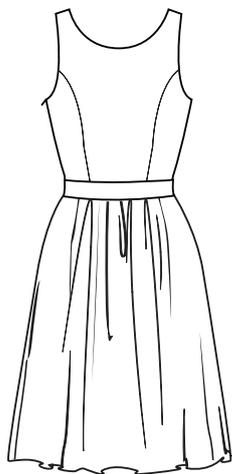
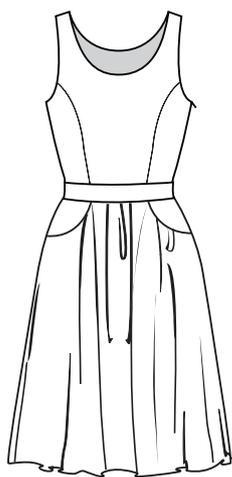




GATHERED SUNDRESS # 1301



Sleeveless princess seamed scooped neck dress. Dress has a full gathered skirt and a lined bodice with curved inset pockets. Closes with an invisible zip at the left side seam and finishes on the knee. All seams and hem allowances are included. Includes lengthen or shorten provision.

SUGGESTED FABRICS: Lightweight to medium weight fabrics, Fabrics that drape. Cottons, voile, shirtings, Light weight Silks.

TRIMS: 1x 40cm (15 3/4") Invisible zip, 1 x Hook and eye, Matching linings, Lightweight Fusing. Piping if desired or piping cord and extra fabric to make own piping.

SEWING LEVEL: Intermediate.

Seam Allowances & Hems:

All seams are **1cm / 3/8"** Except Neckline, Armhole and pocket edge which are **6mm / 1/4"**.

Size Chart:(cm)	36	38	40	42	44
Bust	84	88	92	96	100
Waist	66	70	74	78	82
Hip	90	94	98	102	106

Size Chart:(inch)	36	38	40	42	44
Bust	33	34 1/2	36 1/4	37 3/4	39 1/2
Waist	26	27 1/2	29	30	32 1/4
Hip	35 1/2	37	38 1/2	40 1/4	41 3/4

Finished Garment Measurements:

	36	38	40	42	44
Length in cm	103.5	105	106	106.7	107.5

Fabric Requirements:

MAIN - m / yd	36-38-40	42-44
Fabric 150cm / 60"	1.9m / 2 1/4 yd	1.9m / 2 1/4 yd
Fabric 115cm / 45"	2.3m / 2.5yd	2.4m / 3yd

LIGHTWEIGHT FUSING

0.10m / 4" (all sizes)

LINING

1m / 1 yd (all sizes)

BEFORE STARTING YOUR PROJECT:

Read all instructions carefully before starting on your project. Pattern Runway uses industrial sewing methods where appropriate to assist you in constructing a professional product, please note that some instructions will differ to traditional home sewing methods. We believe industrial methods will assist you in completing a perfect garment and in the quickest time.

We recommend pre shrinking all fabric by washing and drying it before you cut out your pattern, unless fabrics are dry-clean only such as suiting and wool.

We also recommend that you pre shrink any trims before using.

Make any pattern alterations such as lengthening or shortening before cutting your fabric.

Transfer all pattern markings to the wrong side of the fabric before removing the pattern pieces unless indicated. Consult the Pattern marking guide over the page.

Seam allowances for all wovens are **1cm / 3/8"** unless otherwise indicated.

Neaten seams using a Overlocker or a regular zigzag stitch.

We recommend that you press all seams as you go. Seams on woven garments in the fashion industry are always neaten together and pressed flat, then pressed towards the back. Alternatively you may wish to neaten seams separately and press open.

GLOSSARY:

Backstitch: Sew in reverse for a maximum of 3 stitches, at the beginning and end of sewing every seam. This will prevent the stitches from coming undone.

Gathering stitch: Adjust your stitch length to the longest length on your sewing machine, usually around 4mm and loosen the sewing tension if necessary, stitch 1cm / 3/8" from the raw edge, then stitch again a small distance away from the first stitching, towards the raw edge. Pull both bobbin threads to gather the fabric to desired length, distributing the fullness evenly between start and finish, secure ends of threads by winding in a figure 8 around a pin inserted in the fabric. Once seams have been stitched remove gathering threads (if visible).

Neatening the Seams: Stitch a zig zag stitch over the raw edges of seam allowance, seams can be neaten together. Press towards the back of garment, an Overlocker/Serger can also be used.

Edgestitch: From the right side of the garment stitch a straight stitch close to the seam.

Topstitch: Sew a straight stitch on the outside of the garment parallel to the seam edge, usually 6mm / 1/4" away from seam, edge or previous stitching or as indicated.

Understitch: Press facing or lining away from garment and press the seam allowances towards the facing or lining. In the facing or lining, right side up, edgestitch close to the seam, this is to keep the lining or facing on the inside of garment and prevent it rolling to the right side.

CREATING A PERFECT FIT:

How to Choose your Size:

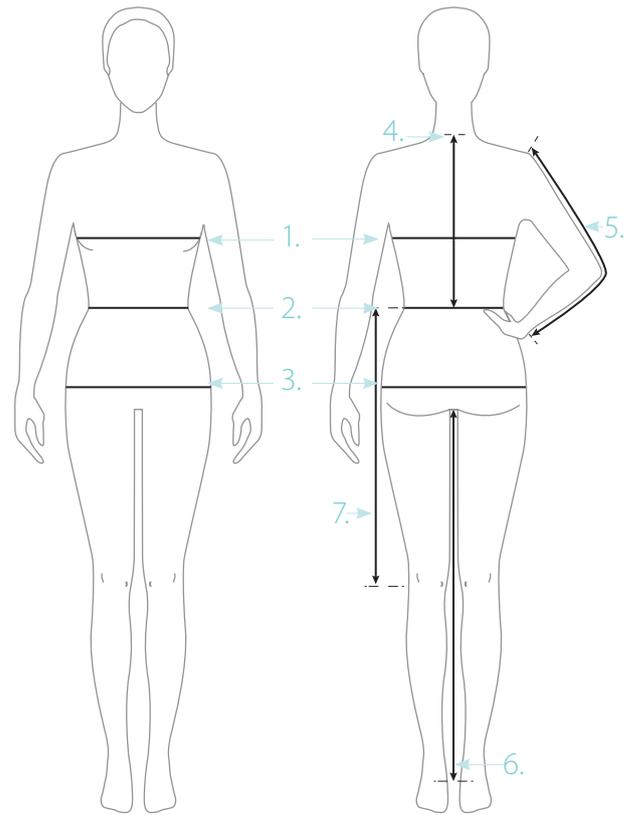
Choose your size by comparing your body measurements with those on our size chart and choose the size that closest matches your measurements. If your body measurements are in between sizes, we recommend that you choose the larger size, as its much easier to make a garment smaller! If your measurements are only slightly different than our size chart, then choose the closest size as all our patterns include wearing and style ease.

PLEASE NOTE: *that the size chart is not the finished garment measurements.*

We recommend that you also measure your body length and compare to the finished length measurements given. To achieve a perfect, individual fit, you may need to adjust patterns in length.

How to Measure the Body:

- 1. Bust:** Measure around the back, under the arms and across the fullest part of the bust. Tape measure should be flat against the figure, straight across the back and not too tight.
- 2. Waist:** Measure around the waist, with the tape measure flat against the figure and snug but not too tight.
- 3. Hips:** Measure over the fullest part of the hips, usually 23cm / 9" down from the waist. The fullest part of the hip maybe higher or lower depending on the individual figure.
- 4. Back-Waist Length:** Measure from the nape of the neck, top of the back bone, to the natural waist.
- 5. Sleeve Length:** With the hand on the hip, Measure from the shoulder bone to the wrist.
- 6. In-Seam:** Measure from the Crotch to the desired hemline.
(you may need a friend to take this measurement accurately)
- 7. Skirt Length:** Measure from the waist to the desired length,
(you may need a friend to take this measurement accurately)



MY MEASUREMENTS:

Bust: _____

Waist: _____

Hips: _____

Back-Waist length: _____

Sleeve Length: _____

In-Seam: _____

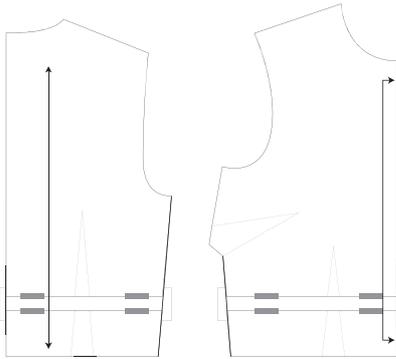
Skirt Length: _____

LENGTHENING / SHORTENING:

Compare your length measurements with your selected size finished length measurements to determine the amount of adjustment needed.

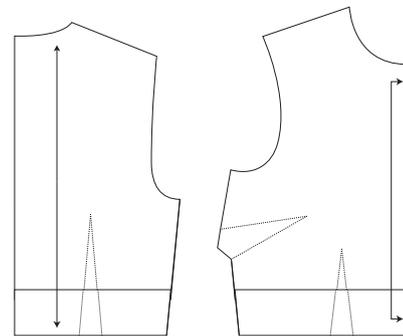
To Lengthen a Bodice:

Cut pattern along the lengthen shorten lines. Place a piece of paper under one pattern piece and tape in place. Extend the grainline on to the paper. Draw a parallel line on the paper, the measurement needed to add length. Tape the other part of the pattern, aligning the grainline and matching the edge along your drawn line, and tape in place. Connect the lines at the side and re draw the dart legs.



To Shorten a Bodice:

Draw a line on your pattern piece the measurement of the decrease, parallel to the lengthen shorten line. Cut the pattern apart along the lengthen shorten line and overlapp the pieces to the drawn line. Tape in place. Re-draw the sides of the pattern piece, blending the line where needed, re draw the dart legs.



PATTERN SYMBOLS:

←→ **Grainline:** When placing your paper pattern pieces on your fabric, the grain line or arrow must lie parallel to the selvages (woven edges) of the fabric.

↪ **Place on Fold:** A grainline marking, indicating that this line is placed on the fold of the fabric. Do not cut this line.

● **Dots:** Marks end of dart points, pocket placements, clip marks, etc, transfer markings to wrong side of fabric via, erasable marker, piecing the fabric with an awl or tailors chalk.

┌ **Notches:** Clip into the fabric where these markings are. These marks indicate matching points for pattern pieces, gathering directions and alignment directions. Make sure to clip no deeper than the notch marking and clip all notches as sewing instructions make reference to these marks.

× **Button / Snap**

—| **Buttonhole**

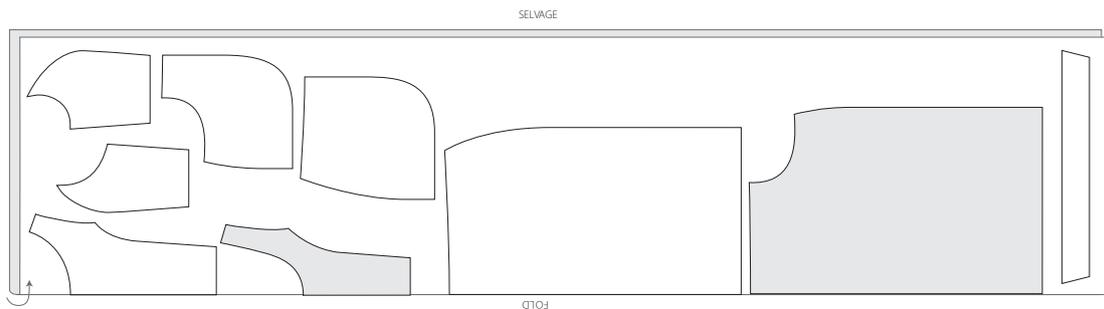
CUTTING INSTRUCTIONS:

Cutting layouts show approximate position of pattern pieces, position may vary slightly according to pattern size. Lines shown are cutting lines and include all seam and hem allowances.

PLEASE NOTE:

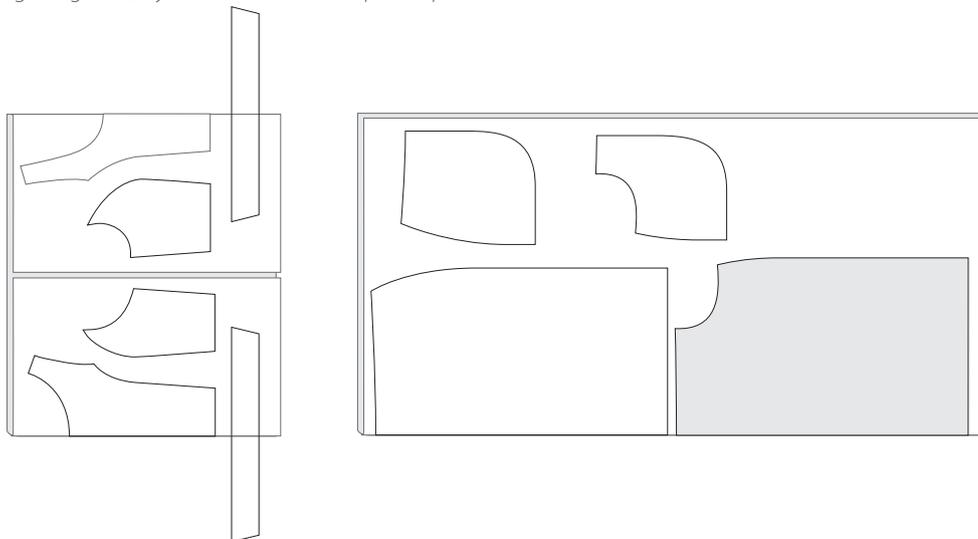
Shaded pattern pieces: Turn pattern piece over

NARROW FABRICS: 115cm / 45" all sizes



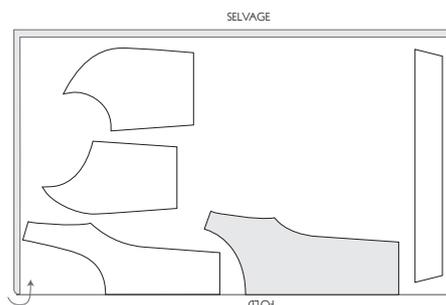
WIDE FABRICS: 150cm / 60" all sizes

Fold fabric with selvages to the centre first, layout and cut Bodice pieces. Waistbands are cut on the fold, fold pattern piece in half, or cut out other pattern pieces then unfold fabric to cut 1 x each waistband. Re fold fabric with selvages together, layout and cut skirt and pocket pieces.



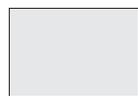
LINING: all widths and sizes

Fold fabric selvages together, layout and cut front and back bodice pieces. Unfold fabric layout and cut 1 x front and back waistbands on single layer of fabric.



SEWING INSTRUCTIONS:

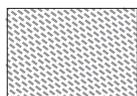
Key:



Right side



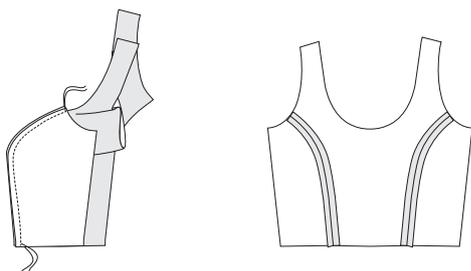
Wrong Side



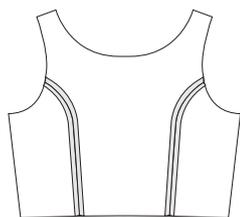
Fusing/Interfacing

1. Sewing the Bodice:

With right sides together align side front bodice to centre front bodice, match notches, stitch a 1cm / 3/8" seam. Repeat for other side.



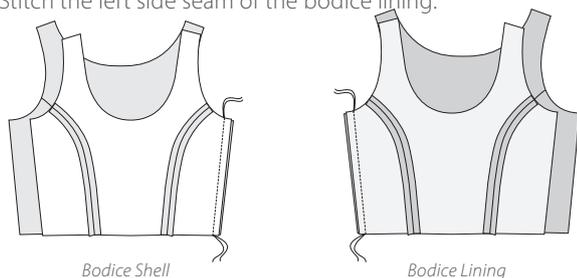
With right sides together align side back bodice to centre back bodice, match notches, Stitch a 1cm / 3/8" seam. Repeat for other side.



Press all seams open without neatening edges, using a pressing ham, to assist pressing in the curves. Repeat above steps to sew bodice lining.

With right sides together stitch the right side seam of bodice shell. Leave shoulders and left side seam unstitched.

Stitch the left side seam of the bodice lining.



Bodice Shell

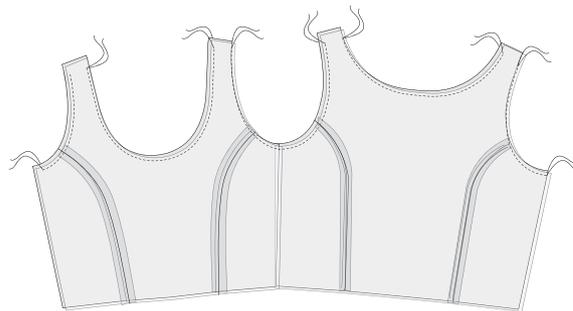
Bodice Lining

2. Joining Lining to Bodice:

With the right sides together, place bodice lining over bodice Shell, match seams. Stitch each neckline from shoulder to

shoulder with a 6mm / 1/4" seam allowance, leaving 1cm / 3/8" at either end.

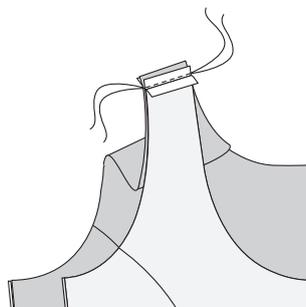
Stitch the armholes with a 6mm / 1/4" seam allowance, leaving 1cm / 3/8" at the shoulders and at the unstitched side seam.



Turn Bodice right side out.

3. Shoulder seams of bodice:

Working with the inside out of the bodice, align the shoulder seams of the shell (*main fabric*), stitch a 1cm / 3/8". Pin the lining seam allowance so not to catch it in the seam.



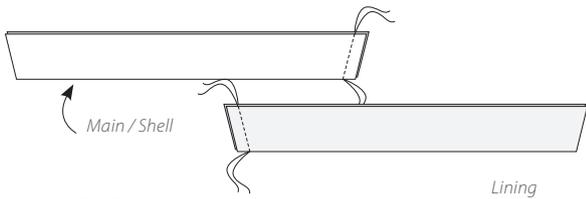
To sew the lining shoulder seams, either turn under the seam allowance of one side, tucking in the other underneath and slip stitch in place (*hand sew*) or reach up between the lining and shell and gently pull the shoulder through, exposing the seams, sew the lining shoulder seam with a 1cm / 3/8" seam. Turn right side out and press with a pressing cloth.

4. Waistband:

SHELL: Apply fusing to the front and back waistband pieces by using the coolest dry setting on your iron and using an up and down pressing action. Start in the center of each piece first, hold for a few seconds then move to another area.

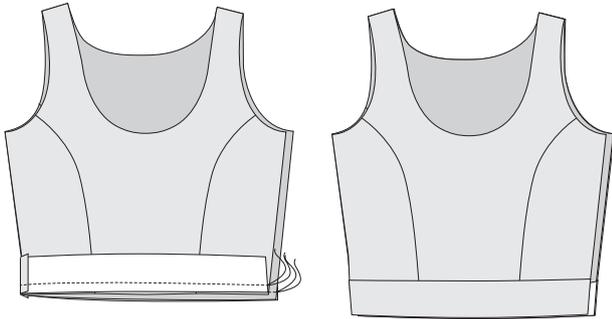
With right sides together Stitch the right side seam with a 1cm / 3/8" seam.

LINING: With right sides together Stitch the left side seam with a 1cm / 3/8" seam.



Press seams open.

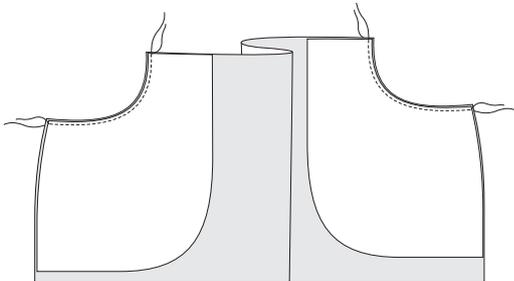
With right sides together align top of waistband with the bottom of bodice, matching side seams, stitch a 1cm / 3/8" seam.



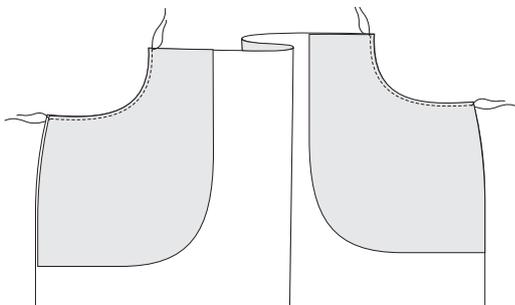
Stitch lining waistband to lining bodice in the same way as above. Turn waistband down, press all seams down into the waistband.

5. Skirt:

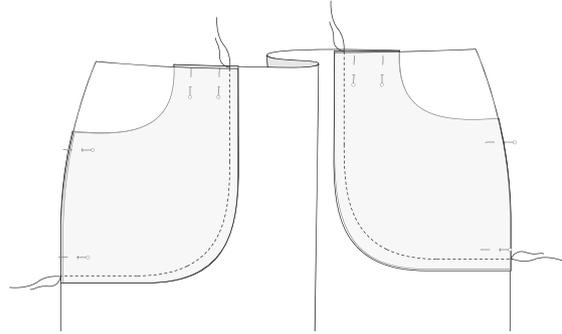
POCKETS: Place the pocket facing onto the skirt front, right sides together, aligning the curved pocket openings, matching the side seams and waist seam. Stitch with a 6mm/1/4" seam.



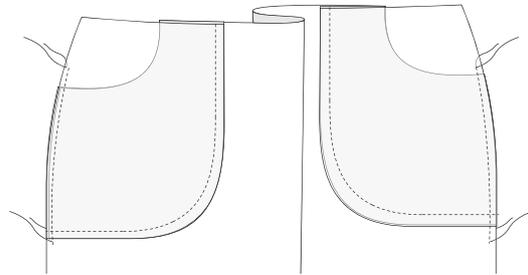
Turn pocket facing out flat, press seam allowances into the facing. Understitch the pocket facing close to the seam edge. Turn facing to inside and press seam flat.



Working from the wrong side of the skirt, place pockets on to pocket facings, aligning notches with pocket edges. Pin in place along pocket edges and side seams. Stitch pocket to pocket facing with a 1cm / 3/8" seam. Neaten edges.

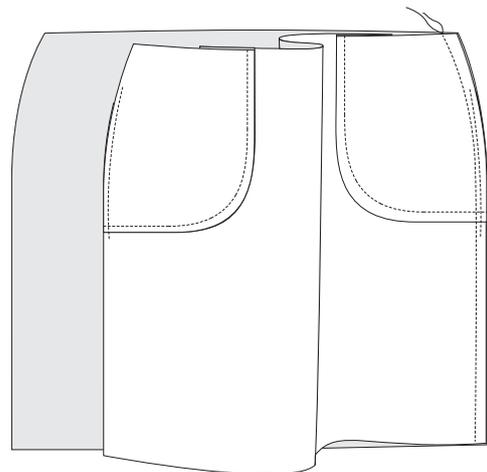


To secure pocket to skirt baste with a 6mm / 1/4" seam along side seam of pockets.

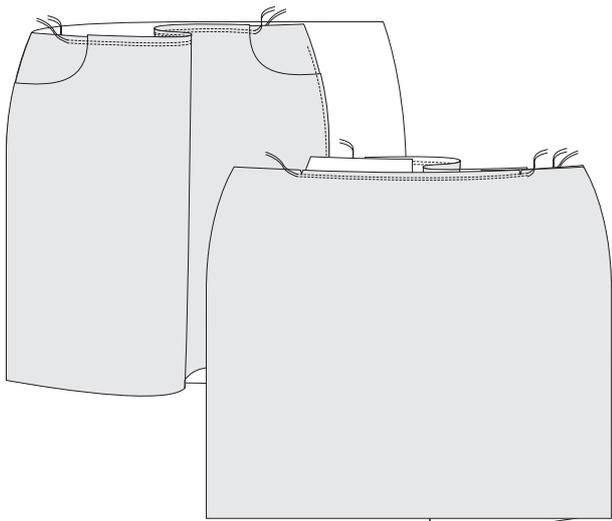


6. Side Seams:

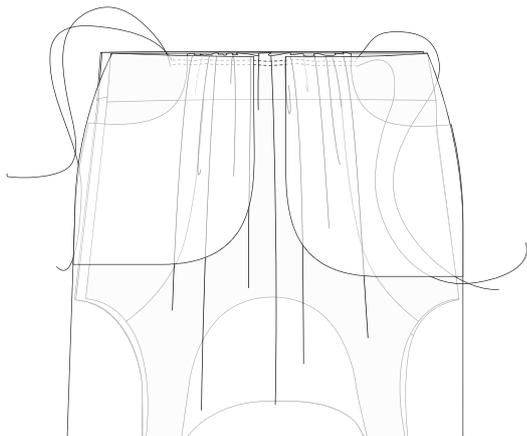
With right sides together stitch right side seam with a 1cm / 3/8" seam. Neaten edges together, press towards the back. (Leave left side seam open)



Stitch a gathering stitch along top of skirt front, between the pockets edges without catching the pocket. Stitch a gathering stitch along back skirt piece between the notches.

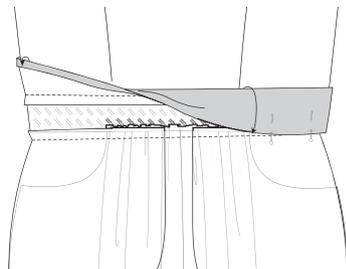


With right sides together, place skirt over bodice, (*pull the lining out, making sure to attach only the bodice shell*). Match notches and side seams. Pull gathering threads to take up the fullness between notches.

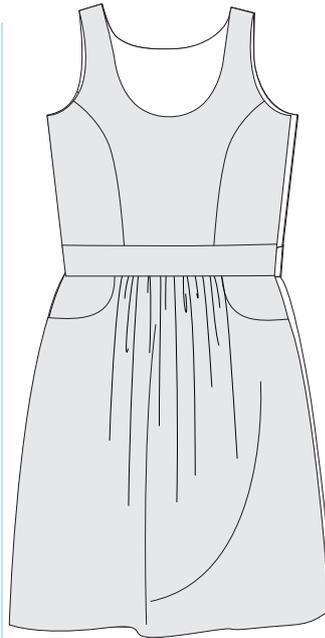


Distribute the gathers evenly along the waist. To secure threads, insert a pin, (*at right angles to waist*) wrap threads around pin in a figure of 8 motion.

Stitch the skirt to the bodice with a 1cm / 3/8" seam. Press seams up into the waistband. Press over just under 1cm / 3/8" allowance on the lining waistband edge. Align the



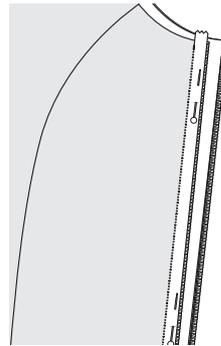
pressed edge over the seam allowances, enclosing all seams. Either stitch in the ditch from the front of the skirt (*Stitch right in the seam between the waistband and the skirt, stitches should be invisible*) or hand sew a slip stitch to secure lining in place.



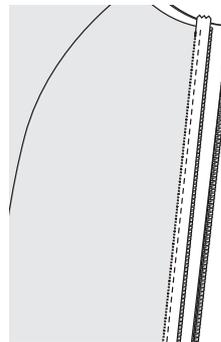
7. Invisible Zip:

Neaten each edge of left side seam.

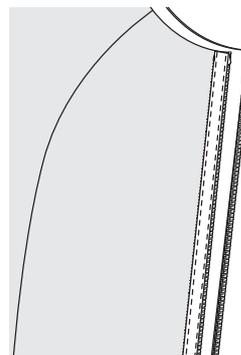
Using an invisible zipper foot, with the zipper open all the way, place the zipper face down on the right side of the garment. Position the top of the zipper teeth just below the finished edge of the armhole (*the zipper tape will hang over the edge of the fabric*) matching the edge of the zipper tape to the edge of the seam allowance.



Stitch zipper to the dress really close to but not through the zipper coil, stopping when you get close to end of zip and backtack. Repeat for other side.



Change to a standard zipper foot, tuck the top end of the zipper tape in between dress and zipper, and edgestitch the zipper tape to the seam allowance, extending a little way past the sewn centre back seam.



With right sides together stitch left side seam from the bottom of the zipper to hem. Press seams open. Turn right side out and Press with a press cloth.

Hand sew a Hook and Eye to the top of the left side seam.

8. Hem:

Try your almost finished dress on and check length of skirt. We recommend a hem of 4cm (included) but you may wish to hem skirt at a length that's flattering for you. Pin and alter length to suit. Neaten hem edge, Press up a 4 cm hem. Topstitch on the machine or blind hem to secure.

Ta Daa and enjoy!

Pattern Variations:

Try these ideas to create a different look with the same pattern:

Altering the Skirt Length: try a mid length or ankle grazing skirt by lengthening the skirt pattern.

Gathered Skirt: Sew just the skirt portion of the pattern to make a gorgeous gathered skirt. You'll need to make a new waistband , just a simple rectangle that either fits your waist (plus seam allowances) or make it the width of the ungathered skirt and insert elastic!

Layer with lace: Create a stunning frock with the use of a sheer lace overlaid in a nude or contrast lining, try making a lining for the skirt that's shorter than the dress!

Contrast fabric and colours: try using a different fabric or colour combination.



EST. 2011

PATTERN RUNWAY

www.patternrunway.com | e: patternrunway@gmail.com

Fall in love with HandMade

COPYRIGHT INFO: This pattern is for private home sewing use only. The images, layout, design and other aspects are protected by copyright and belong to Pattern Runway 2011. If you wish to make and sell items from this pattern, please contact us for terms. Otherwise no part of this design or pattern may be reproduced commercially in any form.