3yds	2.8m 3.1yds	2.8m 3.1yds	2.8m 3.1yds	2.9m 3.2yds
<b>150cm 60"</b>	2m 2.2yds	2m 2.2yds	2m 2.2yds	2m 2.2yds	2m 2.2yds	2m 2.2yds	2.4m 2.7yds	2.2m 2.4yds	2.4m 2.7yds	2.5m 2.8yds

# PRINTING THE PATTERN

## PAPER SIZE

This pattern can be printed on both A4 or US letter-sized paper. There is also a full sized version included so that, if you'd prefer, you can get it printed on full sheets (2 x A0) at your local copy shop.

## LAYERS

This pattern has embedded layers. This means that you can select only the size/s you would like to print.

Layers make it much less confusing to cut out the pattern, and also saves on ink (and paper in some cases).



Open the pattern in Adobe Reader and click on the 'layers' option on the left hand side. There will be an eye next to each layer in the pattern. Turn off (by clicking) all the layers you do not need.



Please note, at the time of publishing, layers are not available on Preview (Mac). You will need to install Adobe Reader to access this feature.



**Please note :** The 'PATTERN INFO' layer needs to be on for all sizes.

## SCALING

Open the pattern in Adobe Reader. Before printing the file, you will need to check the scaling settings on your printer. The pattern needs to be printed at its true scale. To do this, go into your print settings and select 'actual size' or set page scaling to 'none' or 'turn off page scaling.'

Print only Page 1 of the pattern, and check that the large test square measures 5cm x 5cm, or the smaller one measures 1in x 1in. It really needs to be precise, so if it is not quite right, you will need to go back and check your printer settings again.

## PRINT

When you have the scaling right, print the remainder of the pattern. Depending on the size/s you need, you may not need to print all the pages.

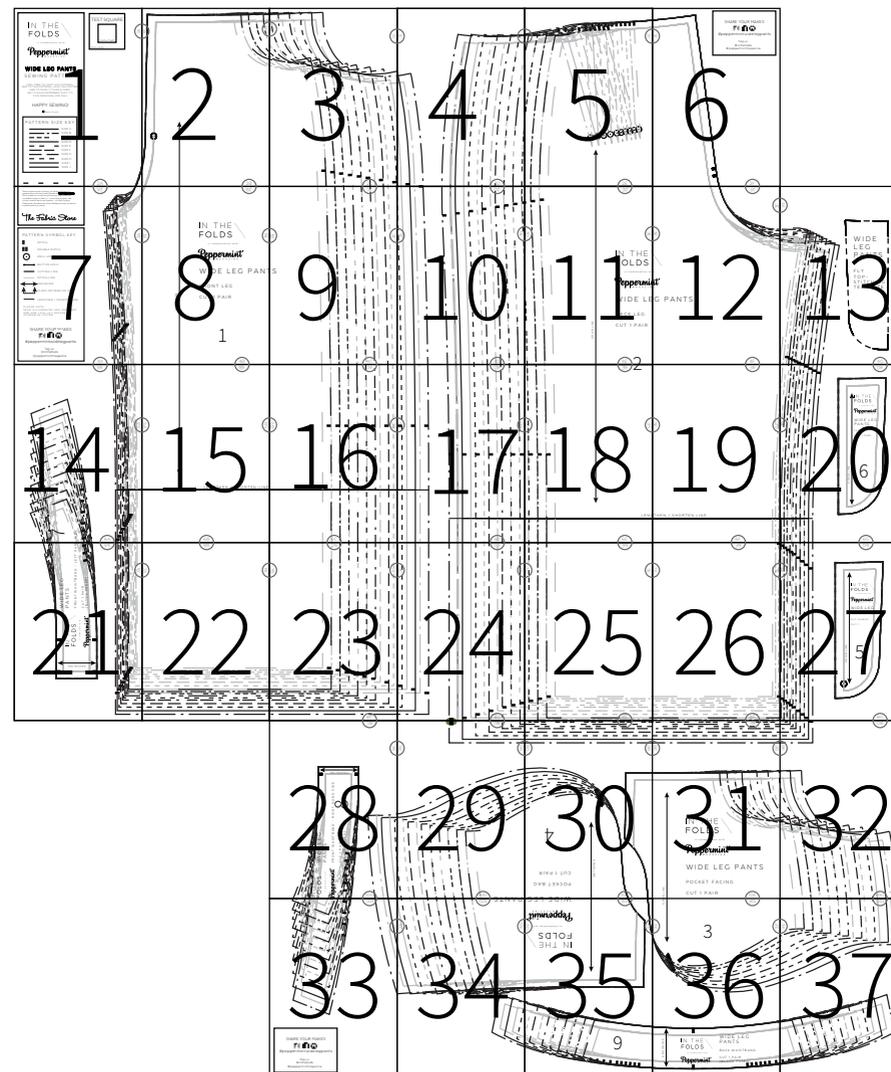
There is a printing plan on p. 7.

**Please note:** When printing from Adobe Reader, make sure the print orientation is set to "Auto portrait / landscape" - this will ensure the border of each page will be printed.

## ASSEMBLE

Cut around the border of each page - one long side and one short side (keep your choice of sides consistent between pages). Align the circles so that 1A matches up to 1A, 2A with 2A etc, and tape or glue in place. Use the printing plan on p. 7 as a reference, if required.

# PRINTING PLAN



## CUTTING YOUR FABRIC

*Wash and dry your fabric. Use the method you intend to use when washing your garment so it doesn't shrink after its first wash! Give your fabric a good press before cutting.*

Take your pre-washed fabric and fold it in half lengthways, with right sides together, on a cutting table or other flat surface. Bring the selvages (woven edges of the fabric) together and smooth out any wrinkles. By folding the fabric in half, you will be able to cut two pieces at the same time.

Take your pattern pieces and lay them on your fabric, with the grainline of each pattern piece running exactly parallel to the selvedge (use a tape measure to measure from each end of the grainline, ensuring your pattern piece is on grain). Use the cutting plans on p. 9 as a guide.

If a pattern piece asks for 'CUT 1 ON FOLD' - align the fold line on the pattern piece with the fold of the fabric, so that you will be left with a full pattern piece once cut.

Use weights or pins to hold the pieces in place. Carefully cut out each piece. Be sure to transfer all pattern markings onto your fabric.

To mark a notch, snip into the fabric **5-6mm (1/4in)**. Mark drill holes with tailors chalk on the wrong side of the fabric or a single stitch in a contrasting thread (by hand).

## TIPS

- Take notes of any changes you make to the pattern as you go. This will help you when you use the pattern again (there is a section for this on p. 25).
- Enjoy the process! It's not a race to the end.

## SUGGESTED CUTTING PLANS

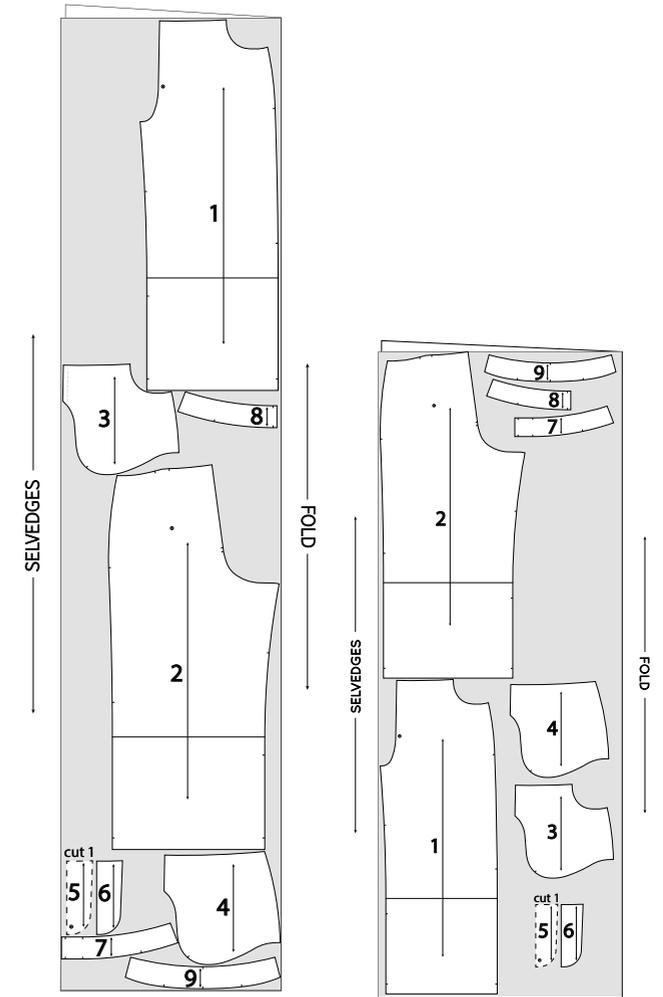
(SIZES A - E)

### PIECES TO CUT:

- 1 - Front leg - cut 1 pair
- 2 - Back leg - cut 1 pair
- 3 - Pocket facing - cut 1 pair\*
- 4 - Pocket bag - cut 1 pair
- 5 - Fly - cut 1
- 6 - Fly shield - cut 1 pair
- 7 - Front waistband - Left hand side - cut 1 pair (BLOCK FUSED)
- 8 - Front waistband - Right hand side - cut 1 pair (BLOCK FUSED)
- 9 - Back waistband - cut 1 pair (BLOCK FUSED)

\*If using a heavyweight fabric, cut the POCKET FACING pieces [3] in a lighter fabric to minimise bulk.

*Tip: For the waistband pieces [7, 8 and 9], loosely cut around the required fabric. Iron on the fusing in one piece and then cut the waistband pieces from the block fused fabric.*



115cm / 45in fabric

150cm / 60in fabric

# SUGGESTED CUTTING PLANS

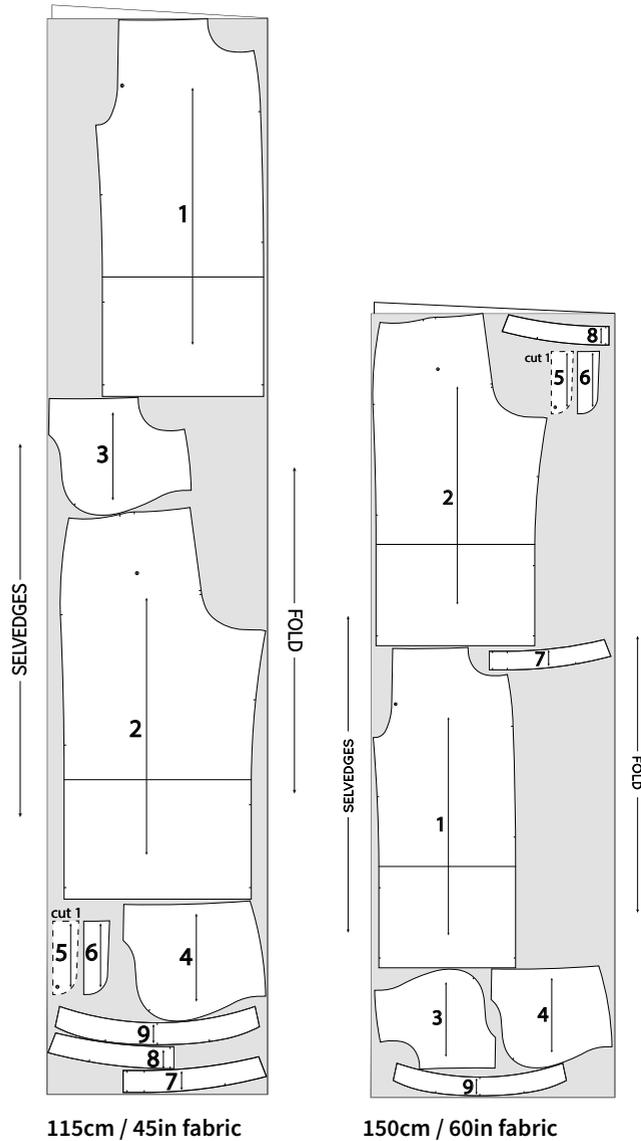
(SIZES F - J)

## PIECES TO CUT:

- 1 - Front leg - cut 1 pair
- 2 - Back leg - cut 1 pair
- 3 - Pocket facing - cut 1 pair\*
- 4 - Pocket bag - cut 1 pair
- 5 - Fly - cut 1
- 6 - Fly shield - cut 1 pair
- 7 - Front waistband - Left hand side - cut 1 pair (BLOCK FUSED)
- 8 - Front waistband - Right hand side - cut 1 pair (BLOCK FUSED)
- 9 - Back waistband - cut 1 pair (BLOCK FUSED)

\*If using a heavyweight fabric, cut the POCKET FACING pieces [3] in a lighter fabric to minimise bulk.

*Tip: For the waistband pieces [7, 8 and 9], loosely cut around the required fabric. Iron on the fusing in one piece and then cut the waistband pieces from the block fused fabric.*



115cm / 45in fabric

150cm / 60in fabric

# INSTRUCTIONS

*These instructions guide you through making the **Wide leg pants** with seams overlocked / serged.*

*Seam allowances are noted in each step.*

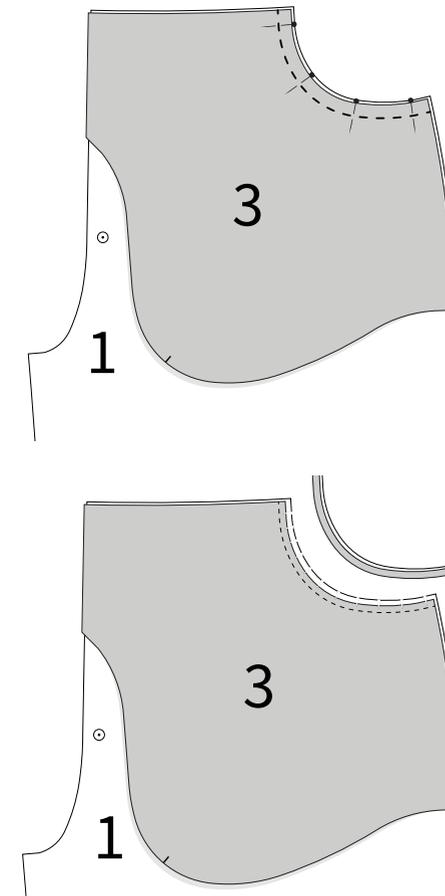
*For an explanation of techniques, look to the glossary on p. 24.*

**Happy Sewing!**

## ILLUSTRATION KEY:



## SEW THE POCKETS

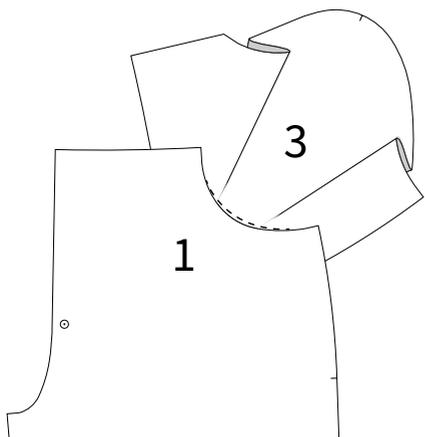


### STEP 1

Pin the POCKET FACING [3] to the FRONT LEG [1] piece with right sides together. Stitch with a **1cm (3/8in)** seam allowance.

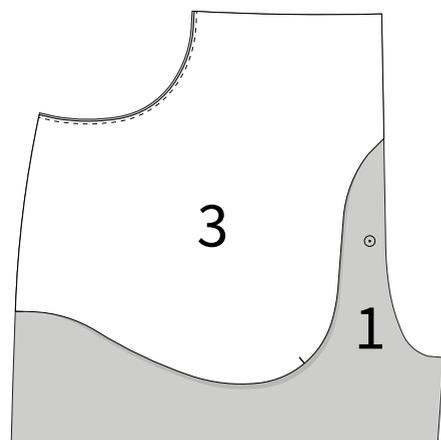
### STEP 2

Grade the seam allowance and clip around the curve.



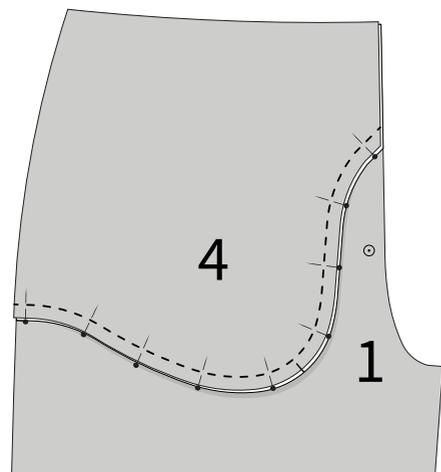
**STEP 3**

Press the seam allowances towards the POCKET FACING [3] with your fingers and understitch.



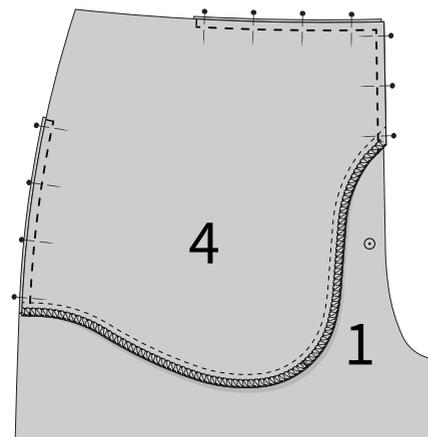
**STEP 4**

Press POCKET FACING [3] to the inside of the FRONT LEG [1].



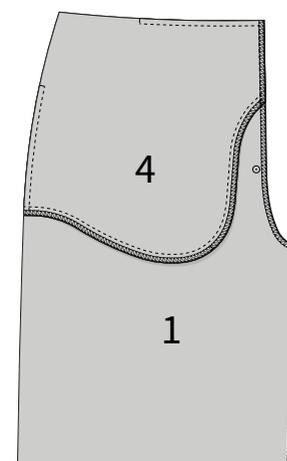
**STEP 5**

With right side down, pin the POCKET BAG [4] to the POCKET FACING [3]. Stitch the bottom edge with a **1cm (3/8in)** seam allowance before finishing the seam with your chosen method.



**STEP 6**

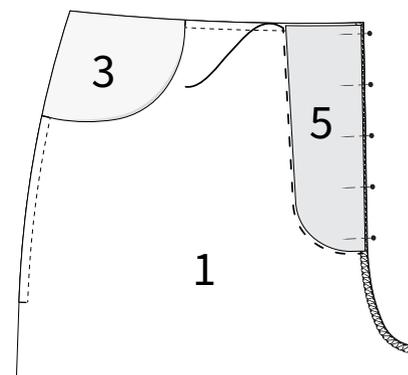
To prevent the POCKET BAG [4] and POCKET FACING [3] moving around while you are constructing the pants, pin through the parts of the pocket where there are multiple layers of fabric. Staystitch **6mm (1/4in)** from the edge.



**STEP 7**

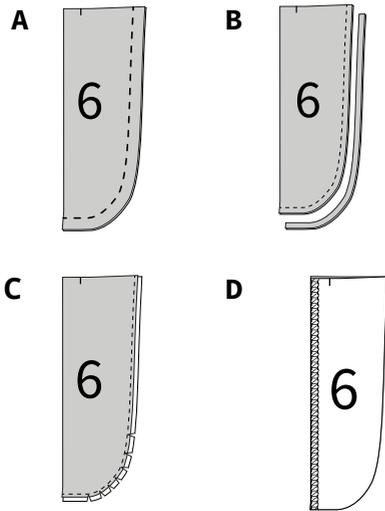
Finish crotch seams and inner leg seams with your chosen method.

FLY FRONT



**STEP 8**

Take the right pant leg and place the FLY TOP STITCHING TEMPLATE on the crotch seam. Pin in place and then take a needle and contrasting thread and hand baste around it - transferring the shape onto the pants (you could use chalk or an erasable fabric pen, but it is likely to rub off as you work the fly area).



### STEP 9

a) Take the pair of FLY SHIELD pieces [6] and place them together with right sides together. Stitch around curve with a **1cm (3/8in)** seam allowance.

b) Trim down the seam allowance by about **6mm (1/4in)**.

c) Clip and grade the seam allowance, focusing on the curved part of the seam.

d) Turn the FLY SHIELD [6] right side out, being careful to turn out the curve nicely. Give it a good press before finishing the raw edge with your chosen method.

### STEP 10

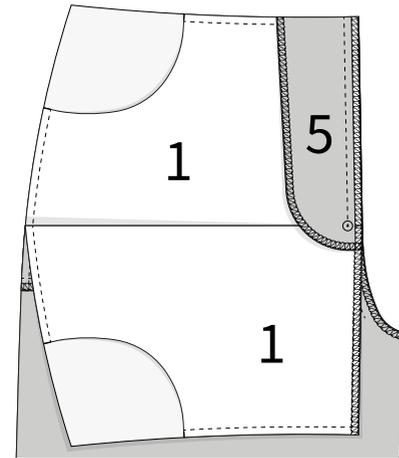
Moving back to the pant legs, with right sides together, pin the two FRONT LEGS [1] together at the front crotch seam. Pin from the drill hole down to a point about **5-6cm (2 - 2 1/2in)** (following the curve of the seam). Stitch this segment of the seam with a **1.2cm (1/2in)** seam allowance.

### STEP 11

With the pant legs still together, flip back the left pant leg towards you, exposing the right-hand side of the front crotch seam (the side with the basting stitches).

Place the single FLY [5] right side down on the crotch seam, pinning from the top down to the drill hole. You will notice this point lines up with the point where you started sewing the crotch seam.

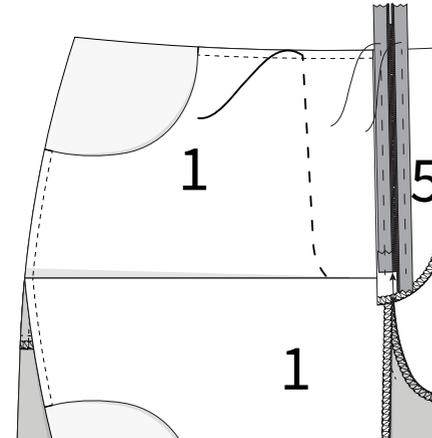
On the FLY [5], stitch from the notch at the top down to the drill hole with a **1.2cm (1/2in)** seam allowance. Be careful to stop right on the drill hole (this may mean walking your last few stitches in).



### STEP 12

Trim back the seam allowance on the FLY [5] only by about **6mm (1/4in)**.

Flip FLY [5] to the right side and give seam a good press with the seam allowance pressed towards the FLY [5].



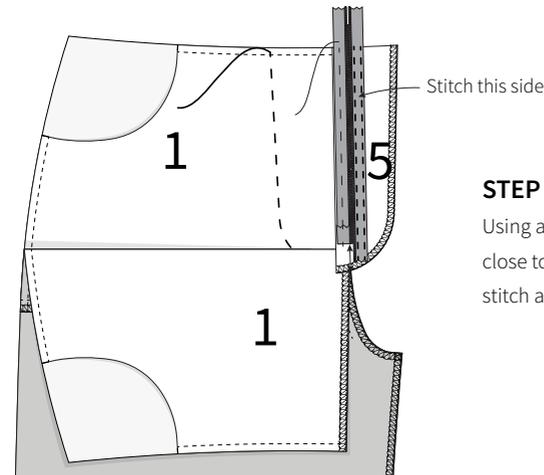
### STEP 13

Take your zip and place it face down on the FLY [5], aligning the edge of the zip tape with the seam between the FRONT LEG [1] and the FLY [5].

Position the zip so that the zip stop is **2cm (5/8in)** above the bottom edge of the FLY [5]. Pin in place, folding back the bottom of the zip tape on the left side.

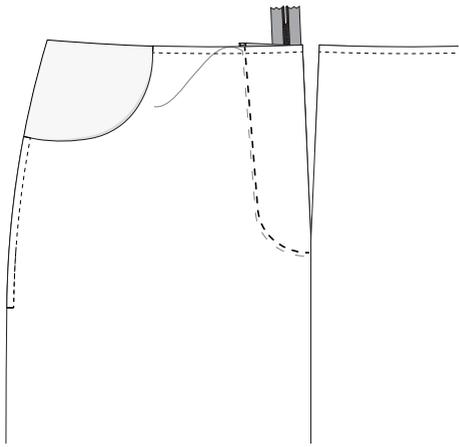
Baste along both sides of the zip tape by hand.

*TIP: Use a contrast coloured thread for basting stitches so that they are easier to remove later on.*



### STEP 14

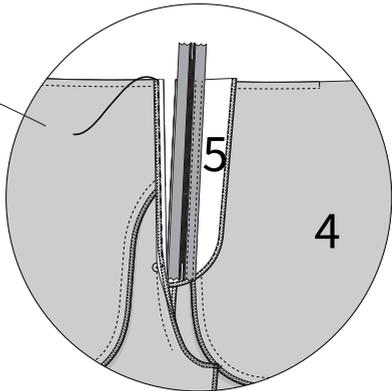
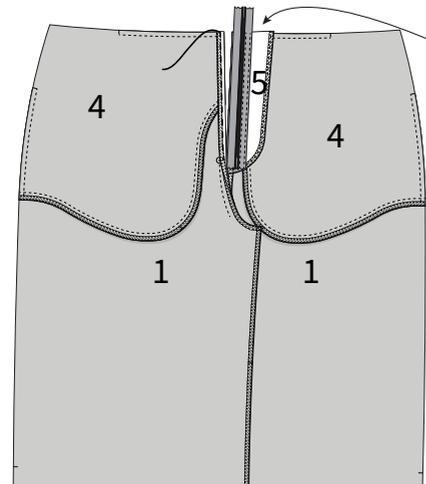
Using a zipper foot, sew down the right side of the zip, close to the zipper teeth. On the same side of the zip, stitch a second row of stitching on the edge of the zip tape.



**STEP 15**

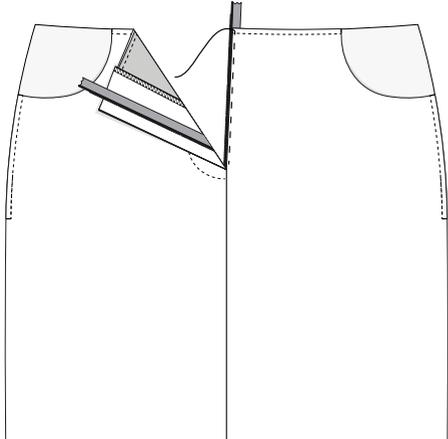
Turn the FLY [5] (and zip) to the inside of the pants and give the seam a good press. Pin the FLY [5] in place around the curve from the right side and top stitch in place, using the basting stitches as a guide.

At this point, you can unpick the basting stitches on the zip and trouser front.



**STEP 16**

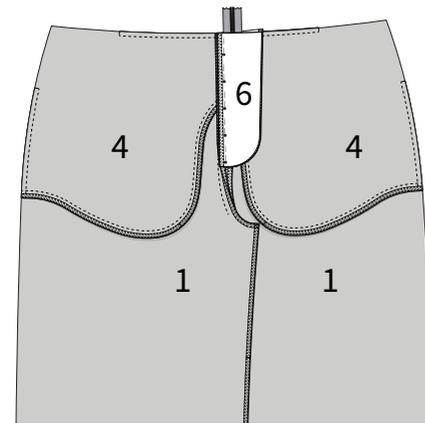
With the FRONT LEG [1] pieces right side down, turn back the crotch seam on the left side of the opening by **6mm (1/4in)**. Press, before basting in place by hand.



**STEP 17**

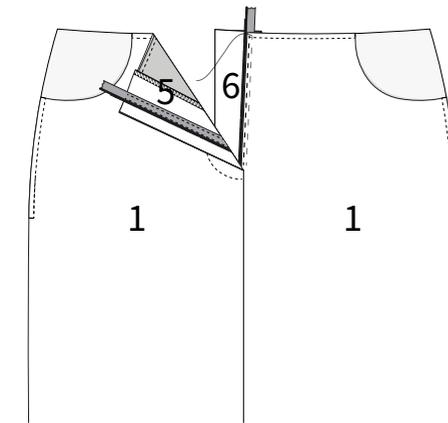
Open the zipper and pin the left side of the zipper tape to the left side of the pants, with the fold nice and close to the zipper teeth.

Close zipper and check that the fly sits nice and flat. Adjust if necessary. Hand baste in place with the zip open.



**STEP 18**

Close the zip and turn the pants to the wrong side. Place the FLY SHIELD [6] on top of the zip - aligning the edge of the FLY SHIELD [6] with the FLY [5] underneath. Pin in place down the straight side.

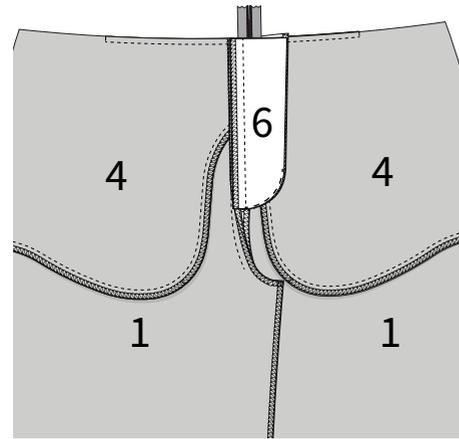


**STEP 19**

Turn to the right side and baste the FLY SHIELD [6] in place down the left side of the opening. Remove the pins.

With a zipper foot, stitch through all the layers on the left side of the zip, close to the zip teeth. Start with the zip open and then close as you get closer to the bottom,

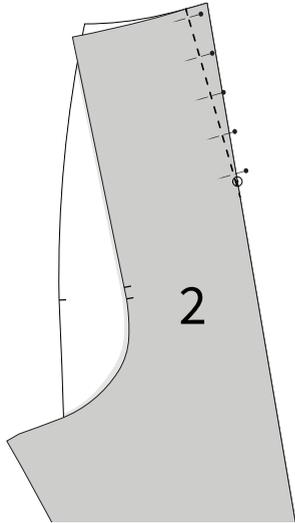
Remove all basting stitches and give the fly a good press from the right side.



**STEP 20**

From the wrong side, pin the FLY SHIELD [6] to the FLY [5] underneath and with the zip foot, sew a small line of stitches to enclose the fly.

## ASSEMBLE PANTS

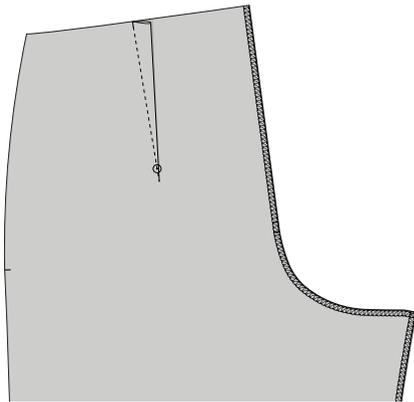


### STEP 21

Take the BACK LEG [2] pieces and fold each dart (right sides together), by matching the notches and folding towards the drill hole. Press in place.

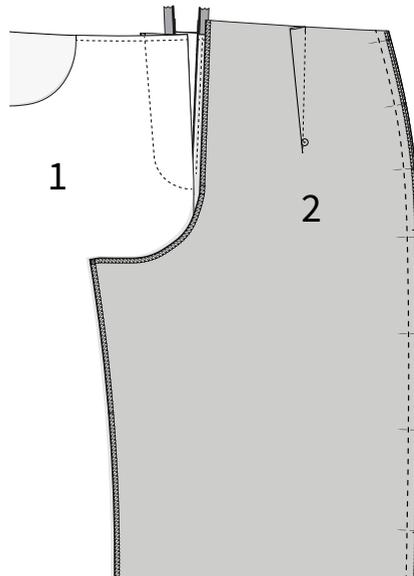
Pin from the notches at the top to **1.2cm (½in)** beyond the drill hole. Stitch down the dart to the point beyond the drill hole (this way the drill hole will remain hidden inside the dart).

*Tip: If you like, you can draw in the stitch line with a ruler and erasable fabric pen so that you have a guideline when sewing.*



### STEP 22

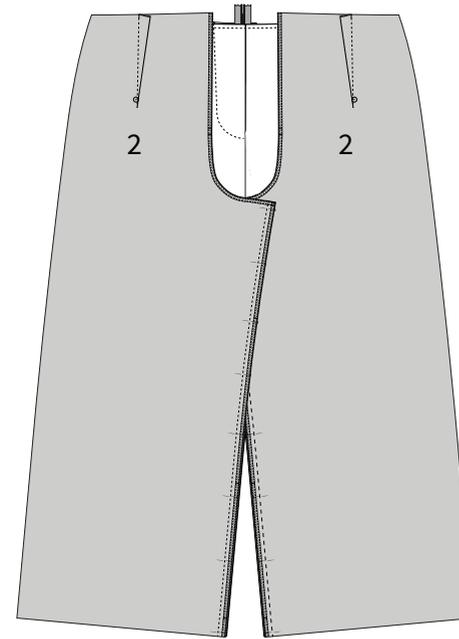
Press dart towards the centre back before finishing the back crotch and inner leg seams with your chosen method.



### STEP 23

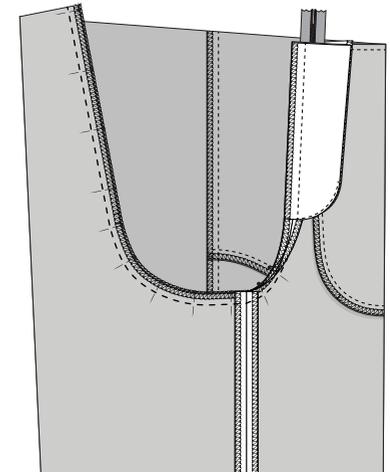
With the front of the pants right side up, pin BACK LEG [2] to FRONT LEG [1] at side seam, with right sides together. Use the notches to guide you.

Stitch seam with a **1.2cm (½in)** seam allowance and finish with your chosen method. Press seam allowance towards the BACK LEG [2].



### STEP 24:

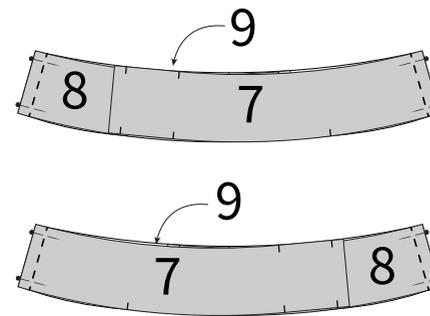
Pin FRONT inner leg seam to BACK inner leg seam on each pant leg. Stitch with a **1.2cm (½in)** allowance. Press seam allowance open.



### STEP 25

Turn one pant leg inside out and put it inside the other leg, so that they are right sides together. Pin around the crotch seam from the point you stopped sewing the front crotch, around to the centre back waist.

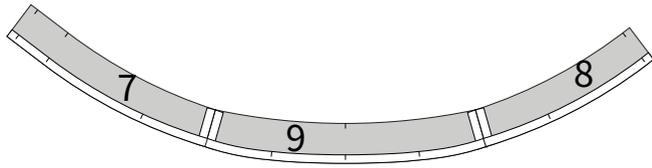
## ASSEMBLE WAISTBAND



### STEP 26

To create the waistband, you need to make an INNER WAISTBAND (the part of the waistband that will be on the inside of the finished pants) and an OUTER WAISTBAND (the part of the waistband you would like to be visible on the outside of the pants).

To do this, take each of the BACK WAISTBAND [9] pieces and place them right side up. Pin each WAISTBAND - LEFT SIDE [7] to the BACK WAISTBAND [10] piece. Pin the WAISTBAND - RIGHT SIDE [8] pieces to the other side. Stitch each side with a **1.2cm (½in)** seam allowance.

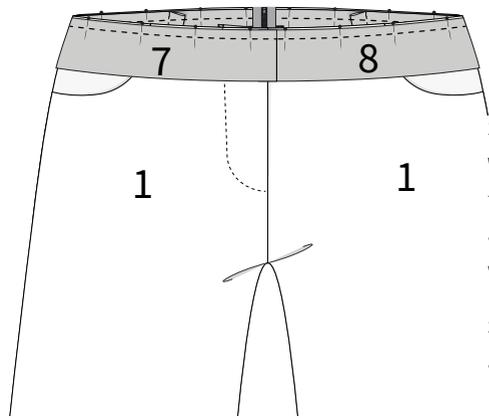


**STEP 27**

If your fabric is bulky, it is a good idea to trim down the side seam allowances on the inner waistband by **5-6mm (1/4in)**.

Take the INNER WAISTBAND and with it right side down, fold back the bottom raw edge by **1cm (3/8in)**. Press in place.

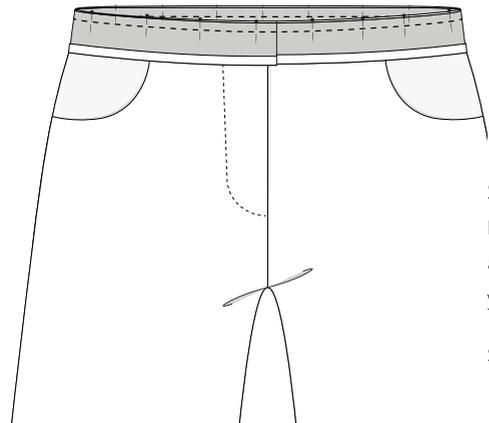
ATTACH WAISTBAND



**STEP 28**

With right sides together pin the OUTER WAISTBAND to the top of the pants, with the fly open. Start at the centre back and use the notches to guide you around each side of the waistband.

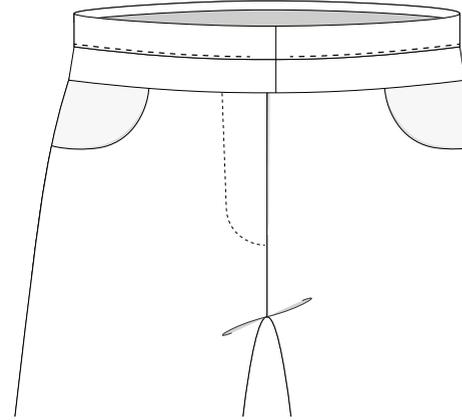
Stitch with a **1cm (3/8in)** seam allowance. Press the seam allowance up towards the waistband.



**STEP 29**

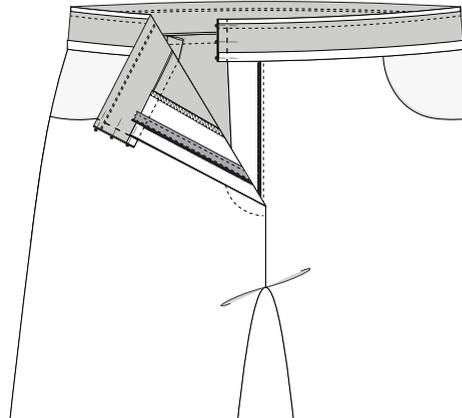
Pin the INNER WAISTBAND to the OUTER WAISTBAND along the top edge, using the seams and notches to guide you.

Stitch with a **1cm (3/8in)** seam allowance.



**STEP 30**

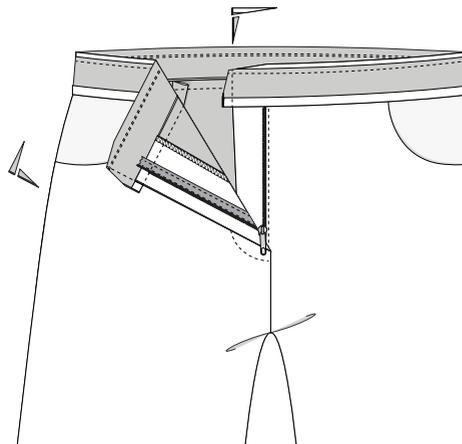
Understitch the seam allowance to the INNER WAISTBAND, starting and stopping about **2-3cm (1in)** from each end. Trim back the seam allowance.



**STEP 31**

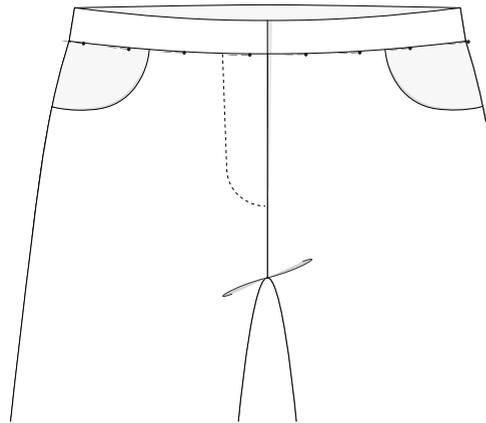
Turn the trousers inside out and flip the INNER WAISTBAND so that they are right sides together.

Pin the waistband closed on each side of the fly front and stitch with a **1cm (3/8in)** seam allowance.



**STEP 32**

Trim down the seam allowance at the corners of the waistband.



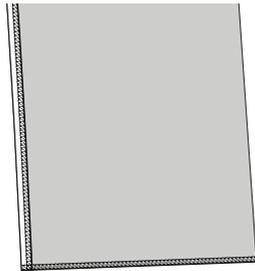
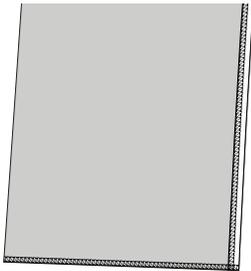
**STEP 33**

Turn the INNER WAISTBAND to the inside of the pants, rolling the seam line slightly towards the inside (the understitching will help with this). Turn out the corners with a corner turner.

Give the waistband a good press.

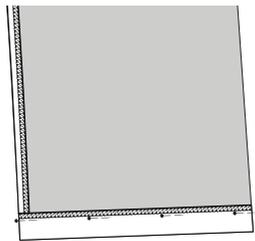
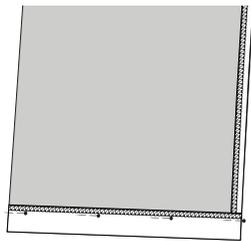
Turn the pants right side out and pin the INNER WAISTBAND in place, by pinning "in the ditch." Stitch waistband in place by hand or machine.

HEM



**STEP 34**

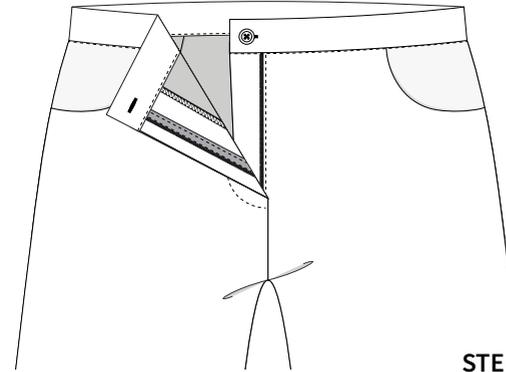
Finish the hem with your chosen method.



**STEP 35**

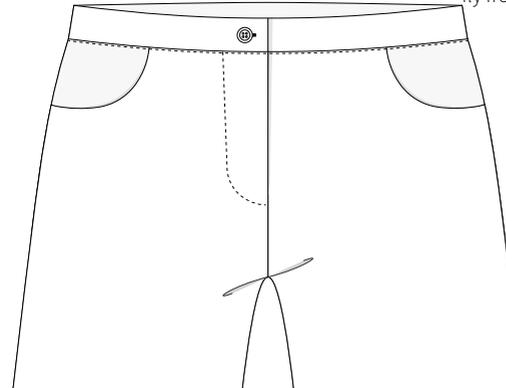
Press up by **3cm (1 1/4in)**, pin and stitch by hand or machine.

SEW BUTTON



**STEP 36**

Use the waistband pattern pieces to mark location of the button and buttonhole. Sew button hole on right side of fly front and sew button to left side.



*Give them a good press and you are ready to wear your new pants!*

We'd love to see what you made!

Find us on Instagram @peppermintmagazine and @inthefolds and tag your photo with #peppermintwidelegpants



# WOOHOO! YOU HAVE FINISHED YOUR WIDE LEG PANTS!

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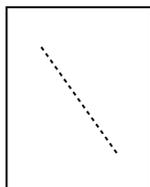
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IN THE FOLDS

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